Is This Your Case?

A good many people suffer with backache every morning. They think they have lain in a cramped position, or else have caught a little cold.

More than likely it's due to their kidneys—may not be serious at all, except as it tends to become chronic—then serious.

Nyal's Stone Root Compound benefits the kidneys, helps them cleanse the blood from poisonous uric acid and does away with that backache quickly---Nyal's Kidney Pills are good too. 25c box.

E. A. Foster

Central Drug Store

Every Gentleman needs Laundry work. Must have it every day. YOU want the BEST. We ask for the opportunity of demonstrating to you the quality of our work—Phone us—No 151 and our team will call, goods returned promptly.

A. F. WEBSTER

Star Steam Laundry, 134 Kent St.

FIRE AND MARINE INSURANCE

Lowest Rates and Prompt Settlement of Losses

A Share of Your Insurance Business Solicited

E. T. Higgs

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Progress Lad

Standard Bred No. 28573

(Certificate of Pure Bred Stallion No. 34

Sire of "Ginger" 2.20

Sire of "Minnie Mack" 2.28

Progress Lad will make the Season of 1913 at Primrose Park.

JOHN H CURTIS,

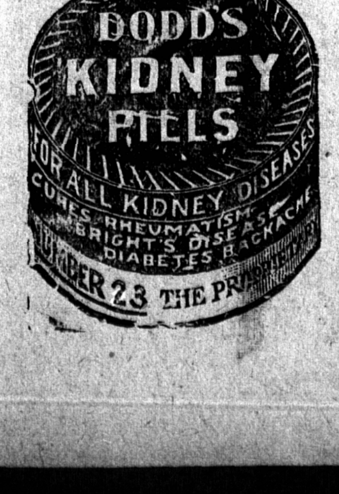
Peake's Station.

May14Mw341

BIRTHS.

REEVES—At Freetown on May 8, 1913, to Mr. and Mrs. Robert Reeves a son. Congratulations.

McKAY—At the Manse, Wick, Ont., on May 16, 1913, to Rev. Mr. and Mrs. W. A. McKay, a daughter.



A PRE-HISTORIC RELIC FOUND AT FORT WILLIAM

Crude Copper Hook, Which, When Bent Springs Back Like Fine Steel

A crude copper hook, beaten by hand out of native copper, and possibly of pre-historic origin was unearthed at Fort William about twenty feet below the earth's surface. The hook is about seven inches long, and the loop of the hook proper is two and a half inches in diameter. Its sides are flat, beaten four square, and show the imprint of a small flat-faced hammer, and, though slender, this copper hook is so exquisitely tempered that when bent under pressure it immediately springs back into its original position like the finest steel. At the top is a tiny ring, possibly intended for the insertion of a thong or string. It is unquestionably a relic of some American aborigine, but whether it was fashioned by an Indian or by his predecessors, the Mound Builders, will have to be left to the judgment of archæological experts. In the opinion of some the instrument was used for fishing in some bygone age, but the hook is strong enough to easily bear the weight of a man. The men who found the hook assert that clam shells are found in abundance at a depth of thirty-five feet along the route of the main sewer, and this leads to the belief that the section was at one time under water. Undoubtedly some rude-garbed fisherman of the stone age was sorely grieved when the strength of a stone or a marine monster proved too much for his fish-line of thong, and decamped with the hook of copper which he had been at such great pains to fashion.

BALL PLAYERS SHOULD NOT DRINK OR SMOKE

Charles W. Murphy of Chicago expressed the opinion that in a short time all managers of big league clubs will be compelled to enforce strictly the clause in the contract prohibiting players from drinking or smoking during the baseball season. "I believe the drinking and smoking clauses can be enforced. If I find otherwise I will switch my team around until I secure the men who will do as I demand," said Mr. Murphy. "I will enforce the new rules if I lose all my stars and if it puts the team in last place." Mr. Murphy says if necessary he will hire detectives to watch suspected players.

MOA NOW EXTINCT

Great Bird of New Zealand Twelve Feet High

A gigantic extinct bird of New Zealand (the moa) possessed the most massive bones of the entire class of birds. The bones of its feet almost rivaled those of the ground sloth, or the elephant, in size. In the museum in Canterbury College, Christ Church, New Zealand, there are two specimens of the moa which measure 12 feet 8 inches in height, such remains having been found in the peat bogs of New Zealand. In the seaside sand dunes and caves were preserved the ligaments holding the bones of skeletons together, also pieces of dried skin and feathers, etc. The moa is more nearly allied in structure to emus, cassowaries, and kiwis than to the ostrich. It closely resembles the kiwis except for its short beak, and for having aftershafts after its feathers.

For a long time it was hoped that in some of the backward mountainous regions of New Zealand some living specimen of the moa might be found. But the expedition of an Australian naturalist, Herr Reisckek, in 1877-8 for this object, was fruitless, so that the question of the moa's extinction was considered finally settled, and it is believed to have occurred a little over 500 years ago. The fact that is was flightless—not having a trace of rudimentary wings—no doubt contributed largely to render it an easy prey to its natural enemies, including man, and thus to lead to its early extinction.

A Tiny State

The smallest state in the world is Moresnet, on the borders of Belgium and Prussia. Its area is reckoned in acres, not square miles! Its size, in fact, is fourteen hundred acres, just a good-sized farm!

Moresnet was made a separate State in 1815, after Napoleon had been finally crushed at Waterloo. The reason that the little country has remained independent is rather curious. As has been said, the tiny State is on the borders of Germany and Belgium. It possesses what was once the most important and valuable zinc-mine in the whole world. Belgium wanted that zinc, and so did Germany. As they couldn't agree on the amount of compensation to the other, Moresnet remained independent. The tiniest country in the world lies four miles away from Aix-la-Chapelle, and possesses one village. There's not room for two! The total number of inhabitants is under three thousand. Recently Germany began negotiations with Belgium to acquire her tiny neighbor, though the Moresnetians say they prefer to be under Belgium rule, if they can't be independent.

Paper Underwear

Paper underwear has been invented in Paris for aviators' use, lightness and heat retaining qualities being its advantages.

Salt in Soapsuds

Washing with hot soapsuds in which salt has been dissolved will tighten a cane seat in a chair which has strteched until it sags.

Boiler Fatalities

An average of nearly two persons a day are killed by boiler explosions in the United States every year.

"Vacuum Cleaning. Patrons will kindly book orders ahead so as to avoid disappointment Beer & Weeks.4-29M

NEWS FROM THE SPORT CENTRES

BASEBALL LEAGUE STARTED SATURDAY

The Charlottetown baseball league was most sensationally started on Saturday at Victoria Park when the Abegweits and the Connaughts met and tied in a game of ten innings.

The Abbies went first to bat and the first two up were victims of McCarey's clever twirling. Saunders came next and drove out a nice two bagger. He stole third but died there, the next man going out on a foul tip which was cleverly caught by McAleer, the Connaught's steady man behind the bat. McAleer led off for the Connaughts but put up an easy fly to Saunders. Ted Moore was next and put a grounder to the pitcher, who pit him out at first. Campbell gave Newsom, the next batter, a pass to first and Sweeney put a nice fly right into F. Hennessey's mit, retiring the side.

Hennessey led off in the second putting out a nice one which McCarey got. L. Campbell next faced his rival and fanned. Harry Whitlock got a pass to first but got no further as C. Campbell, next man up, fanned out.

Haszard started in with a hit for the Connaughts but was caught out at first.

McCarey came next and hit a beauty out to center field but Reggie Taylor was there for an excellent catch.

McIntyre came up and lined out a pretty one for two bases, and Haszard came home. Fred Moore sent out a hot grounder and got two bases on it. John Blanchard, the "Boy Wonder," came next and showed his ability by lining out a two-bagger and bringing two men home. The next man fanned, thus ending the second inning 3-0 in the Connaught's favor.

Hughes, the first man to face McCarey in the third inning, got a free ticket to first. Then Gass, the star of his team, came up, hit out a beautiful three bagger, in which Hughes came home. Thus started the Abbies batting streak and when their half at bat ended they had got 4 runs, Saunders VanIderstine and Hennessey having got home. This put the Abbies one in the lead 4-3.

In the fourth the Abbies added one more to their tally making the score at the end of the inning 5-3. At the end of the fifth the score was 5-4 in the Abbies favor, McCarey crossing the plate for the Connaughts.

C. Campbell started the sixth but put up a foul which was magnificently caught by McAleer. At the end of the inning the score was 6-4 in the Abbies favor, the Abbies making a nice double play in putting the last two men out.

VanIderstine, the reliable back stop in both hockey and baseball, led off for the Abbies, but put one right into the Connaught's first baseman. Frank Hennessey got a pass as also did Lou Campbell, the next batter. Whitlock and Chess Campbell fanned in rotation.

Ted Moore started out for the Connaughts but put one out to Gass, the Abbies' star first baseman, who handled it nicely.

The next man fanned. Sweeney came next, for the play of the day, when he hit the ball a heavy swat for a home run. Thus the inning ended 6-5.

The clever slabwork of McCarey was too much for the first two men that faced him. The next man up put one out towards third but Sweeney was there and made a sensational one hand catch.

The Connaughts added one more to their score in this inning tieing the score 6-6.

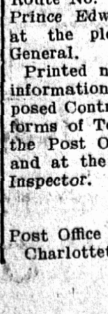
At the end of the ninth the score was still a tie. It was decided to play off. The Abbies got two, Whitlock and Campbell crossing the plate.

Sweeney started out for his side with a two bagger, Haszard fanned. McCarey put one out to Center field which Taylor handled excellently. Sweeney beat the ball home. William McIntyre came up and laced out a three-bagger. Fred Moore was next to hit out a nice one on which McIntyre came home, Moore after reaching first safe, started for second and was caught out.

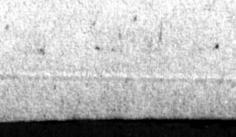
Thus the game ended still a tie 8-8. The Abbies would not play off. Mr. Chester Garrett as Umpire and Mr. William Trainor acted most efficiently.

THE BASKETBALL GAME SATURDAY

The fastest basket-ball game yet in the Church League in Charlottetown was played Saturday evening in the Y. M. C. A. gymnasium. Zion Church young men defeated St. Pauls by the score of 36 to 17. The game was well played and exciting all through, but Zion boys were able to shoot with greater accuracy and this accounts for the score. Spurgeon McKenzie, an old Prince of Wales and Abegweit player was on the line up for Zion and did most of the scoring making 23 out of the 36 points for the team, the other players were Russel Bell, 2 points, Fred Donald, 2 points, Ernest Carson 7 points, and Hollis Rowe 2 points, making a total of 36. The St. Pauls team had been greatly strengthened by the addition of Carl Milford an old Victoria player. He has not been playing for some time and while playing a good game will do much better shooting with a little more time to recover his old time speed. He scored 8 points for his team; ParkerHooper 5; W. Scantlebury 2, and Robert Acorn 2 points making a total of seventeen. H. Miller was the other player and did his part as a guard although he does not figure in the scoring. There was a fair attendance at the game.



DR. A. W. CHASE'S CATARRH POWDER 25c. is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. 25c. a box; blower free. Accept no substitutes. All dealers or Edmanson, Bates & Co., Limited, Toronto.



MAIL CONTRACT

SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon on Friday, the 6th June, 1913, for the conveyance of His Majesty's Mails, on a proposed Contract, for four years, six times per week over Rural Mail Route No. 4 from Hunter's River, Prince Edward Island, to commence at the pleasure of the Postmaster General.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Offices of Hunter's River and at the office of the Post Office Inspector.

JOHN F. WHEAR,
Post Office Inspector.

Post Office Inspector's Office,
Charlottetown, May 12th, 1913.
5-13Mtu3i.

FOOTBALL.

It is expected when H. M. S. Cumberland arrives in Charlottetown a series of games of football will be played between the ship's teams and local teams. The secretary of the Cumberland's team has written the secretary of the Abegweits asking for games. The request will be complied with and good games will likely ensue.

BASEBALL

(Canadian Press.)
NATIONAL LEAGUE.

NEW YORK, May 17—At New York—Pittsburg 1, New York 1, 12 innings. At Boston—Boston 6, Cincinatti 2. Other games postponed, rain.

AMERICAN LEAGUE.

At Detroit—Washington 5, Detroit 2.

2. At Cleveland—Cleveland 7, Philadelphia 3.

THE WEATHER THE TEMPERATURE TIDE, MOON, ETC

(Special to The Guardian.)

TORONTO, May 19—Fresh south shifting to west and north west winds; Showers at first, clearing tonight.

The temperature at three o'clock this morning by the Rexall Store Tested Thermometer with a northern exposure was thirty-nine degrees above zero and with a southern exposure was forty-one.

The weather Saturday was delightfully mild and sunny, continuing clear and summerlike during the night and all yesterday but becoming overcast at night.

The highest temperature recorded yesterday was sixty-two degrees above and the lowest was fifty above. The lowest the previous night was thirty-seven above. At nine a. m. it was fifty three above and at nine p. m. it was fifty above.

The highest temperature recorded yesterday was fifty-one degrees above and the lowest was forty-seven above. The lowest the previous night was thirty-two above. At nine a. m., it was forty above and at nine p. m., it was thirty-seven above.

The tide will be high this morning at 9.32 and tomorrow at 10.30; it rises tonight at 10.41 and tomorrow at 11.32.

The sun sets this evening at 7.30 and tomorrow at 7.31; it rises tomorrow morning at 4.22 and tomorrow at 4.20.

The moon sets tomorrow morning at 4.03.

The first quarter of the moon was on Tuesday, May 13, at 7.45 a. m.

The full moon will be on Tuesday, May 20th, at 2.18 a. m.

The length of today will be fifteen hours and five minutes.

From Saturday's Evening Guardian

The temperature at 10.30 o'clock this morning by the Rexall Store Tested Thermometer with a northern exposure was forty-six degrees above zero and with a southern exposure was seventy-two degrees above.

SPECIAL LOCALS

One half cent per word each insertion in this column. Cash must accompany order. Minimum charge twenty-five cents.

Rates for locals in Charlottetown news column, two cents per word, net, each insertion.

*The Guardian has all the HOME and other news and the SWEET satisfaction of being the HOME paper for Prince Edward Island.

*Subscribers and others are asked to remit by Money Order or by Registered Letter, The Guardian is not responsible for remittances forwarded otherwise than as above. MEtf

*The Guardian welcomes reliable news from persons throughout this Province. All such items should be mailed to "The Guardian News Dept.," Charlottetown, immediately after the events, etc., have transpired. MEtf.

IN MEMORIAM

MATTHEW DOYLE DEAD

The death occured Thursday at the residence of his daughter, 12 Proctor Street, Halifax of Matthew Doyle, aged seventy-four years. The deceased was a native of Charlottetown, but had resided here for the last five years. Besides his widow he leaves five sons and four daughters. The sons are Herbert and Lewis of the Plant Steamship service. Austin of the Quebec S. S. Co., New York, and Arthur and Fenwick in Boston. One daughter is the wife of Captain Murphy, Proctor Street this City. another resides in P. E. Island, and two are in Boston. The members of the family will have the sympathy of many friends in their bereavement.

MRS. C. H. CAMERON.

The death occurred Saturday at the P. E. I. Hospital of Mrs. Charles H. Cameron, leaving to mourn besides a disconsolate husband, one son and one daughter. The funeral takes place this afternoon at three o'clock. The pall bearers will be Messrs F. Large, E. Stentiford, P. McNevin, A. Miller, A. Henry, P. Hooper. Interment People's Cemetery.

::Tan, sunburn and other skin afflictions promptly fade away before the use of Rexall Cold Cream. This is a splendid skin food and healing balm that keeps the skin in first class condition—keeps it smooth, soft and velvety. This preparation is sold in nearly 6,000 stores and guaranteed wherever sold. 25c. The MacKinnon Drug Co., corner Great George and Kent Sts. Mtf.

:: For a fine head of soft, smooth, silky hair treat your head to Rexall Shampoo Paste. This is a hair tonic that promotes the health of the head, puts the scalp in first class condition, nourishes the hair roots, makes the hair as soft, silky and luxurious as the most particular could desire. Take Rexall Shampoo Paste home with you. Try it to-night. Price 25c. The MacKinnon Drug Co., corner Great George and Kent Sts. Mtf

::Buntain, Bell & Co., for best coal, lowest prices. 9-23Mtf.

The Black Fox Centre

The Canada Fox Exchange and Investment Co., Ltd., Charlottetown, P.E.I.

We have opened splendid offices in the building formerly occupied by the Bank of New Brunswick, Corner of Queen and Richmond Streets and cordially invite Fox Ranchers and every one interested to call and make this their headquarters while in Charlottetown

If you wish to sell or buy options, sell or buy shares in Companies, place your business in our hands as we can do it for you to better advantage than you can yourself owing to our extensive connection with the business.

We handle all kinds of securities etc., etc.

We offer for sale---

10 shares	Dalton Stock,	Par Value	$100,00
25 "	Smith "	" "	$100,00
5 "	Barkers Stock	" "	$100,00
4 "	John Agnew Stock	" "	$100,00
1 "	McKinnon(Montague)Stock"	"	$500,00
200 "	Alliance Investment Co, Calgary		
1 "	Dominion Carriage Bond,	Par Value	$500,00

Several good options for sale on 1913 Pups.

Silver Black, Blues, Reds, and Crosses.

Inquire by phone or wire.

The Canada Fox Exchange & Investment Co., Ltd.

Phone 189
Charlottetown, P. E. I.

May 19Mtf.

DEATHS.

In Charlottetown on May 18, Mr. Edward Evans, aged 49. Funeral from St. Paul's schoolroom to People's cemetery, Tuesday at 2.30 p.m.

CAMERON—At the P. E. I. Hospital, May 17, 1913, Gertrude C. Crosby, wife of Mr. Charles H. Cameron aged 29 years. Funeral from the residence of Mr. C. Cameron (City Marshal) this Monday afternoon at 3 p. m. Rev. Dr. Fullerton officiating. (Boston, New York and Everett papers please copy.)

HOAR—In Charlottetown, May 17, 1913. John Hoar, aged 68 years. Funeral from the residence of Mr. J. Winchester, 308 Fitzroy Street, this Monday afternoon at 4 p. m. Interment People's Cemetery. Rev. Mr. Murphy officiating.

CENTRAL GUARDIAN

DREDGING AT MONATGUE.— The dredge Montague has been doing good work dredging at Montague since the last of April. The dredge Prince Edward is being overhauled in Charlottetown.

SUNDAY IN ZION.—The congregation of Zion Church enjoyed a succession of treats yesterday in three special sermons with special and exceptionally good music. In the morning Rev. Dr. Pringle of Sydney, conducted the service. Before beginning his sermon he, in congratulating the congregation on its magnificent new church, became delightfully reminiscent, reminding his hearers that, as a boy he was a worshipper in the old Zion Church under the pastorate of the late Dr. Falconer and afterwards under that of the Rev. J. M. McLeod. Of those who worshipped with him and attended Bible class with him only a few remain. Hon. David Laird, now of Ottawa was his Sunday School teacher in those far-off days and his recollection of both Church and Sunday School was exceedingly pleasant. He referred especially to the white and gilded pulpit which, as still seen through boyish eyes, he remembers as the most beautiful pulpit he had ever seen. Incidentally he mentioned the fact that he was born in Charlottetown and was a student in Prince of Wales College under Doctor, then Principal Anderson. Taking as his text Luke 11:2 he preached an eloquent and forceful sermon on "The Kingdom." A pleasing feature of the service was the violin music by Professor John Pringle of Pictou, a cousin of Rev. Dr. Pringle and a former parishioner of the pastor, Rev. G. C. Taylor. Professor Pringle is an accomplished violinist and his accompaniments to the fine pipe organ were exceptionally good. In the afternoon Rev. Dr. Heartz preached very acceptably to a large congregation his theme being The Call of Levi. In the evening Rev. Dr. Pringle again preached to a congregation which overflowed the seating capacity of the main auditorium, necessitating the opening of the Sunday School Hall. His text was Rev. 2:17. Professor Pringle also assisted at this service his fine violin accompaniments adding very much to the effectiveness both of the organ and the singing.

Mr H.B. Weeks, Fredericton, was registered at the Victoria Hotel, St. John Saturday.

Mr. Clayton Shaw of the Royal Bank of Canada staff, Charlottetown, left on Saturday for his home in Brackley Point on a well-earned vacation of two weeks.

Harms Students

More Than Most Anyone Else

The Chief of the Presbyterian Hospital in N. Y., Dr. Fisher tells one very easy way to avoid some physieal ills. His comments on

TEA and COFFEE

are most interesting (see letter in southeast corner).

If the subject appeals to you, try leaving off tea and coffee entirely, use Instant Postum and carefully note, day by day, the return to health and strength.

A level teaspoonful of Instant Postum in an ordinary cup of hot water dissolves instantly and makes it right for most persons.

A big cup requires more, and some people who like strong things put in a heaping spoonful and temper it with a large supply of cream.

Experiment until you know the amount that pleases your palate and have it served that way in the future.

Postum comes in two forms.

Regular (must be boiled).

Instant Postum doesn't require boiling, but is prepared instantly by stirring a level teaspoonful in a cup of hot water.

Dr. C Irving Fisher, for a quarter century at the head of New York's great Presbyterian Hospital, says in the New York's Times of March 23, 1913:

"Coffee poisoning is becoming constantly more common in this country, especially among students, whom it harms more than it would harm almost anybody else.

"Coffee intoxication does not lead to wife beating, but its physiological effects upon some of its victims are almost as bad as those of alcoholic poisoning.

"We continually find at the various clinics signs of the harm done by the excessive use of tea and coffee among children.

"Surely this is quite preventable. Children not infrequently appear whose nervous and digestive systems have been wrecked by these two beverages."

"There's a Reason" for POSTUM

Canadian Postum Cereal Co., Ltd., Windsor, Ont.