

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern  
By Anabelle Worthington



A neat attractive dress made in less time than it will take you to shop for it, and at an unbelievably small cost.  
It is plain unbleached muslin, quite the smartest idea now for mornings and garden wear.  
Style No. 2749 can be had in sizes 16, 18 years, 36, 38, 40, 42 and 44 inches bust. It is made with 3 yards of 40-inch material with 9 3/4 yards of bias binding, which is illustrated in deep purple shade.  
The skirt gives the wrap a round effect closing at side. The surplus closing bodice is held snugly through the hips by an unusual arrangement of sash. This sash slips through bound openings and ties in youthful bow at back.  
The Trans. Emb. Motif No. 700 (blue or yellow) adds decorative touch in yellow and orchid appliques of linen button-holed stitched in purple shade.  
French blue cotton broadcloth with tiny white polka-dots, red and white printed pique, Nile green linen with yellow, gingham check in brown and white, yellow pique and ombre striped tub silk are youthful combinations, made at a small cost.  
Picture Dressmaking Lessons explain exactly how to make it, so as to enable you to obtain perfect fit. Pattern price 15 cents. Be sure to fill in size of pattern. Trans. pattern cost 15 cents extra. Address Pattern Department. The New Fashion Magazine is 15 cents, but



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Washing your stockings with unknown soaps (whether flakes, chips, or cakes) may do more than weeks of hard, everyday use to weaken delicate silk or chiffon fibres, to pull threads, start runs—to fade colors.  
For many soaps contain harmful alkali which injures delicate fabrics and colors.  
Lux is safe! Lux has no harmful alkali, nothing to harm even the sheerest, wispiest thread, the palest flesh or champagne color.  
Because Lux is so safe, stockings washed in Lux stay new-looking more than twice as long!  
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Every musical show in New York uses Lux in washing the hosiery worn by its choruses. By actual experience, the producers found that with Lux, hosiery stayed like new twice as long! Gave twice as many performances!  
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A Word About Pineapples

**Pineapple Tea**  
The first thing to do in preparing a pineapple is to wash it thoroughly in cold water. The heavy outer parts may be cooked, and if we wish to be economical we may use them variously in beverages, and if we go to tropical sources we may find out how to make a vinegar out of them which is highly recommended as excelling in both color and flavor. Or make this simple beverage: Cut a large slice of pineapple in bits, pour over it a cup or a cup and half of boiling water, cover closely and keep hot, but not cooking, for two hours. Drink it without any addition, or flavor it up and season it with sugar to suit the taste. As a fruit tea it is surely excellent and liking it, you will gain respect for the thrifty use made of pineapple peelings which are treated in the same way by some housewives and used for syrup making or in some way utilized for drinks.  
**Pineapple bracts or cones.**  
For both breakfast and dinner pineapple bracts served around a cone of sugar-pack powdered sugar into a small glass or paper cone and inverted are popular as a beginner for the meal, but the old fashioned paper thin slices are prettier and taste better to me. To cut the fruit into its bracts use a sharp and rather long knife cut around each bract, slanting the knife in to make a point. Or a pineapple can be broken into such sections as these by beginning at the bottom and taking away at a time. These were originally recommended we believe for "ladies luncheons."

**Shredded Pineapple**  
An old-fashioned way to shred pineapple is to wash it and wipe it dry, then holding the top firmly in the left hand peel the fruit by slicing from the top down the bottom. This would be the method when starting to make the bars. Then remove the eyes, being sure to have the fruit in a platter or dish so that none of the juice may be lost.  
Still holding by the top, or "plume" begin at the top and pull a silver fork through the flesh clear to the core. For some uses this can be sweetened to taste and cool.

Household Hints

**When Planting**  
After planting seeds, the earth should be firmly pressed down with a flat board. The pressure helps germination and gives the seeds a firm hold, and they are not likely to be washed out of place when the ground is being watered.  
**Cleaning Clothing**  
Clean woolens, silks, and any delicate article of clothing by washing in benzine. Handle very carefully and do not have any fire in the room, as benzine is very inflammable.  
**Honey**  
To prevent honey from candying, boil the strained honey gently. Then skim until thoroughly clear.

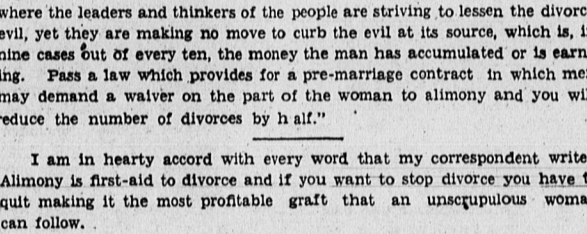
Etiquette

Q. Is it improper for a divorced woman to resume her maiden name?  
A. No; and it is quite an advantage if she wishes to return to the business world where she was known by her maiden name.  
Q. How long should one stay when making a formal call?  
A. From fifteen to twenty minutes, never longer.  
Q. What is a sufficient tip for two women at luncheon?  
A. Twenty-five cents is sufficient.

Have We Outgrown Our Divorce Laws? Dorothy Dix Would Protect Men From Grasping Wives

"If You Want to Stop Divorce You Have to Quit Making it the Most Profitable Graft an Unscrupulous Woman Can Follow," Declares Dorothy Dix

Concerning marriage and divorce, a most intelligent, broad-minded and farseeing man writes me as follows:  
"Our domestic relation laws were in the main just and equitable at the time of their enactment. Woman; at that period, was in a condition of subservience; she was regarded by man and by the big majority of her own sex as the weaker vessel, and all independence in thought or action was frowned upon.  
"The men who enacted the laws of that day were fair-minded. Their mothers, sisters and wives were dear to them and it was their desire to see them protected. They did not look forward to the day when woman would declare her independence—When she would demand and receive the power of the ballot; when she would not only take an equal footage in the world of business and industry, but would rowd man out entirely from many lines of work where heretofore he had reigned supreme.  
"In the face of the altered position of women, these old domestic relation laws, formulated by our forefathers, have become outmoded and work a great injustice on man. This is realized by the thinking men and women of the country and the only reason that they are not changed is because the law-makers and law-enforcers are elected by the people and they are afraid of the women vote. Too many men sitting in high places are cowardly and the reform in this matter must be instituted by women themselves.  
"In the first place we need a national uniform marriage and divorce law. Every domestic relation law on the statute book should be scrapped and an entirely new law written that meets modern conditions.  
"Written into that law and forming a part of every marriage license should be a pre-marriage contract. Every point that could become an issue in divorce proceedings later should be covered in that contract.  
"The value of property owned by each at time of marriage; the division of accumulated property; the custody of children and their support should all be specified; and, above all, the prospective husband should demand that his prospective wife waive all rights to alimony.  
"Now that a woman can go out and get a job as quickly as a man, and in many cases receive better pay, why should a poor, hard-working man be required to support a woman in idleness who will not live with him? Everywhere the leaders and thinkers of the people are striving to lessen the divorce evil, yet they are making no move to curb the evil at its source, which is, in nine cases out of every ten, the money the man has accumulated or is earning. Pass a law which provides for a pre-marriage contract in which men may demand a waiver on the part of the woman to alimony and you will reduce the number of divorces by half."  
I am in hearty accord with every word that my correspondent writes. Alimony is first-aid to divorce and if you want to stop divorce you have to quit making it the most profitable graft that an unscrupulous woman can follow.  
There is not one of us who does not number among our personal acquaintances half a dozen women who have broken up their homes and left their husbands for utterly inadequate reasons—because they didn't want to live where their husbands' business called them; because they didn't want to keep house; because they didn't get along with their mothers-in-law; because they found their husbands ungenial; because their husbands bored them; because they just naturally lost their taste for their husbands; because they just wanted to be free.  
But not one of these women would have got a divorce if she had known that her decree absolute not only separated her from her husband, but from her meal ticket. If she had known that when she left her husband she would have had to go out and support herself, she would have made an effort to adjust herself to him and an honest endeavor to make marriage a success.  
She would have known that the peculiarities of husbands are no more difficult to deal with than the peculiarities of bosses, and that if it is hard work to make a comfortable home, so it is to stand behind a counter, or pound a typewriter, or bend over a set of books all day.  
It is certainly an intolerable injustice that a woman can utterly fail to fulfill her duties as a wife, that she can make her husband's life a burden to him by her tyrannies and nagging and temper and that she can refuse to live with him for no reason at all except that he has got on her nerves and then that he can be forced to spend the balance of his life toiling to support her and perhaps some other man to whom she gives money.  
As was instanced in a recent case in which a woman left her husband because she had fallen in love with another man whom she married an hour after she got her divorce and who is now living luxuriously on the alimony the first husband is forced to pay his former wife.  
Naturally, the woman who marries should have some protection because she also puts her all into the matrimonial partnership, but this would be provided for in the marriage contract suggested by my correspondent. Moreover, it would at least clear the situation on the safe side of the altar and let her know where she would stand if she entered into the arrangement. She would know exactly what she would lose or win if she went into the bargain, and she could take it or leave it as she saw fit.  
Another advantage of the marriage contract is that it would take marriage out of the loose, indefinite "gentlemen's agreement" class in which it is now and in which the man and woman take it for granted that all is going to be lovey-dovey and that there is never going to be any conflict of interests, or selfishness, or lying down on the job, but that each, on the contrary, will vie with the other in sweetness and altruism and devotion. We all know what happens in any gentlemen's agreement. The one who is the most greedy and grasping and dishonorable gets the best of the bargain and this is true in marriage as in business.  
The sentimental may object that this looking forward to the possibility of divorce and providing against it will destroy the sanctity of marriage, but the only sanctity in marriage is the spirit of sacredness we put there. There is nothing sacred about a marriage in which there is hate instead of love, and where a husband and wife are bound together by a bond they loathe, but in breaking up such an unholy alliance it is not fair that the man should pay the whole penalty.  
DOROTHY DIX.



Milady Beautiful

**THE MIDDLE-AGED NECK**  
The other evening at a restaurant I was noticing the backs of women's necks. As they sat studying the menu or partaking of dinner, their necks tilted forward so that the line from the base of the skull down the spine was clearly indicated. The middle-aged or stout women had a characteristic silhouette. From the back view their necks seemed to be lost. A pad of flesh right above the shoulders swelled up almost to the hair-line ending in a deep crease which was accentuated in most cases by a bead necklace. On the backs of the longer necks were two lumps and two creases about an inch apart which showed where the neck had been before it was submerged in excess fat. "This," thought I, "is the typical middle-aged neck. What is its cause and how can it be cured?"  
Adorning the fat neck with jewelry will not make it look slender, but will quite the opposite effect. Correct posture, of course, will give better lines to any neck, but with a large deposit of fat has been allowed to accumulate in the region of the seventh cervical vertebra it is difficult to hold the head up; the attempt is tiring and is usually abandoned before the habit of good posture can be formed.  
Regular exercise and deep massage will gradually break up the lump of fat on the back of the neck so that correct posture, which is essential to a graceful neck, will become easy and natural. The treatments may be taken at any time of day when one has a little spare time. Only five minutes twice a day should be given to the exercise and massage during the first week or so, because the muscles will become sore if they are used too much to begin with. Gradually, week by week, the number of repetitions of the different movements should be increased until the time set aside for them originally has been doubled.  
Begin the exercise period by placing one hand on the back of the head. Let the head lie back on the palm of the hand. Now firmly press the head forward with the hand while you resist the movement with the neck muscles. When the chin has reached the chest, reverse the movement, raising the head and pushing it back between the shoulders against stiff resistance from the hand. Repeat slowly. The second week after you begin the exercise, place the clasped hands behind the head to push it backward or forward against resistance. The usual neck-bending and head-turning exercises should also be included in your exercise program.  
After the exercise, apply cold cream to your palms and massage the fat at the back of the neck with a deep kneading movement for several minutes. Wipe off the cream and apply rubbing alcohol or some astringent.  
Tomorrow—Beauty Questions Answered

WHAT WOMEN USED 3,300 YEARS AGO

LONDON, July 26. (British United Press)—Visitors to the Royal Society's conversations at Burlington House were able to see a specimen of the cosmetic used by the Egyptians 3,300 years ago.  
Discovered in a beautifully carved calcite jar in the tomb of Tut-an-kh-Amen at Luxor by Dr. Howard Carter, the cosmetic has been analyzed by A. Chaston Chapman and Dr. H. J. Pienderleith. The results suggest that it consisted of about 90 per cent of a neutral animal fat, with about 10 per cent of some resin or balsam.  
It is probable that the cosmetic was used as a face ointment. When the jar in which it was found was opened, the substance was a rather sticky mixture of yellow nodules with a chocolate color material, which emitted a faint but distinctive odor.  
The formation of certain salts around the lid of the jar had hermetically sealed. The tomb itself has remained sealed from the outside air for 3,300 years.

**In Daily Use over all the world**  
THOUSANDS of women have come to regard Castoreum as the true natural aid to a lovely skin and attractive hands and hair. Regular daily use of Castoreum Soap, as used by Castoreum Ointment when required, purifies and beautifies the skin, detaches the scalp and keeps the hair lustrous and glossy.  
Sole 25c. Olmstead 25c. and 50c. Tolson 25c. Sample each free. Address Canadian Dispensary, J. T. Watt Company, Ltd., Montreal, Quebec. Castoreum Soap, 100c. 100c.

A Morning Smile

Herbert had been taught to rise when his mother entered the room and to remain standing until she was seated or until she withdrew.  
One day a boy friend came to see him. Herbert's mother came into the room where the boys were, and Herbert rose. His friend made no move, so Herbert asked him to stand up.  
A few minutes later mother again entered the room, and Herbert jumped up, while his friend reluctantly rose to his feet.  
When Herbert's mother entered the room for the third time and her son rose, the guest said, disgustedly: "I say, what do you think your mother is—the national anthem?"

MEN TOLD TO IMITATE WOMEN

NEW YORK—Before the Rotary Club appeared Dr. Thomas Darlington, former health commissioner, with the latest in summer attire for men.  
He had merely left off his shirt and collar.  
"We must learn to emulate women," he said, "and dress coolly. I formerly took the wool from four sheep to clothe a woman and now it takes a silkworm."  
George Percival, younger brother of the Earl of Egmont is working in the Vancouver stock yards as a sheep shearer.  
Joseph Lemon, veteran of the Crimean War and the Indiana mutiny, who served in the siege of Lucknow died recently in London at ninety-four.

For The Cook

**STRAWBERRY DUMPLINGS**  
Make a biscuit dough as follows: Two cups sifted flour, sifted with 4 teaspoons baking powder, teaspoon salt, 2 tablespoons butter. Work in 3 level tablespoons sugar. Finger tips till crumbly. Then mix stiff dough with about 3/4 cup milk. Roll out quite thick 1 inch or more. Cut in rounds. In a round baking dish bring a 1-quart of preserved strawberries to the boiling point. Lay biscuits over this, put on a cover and bake for not over 15 minutes. Serve either plain or with cream. Any preserved or canned fruits can be used also.

**DELICIOUS JAMS and JELLIES for next winter**  
Now!—Red Currant Jelly! Black Currant Jelly! Black Currant Jam! Currant and Raspberry Jam! Quickly—Easily—without failure—the Certo Way.  
These delightful jams and jellies will add variety and zest to winter menus.  
Under the label of every bottle of Certo is a booklet of 97 recipes for delicious home-made jams and jellies. By following these simple recipes, anyone, even the most inexperienced, can make perfect jams and jellies every time with only one or two minutes' boiling.  
Now is the time to prepare tempting variety of delicious jams and jellies for winter.  
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