

# Woman's Realm Social and Personal Fashions Literature

## Dorothy Dix Says—

### If That Girl Seems Wittier, Prettier, Smarter—It's Love

#### Pleasure-Mad Type Only Garnishes Romance Wears Dull Soon After Wedding

A young man asks how he can tell the difference between infatuation and love. He says that he is infatuated or in love, he doesn't know which, with a girl who he realizes is everything he should not marry. She is wild, wayward, pleasure-mad, caring for nothing but good times. She is restless, never happy except in the midst of some great excitement. She wants to be always going places and doing things.

She never reads, or thinks. She doesn't belong to the same class of people that he does. They haven't an idea, or a taste, or a standard of living in common. He is never happy or contented when he is with her, yet he is miserable when he is away from her. He has tried again and again to break away from her, but she draws him irresistibly back to her. And he wants to know if this is infatuation, or love.

#### UNREASONABLE FASCINATION HERE

I'd say that it is fascination pure and simple. While it lasts it is a madness that makes its unfortunate victim unable to reason, or to have any other emotion save a wild longing for the physical possession of the one who has laid him or her under his or her spell. But it doesn't last. It is made up of youth and beauty and desire and the blood running hot in one's veins, and when these pass everything is gone. Fassion dies of satiety and age breaks the wand of enchantment. None so unattractive to us as those whom we once saw clothed in glamour and whom we now behold in the rags and tatters of disillusion.

A very practical way for the young to distinguish between infatuation and real love is to note carefully how far their heads back upon their hearts. The two of them have to do teamwork to produce the kind of affection that lasts a lifetime and that, like good wine, gets a finer flavor and more stimulating properties the older it gets.

#### DAILY ASSOCIATION DEADENS THRILLS

Romance should garnish love. It is the frosting on the wedding cake, but it soon cloy on the palate. Besides which, there is nothing in it to sustain love. That is why men who marry silly little girls, who have nothing but pretty faces to recommend them, soon tire of them. Thrills also are exciting, but they, too, are evanescent, because you can't keep palpitating over a person you see every day of your life. In sickness and in health, in good times and in bad, with their formal on and after they have done a hard day's washing.

So, son, if you want to know whether you are in love with a girl or not, get your brain to O.K. your choice. Pick out a girl who may not qualify for a bathing beauty contest, but who looks good to you whether she is all rolled up in a Paris frock or wearing a bungalow apron, or whether she is fresh from the beauty parlor or just has on her everyday look that will be pleasant to live with, year in and year out.

Don't sit with your finger on your pulse to see if her presence raises your temperature. Notice whether just having her around seems somehow to make everything alright.

There are a lot of questions that every man who thinks he is in love should put to his head before he asks the fatal question. One of these is: How much intelligence has she? How much education? What sort of a friend would she make?

You won't always be running around to parties, you know. You won't always be telling her how beautiful and wonderful she is. There will come a time when you will want to settle down to be just married folks, and if you married a pretty little nitwit, with a conversational repertoire that only runs from the kitchen to the nursery and back again, you are not going to stay in love with her very long. Boredom sends more husbands away from home in search of some woman who "understands" them and knows what they are talking about, than any other one thing.

#### TEST YOUR LOVE FOR GIRL FRIEND

Then let your head ask your heart this question: Do I love this woman enough to be unselfish in dealing with her? Do I put her pleasure?

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## HOUSEHOLD SCRAPBOOK

By Roberta Lee

**Substitute for Baking Powder**  
An excellent substitute for baking powder can be made by mixing 1-2 teaspoon of soda with 1-4 teaspoons of cream of tartar. This equals 2 teaspoons of baking powder.

#### Laundering Blankets

When washing a woolen blanket, measure it before beginning the work, then dry it on a certain stretcher. It will dry quickly and will not shrink.

#### Meringue

A double quantity of meringue can be made by adding a teaspoonful of cold water to the whites of an egg before beating.

## COOK'S CORNER

#### PEANUT BUTTER CAKE

We liked the color, flavor and texture of this cake very much—also the rather crisp crust on it. Children, with their love of peanut butter flavor, will probably devour this cake—but it was soft, chiefly, who enjoyed it in my house.

2 cups once sifted cake flour  
1 1/4 teaspoons baking powder  
1 1/2 teaspoon salt  
6 tablespoons shortening  
1-3 cup peanut butter  
1 cup granulated sugar  
2 eggs, well beaten  
3-4 cup milk  
3-4 teaspoon vanilla  
Measure and sift together three times the flour, baking powder and salt.

Cream the shortening and peanut butter together and gradually blend in the sugar; cream well and add the well-beaten eggs, a little at a time, beating well after each addition.  
Combine the milk and vanilla. Add the dry ingredients to the creamed mixture alternately with the flavored milk and combine after each addition.  
Turn into a buttered and lightly floured 8-inch square cake pan. Bake in a moderate oven, 350 degrees, about 35 minutes.

## BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "Please raise for a few moments."  
2. What is the correct pronunciation of "Ammonia."  
3. Which one of these words is misspelled? Ammonia, ammendment, ammunitions.  
4. What does the word "visualize" mean?  
5. What is a word beginning with "ad" that means "capable of being brought forward as a reason"?

#### ANSWERS

1. Say, "Please rise for a few moments." Pronounce "Ammonia" both "i" as in light, and accept first syllable, 3. Ammendment, 4. To picture mentally. "Let us visualize success." 5. Admissible.

#### DUTCH HAT AND MITTENS



DESIGN NO. E-1268

This sporty twosome will please the younger generation from 6 to 14 years old. Pattern No. E-1268 contains complete instructions.  
To order pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Scrip to Needlework Bureau, Charlottetown Guardian.  
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## LeBlanc-Howatt Nuptials



A pretty double ring ceremony was solemnized at Trinity United Church, Amherst, Wednesday, August 29th at four o'clock when Rev. H. C. Olson united in marriage Mildred Bertha Howatt, eldest daughter of Mr. Bertha Howatt and the late Melbourne Howatt to William Joseph LeBlanc, youngest son of Mr. and Mrs. Jude LeBlanc.

To the strains of the wedding march played by Miss Babcock, the bride entered the church on the arm of her brother, Kelsie, who recently returned from overseas. The floor length gown was of white diaphanous net in rippling fullness over white taffeta, with pink gladioli and maiden hair fern tied with white satin streamers. Her only ornament was a string of pearls, the gift of the groom.

Mrs. Frank Creed, sister of the groom, acted as bridesmaid, and wore a floor length gown of green diaphanous net with shoulder length veil to match, held in place with pink gardenias and carried a nosegay of mixed flowers with pink streamers. The groom was attended by Harri Nikol, Francis Langille, acted as usher. The church was decorated in summer flowers.

After the ceremony a reception was held at the home of the bride. The dining room was trimmed in pink and white while the wedding cake was handily decorated with white roses and silver leaves and topped with a cupid holding a ring under a wedding bell and lily of the valley.

## Try Making Cough Syrup at Home. Quick Relief

Saves You Big Dollars. And It's So Easy! No Cooking. No matter what you usually use for coughs due to colds, you'll be more than surprised when you make up this favorite home mixture and give it a trial. You'll wonder why you never used it before. It certainly does its work effectively. Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments, until dissolved. No cooking is needed—it's no trouble at all. Or you can use corn syrup or liquid honey, if desired. Get from your druggist 2 1/2 ounces of Pinex. Pour this into a 16 oz. bottle and fill up with your syrup. This makes 16 ounces—a family supply—and gives you about four times as much for your money. Never spoils—tastes so good that children love it. And for quick action, you'll say it's splendid. It loosens the phlegm, soothes the irritated membranes, eases the soreness, makes breathing easier, and lets you sleep. Pinex is a special compound of proven ingredients, in concentrated form, well known as a soothing agent for throat and bronchial irritations. Money refunded if it doesn't please you in every way.

## Needlecraft FOR THE HOME

#### "PIN-UP" BLOUSES

In one pattern two beautiful blouses, fit for a "pin-up girl." Gay and smart looking, the front-closing style will make any skirt look smooth; the peasant blouse has just that "south-of-the-border" swagger to top your dinnit skirts. No. 2613 is cut in sizes 10, 12, 14, 16, 18, 20 and 40. Size 16 requires 1-8 yards 36-inch for front-closing blouse with short sleeves; with long sleeves: 2 1-8 yards 36-inch; peasant blouse: 1 7-8 yards 36-inch.

Send 20 cents for pattern which includes complete sewing guide. Print your Name, Address, and Style Number plainly. Be sure postal unit or some number in your state so you wish. Include address.

Address Pattern Department The Charlottetown Guardian.  
Pattern No. 2613

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

Name \_\_\_\_\_  
Street Address \_\_\_\_\_

Feeling a tree with an electrical heated wire is probably some thing new; experimentally it has been done, using a nichrome wire heated red hot by a high current at low voltage pulled through the tree by a motor.

## ELLEN'S DIARY

By an Island Farmer's Wife

The last day of October, whose coming always brings a measure of personal regret, I thought dwined on a similar note, calmly and gently as if this pleasant month would fall like the legend, October-moon of beauty in the trees and sheltering groves and woodlands; of sunny quiet days in the potato fields, of shortening daylight; bringing supper at lamp-light tables to farm-folk; of stippled moonlight on peaceful country lanes; of leaves rustling and crimson and gold drifting softly to earth—or water and bringing on the very last night of Halloween, when mysterious queer creatures prowled through the mist. It would be beautiful this morning on our Island fastlands, the Annapolis. Where homes look down on broad rivers or bays or across the blue of the Brasia, plunging windows, where clear island would plainly visible to some. Or over the lonely might of the Gulf or the Ocean, where white-capped breakers roll in majesty. There is infinite loveliness to be found inland, where homes nestle cozily in groves and in themselves from now until Spring, seem to form so complete a unit, self-dependent, self-sufficing. There are lovely avenues of hardwoods, their grass now revealed in their nudity and always the charming combination of field and woodland, the exquisite setting of which must indeed go to work out some Divine plan. Across the countryside, the smoke from the morning fires would be ascending, melting into the Autumn blue; cattle would graze in the fields and the bell and then with a sound of harness clanking or an impatient tractor's puffing, the farmers would be off to the turnip field all to the peaceful pursuits of husbandry.

My own day set out to be and now that I review it, was pleasant. There was however, a spot where a little disappointment was met only for the moment, before it was gone. I caught sight of a box in James' subtlety. Strange how in the twinkling of an eye I was to find the slightest shadow of guile. James and I were at the milking at the time, Jamie being busy with her gathered family and Mrs. Jock at the other stables. The satisfying aroma from the store of succulent roots for winter feeding was around us. There was no sound other than the clank of the tying chains and the steady flow of milk into the pails. We worked in this silence for awhile, content in mutual understanding. Jamie cleared his throat. "Ellen" he said, "yes" I waited. "I was just thinking" he remarked "what a smart woman you used to be. That was all he said. Then waited for his words to stand revealed. That was it—James was stealthily, soliciting aid at the turnip harvesting again, today.

I did assist the others but only feebly. And then I missed Jamie's interesting chatter. There were the usual between-time things to do when a load had been stored and James had returned to the field for another. A cake to be mixed and baked in case any hungry spirit might be wandering on this mystic night, borrowing the sugar from Jamie and adding it to cake and frosting with a frugal cup and I found many other works for my hands. Once when I lingered to stitch down a patch on a pair of James' overalls, he passed the window unnoted and when I later dutifully and humbly explained my reasons for being absent from our meeting place "What!" he exclaimed in an amazed tone, as if he had not heard aright "sitting down sewing and the rest of us at the turnips!"

I lit a small Jack-O-Lantern at dusk and instead of placing it on a gate post as Jamie had suggested, because of the high wind prevailing I set it on a corner of the mantel beside the old clock and there it received our answering smiles. This is a fitting and likely night for goblins to walk. It is dark with very few stars. The wind advances to whistle a lone-some tune around house-corners, then retreats quietly to some more cheerful haunts before indoors the warmth and fragrance of a wood-fire is pleasant. The lamp light shines on the apples from the cellar, the "winter-boughs" now mellow, and the kettle sings in content "on the hob." What matter to me if queer spirits walk.

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## Stop Baby's Sniffles



#### HOW CAN I!

By Anne Ashley

Q. How can I prepare water glass?  
A. To prepare water glass for use, boil and cool nine quarts of water. When cold, add one quart of sodium silicate and mix thoroughly.

Q. How can I freshen the colors in rugs and carpets?  
A. By dipping the broom in warm water containing a small quantity of spirits of turpentine, and sweeping.

Q. Should butter be used for greasing muffin tins?  
A. Use grease instead of butter when greasing the muffin and cake tins. Cakes will stick to buttered tins, but not when well greased with lard.

**Off to School or out to Play...**  
we always enjoy breakfast this way!

It's NABISCO SHREDDED WHEAT—the hearty whole wheat breakfast special with the grand nut-like flavor. Made from 100% Canadian whole wheat with all the beneficial bran and wheat germ... tender-baked to a glorious honey brown... this original Niagara Falls product provides the wholesome nourishment youngsters need these Fall days!

**GRAND TASTING READY TO EAT**  
IT'S AS NOURISHING AS A HOT CUP!

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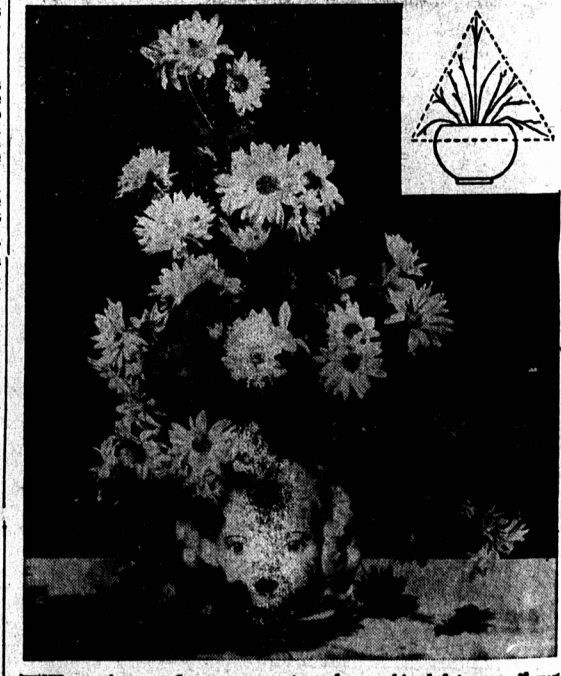
## Living & Leisure THE WOMAN'S REALM

**AN ANCIENT PRAYER**  
Give us, Lord, a bit o' Sun,  
A bit o' work and a bit o' fun;  
Give us all in th' struggle and  
Our daily bread and a bit o' butter;  
Give us health, our keep to make  
And a bit to spare for poor folks  
Give us sense, for we're some of us  
An' a bit to spare for poor folks' sufferers  
An' a tale and a book to help us  
An' give us our share o' sorrow's lesson

That we may prove our grie's blessing  
Give us, Lord, a chance to be  
Our goodly best, brave, wise and free  
Our goodly best for ourselves and others  
Till all men learn to live as brothers.  
(An ancient prayer found on a wall of an old inn in Lancashire, England.)

Clearing debris, trash and paper from home and farm buildings lessens danger from spontaneous combustion.  
Bachelors at one time wore bachelor's buttons in their lapels as a symbol of their independence.

## Expert Arrangements for Any Home... Here's How



The art of expert flower arrangement is amazingly simple, and within reach of all. Large masses of blooms are unnecessary; for most rooms, several smaller, skillful arrangements are distinctly preferred. First rule to learn is to plan your design. Begin by choosing one of the simpler types of flower composition; triangular, circular or radiating. There are only a few basic patterns you need to know—these can be combined later on, if you like, in infinite variety. Simplest of all basic designs—and one of the most useful—is the triangular pattern, preferably not too symmetrical. Pictured above is a fine example, created by Alyn Wayne, flower stylist of Florist's Telegraph Delivery Assn., to show the possibilities in a simple, home-garden arrangement of contrasting Pampous, particularly when using a figured vase as focal point.

## Girls! Do you suffer from NERVOUS TENSION

**On 'CERTAIN DAYS' Of the Month ? ? ? ? ?**

Do functional periodic disturbances cause you to feel nervous, so restless, jittery, highstrung, perhaps tired, "draggout"—at such times? Then don't delay! Try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound is one of the most effective medicines for this purpose. Pinkham's Compound is what is known as a uterine sedative because it has a soothing effect on one of woman's most important organs. It is made from wholesome roots and herbs (plus Vitamin B). It HELPS NATURE. A very sensible thing to do! Buy a bottle of Lydia Pinkham's Compound today. Just see if you're not delighted with results. Follow label directions.

Lydia E. Pinkham's VEGETABLE COMPOUND

**Only 1 Cup of Meat IN THIS**

**Delicious Chicken Puff**

1 1/2 cups flour  
2 teaspoons Magic Baking Powder  
3/4 teaspoon salt  
2 eggs  
1 cup milk

1 cup chicken, cut fine  
2 teaspoons scraped onion  
1/2 cup grated raw carrot  
2 tablespoons melted butter or chicken fat  
1 1/2 cups chicken gravy

Mix together flour, baking powder and salt; add beaten egg yolks and milk. Add chicken, onion, grated carrot and melted fat and mix well. Fold in stiffly beaten egg whites. Bake in greased baking dish in hot oven at 375° for about 25 minutes. Serve with hot chicken gravy, 6 servings.

MADE IN CANADA

**MODERN ETIQUETTE**

By Roberta Lee

making the introduction mention this interest?  
A. Certainly; this will draw the two persons into immediate conversation.  
Q. When a divorced woman is going to marry again, what should she do with her first engagement and wedding rings?  
A. Either remove them, or wear them on the right hand.  
Q. What is the correct way to eat halved oranges and grapefruit?  
A. A pointed spoon should be served with halved oranges and grapefruit.

**Quick Relief Head Colds!**

From Stuffy, Sore Throat, Cough

**WATER-TRO-NOL**

Instantly, relief from stuffy, sneezy head colds starts to show when you get a few drops of Water-Tro-Nol in your nose. Soothes, loosens and clears the sinuses, makes breathing easy in a hurry. Also helps prevent virus colds from developing. Sold by Chem. Jour. Inc. 170 West 1st St. Toronto, Ont.