

THE WONDERFUL FRUIT MEDICINE

Every Home in Canada Needs "FRUIT-A-TIVES"

To those suffering with Indigestion, Torpid Liver, Constipation, Sick or Nervous Headaches, Neuralgia, Kidney Trouble, Rheumatism, Pain in the Back, Eczema and other skin affections, "Fruit-a-tives" gives prompt relief and assures a good recovery when the treatment is faithfully followed.

"Fruit-a-tives" is the only medicine made from fruit—containing the medicinal principles of apples, oranges, figs and prunes, combined with valuable tonics and antiseptics. 50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

The Woman Who Loved and Earned

BY JANE PHELPS
A Modern Story of Home and Business

CALLERS
CHAPTER 71.

Robert ordered the simplest sort of dinner. In preference, did the same. When the check came he paid it, but offered no objection after it was reached home when I gave him my share.

"I wish you wouldn't act this way, Robert," I said. "You know that I am willing to put all we have in a common fund. If you earned more than I did I wouldn't feel as you do."

"No—a woman wouldn't."

"I can't see any difference."

"Well, I can. It is no use talking of it, Gerry. I mean just what I say. Mean it for all time. I have despised myself more than you have despised me. I know that I haven't paid even my half of the expenses for some time. But now we'll go it alone. I can at least feed myself, and pay for my bed."

Robert spoke so bitterly that the tears came to my eyes. I brushed them away, so he would not see them. But I pretended to be busy and left the room. I couldn't trust myself to talk any more just then.

He had scarcely returned to him when I heard voices in the hall, and then a tap on our door.

"Come in," I called, thinking it was the maid. To my surprise it was Mary Ryan and Gardner Kenyon.

"Caught you, lazy bones!" Mary exclaimed as Robert jumped up to greet them. "The idea of lying down at 8 o'clock."

"I know it seems ridiculous, Mary, but my social duties are so trying," Robert replied, jocularly.

"We thought you might take pity on us and play bridge," Mary said after we had greeted Gardner.

"Mr. Kenyon came to call, and there wasn't a blessed thing we could do but sit and look at each other, so I suggested to come over here."

"What's the matter with you, Mary? Lost your gift or gab?" Robert queried.

"No, Robert, only laid it away for a while until I can gab, as you call it, more correct. She flushed as she made the honest confession.

"Oh, that's it! Well, I'll get the table and we'll play. You'll be my partner, and I'll forgive you if you don't talk."

"He'd not forgive you if you did! I broke in. Bob was a crank when he played cards, and had no patience with anyone who did not pay attention to the game."

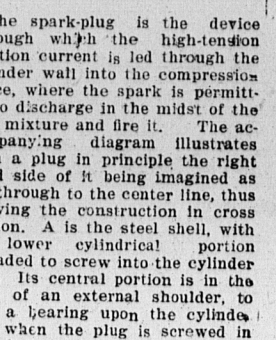
"Oh, Robert and I always go along," Mary replied as we took our places.

It was the first time I had seen Gardner since I had gotten him the

HINTS FOR The Motorist

BY ALBERT L. CLOUGH
IGNITION, THE SPARK PLUG

The spark-plug is the device through which the high-tension ignition current is led through the cylinder wall into the compression space, where the spark is permitted to discharge in the midst of the fuel mixture and fire it. The accompanying diagram illustrates such a plug in principle the right hand side of it being imagined as cut through to the center line, thus showing the construction in cross section. A is the steel shell, with its lower cylindrical portion threaded to screw into the cylinder wall. Its central portion is in the form of an external shoulder, to give a bearing upon the cylinder wall when the plug is screwed in and the upper cylindrical part of the shell is threaded internally. The external shoulder portion is of hexagonal form, so that a wrench can be applied to it, and there is also an internal shoulder formed in the shell. B is the cylindrical insulating bushing or core, usually made of a special grade of glazed porcelain, which is the most vital part of the plug its office being to prevent the escape of current into the metal of the engine and to confine the current until it reaches the points, where the spark is required. It is formed with an external cylindrical projection that fits on the internally shouldered hole of the shell, and it has an axial channel through its entire length, into



No Uncertainty about this Milk

—its Quality or its Delivery

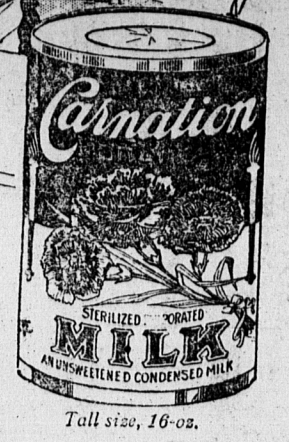
It comes from Canada's finest dairy sections. It is pure "whole" milk. But is delivered in a safer, more convenient way. It is sealed. If you wish, you can keep a week's supply—or a month's—on your pantry shelves. Then you have fresh, rich milk every time you open a can. When you run short, you simply phone the grocer for more.

That is how Milk comes from the spotless Carnation Condenseries.

Gathered every morning from Ontario farms, Carnation Milk must first pass rigid tests and inspections. Part of the water is evaporated from it. Then, rich and creamy, it goes fresh into new clean containers and is sealed. It is sterilized to insure its purity.

No sugar or anything else added.

Carnation Milk is "whole" milk—nothing more. Richer, of course, because it contains only half as much water. Safe because it is Sterilized. Kept pure because it is sealed.



Tall size, 16-oz.

Add Water to Carnation Milk

Water has been taken out. Carnation comes to you rich and creamy—just right for coffee, tea, fruits or cereals. But you may have it as rich as you wish. Add an equal part of water and Carnation has the natural richness of whole milk. Most people add even more water. Double the quantity of water makes a nourishing drink for kiddies—safe and usually superior in quality to ordinary milk.

Carnation is milk of unusual quality—without the bother or uncertainty of daily deliveries.

Carnation waits your convenience. Ready—fresh—the moment you want it. Phone your Grocer—he is the Carnation Milkman.

Use Carnation Milk for

- Cereals
- Coffee
- Tea
- Puddings
- Cream Sauces
- Fudge
- Custards
- Gravies

—for every milk use.

Book of 100 Recipes

Carnation Milk adds a new richness to all dishes prepared with milk. The Carnation Recipe Book has a hundred of the finest recipes imaginable. Write for free copy.

Carnation Milk Products Co., Limited
Aylmer, Ont.
Condenseries at Aylmer and Springfield, Ont.

Carnation Milk

From Contented Cows

NOTICE

We are prepared to buy any quantity of live hogs, paying the highest market prices.

Following is a list of our buyers who will take hogs at their respective stations every Wednesday until further notice.

A. M. Wright, Montague.
A. D. Martin, Grand View.
Perley Drake, Vernon.
Harry Jenkins, Hazelbrook.
Bert B. Brown, York.
Everett Wedlock, Hunter River.
J. W. Pye, Emerald.
John Whitehead, Kensington.
Louis Muttart and T. H. Smith, Albany.
M. A. McNeill, Alberton.
William Clarke, Summerside.
March 3rd, and Miscouche March 10th and each place fortnightly on Wednesday until further notice.

We take hogs every week day at the plant in Charlottetown.

For information phone office 532; Plant 533.

CANADIAN PACKING CO. LTD.
Kensington Road, Charlottetown, P. E. I.

J. M. ROOP...
Manager.

In the Supreme Court of Ontario

In the matter of the Sovereign Fire Assurance Company of Canada, and in the matter of the Winding Up Act and Amendments thereto.

Take notice that the undersigned has appointed Wednesday the fourth day of April, 1920 at the hour of half past two o'clock in the afternoon, at his Chambers, Osgoode Hall in the City of Toronto, to declare the final dividend, direct liquidators remuneration, settle liquidators costs and settle report herein.

Dated at Toronto this 27th day of February, A. D., 1920.

"J. A. C. CAMERON"
Official Referee

7439-3-6MEs431.

Auction Sale

We are instructed by the trustees of the Valleyfield congregation to set up at auction, on the premises, on Monday March 22nd, 1920 at 2 p. m. Their farm known as the Manse of Glebe Farm, containing 40 acres of land, 30 acres of which are cleared and planted with hard wood with large 12 room house with pump in back entry, barn and coach house all in good pair. Good open well with house water a few yards from stable food orchard and shade trees. Farm is well fenced with wire all around. This is a very desirable farm being in one of the best farming sections on the island, and well adapted for grazing being well watered. 2 small streams run straight across farm. Convenient to school, bus store and railway. For further particulars apply to M. D. Martin secretary treasurer. Terms known at sale.

H. Nelson & Son, Auctioneers.
433-6-MES1.

K. W. FINLAYSON

GRADUATE ACCOUNTANT AND AUDITOR

Hillsboro St., Charlottetown

Books opened and closed. Government reports prepared. Financial statements prepared. Profit and loss statements prepared. Comparative and other statements prepared.

Audits and Investigations. Preparation and installation of most up-to-date systems. Accounting in general.

One 62 from 8 a. m. to 5 p. m. one 437-L after 5 p. m. 2-5-WedSat18Wk.

Meeting of Grand Lodge L. O. A.

Grand Lodge of I. will meet in Boyne Room Charlottetown fourth Wednesday the 11th inst of 2 p. m.

G. D. WRIGHT,
Grand Master

DR. DE VAN'S FRENCH PILLS

Reliable Regulating Pill for Women

On \$5.00 box sold at all Drug Stores or mailed to any address on receipt of price. The Scotch Drug Co., St. Catharines, Ontario.

PHOSPHONOL FOR MEN

Restores VITALITY (of Nervous and Brain), increases "gray matter". Tonic—will build you up. \$2.50 a box of two for \$5.00 at drug stores, or by mail on receipt of price. The Scotch Drug Co., St. Catharines, Ontario.

Farm For Sale at Bellevue Lot 58

The undersigned offers for sale, by public auction on Tuesday March 9th at 2 p. m. His farm consisting of 170 acres of land, 130 clear, the balance under soft and hard wood lumber. Good large buildings well fenced and conveniently situated. Also 35 acres woodland on Colville road.

Terms made known at sale. If stormy sale first fine day.

DANIEL McDONALD.
7449-3-6-ME21pd

Clearance Auction Sale

I will sell for Mr. J. B. Spence, at Brookfield, Lot 25, on Thursday, March 11th at 12 o'clock sharp his stock, crop, and implements and household furniture.

HORSES—1 mare, Clyde 8 years old (1909); 1 horse, 6 years; 1 mare (Brazilian) 4 years old (driver); 1 filly 3 years old (Sire Casco); 1 dam Parkside; 1 Parkside mare in foal; 1 foal. Cattle, 5 milk cows; 1 rag. Shorthorn bull, 2 years old; 1 heifer coming 2 years; 2 oxen; 24 calves; 4 fall pigs; 2 sheep; 3 geese; 30 hens.

IMPLEMENT—1 binder; 2 mowers; 1 rake; 1 gang plow; 1 walking plow; set light harrow; 1 duck tooth harrow; 1 seeder; 1 disc harrow; 1 moulting plow; 1 disk harrow; 1 moulting plow; 1 drum and cleaner (Hall's); 1 grain crusher; 1 cart and wheels; 1 Bain truck wagon; 2 light driving wagons; 2 light driving sleighs; 1 set bob-sleighs; 1 wood sleigh; 1 Beam scales weight 300; 1 cyclone seeder; turp pulper; 1 road cart.

CROP—150 bushels potatoes; 150 bushels turnips; 200 bus. oats; 12 bus. wheat sfs; 5 bus. buckwheat; 100 pounds timothy; 20 lbs. Adike seeds; quantity hay and straw.

HOUSEHOLD FURNITURE—1 parlor suite; 1 dining room set; 1 hall lamp; cream separator and other articles too numerous to mention.

Sale positive as farm is sold. Mr Spence is going West.

TERMS—All sums under \$5 cash; over that amount 9 months on approved joint notes.

B. CARTER,
Auctioneer.
7411-3-4-ME41

Farm For Sale

Consisting of 150 acres of choice land, 120 acres clear 20 acres under hard and soft wood. 10 acres ready for clearing. Spring running through farm. Good dwelling house and out side buildings all in good repair. Telephone in house, pump in porch. 2 miles from Charro and school. 2 miles from station. If farm not sold private will be sold by auction later.

For further particulars Apply A. Newman, Kingston. P. E. I. 7456-3-6-MEcm41f

NOTICE

All persons indebted to Samuel Jardine, late of Orwell are requested to make payment to Mrs. Jardine before the 15th of April 1920.

All amounts not paid by that time will be handed in for collection.

MRS. S. JARDINE,
Orwell, P. E. I.
7426-3-5ME61.

Farm For Sale

Consisting of 150 acres of choice land, 120 acres clear 20 acres under hard and soft wood. 10 acres ready for clearing. Spring running through farm. Good dwelling house and out side buildings all in good repair. Telephone in house, pump in porch. 2 miles from Charro and school. 2 miles from station. If farm not sold private will be sold by auction later.

For further particulars Apply A. Newman, Kingston. P. E. I. 7456-3-6-MEcm41f

SUPERHOSPHATE SLAG

Above fertilizers now in stock, can supply at lowest prices. Now is the time to buy as prices are sure to advance.

DELOIS BROS., LTD.
6530-1-29ME1f.

"I Advise Every Sick Woman

TO TRY LYDIA E. PINKHAM'S VEGETABLE COMPOUND

"I advise every suffering woman to take Lydia E. Pinkham's Vegetable Compound for it has done me so much good. I had female weakness, inflammation, pains in my sides and painful periods. I suffered for six years and tried many remedies without result. The doctor said I must have an operation. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers, and since taking it I am cured and have a nice baby four months old. I feel like a new woman, and have recommended your medicine to my friends. I would be glad to have everybody know what your medicine did for me and if any write me I will answer all letters."

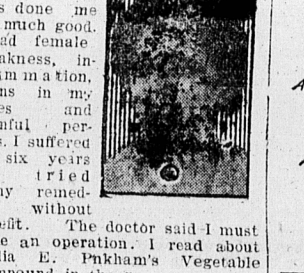
Mrs. MAIRY CALIGURE, 317 South Main St., Herkimer, N. Y.

Every woman at some period or other in her life may suffer from just such disturbances as Mrs. Caligure, and if there is no interested friend to advise, let this be a reminder that this famous root and herb remedy has been overcoming these ailments of women for more than 40 years.

If any complications exist, write Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice. The result of many years' experience is at your service.

TO CURE A Cold in One Day

Take LAXATIVE BROMO QUININE (Tablets). It stops the Cough and Headache and works off the Cold. E. W. GROVE'S signature on each box. 30c.



which is cemented the stem C, which conducts the current into the cylinder—the office of the core B being to insulate this stem from other metal parts. C terminates at its lower end, where it emerges from the insulating core in the spark point D and at its upper end in a binding screw or nut on connection, to which the high-tension cable from the distributor is fastened. A spark point E is fastened into the shell A and so bent that its end is at about 1-32 inch from that of point D. H is a ring-nut, with hexagon head threaded externally and of such size as to fit between core B and shell A and to screw into the latter. KK represent ring shaped washers or compressible gaskets, usually of thin copper spun over asbestos, one of which is placed between ring-nut H and the upper shouldered surface of core B, another between the internal shoulder in shell A and the lower shouldered surface of B and the third between the external shoulder of A and the machined rim of the threaded hole in the cylinder wall. These washers are for the purpose of preventing the escape of gas from the cylinder under pressure or through the plug and, when nut H is firmly screwed in place they are compressed and act to pack the joints. Usually a thin annular space is left between the lower end of the core and the inside of the shell in order to make more difficult the escape of current over any soot, which may collect upon the surface of the porcelain. Instead of using the ring shaped packing nut to tighten the gaskets K, some plugs are made with a body of malleable metal spun into the space otherwise occupied by H and acting to compress the washers. Such plugs cannot be taken apart. If the core cracks or loses its insulating power the plug will fall to spark for current which should pass between points D and E escapes uselessly from stem C to the shell and therefore the finest grade of porcelain, both as regards insulating quality and mechanical strength must be used. When in action the lower end of the plug becomes extremely hot, so that its core material must be proof against the stresses due to repeated expansion and contraction and must not lose its insulating properties when highly heated. The sparking points DE are directly exposed to the explosion and must be of metal which has a very high melting point and the utmost resistance to oxidation—tungsten or alloys containing platinum being best adapted to this purpose. The points should not be so massive as to become red hot and to retain this condition from the occurrence of an explosion, unless a fresh fuel charge is taken into the cylinder, for this would cause the new charge to fire before the spark occurred or, in other words, premature ignition would occur and on the other hand the points should not be delicate enough so that the passage of the current and

THE ORIGIN OF LIGHT DUES

In the olden days, a man who erected a lighthouse—just as today he builds a theatre—hoped to make a fortune from it. As a matter of fact, men who gained permission to place permanent beacons on dangerous parts of our coast made thousands of pounds profit.

This practice of allowing private persons to build lighthouses became a source of much abuse, and was eventually stopped. One man paid £446,000 as the purchase price of a barren rock on which he built a lighthouse.

Of course, the value then of owning a lighthouse lay in the money that was demanded from passing ships. Sir Edward Howard, who built a lighthouse on Dungeness in 1615, collected one penny per ton from vessels passing the lighthouse.

From the cliffs of Dover can be seen the flash of Cape Gris Nez answering the Foreland Light. Though today both nations loom greatly in the councils of the world, the lights are reminders that at one time they were both conquered by the might of Rome.

In Dover Castle the lower part of the Roman pharos still stands. For the first crude lights which shone from Boulogne and Dover were those erected by the Roman legions. The French call a lighthouse "un phare," the word being derived from the most famous of the early lights, that erected in 270 B.C., on the small island of Pharos in the Bay of Alexandria.

The tower was one of the Seven Wonders of the World, its rays being visible at about forty miles, and the cost estimated at £200,000. It was overturned by an earthquake in about 1220.

The first British lighthouse seems to have been built at Caister in

QUESTIONS OF GENERAL INTEREST TO MOTORISTS

Motorists will be answered in this column space permitting. If an immediate answer is desired enclose self-addressed stamped envelope. Address Albert L. Clough, care of our office.

DO NOT SUFFER

Do not suffer another day with itching, bleeding piles. No surgical operation required. Dr. Chase's Ointment will relieve you. 6c a box, all dealers, or Toronto, Sample box free if you mention this paper and enclose 2c.

Water-Wheel Wanted

Lefel or vulcan, 32 to 60 in. Second hand, in good condition, with attachments. Write full particulars and best cash price. W. P. K., C/o Guardian Office, Charlottetown, P. E. I.

LIVE HOGS WANTED

We are ready now to receive live hogs, paying as follows, delivered at our packing house, Charlottetown:—

150-275 17½ cents.
275 up, 15½ cents.

Brood sows, any weight, 13½ cents, all good quality, well fattened. Delivery may be made on any day except Saturday.

Light hogs, under 150 lbs., are of very little use for packing purposes, and as the chief profit from feeding comes in the last few weeks of finishing, it is respectfully suggested that farmers hold any small hogs, under 150 lbs., until of weight and quality more profitable for all concerned. But should it be necessary to dispose of any such under-weights they will be received at market value, proportionate to above prices.

We also buy at various points throughout the Island and full information can be obtained from our local representatives.

DAVIS & FRASER,
Charlottetown, P. E. I.

PILE

Do not suffer another day with itching, bleeding piles. No surgical operation required. Dr. Chase's Ointment will relieve you. 6c a box, all dealers, or Toronto, Sample box free if you mention this paper and enclose 2c.

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Lefel or vulcan, 32 to 60 in. Second hand, in good condition, with attachments. Write full particulars and best cash price. W. P. K., C/o Guardian Office, Charlottetown, P. E. I.

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