

Woman's Realm :- Social and Personal :- Fashions :- Literature

A pastime

To assemble a number of different things - flour, milk, butter, flavoring, Magic Baking Powder, and from them to produce toothsome dainties for your table, is more in the nature of a pastime than a task. And success is sure when you use

MAGIC BAKING POWDER



More sold in Canada than of all other brands combined

E. W. GILLET CO. LTD. Toronto - Canada

USE GILLEX FOR ALL CLEANING, LAUNDERING, DISHWASHING

For The Cook

Potted Beef Cutlets

Slice cold pot roast in slices about a fourth of an inch in thickness and with care that the slices do not crumble, dip them in beaten egg and then cracker crumbs, the latter having been mixed with salt and pepper to season. Fry in hot fat (either deep or shallow, in an iron frying pan) until the cutlets become a golden brown. Serve on a hot platter garnished with sprigs of parsley.

BELFAST NOTES

We are glad to learn that the report about Mr. Malcolm MacKenzie, of Flat River being in the Prince Edward Island Hospital for treatment was a false report. Mr. MacKenzie is at his home and feeling fine.

Mr. Jack MacDougald, of Newton, met with an accident on last Sunday afternoon at Eldon, when the steering gear of his car locked and ran into the bank, breaking several parts of the car. One of the occupants of the car received several slight cuts about the head, otherwise no real serious damages were done.

We are sorry to learn of the serious illness of Mr. Samuel MacLeod of Point Prim.

It is with regret that we learn of the death of Mr. Pat McTague, of the Valley. Mr. McTague was well known throughout this vicinity.

A social evening was spent at the home of Mr. and Mrs. Alex. Gillis, of Flat River, on Wednesday evening, August 28th. Dancing and Music were

indulged in until the "Wee Sma hours."

A more serious motor accident was narrowly escaped this week when a horse and wagon driven by Mr. Angus Stewart, of Flat River, was struck by a car driven by Mr. John J. MacDonald. Pinette and badly damaged. Mr. Stewart was thrown from his wagon but with no serious damages. The accident occurred on the road leading from Pinette to the butter factory.

There peacefully passed away at her home at Point Prim on Wednesday, August 28th, Mrs. Richard MacRae, daughter of the late Donald and Mary MacDonald of Pinette, aged 58 years. Deceased leaves to mourn, two sons and four daughters, Kenneth, Richard, Edith, Mary, Catherine and Bessie. She also leaves five brothers, John D. of Pinette, James and Alex. of Two Harbours, Minn., Angus of Colorado and Murdoch of Australia, besides a large circle of relatives and friends. The deceased was in failing health for the past year and despite all that loving and willing hands could do, death claimed her. The funeral which took place on Saturday afternoon, August 31st, at St. John's Cemetery, Belfast, was largely attended. The service at the house was conducted by the Rev. T. A. Rodger, Rev. Mr. MacDonald and Mr. Westcott.

The people of Melville are very fortunate in having Mr. Vernie MacLeod, of Charlottetown, for their teacher for the ensuing year. This will be Mr. MacLeod's third year as teacher at Melville.

We regret to learn that Mr. Robert Cook, of Newtown has suffered the loss of his Saw and Grist Mills on last Thursday morning by fire.—D.

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED

Dry Scalp and Oily Hair

Dear Miss Leeds—I have a very dry scalp and thin, oily hair. I wash my hair once a week with a cocoanut oil shampoo preparation, after combing it with a fine comb. After my hair has dried my scalp is full of dandruff. My face and hands are also very dry so that the skin peels off unless I apply creams daily. I have tried everything. What shall I do now?

Answer—The first thing for you to do is to build up your general health. A really healthy person does not have an excessively dry skin and scalp. See that your weight is not below the



average for age and height. Your diet probably needs adjusting to include more dairy products, milk, cream, cheese, butter, and also fat meats, fish and oil. Excessive dryness of the skin is sometimes due to internal conditions that require medical attention. I should advise you to have a thorough physical examination by a doctor to see what the trouble may be. For a local treatment rub a little sulphur salve into your scalp every day and massage for ten minutes. Wash your hair once a week, but before you do so loosen and brush out the dandruff gently and saturate the scalp with olive oil. Leave this on for at least an hour, or over night. Shampoo with a pure olive oil liquid soap. Wash and sterilize all your hairpins, brushes, combs and hat linings once a week. I think, however, that merely local treatments cannot cure the condition unless you also improve your health. LOIS LEEDS.

Colors for the Dark Brunettes

Dear Miss Leeds—(1) I am quite dark. What colors are becoming to me? (2) There are quite a few blackheads on my nose and cheeks. I have tried squeezing them out but it does not help. How can I cure them?

Answer—(1) If your skin, hair and eyes are dark you may wear brilliant reds, yellows and orange. Rust and brick-red are good, also, dull pink, coral, apricot, bronze-green, dark blue, sari, mahogany, deep brown, deep cream, black with bright trimming. Bright greens and blues are good for accessories or trimming. (2) Wash your face twice a day with warm water and soap. Let the lather dry on your skin before rinsing it off thoroughly in clean water. Gently press out the larger blackheads and pat on witch hazel. Do enough vigorous exercise each day to cause sweating. Avoid constipation. Eat wisely. LOIS LEEDS.

Sun or Auburn Hair

Dear Miss Leeds—Will the sun darken or lighten dark auburn hair?

Answer—Almost constant exposure of the hair to strong sunlight all summer long would tend to bleach the upper layers. A moderate amount of exposure is good for the hair, however, and will not cause it to fade. Sunlight does not darken the hair, as it does the skin. LOIS LEEDS.

Complexion His

Dear Miss Leeds—I am having a great deal of trouble with enlarged pores. Please send me your leaflet on the subject.

Answer—I shall be glad to mail you the leaflet you desire if you will write again and remember to include a stamped, self-addressed envelope with your request. In addition to using astringent applications to close the pores, do not forget to keep your digestive tract in order and keep your muscles supple by regular exercise. Enlarged facial pores often indicate a low degree of physical fitness. LOIS LEEDS.

Tomorrow—Simple Remedies for Pimples

The population of Berlin, Germany, is now estimated at nearly 4,500,000.

Why Do Girls Wed?

Dorothy Dix

Lists Nine Reasons Besides Love

"Girls Marry for Many Reasons Besides Love, And That is Why There are so Many Dastrous Marriages That End in Divorce," Says Dorothy Dix

A correspondent asks: "Why do girls marry?" Oh, mainly because Nature intended them to, and every woman has an instinctive yearning for her children and her home. But aside from that there are many reasons why girls marry, even when they have no particular affection for the men they are marrying, and when even a blind woman should be able to see that they are not bettering their lot by marrying.



They marry because home conditions are unpleasant and they are tired of family spats and of being bossed by father and nagged at by mother. They want freedom and they are under the delusion that when they get their own home they will have perfect liberty to do exactly as they please and come in at any old hour that they feel like. They think that their husbands will never cross them in any way, or deny them anything they want, and that there will never be any family arguments because everybody will agree with them, and that if they should have children they will be little cherubs, who will always have on clean white frocks with blue ribbon bows on their curls and never give the slightest trouble.

Girls marry for the same reason that they bob their hair and wear knee-length skirts and paint their lips. Because all the other girls are doing it. Sally and Maud and Ethel have got married and it makes Mamie and Susie feel sort of left out of things, not to be married, too. It is like not even having a flivver and trying to run around with an automobile crowd. Besides, the married girls give themselves airs with their talk of "my husband," "my home," and they assume a condescending attitude toward the unmarried that is not to be borne, so Mamie and Susie get married just to be in the running.

Girls get married because they want to quit work, Lord save the mark! They are tired of punching the time clock in an office or factory, tired of pounding a typewriter or standing behind a counter, and they think that if they get married they can lie abed of a morning and spend the afternoons playing bridge or going to the movies or shopping, and that, somehow, all of the housework will be automatically done, and if it isn't, they should worry.

Or course, they find out later on that they have to work about ten times harder in their own home than they ever did out of them; that they have to get up an hour earlier in order to get the breakfast and husband off to work and the baby fed and the children ready for school. But that is one of the little surprise packages that matrimony hands a woman.

Girls get married because their families badger them into it. When a girl gets around 23 or 24 years old, her mother is generally as anxious to push her out of the home nest as an old bird is to get rid of her fledglings.

Even if the girl is self-supporting it doesn't make any difference. Mother feels it, somehow, a reflection on her for her daughters not to marry. She begins wondering why it is that men don't find Mary attractive and telling Kate that she will put it off too long and warning Janie that she is too particular and praising up this man and that man to the girls until finally they marry in self-defense.

Girls marry to keep from being old maids. They have an idea that there is something opprobrious in the term and that old maids are held in a certain contempt. They think that if they do not marry it is an indication that they so lacked in feminine charm and grace that they were passed over by all men as undesirable. Their vanity cannot endure this and so they will marry any sort of a stick of a man rather than remain single.

Girls marry through sympathy, particularly if they are of the young type. They can't marry when they are older and they think they may regret it when it is too late. They are afraid they might miss something if they don't get married. They are afraid they might be lonesome when they are 40 or 50 years old and so they will marry even a man who bores them when they are young so that they may have his company when they are old.

Girls marry because they are bored. Rich girls are particularly prone to marry for this reason. They get sick and tired of going to parties and running about from pleasure resort to pleasure resort. Their lives have no meaning. They have nothing worth while to do. Their only occupation is killing time and so they marry to try to put some purpose into existence and to have something definite and practical with which to occupy their idle hands and brains.

Girls marry through sympathy particularly if they are of the maternal type. Some chap who is sick needs a nurse, or some weakling who needs a backbone appeals to their pity and they take on a life job of caring for him. Or else they have the reform complex and marry drunkards or rouses because they believe that they can lift them up to the higher life.

Oh, girls marry for many reasons besides being in love, and that is why there are so many disastrous marriages that end in divorce. For it is only love that stands the strain of every day living with a man and putting up with all of his peculiarities. DOROTHY DIX.

A Morning Smile

Brown was giving his final bachelor party, and all was going well until a married friend approached him and said:

"Let me congratulate you, old man. I feel sure you will always look back on this day as the happiest in your life."

"Thanks," replied Brown, "but—er—it's to-morrow I'm getting married."

"Yes," agreed his friend, "I know that."

Etiquette

By Roberts Lee

Q. When leaving a visiting card with a clerk at a hotel, is it advisable to write the name of the friend whom you wish to see, in a corner of the card?

A. Yes, this is advisable, as it will avoid the liability of a mistake.

Q. If neither of the bride's parents are living, in whose name is the

wedding invitation issued?

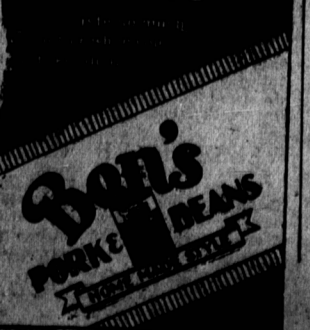
A. In the name of the nearest living relative.

Q. What does "crouton" mean?

A. "Crouton" is bread cut into squares and toasted.

The Arabs in Jerusalem do not show any indication of "folding their tents and silently stealing away."

Picnic Lunches



What a START



A bowlful of Kellogg's Corn Flakes at breakfast. With milk or cream, fruits or honey added. Golden flakes of toasted corn. Rich with flavor. Crunchy with crispness. It's a treat 12,000,000 people welcome every day.

Kellogg's Corn Flakes are delicious for lunch and dinner as well as breakfast. An ideal treat for the children's supper. So easy to digest. Always extra crisp. With the flavor that can't be copied. Sold by all grocers. Served by hotels, cafeterias, on diners. Made by Kellogg in London, Ontario, Canada. Fresh in the red-and-green package.

Kellogg's CORN FLAKES



What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Anabelle Worthington

A delightful version of semi-stylish styling in printed silk crepe



2936

in tweed pattern in lovely rust tones, revealing interesting wrapped treatment in skirt. It is a one-piece type, too, that

Household Hints

By Roberts Lee

Kodak Film

Never keep films anywhere but in a tin box with a tight fitting lid, both before and after exposure. It is a preventive against fire, and climatic conditions will not affect them.

Green Spots

To remove green spots from silk mix and apply one ounce castile soap shredded, one teaspoonful saltpeter, two ounces ammonia, and one quart water.

Buttons

A blouse can be prevented from becoming discolored by moistening some dry starch with cold water and covering the buttoned parts with it.

Write for Free Nestle's Milky Way Recipe Book

Advertisement for Nestle's Milk, featuring the text 'Always Pure Safe and Fresh' and 'NESTLE'S MILK' with images of milk cans and a woman.