

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

THE WOMAN'S REALM

You are a sunrise,
A star should rise instead of the sun.
You are a moonrise,
A star should come in the place of the moon.
You are Spring,
A face should bloom instead of an apple-bough.
You are my love,
Your heart is as kind as your young eyes now.

—Vachel Lindsay.

COLORS SUBTLE

NEW YORK — Resort colors, in spite of their brilliance and gaiety, hint a strong leaning toward the more subtle color gradations of waxes and rose quartz, with evident pleasure in the lilac violet, and mauve tones. Soft peach, violet dusters of orange, and the sand shades are natural for resort wear.

White tweed and white fleece coats background many of the gay prints and pastel dresses.

CLEAN MILK

Milk is a highly nutritious food for humans and domestic animals—but also for bacteria. Bacteria grows in milk, and cause souring, bad flavour, ropiness, and other defects. Clean, healthy cows; clean, sterilized utensils, and prompt cooling and storage of milk at low temperature are the chief methods for keeping milk free from bacteria.

BEAN SHEEN

Mrs. Louise Danile, of Fort Worth, Tex., models the prize-winning dress she wore at the Westaco, Tex., 28th birthday celebration. Representing 500 work-hours, the dress was made by Mrs. G. L. Hutchinson, also of Fort Worth, who painstakingly split beans with a razor blade and glued them to dress.



FROM ODD EARRING

NEW YORK — The odd earring, pin or button may be centred on a cascade of ribbon and become a shoulder decoration for dress, suit or coat.

COMETS' CHILDREN

Meteors, or shooting stars, consist of small portions of solid matter resulting from the breaking up of comets.

IT'S EASY TO BE A GOOD HOSTESS

One of the accomplishments most coveted by women is the art of being charming, gracious hostesses. Most women work hard to put themselves over in that role, yet more of them fail than succeed at it.

The most common reason for failure is that the woman is thinking more—much more—about impressing her guests, even casual callers than about making them welcome.

This is what too often happens when a woman entertains: She wants everything to be just so. She wants her guests to think she is a better housekeeper than she is. She wants them to believe she has more money than she has. She wants them to think she has more impressive friends than she has. She tries to fake a picture, and everything that keeps the picture from being perfect puts her on the defensive.

She excuses apologizing and explaining and, in no time at all, her guests are ill at ease.

sincerely First

AVOID SHOPPING HEADACHES

NEW YORK — The best way to avoid the headaches that usually go with the hectic Christmas shopping season is never to forget to be businesslike.

That lapse of thoughtfulness "brings the average customer to grief" more quickly than anything else, says John A. Blum, manager of the adjustment department of a large New York department store.

Drawing on his long experience, Blum endeavors to ease the shopping woes of Americans by listing these do's and don'ts in an American Magazine article:

1. Don't throw away your sales check after you've made a purchase. The check will save you time and trouble if you have to make an exchange.
2. Don't demand to see the manager about an exchange or adjustment that can be made by the sales clerk.
3. Read the labels on merchandise. Find out how to use and care for the things you buy, and what they're for.
4. Don't expect luxury goods to last longer than utility items because they cost more. Darning shoes, for instance, aren't made for hiking.
5. Check your name and address on the sales check for delivered merchandise after the clerk has written it. Wrong addresses are the No. 1 cause of non-delivery.

Ellen's Diary

This afternoon, in James' "between times," we gathered pine branches in a neighboring woodland. This came about because of a wish expressed by Ellen, niece and namesake of mine. She is now a student in a city college, "academic" she explained to me. Last evening she called by phone, to say rather mysteriously "I'd like to see Aunt Ellen, if I could get some pine to take home with me, for our Christmas decorations. You know there's none to be had near where we live and as I was wondering about it, I remembered Alderlea. How about "down by the old mill stream?" and she sang the last words. Ellen has a nice voice, and even if she had only spoken the request there should have been no refusal. Her home is in a wind-swept spot almost within sight of the Straits, where the tang of the salt air is invigorating to humans but adverse to the luxuriant growth of trees.

Though they have them near at hand: willows and chestnuts and apple trees, the latter gnarled and bent from their continual warping against the east wind, there are roses blossom there in profusion, and before that white lilacs and other flowering shrubs. But it is the shore — oh there it is that thought Ellen and her brothers and sisters will always return, should they chance to stray to the ends of the earth, to the boating and swimming and the long happy hours spent in the sand building dreams as youngsters will, and away off beyond the glint of the water, Summer sky and sea, lying together in an odd time given to be sure where the fusion of the two begins. Except in places where clouds, great billowy ones, like vague hopes float lazily in the upper blue. Nearer in languid rolls the white edged waves break in long rolling curves, to remind one of frothings of fine Valenciennes lace, the ruff of an old time gown.

"I guess, Ellen if you're all set, we can go after that pine now," James appeared at the doorway with an axe on his shoulder and as he leaned in the direction of the bush he asked: "What would she want it for?" a little complaint in his voice but secretly much delighted with the mission.

For Ellen is one to get along well with her uncle-in-law. He enjoys her visits to Alderlea, as indeed do we all in the family. She has the happy faculty of embroidering even the smallest local happening to make it most interesting and humorous. Better ever, and that she chat about the times James forgot my presence and his steps were quick as he led the way into the heart of the woods, where odd pine saplings grow. There she was all alone, with a will and delightful to come to, and from whence by the encircling trees the cares and duties of the world outside were all cleared away. And this was with that blow he severed long branches cleanly, James remembered something. "There!" he exclaimed "that will have to be enough." I can't stay here one minute longer, Ellen—don't you know? I've got to go and help Mr. C. butcher that pig. I just bet he was expecting me long ago!"

Modern Etiquette

By Roberta Lee

Q. Hasn't a devoted wife the privilege to open her husband's mail?

A. No. This has nothing whatever to do with devotion. Neither wife nor husband has the privilege to open the other's mail, nor should he or she pick it up and read it after it has been opened, without permission. A well-bred person will not even scrutinize a postal card that belongs to someone else.

Q. How should a girl introduce a man to her mother?

A. "Mother, this is Mr. Martin," or, "Mother, this is Ralph Martin," if she knows the man well.

Q. What kind of dress should a woman wear to an informal dinner?

A. Any pretty dress may be worn, with special attention to the cut.

Better English

D. C. Williams

1. What is wrong with this sentence: "She is a fresh air fend."
2. What is the correct pronunciation of "ocular"?
3. Which one of these words is misspelled? Dogmatize, familiarize, disfranchise.
4. What does the word "rational" mean?
5. What is a word beginning with "l" that means "immorality"?

ANSWERS

1. Say, "She is a fresh air devotee." 2. Pronounce juk-u-lar, o as in rock, not as in joke. 3. Disfranchise. 4. Agreeable to reason. (Pronounce first syllable rash). "The only rational course is to revise the amendment." 5. Loquaciousness.

Christmas. And a mother whose family is grown, and some gone from the shelter of the farm home, to interests of their own but who still can see "the line with seven stockings in a row" wished me a memory — not to me alone but to James and everyone, in a nice Christmas wish:

"Here's health to you, and wealth to you,
And all you wish yourself for you,
Good luck to you. May God bless you,
And may the world go well with you!
Until tomorrow — Diary — Good-night."

GIFT HANDKERCHIEFS



DESIGN NO. E-1241

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BABY'S COLDS

Time-tested home remedy for relieving series of children's colds. No dosing to upset stomach. Just rub it on.

VICKS

Dorothy Dix Says—

Strangers To Ourselves

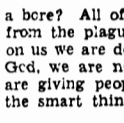
Nearly All of Us Are Bled To Own Shortcomings And Weaknesses

The other day I was reading an article in which the author made the assertion that the one person in the world whom we know best is ourselves. Maybe so, but my observation and experience have led me to believe that all of us are utter strangers to ourselves, and that the one individual in the world with whom we have the least acquaintance is the John Doe or Mary Roe whom we chance to be.

Though our houses are filled with mirrors and we see our reflections a thousand times a day. If the fat woman had the faintest idea of how she appeared, would she dress herself in big plaids and pile on the ruffles and flummies that seem to add 50 pounds to her weight? Would skinny old women masquerade as debutantes? Would paunchy grandpas believe that they were still lady-killers, and the bald-headed waste their money on hair tonics?

Nay, verily.

Does any human being even suspect that he is a bore? All of us have plenty of acquaintances from whom we flee as from the plague itself, for well we know that if they get their clutches on us we are doomed to listen to their endless monologues. But, thank God, we are not like that. We are entertaining and amusing and we are giving people a real treat when we tell them our stale jokes and the smart things little Tommy said.



People never see themselves as failures. They are always the victims of circumstances and are to be pitied, not blamed. The reason they are deadbeats who sponger their living off of others is not because they are too lazy to work, but because they have just never found any occupation that appealed to them. They don't try to control their life tempers. They are rather proud of them as showing how temperamental they are.

No woman ever admits that she is a tyrant who rules her family with a rod of iron. On the contrary, she boasts of it and tells how helpless her husband and children would be without her, and how she made John give up all of his old friends when they were married and how she never lets him step out without her going with him, and how her grown children never dare to do anything without asking Mama.

And did you ever meet a lazy, selfish, sloppy married woman who was a no-good wife and mother? The woods are full of them, but they are never to blame. Heaven knows, it is no fault of theirs that they are too delicate to do any sort of domestic labor and too nervous to be bothered with the noise of children. But the doctor says that they need diversion and it really rests them to sit up half the night playing bridge, or spend their mornings tramping through the woods.

No woman ever sees herself as a gossip. No, indeed. Far from it. She just picks up all the scandal that is going around and peddles it out to anyone who will listen, regardless of the fact that it may blacken a young girl's name, or break up a family. But she feels perfectly innocent of doing any harm because she says: "Now, don't tell anybody, for I don't know whether this report is true or not. BUR"

No, we don't know ourselves. We wouldn't be so complacent if we did.

BLIND TO SELVES

Q. How can I remove odors from bottles?

A. Put a tablespoonful of dry mustard in the bottle, then fill it half full of cold water. Shake thoroughly and let stand for half an hour, then rinse with clear water. This will give the bottle the necessary moisture it requires.

Q. How can I whiten white fox fur?

A. By rubbing equal parts of magnesia and dry flour into it.

That Body Of Yours

By James W. Barton, M. D.

HELPING DIGESTION IN STOMACH

A middle-aged healthy man who had eaten a small lunch felt hungry about 4.30 p. m. and ate some cereal and cream. He then ate a heavy dinner at 6 p. m. and for some hours he suffered severe pain in the stomach and under the breast bone. Knowing that heart pain occurred under the breast bone, he became somewhat alarmed. He took some baking soda, brought up considerable gas, and gradually the pain disappeared.

What caused this pain and gas pressure so soon after eating his dinner?

When he ate the cereal and cream at 4.30 p. m. the cream, which is a fat food, was still in his stomach at 6 p. m. when he ate his dinner. Thus partly digested food in the stomach had come into the stomach on top of it. The stomach, with partly digested food, had to start at the beginning and try to digest or mix the fresh food with the digestive juices of the stomach. This meant a disturbance of the two jobs done by the stomach—that is, burning the food by movements of the stomach walls, and the chemical mixture of the digestive juices of the stomach with the food.

These digestive disturbances in this case could have been avoided had the man waited an hour or more longer before eating his dinner or had he lain down on his right side for 10 to 15 minutes before eating his dinner at 6 p. m. By lying on the right side for 10 to 15 minutes before eating, any food

Cook's Corner

BANANA DESSERT

Boll 10 tablespoons of brown sugar in half a pint of water. When it begins to thicken, add eight peeled bananas and let them boil in an uncovered pan over a low fire until they are a deep red color. If the pan is covered they turn pale brown. Put into the ice box for two hours and serve with whipped cream or a slice of cheese.

BRAZILIAN NUT BON-BONS

Mash 4 pounds of Brazil nuts carefully. Melt two squares of unsweetened chocolate in six tablespoons of water. Add the nuts and four tablespoons of sugar to the chocolate mixture. If the candy becomes too hard, add a little water. Form small round or square bonbons. Put in granulated sugar and dry for about one hour.

Morning Smile

"Did you order your silverware by mail?" asked the first recent bride.

"Well," replied the other, "I sent out 65 wedding invitations to out-of-town relatives, if that's what you mean."

"Now my son," said the father, "tell me why I punished you!"

"That's it! First you found the life out of me, and then you don't understand why you did it!"

How Can I!!!

By Anne Ashley

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The Stars Say—

By Genevieve Kemble

For Saturday, December 27

UNDER the benign rulership of the love star, this is bound to be a time of hospitality, conviviality, celebrations, generosity, and good will heightened to the nth degree by starmull of celestial agency. This is true not only in a general and universal reaction or mundane procedures, but specifically in the domestic, social, cultural and romantic life. While all pertaining to these are most benevolently overshadowed as well, there is a note of warning against all manner of excesses and indulgences.

Birthdays Forecast

Those whose birthday it is are encouraged to look for a happy and prosperous year, with the growth and enjoyment of many benefits materializing on the domestic, social and affectional life. All business



BRITISH BEAUTY

Lovely Christine Norden is a new star of British film production. She already has made quite an impression on British moviegoers and soon Canadian film fans will be able to see for themselves that Hollywood holds no monopoly on beautiful, glamorous blondes. Christine is of Norwegian descent. Her real name is Molly Thornton, which Korka didn't think was keeping with her glamour. She is 22 years of age, and for those vital statistics department boasts of the following: waist, 23"; hips, 34"; and bust, 34", which is about par for the course.

Needlecraft FOR THE HOME



KITCHEN GLAMOUR

Practically—this little apron is perfect. It's topped by a beautifully fitting bodice, spiced with big pockets, bright ric rac, and scallops that scamper along the hemline. No. 2196 is cut in one size and requires 1 yard 35-inch, 4 yards ric rac.

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