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## CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word, strictly payable in advance.

COOKS for Photographs.

CONFEDERATION LIFE INSURANCE.

OFFICE of Dr. Preston McIntyre, Montague, will be closed from Jan. 14th to Jan. 21st. 1-12-3i.

POWNAL CHARGE — United Church of Canada, Services, Sunday, January 13th 2:30 p.m., Millview, 7:00 p.m. Pownal Rev. E.R. MacVicar, Minister. 1 - 12 - 1i

DON'T MISS Gyro White Elephant Sale at Sporting Club, Tuesday evening, January 15th. Hundreds of useful articles to be auctioned. 1-9-12-14-3i.

ITEMS TO BE AUCTIONED by Gyros include two suits of gents tails, ladies new silk stockings, Electric Vacuum Cleaner, Chocolates, Cothing, Furniture, etc. 1-9-12-14-3i.

NORTH RIVER PASTORATE.— Sunday, Jan. 13. Services as follows: Fairview, 11 A.M. North River, 3 P.M. Kingston, 7.30 P.M. You are invited to these services as we enter upon the New Year. Let us worship together. Rev. A.E. Todd, Minister. 1-12-1i

CORNWALL PASTORAL CHARGE.— Services Sunday, Jan. 13. New Dominion 11 a.m., Kingston, 3 p.m. Cornwall, 7 p.m., S. School 11 a.m. Annual meetings Cornwall Jan. 14, New Dominion, Jan. 16, Kingston Jan. 18th Rev. J. R. Skinner, minister, 1-12-1i

A GREAT CAUSE. — That men and women may learn to worship God "according to the Scriptures," they must be made available in every land so that of them it can be said, "We do hear them speak in our tongue the wonderful works of God." This is the sole object of all Bible Society effort. The P.E.I. Auxiliary or Branch solicits your support in this great work.

—MALPEQUE And Kensington Presbyterian Churches, Services, Sunday, January 13, Malpeque at 11 A.M. instead of 2:30 P.M. and Kensington at 7 P.M. Morning Service cancelled in Kensington. Annual Congregational meetings:- Tuesday, Jan. 15, in Freetown at 2 P.M. and Kensington at 7:30 P.M. and on Wednesday Jan. 16 in Malpeque at 7:30 P.M. Rev. J. A. McGowan, Minister. 1 - 12 - 1i

THE KIRK OF S. JAMES —The Morning and Evening Diets of Divine Service tomorrow at The Kirk will be conducted by the Minister, The Reverend T. H. Bussell Somers, M.A., S.T.M., who will also preach the Sermons, in the Morning on "The Revolt Against Paganism" and in the Evening on "Wasted Gains." The Church Organist, Miss E. Lillian McKenzie, Mus. Bac., will direct the music for the Services. The Morning Worship and Sermon will be broadcast over CFCY. At 2:30 The Church School will meet. On Wednesday Evening at 7:30 o'clock The Midweek Worship will be resumed and the Biblical Studies will be of Asalom's Rebellion and Death and Zacchaeus.

EMERALD SOLDIER RETURNS — Gunner J. Patrick Murtagh, son of Mr. and Mrs. John T. Murtagh, Emerald Junction, arrived home on the troopship, "Duchess of Bedford" on New Year's Eve after spending the past four and one-half years overseas. Gnr. Patrick joined the army late in 1940 and after a few months spent in Canada sailed for overseas duty. He saw action in Holland, Belgium, Italy, France, Germany and many other European countries. He was in Holland on V-E and V-J Days and spent this Christmas past on the troopship en route to his home. He has two other brothers, Gerald, a former member of the R. C. A. F., Charlottetown, and Edward at home. He is at present on 30 days' leave visiting his parents, relatives and friends in this province.

TRINITY CHURCH. — The Sacrament of the Lord's Supper will be dispensed at both the morning and evening services on January 13th. In the morning the Minister will deliver the sermon suited to the Communion Service. In the evening he will speak on "Sin and Righteousness." At the morning service, the regular choir of mixed voices will sing "Light of the Lonely Pilgrim's Heart" by J. A. Meale. In the evening the Men's Choir will lead the worship of song, and will sing "I Love to Tell the Story." The Men's Double Quartette will also be heard at the evening service. The Church School will meet at the regular hours, and the Fireside Hour will be held in the Social Hall at the close of the evening worship. Trinity Church extends a cordial invitation to all to worship at the Sunday services and to participate in the week-day activities of the Church.

MOVES TO P. E. I. CHARGE — A call from the Margate charge of Prince Edward Island, to the Rev. Gordon Stevens of Sunny Brae United Church, was considered and voted favorably upon at a meeting of the Moncton Presbytery here Wednesday. It is understood that Rev. Mr. Stevens, who has been at Sunny Brae United Church for the last fourteen years, expects to take up his new duties at Margate on February 1. Rev. Dr. F. E. Archibald, was appointed Interim Moderator of the Sunny Brae charge. The appreciation and felicitations of the Presbytery were extended to Rev. Mr. Stevens by Rev. C. A. M. Earle, of Dorchester. Among those present were Rev. J. H. Freestone, chairman; Rev. A. Moore, secretary; and the Rev. L. E. G. Davies, of Sackville; Rev. W. Hird, of Salisbury, and L. C. Lynds.—Moncton Times.

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# PUBLIC HEALTH PROGRAM FOR PROVINCE OUTLINED BY ADVISORY COMMITTEE

Outline of a postwar public health programme for Prince Edward Island occupies a prominent place in the Interim Report of the Prince Edward Island Advisory Reconstruction Committee which was prepared during the legislative recess and is to be submitted to the Legislature at its next session.

This section of the report was prepared by the public health and welfare sub-committee under the chairmanship of Dr. J. P. Lantz. Other committee members are Dr. J. A. MacMillan, Dr. A. W. Allan, Dr. A. J. Murchison, Miss Hazel Sterns and Miss Katherine MacLennan.

"It has long been considered," says the report, "that an adequate public health program cannot be carried out with an expenditure of less than $1.50 per capita."

The minimum requirement of a public health staff to meet postwar needs is set forth as follows:

(a) A full time Minister of the Crown with a deputy and an assistant deputy minister.

(b) Three full time health officers, one for each County.

(c) One nursing supervisor and a total of nineteen public health nurses.

(d) One sanitary engineer with headquarters in Charlottetown, but whose jurisdiction would extend over the Province.

(e) Two certified sanitary officers for the counties of Kings and Prince.

(f) Six senior field clerks, a stenographer and a senior clerk for the Vital Statistics Branch as well as two assistant clerks.

(g) One full time properly trained physician to head the venereal disease control department, with a secretary who has some bookkeeping ability.

### Institutions

The following recommendations are made with regard to administration of the various institutions:

(a) The Sanatorium Commission to be responsible to the Minister of Public Health and Welfare, instead of to the Executive Council as at present.

(b) and (c) Falconwood and Infirmary to be placed under a Commission responsible to the Minister of Public Health and Welfare.

(d) Provincial electrical inspection be placed under control of the Department of Public Works instead of Public Health as at present.

(e) Medical care of patients at the Infirmary should not be the responsibility of the Superintendent of Falconwood Hospital.

(f) Some qualified member of the Public Health Department to be appointed "to inspect periodically those institutions providing welfare including hospitals and also homes or institutions where babies and children are boarded."

### Other Recommendations

That the Provincial Government increase the grants to hospitals to an amount that will give the hospitals 50 cents per patient day for all patients.

The establishment of a Provincial Laboratory at the Sanatorium under the direction and supervision of a qualified medical bacteriologist and pathologist. That Dr. Harold Shaw be released from the army to take this position. This would also require one senior and two junior technicians.

That contagious disease units be established at various hospitals or a central contagious disease hospital be erected in Charlottetown and Summerside.

That an adequate supply of sera be kept in the Health Department and that the hospitals be the distributing centres.

That all serums for the prevention and cure of infections and contagious disease be supplied free to all patients.

Compulsory immunization against diphtheria as well as compulsory vaccination against smallpox.

Free diagnostic examination and treatment of all tuberculous patients, including the travelling unit for mass x-ray survey.

That drugs used in the treatment of venereal disease be free, and that the doctors treating disease patients be compensated.

Premarital certificate of health be required and to include an x-ray plate of the chest and a blood examination.

### Veterans' Hospitalization

"At present," says the report, "our hospitals are greatly overcrowded, many beds have to be set up in basements and corridors.

"The average number of beds per 1,000 of population for Canada is over 5. In Prince Edward Island the average is about 2.5.

"With the proposed expansion of the Department of Public Health and the increased interest of the public in both prevention and care of illness, a greater number of beds will be required.

"We therefore recommend the building of additional hospital accommodation in Prince Edward Island of 270 beds at about $5,000 per bed; this number to include 120 beds for war veterans.

### Mental Hygiene

Primary recommendations for development of a mental hygiene program in keeping with other parts of Canada and the United States are:

(a) Construction of suitable buildings to provide necessary accommodation for patients and for an admission and treatment centre; adequate quarters for the hospital staff; provision for occupational therapy, social service, and other features necessary for a complete psychiatric service.

(b) A travelling mental health clinic, consisting of a psychiatrist, psychologist, social worker and clerical help, to care for the extramural aspect of this work.

(c) Establishment of psychiatric services in general hospitals.

(d) Consideration and revision of the legal formalities in the commitment of patients.

(e) Recognition of the problems of the mental defect and the psychopathic individual. "In these groups," says the report, "We find many showing anti-social and criminalistic traits. The possibilities of an industrial school and farm colony projects might be considered for juvenile offenders instead of serving a sentence in jail, and the training of mental defects (higher grade types) who can become useful citizens, especially as trained domestics, and in other mental work not requiring a high degree of intelligence, especially in these times when labor of this type is so difficult to secure."

### County Units Suggested

(f) Decentralization of the one large unit and establishment of residences in strategic points in the Counties, as at Montague, Charlottetown and Summerside, possibly Souris and Alberton. "This would eliminate overcrowding, lessen the danger from fire, as in a large unit, and keep a large majority of the patients in closer proximity to their relatives and friends, and help provide employment in these areas, and in the wider dispersal of funds necessary for their maintenance."

The report recommends the engagement of a properly qualified nutritionist by the Provincial Government; also establishment of suitable scholarships to assist registered nurses in taking post graduate studies; assistance to young women who are unable financially to enter a nursing school; appointment of a public health nurse to the Normal School staff at Prince of Wales College; consideration of the possibility of establishing medical, dental and nursing services in rural areas; a study of sanitation in rural areas with a view to assisting rural townships to provide some system of sewage disposal.

### Falconwood

The texts of several briefs submitted to the committee are given in the report, including one on mental care and hospitalization by Dr. J. A. Murchison, superintendent of Falconwood Hospital.

During 1943, Dr. Murchison states, the daily average in Falconwood numeberd 274; patients admitted during the year 96; in 1944 the daily average of patients was 274; patients admitted during the year 112.

The minimum standard as set by the American Psychiatric Association in 1925, and since adopted by the National Committee for Mental Hygiene (Canada) is not less than one physician to 150 patients in addition to the medical superintendent, and to the number of patients admitted, not less than one physician to 40 admissions; at least one full time dentist; and there must be a staff of consulting specialists at least in internal medicines, general medicines, general surgery, organic neurology, diseases of the eye ear and throat, and radiology.

During 1943 the daily average of patients in the Provincial Infirmary was 173; cases admitted 49. In 1944 the daily average of patients was 177, cases admitted 86.

In recommending decentralization of this one large unit and establishment of residences at strategic points in the Counties, Dr. Murchison said this would eliminate overcrowding, lessen the danger from fire, and keep a large majority of the patients in closer proximity to their relatives and friends.

"The most important field in psychological medicine," Dr. Murchison states, "is outside the mental hospital and in the community. This importance is due not only to the bulk of the material, but also to the fact that in this field there is the greatest hope for the success of preventive measures. It it here that a travelling mental health clinic will play so large a part and should be closely integrated into the community health program."

### Tuberculosis

In a brief submitted by the P.E.I. Tuberculosis League, it is stated that in 1945 the total receipts from Provincial Sanatorium patients, amounted to $23,633. Of this, $10,209 came out of the patients' or their relatives' pockets. The rest, $13,424, came from the Department of Pensions and National Health and from the Federal Government for the treatment of Indians. In 1944, $10,817 was paid by the patients out of a total of $20,831, with the remainder coming from the same source as in 1943.

"Free treatment of tuberculosis," the brief emphasizes, "is absolutely essential before we can stamp out this disease. No doubt exists in our minds that tuberculosis can be made as rare a disease as smallpox, but the one and only way to do this is to get the 100 per cent cooperation of the citizens of the Province."

Also strongly emphasized is the importance of rehabilitation to t.b. patients, and of additional extra rural help for patients and their dependents. The $12,000 granted for the latter purpose by the Legislature for the year 1945 is insufficient. The highest allotment paid at the present time is $30 per month. There should, it is suggested be graduated payments of $50 a month downwards.

Other briefs include two from rural communities, emphasizing the need for doctors.

CHELMSFORD, Essex, England —(CP)—The British farmer was at his best during the war, James Turner, president of the national farmers' union, said in an address here.

Request Performance
YOU REQUEST, THE STARS PERFORM
GEORGE GRACIE
BURNS & ALLEN
DENNIS MORGAN
JANE POWELL
PRESENTED BY Campbell's SOUPS
CFCY SUNDAY 10 P.M.

## The Mulberry Bush

by HELEN TOPPING MILLER

She had been in her room an hour when her telephone rang. "Miss Warfield? This is Bruce Gamble. Would you come down about seven and have dinner with a lonesome travelling saleman?"

She couldn't say, "Oh, I'm sorry—but you see I'm a married woman. My husband might not approve." That would be absurd anyway, Mike would be the first to laugh at such an idea. So she said, "I think that would be very nice. I'll come on one condition—that my dinner goes on my expense account."

He did not argue, and she liked his good taste in forbearing. "At seven then? In the Casanova Room, downstairs."

She had letters to write, so she spent the next hour at the desk, but only one letter was finished—a long letter to Mike. She told him about flying.

"I suppose some god on a faraway planet looked down and saw two specs floating above this earth, and they were you and I. And now I'm safely down again, and I hope you've landed too." She said nothing about Bruce Gamble. After all, she did not know Mike's reactions very well—and things look so different, so much less casual, set down in black and white. And undoubtedly there would be lovely ladies in Lima, or Caracas, or other places, to whom Mike would have to be gallant—though the impression lingered in her mind that below the Tropic of Cancer, nice ladies did not go out casually to dine with men. They lived, precious and protected, behind their lattices—or was that all ended too, along with so many other taboos?

She put on the tweed suit with the soft gray fur that Mike had insisted on buying for her in New York. She fastened at the throat of her blouse the clip Mike had tossed into her lap that last morning. "Present for a pretty lady."

It was an expensive clip with four small diamonds set in an original arrangement of enameled grapes. Securing it firmly, she turned her mind as firmly away from a vagrantt thought of that girl in New York who had a ring. A girl with pride, she decided, would have sent a ring back when an affair ended. She refused to let herself consider the fact that or the girl, it might not have been ended—not till the abrupt shock came of learning Mike had married someone else.

"If she clung it was her own fault."

There might be no truth in it anyway; it might be merely the malicious invention of a man whom Mike hated. At any rate, the clip was lovely, and the cool feel of it against her skin was like a caress from Mike. And the little gray hat that completed the outfit looked smart and sophisticated on her bright hair. Bruce Gamble rose from a sofa in the lobby to meet her, admiration evident in his eyes.

Without his hat he looked a little older than she had thought him to be, the strong wave of his hair was definitely graying, and at the temples it was white against the dark tan of his skin. "This is fine," he said, "I was dreading the long evening. Tomorrow I'll be at work and the hours move along a little faster when you're busy." He pulled out her chair and arranged her fur, sat down opposite, and smiled at her.

;"Nice of you to invite me down, she said "Otherwise I'd have had an omelet on a tray, and written a few letters—"

"And then you'd have gone to bed at nine o'clock with a magazine and wondered how in a city of half a million people, one room could be crowded so full of loneliness."

"You've been traveling a long time, haven't you? I'm very new at it. I wouldn't be here at all except that my lady employer broke some bones, and very frankly I'm scared to death."

"I don't go round with an order book and a collection of barroom stories," he said. "I'm sort of liaison man between the laboratories and the customers. Right now I'm anxious to see these demonstrations of our explosive. It's supposed to eliminate dust and gas and several other dangerous features of other mining explosives. I'm especially interested in this formula because I helped work it out."

"I," Virginia said sell nice old ladies the idea that their lives will be incomplete until they've seen the sun set behind Pelee. And I convince retired businessmen in Nebraska that they should take their wives to Lake Louise or Bermuda. I collect tired school teachers and persuade them that a month in a log lodge at St Vron will bring romance and glamour into their frustrated lives And then I sell the hotels and camps the argument that can take these people at a certain rate, so that our bureau can show a margin of profit. Tomorrow I'm seeing a hotel keeper near Pike's Peak and a transportation company, and the next day a dude ranch owner near the Wyoming border. And the day after that—"

"The day after that is Sunday. Do you also beard tavern keepers in their lairs on Sunday.

"I have a very special one saved for Sunday. He keeps tavern in an old mining town that was once very rich and arrogant and wild. Now it's historic only—but we're sending some dilettante university people up there in July."

"I know the place, I think." He named it and she nodded. "How about driving up with me on Sunday? The place is historic but it isn't entirely a ghost town any more. There's quite a lot of activity—not so much excitement as when they paved the streets with silver brick for Ulysses Grant's carriage to roll over, but it isn't a place of memories entirely, now."

"Too bad. Some of our very best literature will have to be rewritten. And it was very effective material too—the lure of the dramatic past. Did you do that, with your dynamite."

"The man who invented a way to pump water up eight thousand feet did most of it. Most of those high mining projects failed for lack of water originally. Then the water came, and good roads, and some of them are slowly coming back again. Not to their roaring pasts—but to a comfortable present."

"How Mike would love all this!" Virginia was thinking. And she made up another letter to him in her mind, a letter that was not written for days, because she had so much to do. But at last Sunday came. (To Be Continued)

THE TRUTH about WASHED WHEAT

from

A Radio Talk by Mildred Mae McKenzie

I want to talk to you today about *washed wheat*. Now of course everybody knows that wheat has to be washed. It couldn't possibly be used for food the way it comes from the grain fields—The dust and impurities that wheat collects must be removed if a pure flour is desired.

Now, what about the method of removing these impurities: The ordinary method usually followed is to wash the wheat with cold water. Well that may be all right as far as it goes. But it's not good enough for OGILVIE! Wheat must be really clean, absolutely clean, before Ogilvie will put it through the milling process.

So OGILVIE has a special process—one that is not used by anyone else in Canada. OGILVIE washes the wheat first with hot steam, and then again with warm water. Then the wheat is scoured and dried with warm air. And believe me, this exclusive OGILVIE system gives results. The grain is absolutely clean. That's one reason why OGILVIE FLOUR is so good, so pure.

So when you hear about washed wheat remember that OGILVIE, and OGILVIE alone, has this system to bring you a flour that is immaculate.

Mildred Mae McKenzie

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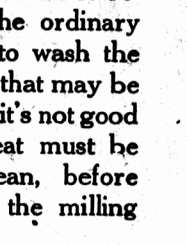


45-13

## W. C. T. U. NOTES

### KING ALCOHOL'S BOAST

I kill the poor, I kill the rich,
By smashing autos in the ditch,
I steal the children's milk and bread,
I beat up wives until they're dead;
I make the college students drunk
So in exams they're sure to flunk,
The Nation's war jobs oft I shirk,
And half the time go late to work;
The congressman, their brains I float,
One-fourth of them not there to vote;
I fixed the generals so they slept
While Japs upon Pearl Harbor crept;
I made the gunners sleep too long
While Japs pounced down and took Hong Kong;
Now watch me souse the Army host
Where nerves and clear heads cost the most;
And I'll continue on my spree
So long as Christians vote for me.—
E. A. Blakesley.—National Voice

### EUROPE IS STARVING!

From official sources we learn that there are in Europe millions of people wandering, homeless, without food sufficient to keep body and soul together. They must be fed, and they must be fed now. Among these millions are hordes of little children, tiny tots who are guiltless of any crime, but who suffer for the wrongdoing of others. It is certainly not in the tradition of Britain to allow children—even the children of ex-enemies—to starve. The European situation is catastrophic. It cannot be right, therefore, that Great Britain should use barley in the manufacture of whisky. It cannot be right that the Ministry should be prepared, as stated, to release from the 1945 crop fully one-third more than last season, and send it to the distilleries. It cannot be right that the nation's food should thus be destroyed for "that which is not bread" when the need for grain is so great elsewhere. The British Board of Education in its Official Syllabus says:

"Beer, Wine and Spirits— these things are not of real use to us because they cannot make us grow, nor keep the body from wearing away, and they cannot make us strong or warm....They are unable to help to nourish the body."

That is perfectly true, but the grain used in the manufacture of alcoholic liquors might be turned into immense quantities of food materials. What is almost valueless when turned into Drink can be of tremendous worth when made available for food.

Thousands of people in Great Britain have declared their willingness "to have their rations cut, if thereby alone men, women and children, of whatever nationality, may be saved from intolerable suffering." Such was the instant response to an appeal by eight well-known public figures which included Dr. Sidney M. Berry, the Rev. Henry Carter, the Bishop of Chichester, Victor Gollancz, Prof. Gilbert Murray and Eleanor Rathbone, M. P.

John Middleton Murry writes: "The War is over. All the cruelties and abominations that are inflicted in the act of war itself will be forgotten. Men know themselves to be victims of a common disaster....But the cruelties that are inflicted when war is over are never forgotten. They fester into an implacable hatred. For they are inhuman. This is the moment when generosity wipes out the horror of war."

(Continued on Page 14)

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GENUINE ASPIRIN IS MARKED THIS WAY