

ALL-BRAN RELIEVED HIS CONSTIPATION

Delicious Cereal Brought New Health to Mr. Bartholomew

We quote from his voluntary letter: "I had considerable trouble with my stomach. Digestion was out of the question. I got medicine which gave me only temporary relief."

"Then I thought of taking ALL-BRAN. I started eating a cereal dish two or three times a day."

"It has been over a year now since I ate that first dish of bran, but from that day to this I have had the pleasure of enjoying the proper functioning of the digestive organs."

"Thanks to ALL-BRAN, I still eat it regularly and like it better all the time."—Lester Bartholomew. (Address furnished upon request.)

Constipation is usually due to lack of "bulk" to exercise the intestines, and vitamin B to promote elimination. ALL-BRAN supplies both, as well as iron for the blood.

The "bulk" in ALL-BRAN is much like that of leafy vegetables. Certainly this food is more natural than taking harmful patent medicines. Two tablespoonfuls daily will overcome most cases of constipation. With each meal in chronic cases. If not relieved this way, see your doctor.

Get the red-and-green package at your grocer's. Made by Kellogg in London, Ontario.

Farmers

We are ready to buy some good PRESSED HAY, SEED and FEED OATS, SEED and FEED WHEAT, SEED BARLEY, SEED and FEED BUCKWHEAT, either for CASH or in exchange for FEEDS of all kinds.

CARTER & CO. Limited

Eye Comfort

For eye workers is a matter of vital importance. From early morn to late at night we "crowd" our eyes relentlessly, from one job to another.

How long will they stand it? Are you now enjoying that efficiency and comfort which ought to be yours?

Consult us if you are not; You have much to gain, and nothing to lose.

In any case the knowledge gained from an examination, makes it well worth while.

G. F. HUTCHESON OPTOMETRIST

Professional Cards

Stewart & Lowther J. D. STEWART, K. C. N. W. LOWTHER BARRISTERS, SOLICITORS, ETC. 84 Great George Street MONEY TO LOAN

McLEOD & BENTLEY J. A. BENTLEY W. E. BENTLEY, K. C. Barrister and Attorney-at-Law MONEY TO LOAN Office: 180 Richmond Street

Prohibition Commission Chas. H. Black, Chairman, Charlottetown. Jas. B. McDonald, West St. Peter. John Simpson, Hamilton. Send all information regarding infractions of PROHIBITION ACT

EASTERN GUARDIAN

...This column is reserved for news of local interest but advertising of a new nature may be inserted at 5 cents a word strictly payable in advance.

"THE ROAD"

I sit on my porch by the side of the road, And the world has a smile for me, A smile and a kindly eye. I have nothing to give but a smile, you see, Or a kindly word as they pass my way.

BRITISH POULTRY MARKET REQUIREMENTS

A small market chicken, not more than four pounds in weight and carrying even a higher degree of fleshing and fat than usually found on much heavier birds, offers distinct possibilities for development on the export market, is stated by poultry officials of the Dominion Department of Agriculture.

In recent years there has been almost a complete transition in the type and weight of chickens required on the British market. Heretofore the large roaster, 5 pounds and up, was in premier demand, and while there is still a considerable demand for this weight of chicken at the holiday season, and to a limited extent throughout the year, the bulk of the trade today in poultry is in birds weighing under 4 pounds and all of the inquiries that have come as low as 2 1/2 pounds. Practically to Canada for poultry during the present year have been for birds weighing 36 to 45 pounds to the box of twelve.

Notwithstanding this change in size and type of bird there is no change in the demand for quality, in fact if anything the insistence on volume and depth of breast fleshing and general finish on the part of the general public, is greater than ever before. This is occasioned, in part, by the practice of service in the better class restaurants of half of the breast of chicken, the thighs and wings being used for other purposes. With the exception of being halved, the breast and the portion of the carcass to which the breast adheres is served intact. Naturally for this purpose an unusually plump, deep meat breast is desired, and has led to the increased demand for types of chickens in a market way which carry the greatest volume and depth of breast meat.

Producers and packers will at once appreciate the problem entailed in the production of this type of chicken, the weight desired corresponding to the growing period of the average general purpose chicken, a time when but a limited amount of breast fleshing is apparent.

NAZI SAYS "WOMAN'S PLACE IS IN THE HOME"

With the slogan "Woman's place is the home," the Nazi Senate of Hamburg has decreed a holocaust of married female teachers, says the Berlin correspondent of the London News-Chronicle.

No fewer than 103 teachers who had engagements for life with the Hamburg State and 68 temporary teachers have received notice of dismissal. The authorities have assured themselves that the dismissed teachers can be supported adequately by husbands, and it is explained to them that they will render the State more service by looking after husband, home and their own children than by doing public work which unemployed men can do just as well.

It is argued that many of the male teachers will be able to marry and to found homes, thereby contributing to the "more babies" effort which is so important an aspect of the Nazi domestic policy.

In the textile mills of Leipzig and district, too, a drive against married female labor is in full swing. Nazi works councils insisting that where a woman has a husband or brother to support her, she must return to the home in the interest of an unemployed man.

July Imports of Coffee

Jamaica was the chief source of supply of green coffee in July, the quantity being 853,930 pounds out of a total of 2,193,600. Other large quantities came from the following: Brazil 599,330, Colombia 260,882, British East Africa 219,824, United Kingdom 104,825, British Guiana 39,810, Trinidad 29,400, Venezuela 23,434, Mexico 24,861, Abyssinia 22,071.

He (in hotel dining room)—A scientist says that what we eat we become. She (seizing the menu)—Let's order something rich. — Boston Transcript.

BLUE BUS LINE

Table with columns: Leaves, Time. Peter's Road 7.45 A. M., M. H. Road 8.00, Gaspereaux 8.10, Sturgeon 8.20, Lower Mt. Poole's Store 8.30, Up. Mt. Clements Office 8.45, New Perth 9.05, Vernon River 9.20, Cherry Valley 9.35, Fernald 9.45, Arrives in Charlottetown 10.15

PRE-NUPTIAL SHOWER

The home of Mr. and Mrs. John Wedge of Summerside on Friday and tried five cases under the Prohibition Act. All were cases of illegal consumption and each offender was fined \$10 and costs.—S

BUY ROOFING and Roof Coating

at Brace's. 1303.

MATINEE HORSE RACES

at the Summerside Driving Park Wednesday, September 27th at 2 p. m. Proceeds in aid of the Prince County Hospital. Three Classes: A, B, and C, also 2 year old class. Come and see a real good race and help a good cause. General admission 25 cents. Grandstand and children free. Further particulars apply to J. O. Cobb or W. E. Darby, Secretary. 1332

DEATH OF DARIUS W. HART

The death occurred at Alberton on Friday, September 22, of Darius W. Hart, at the advanced age of eighty-three years. The late Mr. Hart was born at Deer Island, New Brunswick, and in early life moved to Alberton where he was for many years connected with the lobster industry. He was a prominent member of the Masonic Order, and at the time of his death was probably the oldest member of Zetland Lodge, Alberton. He is survived by his widow and one daughter, Mrs. George Priddyham, Montrose, to whom sympathy it extended.—S

MISCELLANEOUS SHOWER

A miscellaneous shower was tendered Miss Beulah Yeo on Thursday, September 21st at Lot 16 hall when about 125 guests assembled to extend to Miss Yeo their best wishes for her future happiness, previous to her marriage. The stage was prettily decorated with streamers and flowers. Miss Viola Gillespie escorted the bride-to-be to the seat of honor to the strains of the Wedding March played by Miss Olive Gillespie. A well filled basket daintily trimmed with white and green was carried in by Miss Jessie Yeo and Master James Campbell dressed as bride and groom. The many useful and lovely gifts were opened by Miss Gladys Miller and Miss Evelyn Mayne. The humorous verses which accompanied the gifts were read by Miss Lucy Pickering who passed them to the bride. Miss Gladys Thomas daintily placed them on the table. The gifts included linen, china, glassware, silverware and many other articles useful in the home. Miss Yeo in a few well chosen words thanked her friends for the lovely gifts and good wishes, after which all joined in singing "For She's a Jolly Good Fellow." Refreshments were served by the ladies and the remainder of the evening was pleasantly spent in music and dancing.—S

PERSONALS

—Mr. Winslow J. Lidstone and Mrs. Lidstone left on Saturday for a holiday trip to Boston and other American cities.—S

—Mr. James Dodds and Mr. Davis Lidstone left this morning to resume their studies in medicine at Fredericton, N. B.—S

—Mr. Kenneth MacFadyen of Kensington left last week for Chicago, where he will visit the World's Fair before resuming his studies at McGill University, Montreal.—S

—Miss Lila Bradshaw, Middleton and Miss Maise Cameron of Albany have returned to Medford, Mass., after a pleasant visit to relatives and friends on the Island.—S

—Rev. F. Jeffery, who has been visiting his brother, Mr. David Jeffery of Alma, has returned to his parish at Lockport, N. S. S.

—Miss Lena Bowness, who has been spending her vacation with her parents, Mr. and Mrs. Chester Bowness of North Bedouque returned recently to her home in Medford, Mass.—S

—Pam—Hasn't Harvey ever married? Berly—No, and I don't think he intends to, because he's studying for a bachelor's degree.—Answers (London).

More than 1,000 delegates from all nations attended this year's Esperanto Congress in Cologne, Germany.

EYESIGHT EXAMINATION

Fitting and supplying Glasses, etc. H. J. MABON OPTOMETRIST Office Connected With Drugstore

Bringing Up Father

GET THE DOCTOR I THINK I'M GOING TO FAINT. WELL DON'T FAINT UNTIL THE DOCTOR GETS HERE. IS SHE ALL RIGHT DOCTOR? YES! BUT YOU MUST TELL HER SHE MUST STOP PLAYING TENNIS—SHE IS TOO OLD. YOU TELL HER SHE'S TOO OLD—DO YOU THINK I WANT TO LOSE MY HEALTH?

SUMMERSIDE GUARDIAN and Prince County Chronicle

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QUEENSLAND

Rains and Prospects

Generous rains have fallen all over the State, and districts which had seen no rain for nearly three years benefited. Good soaking rains extending over a fortnight have completely transformed the landscape, nor have frosts intervened to destroy the young grass. There is now abundant feed to last to the end of the year.

Land Hunger

Keen competition exists among seekers after land recently thrown open. There were no fewer than 850 applicants for areas aggregating 200,000 acres in the Taroom district. The applicants were largely from New South Wales, although they included many from Queensland. Within the past twelve months over 5,000,000 acres of land have been made available for selection in Queensland and the number of Crown tenants in the State now exceeds 50,000.

Peanut Crop

The peanut industry has received considerable impetus following on satisfactory sales. It is estimated that next season's output will exceed £4,000 in value.

Wool Return Up

During the season just closed in Brisbane 500,522 bales were sold, realizing 15,503,357—the best result for four years. The return last year was 14,650,489.

Stanhope Apples

Following upon a record fruit crop in the Stanthorpe district, an increase of 150 per cent. in the export of apples to the United Kingdom was registered in the season just closed. Exports for the year amounted to 32,000 cases, compared with 13,000 cases the previous year. Queensland has figured as an exporter of apples only within the last few years.

A Quicker Route for Meat

There is agitation in all parts of the State for the reestablishment of the Torres Straits route to Great Britain, which, it is claimed, will shorten the time from Queensland to London by two weeks. A quicker passage is important to the meat industry and would have an important bearing upon the export of chilled beef. Recent scientific developments in the export of chilled beef have met with considerable success, although the journey via southern ports takes approximately 51 days. Queensland supplies 90 per cent. of the beef exported from Australia, and the beef trade, provided that the meat can be landed in good "chilled" condition in Britain instead of in a frozen state, has prospects of great extension.

THE PORT HILL Women's Institute will present their Play "And Billy Disappeared" in Malpeque Hall on Tuesday evening, September 26th. Half proceeds in aid of Malpeque Hall. 1324.

PROHIBITION CASES—Magistrate G. M. Matthews held Court at Summerside on Friday and tried five cases under the Prohibition Act. All were cases of illegal consumption and each offender was fined \$10 and costs.—S

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NORTH AMERICAN LIFE

Assets \$47,298,633 Surplus \$6,035,328 MESSRS. LAPTHORNE & STEVENSON Managers 140 Richmond Street

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Social Life for the Blind

After sixteen years of patient frugality and severe economies, the Queensland Musical and Literary Self-Aid Society has reaped its reward. On July 4 the Society opened its new club house in South Brisbane for the sole use of blind persons. There are 75 members. The society was founded in 1917 by the late Mr. John Olsen. The club will be regarded as the centre or spiritual home of the blind people.

Artists Compete for Money

As a fitting memorial to the memory of her late husband, Mr. Godfrey Rivers, at one time a teacher at the Brisbane Technical College, and the founder of the Queensland National Art Gallery, his widow has put aside a large sum of money for the purpose of providing a Trust which will in alternate years conduct a competition amongst Australian artists and (2) purchase a picture of merit from overseas. This was the inaugural year, and artists from all over Australia were invited to compete for a prize of £30, the winning picture to become the property of the Queensland National Gallery. Sixty-five pictures were sent in by artists from Melbourne, Sydney, Tasmania and Queensland. A seascape by Will Ashton, of Sydney was the winner. Mr. Eltho Gruner acted as judge. A number of the exhibits were purchased by private collectors in Brisbane.

Coconut Macaroons

Whites of three eggs, one cup powdered sugar, one half teaspoon vanilla, one-half pound package of moist grated coconut. Use more coconut if necessary, the mixture should be very stiff. Beat the whites until stiff, add the sugar, then flavoring and coconut. Drop the mixture in small spoonfuls on a baking tin rubbed with shortening. Bake in a slow oven (300 degrees) for 15 to 20 minutes.

Southern Gingerbread

One half cup shortening, two tablespoons brown sugar, one egg one cup sour cream or sour milk one cup molasses, two cups flour three teaspoons ginger, one half teaspoon soda, one teaspoon baking powder. Cream together the shortening and sugar then add the molasses. Sift the soda, baking powder and flour together. Add to the first mixture alternately with the cream or milk and stir the ginger thoroughly into the mixture. Bake the egg separately beaten. Bake in a poundcake pan well rubbed with shortening. Use a slow oven (300 deg) for one-half hour. When cool, or almost cool, cut in thick slices break each slice open and fill with ice cream or crushed fruit.

Substantial Cakes For The Tea Hour

There are many varieties of English tea cake, one is made with yeast and is nothing much more than sweetened yeast bread with saffron added for color. But the recipe below is unusually delicious. It should be baked three or four days before using when it will have become tender and meltingly good.

English Tea Cake

Use one and one-half cups sugar; two-thirds cup shortening; whites of five eggs; one-half cup corn starch; enough sweet milk to dissolve the corn starch; two and one-half cups flour; two teaspoons baking powder; one-half teaspoon salt; one teaspoon vanilla. Cream the sugar, salt and shortening together. Then work in the corn starch dissolved in the milk; fold in a little of the stiffly beaten egg whites, then add a little flour sifted with the baking powder. Continue until all egg and flour are used, and vanilla last. Bake in a loaf cake pan, rubbed with shortening. Use moderate oven (350 degrees) and bake forty to forty-five minutes. Ice with white boiled icing flavored with lemon.

Pound Cake

To make this cake use six eggs; one cup flour, one cup shortening, one cup sugar. The procedure which

July Export of Lumber

The export of planks and boards in July totalled 116,170,000 feet, valued at \$2,044,928, compared with 43,199,000 at \$1,007,801 in June and 37,846,000 in July, 1932. The large export included 50,797,000 feet at \$831,672 to Great Britain and 43,199,000 at \$652,880 to the United States. Spruce and Douglas fir predominated. Australia and China bought large quantities of the latter. Shingles to the United States and Douglas fir square timber to Australia were important items at \$773,314.

Passenger-Porter, two of my trunks are missing.

Porter—Yes, lady, but don't worry your head about 'em—this ain't a dressy place—Answers. (London)

Dr. W. R. Carson

CHIROPRACTOR Three Year Palmer Graduate 124 Prince St. Phone 1072 Home Calls Made.

E. R. BROW

Fire, Life, Accident, Sickness and Plate Glass Insurance at Lowest Rate. Agent at Summerside, Lloyd Lewis 146 Richmond St., Charlottetown

By George McManus

Now is the time to have that Pipeless Furnace Installed. And for complete satisfaction decide on a Fawcett, considered the best value on the market, call or write if interested. SAMUEL KENNEDY, Kent Street Charlottetown

