

Woman's Realm Social and Personal Fashions Literature

RED ROSE TEA ORANGE PEKOE TEA Canada's largest selling fine QUALITY tea!

Living & Leisure The Woman's Realm

NEW CHARM From numberless sources all liveliest springs, from snow-covered mountains to butterfly wings...

High spirited "fund colors" and the most unusual combinations of gold, rickety lime, gay fuchsia, play-pink, joy turquoise, festive orange...

SEWING MACHINE GADGETS How many of us have all the attachments of our sewing machine but never use any of them?

HINTS ON ETIQUETTE If cake is soft and sticky it should be eaten with a fork.

CHOCOLATE STAINS Where there are children there are always chocolate stains. These stains can be removed from suits and dresses by slightly moistening borax and leaving it on the fabric...

GRILLS AND GROUCHES Doing light housekeeping and cooking on a grill for one? It takes imagination and ingenuity to contrive exciting meals that can be cooked on one of two burners...

PUPIL COMES FIRST What happens to the child in school is far more important than what happens to the subject matter with which he is dealing...

ANNOUNCE FROSTY SHADES Now that spring has arrived the Textile Color Card Association apparently thinks that fall can not be far behind...

Wins by its Natural Flavor! IT'S the naturalness of its rich, chocolatey flavor that makes Baker's Cocoa so tempting...

BAKER'S COCOA You can depend on the unvarying high quality of Baker's Cocoa. For over 175 years of experience goes into its making...

For finest flavor, for smooth creaminess, prepare Baker's Cocoa according to package directions. Each thrifty one-pound package makes up to 90 servings.

Ellen's Diary This is my Diary. On these spotless pages I shall record events that come to pass each day...

The seasons too must have their place here and while time, it will be a seed-time and a harvest-time...

There will be so much that is beautiful to record in this Diary of mine. Misses at dawn, the fragrance of clover, June rose-buds...

DEAR DOROTHY DIX—You get many letters from women who feel that their marriages are failures and that husbands do not love them...

ANSWER—No doubt this plan will work. The experience of millions of wives goes to show that the average man can be nagged into doing practically anything...

CHECKS DON'T SUFFICE No mere check suffices, even though it is written in three figures, it must be in the least what Maria wanted and she returns it...

SUCH MARRIAGE WOULD BE TRAGIC DEAR MISS DIX—I am to be married in a month to a divorced man...

TOO MUCH DOG ANSWER—Well, Mrs. Mac, I think if you get rid of the pup you will get rid of your husband at the same time...

Gov.-Gen. Plans To Tour Western Canada OTTAWA, April 7.—(CP)—The Earl of Athlone, Governor General, and Princess Alice will leave Ottawa April 26 for a tour of western Canada...

FOR COUGHS COLDS—BUCKLEY'S MIXTURE YOU CAN'T BEAT

Needlecraft For The Home BROAD-SHOULDERED LOOK That's the smart new note in jumpers, and you'll also like the trim fit of the slightly built-up waistline...

Needlecraft For The Home No. 3724 in size 16 requires 3 yards 36-inch fabric for jumper...

Needlecraft For The Home PIMPLES CUTICURA Soap and Ointment

Needlecraft For The Home 3724 51285 10-46 APPLIQUE W28

MUFFINS MAKE THE MEAL MAGIC APPLE MUFFINS 2 cups sifted flour, 2 eggs well beaten, 1 cup milk, 1/2 cup sugar, 1/2 tsp. baking powder, 1/2 tsp. salt, 1/2 cup raisins, 1/2 cup shredded apple...

MAGIC BAKING POWDER MAGIC MAKES THE MUFFIN!

A Job Only You Can Do Price Control Questions And Answers Questions and answers on Price Control will appear in The Guardian as a regular feature each day...

THE COOK'S CORNER OATMEAL AND MARMALADE Two eggs well beaten, 1/2 cup sugar, 1/2 cup good quality shortening melted, 2 cups flour, 2 cups rolled oats, 1 tablespoon of baking powder, 1 teaspoon salt, 1 teaspoon vanilla or 1/2 teaspoon cinnamon...

FIRE BUG IN HALIFAX? HALIFAX, April 7.—(CP)—Authorities are searching for a suspected firebug in connection with a \$42,000 clothing store fire and other recent blazes here...

How to relieve MONTHLY Female Weakness Which makes you CRANKY, NERVOUS Laidus's Pinkham's Vegetable Compound is made especially for women to relieve periodic pain and weakness...

FILET CROCHET FLOWER SCARF Beautiful rose design in filet crochet—a real old favorite for a scarf. Pattern No. 1161 contains complete instructions.

Needlecraft For The Home Beautiful rose design in filet crochet—a real old favorite for a scarf. Pattern No. 1161 contains complete instructions.

Dorothy Dix Says—

HOW TO PREVENT HUSBAND FROM FORGETTING BIRTHDAYS One Woman Says She And Children Talk About Anniversaries Weeks Ahead

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SWIFT'S WEEKLY FOOD HINTS Martha Logan, Swift's famed home economist, whose weekly wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday

Carving a Roast Bird

For a chicken, as with other roasts, good carving is vital to avoid waste! The first essential for carving poultry is the same as any other meat—a sharp knife!

A SIMPLE DRESSING FOR CHICKEN 4 cups freshly made bread-crumbs, 6 tbsps. fine flavoured fat, 1 tbsp. chopped parsley, 1 to 4 tbsps. chopped onion, 1 tsp. powdered thyme or marjoram (optional), A little milk or stock, Salt and pepper to taste, 1 egg (optional)

SWIFT CANADIAN CO. LIMITED A Dominion-wide organization devoted to the conservation and efficient distribution of Canada's food resources

F. D. R. Would Let French Choose Own Form Of Government Today's discussion of the French question by the president at a new conference was his first since he announced March 17 that he had arrived at a decision...

Needlecraft For The Home MONTREAL, April 7.—A Charlottetown man, David McLean, has been awarded a scholarship at McGill University...

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