

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

Have you smelt wood smoke at twilight?
Have you seen the birch log burning?
Are you quick to hear the noises of the night?
You must follow with the others, for the young folk's feet are turning
To the camps of proved desires and known delights.

To save electricity, turn off the switch before instead of after removing utensils from the plates. When possible, turn off the current and finish cooking on heat stored in the unit.

Manitoba, most often thought of as one of the main wheat growing provinces, is second largest producer of fresh water fish. Recently the take in one year amounted to 32,835,226 pounds, including 14 varieties—nearly five million pounds over the record production of the previous years.

Restricted use of metals means steel shanks, which supported those three inch heels, are being replaced by wood. Golf excursions will have no metal spikes, and there will be fewer evelis, tacks and functioning buckles. There will be priorities, though, for orthopedic and factory shoes designed with extra toe protection.

Bring last year's floral print up to date by appliqueing the flowers at the hemline and edge of the sleeves onto a border of harmonizing solid colour. This way of "working" prints is very springlike.

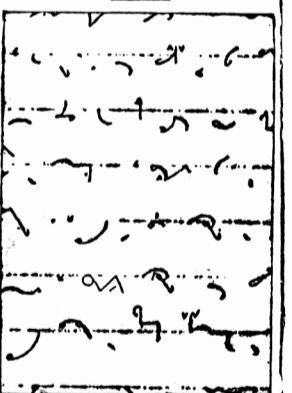
To whiten very dirty clothes toss two or three tablespoonfuls of turpentine or kerosene into a boilerful of water. But because of a thorough cleaner, use the cleaner. Tetrahydron pyrophosphate may be used as a whiter in hard water.

KISS YOUR TIRED FEELING GOODBYE!

Perplex Many Suffer Low Blood Count—And Don't Know It.
The baffling thing about low blood count is that you can weigh about as much as you ever did—even look like you're in the pink—you can feel as if you had lead in your legs, drowsy, tired and peevish.
Low blood count means you haven't got enough red blood corpuscles. It is their vital job to carry life-giving oxygen to your lungs throughout your body. And just as you can't run a car on gas without fuel, you can't make the power to turn the wheels of your life without oxygen to explode the energy in your body and give you going power.
Get Dr. Williams' Pink Pills today. They are world-noted for the help they give in increasing the number and strength of red corpuscles. Then with your blood count up, you'll feel like bounding up the stairs as if you were floating on air. Ask your druggist for Dr. Williams' Pink Pills today.

Home Service

Shorthand Necessary For Business Success



THIS IS SHORTHAND
At first glance this may look like old Egyptian hieroglyphics to the reader but to the business girl it is something she will recognize immediately, because it is shorthand. And without shorthand no girl can become truly successful in the business world.

If you have ambitions to rise to the top and become some important business executive's private secretary you must have a working knowledge of shorthand. It is much shorter than writing by long-hand—one reason being that only the sound of the word is recorded. And no busy executive wants to dictate slowly and repeatedly, so shorthand is the solution.

Not hard to learn, as in all other arts, it is really practice that makes perfect here.

Our 32-page booklet helps you to learn the Pitman shorthand system which is used throughout the English-speaking world to record rapid speech. It contains 18 lessons with exercises and two pages of additional short forms.

When you have learned a lesson, have the words in that lesson dictated to you. The more times you write each word the better. Neatness is important, too.

Send 16 cents in coins for your copy of Self-Instruction in Shorthand to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
City _____ Province _____

HINTS ON ETIQUETTE

An invitation to a home wedding requires a reply, as it is understood to include all guests in the reception which follows the ceremony.

FEEDING PETS

Ration officials of the Press Board say a pot pourri for pets can be contributed with a little ingenuity, and meat rationing need not doom dogs to a monotonous diet. They suggest that broths from meat scraps and bones and water from boiled wieners, livers and other meats can be used to moisten dry foods.

STOCKING LOTION LOOKS LIKE SILK

MONTREAL, June 10—If your fairy godmother, or even your personal beauty writer, should suddenly tell you today that your stocking problem was solved, you'd be delighted.

And your stocking problem is solved. There is a stocking that is sheerer than nylon and as lasting, won't snag or smudge, and, like the gent of old, comes out of a bottle!

There is a new stocking lotion as flattering as the sheerest hose. It looks like gossamer silk on your legs, gives a smooth rose beige finish you'll be highly pleased with and goes on easily without streaking. If you have any kind of minor blemish on your leg stocking lotion conceals it, and once on, it lasts for hours. It is the modern stocking; dress quickly, won't rub off, stays put even if you are caught in the rain, yet you can take it off in a jiffy with soap and water.

FRUIT GELATIN

Disolve a package of any flavor gelatin in water according to directions on package.

HOUSEHOLD HINT

A good finish is a definite indication of quality furniture. The ideal finish on mahogany furniture, for example, has depth rather than shine, and brings out the color and grain of the wood instead of obscuring or altering it.

If you possibly can, get an expert to recondition scratched furniture. If you can't, here are some suggestions:

Very light scratches can often be made less conspicuous by painting with iodine or mercuric chrome, depending upon which is the best color match. Apply with a fine paint brush, let dry, then wax.

For deeper scratches and a more professional job, buy a shellac stick in the nearest color to your paint store. Begin by dampening a cloth pad in alcohol and rubbing it crosswise over the scratch. The alcohol will soften the finish, smoothing the sharp, broken edges. Soften shellac stick over a match or spirit lamp, and work into the scratch with a flexible knife blade until the open-

WARNS MOTHERS OF BOTTLE-FED BABIES

If your baby is bottle-fed, be sure to watch little bowels closely. Mother's milk is a natural laxative which helps take care of baby's need. Lacking this, a bottle-fed baby often gets feverish and suffers constipation and upset stomach. Baby's Own Tablets help you keep your baby's bowels on schedule—help upset stomach—relieve feverishness and diarrhea. They are gentle, safe, and effective. They are of any kind. *Early cracked to a powder of dandelion. Don't let your baby suffer—get Baby's Own Tablets today.*

THE COOK'S CORNER

OATMEAL CRINKLES

1 1/2 cup fat, 1 cup sugar, 1 cup pastry flour, 1/2 cup salt, 1 cup rolled oats, 1 1/2 teaspoon baking soda, 1 1/2 cup warm water, 1 1/2 teaspoon vanilla. Cream fat and sugar thoroughly. Add vanilla, mix flour, salt and rolled oats. Add alternately with the warm water in which soda has been dissolved. This makes a stiff dough. Drop by teaspoonfuls onto a greased cookie sheet and flatten with a fork. Bake in a moderately hot oven, 375 F., 10 to 12 minutes. Makes 3 dozen cookies.

RHUBARB CRISP

3 cups diced rhubarb, 1/2 cup sugar, 1/4 cup butter, 1 1/4 cup brown sugar, 1 1/4 cup flour. Method: Wash, trim and cut the rhubarb in 1 1/2 inch lengths. Mix with the 1/2 cup white sugar and place in a baking dish. Mix together the flour, salt and brown sugar. Add the butter and shortening and cut this into the mixture until it is in coarse crumbs. Sprinkle on top of the rhubarb mixture and bake in a moderate oven (375 deg.) for about 35 to 40 minutes, until the rhubarb is tender and the crumb top is nicely browned. Serve this as it is or with cream as desired.

SOUTH AFRICAN AIR PLAN

CAPE TOWN (CP)—Prime Minister Smuts presenting wings to R. A. F. pilots at a passing-out parade held at the R. A. F. South African air training plan was providing a nursery of future friendly relations between South Africans and young men from all Allied Nations.

Dorothy Dix Says—

TEACHING GIRL HOW TO HOLD HUSBAND GOOD JOB FOR MOVIES

501 Ways To Capture Mate Needs Equally Numerous Hints To Avoid Marital Trials

A Hollywood writer on the human relations, foreseeing that after the war husbands are likely to be among the rarer and more difficult luxuries to obtain, advises girls to go to the movies to study the technique by which the heroines of the popular films get their men.

He cites as examples of what a determined young woman, with plenty of nerve and no inhibitions can do, the tactics of inducing men, who are allergic to matrimony, to sign on the dotted line of the marriage license.

These run along the lines of the strong-armed methods of abducting the poor, helpless male, through some old-fashioned recipe of feeding the brute until he is too stuffed to make effective resistance, to conduct of which no pure young debutante would be guilty.

501 HINTS ON MAN-BAITING. And if these helpful hints says this authority are not enough to coerce or entice a man to the altar, there are 501 other methods by which the trick can be turned that are daily and nightly illustrated in the movies, and which any girl can have for the small price of admission to her neighborhood theatre.

Of course, for the past decade or so all thinking people have recognized that the cinema is our chief educational institution, far exceeding the churches, the colleges and the newspapers in influence. From it our young take their manners and their morals, their clothes and their conduct. Boys no longer dream of being President of the United States. They aspire to being great lovers. And Hollywood is the Heaven of every teen-age girl's desires.

The fact that stout ladies are not photogenic started the craze for starvation diets that has sent tens of thousands of young women to the public T. B. graves. Greta Garbo looks like a bird the next day thousands of women rush to the barbers and acquire the most trying hair-do ever devised, and that turns them from ordinary human beings into grotesques. And how many good carpenters and house painters have been lost to the world through trying to be John Barrymores, goodness only knows.

MOVIES SHOULD TEACH HOW TO HOLD HUSBAND. And so it goes. Clothes that are on the film one day are on people's backs the next day. Our points of view, our opinions, our conventions we get from the movies. They dominate us at every turn. And so, perhaps, since marriage is the chief business of life with women, it is a good thing for the husband-hunters to go to the movies to learn how to do it. They need to know all of the 501 rules for making a man love them, but the lesson should go farther than that. It should teach them how to keep a husband after they get him. That's the thing that is most important for a wife to know.

After all, men are not such wild birds as they are supposed to be, nor are they so difficult to catch, no do women have to use such art in setting their traps. Most men have at least a strain of the barnyard fowl in them and a longing for a home and fire-side and regular meals and to be made household pets. Also, while they abstractly admire glamor and brilliance in women and like to see them dressed up in gorgeous apparel and scintillating with jewels, they no more desire to marry them than a quail would want to mate with a bird of Paradise.

In real life the girl who is just pretty and pleasant looking has more dates and a longer for a home and fire-side and regular meals and who dresses neatly and sensibly for a wife often than they do the one who looks like a Daily Hint from Paris. The bungalow apron flags down more husbands than the spectacular evening dress.

GLAMOUR EXCESS ITEM IN HOME-MAKING

So when the movies teach girls that the way to attract men both before and after marriage is to be glamorous, it gives them a tip on which they lose out. Few women have it, to begin with, and few men want it, to end with. No man desires to live up to a glamorous wife, either in public or private. He resents the invitation to compare her and himself, for one thing, and, for another, it bores him to tears to live with a wife who is always putting on an act. For in daily life we all want the simple, the natural, the simple, the natural.

And, for another thing, the movies gives wives a tip that ends only too often in divorce when it lays such stress upon emotions and makes them dissatisfied with their practical, prosaic husbands, who are good providers, because they are not great lovers. Perhaps, it is necessary in a drama for the hero and heroine to always be sizzling over with love and jealousy and passion, but these have no more place in everyday life than champagne has for breakfast.

So along with teaching women 501 ways to catch a husband, it is a pity that the movies do not teach them 501 ways of keeping him eating out of their hands after they have caught him.

You Can Do A Job Only

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions, ask on a card, and are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board.

Who is guilty in the sale of potatoes at an excessive price?
A. Either purchaser or vendor may be responsible, or both.
Q. Is wool by the skein rationed?
A. No, but it is supplied on a quota basis to merchants, who in turn may restrict quantity sales to their customers.

The Other Man

By RUBY M. AYRES

"Like attracts unlike," they say, don't they?"
"Attracts, yes," and then, as if regretting the word, Barbara laughed. "Why do you lead me on to talk such nonsense? Oughtn't we to dress? Peterkin will be here directly."

When she was upstairs in her room, Barbara's mind was full of Peterkin. She sat down on the edge of the bed and stared at the rose-patterned carpet with eyes that suddenly seemed to see a great deal. She had been married six months—happy months, yes, decidedly happy months, yes.

Temporarily Dennis is her exact opposite. Barbara's words came back to her with insistent truth. Dennis was not in the least sentimental—he hated what he called "losh." Now Pauline came to think of it, he hardly ever used any terms of endearment when he spoke to her.

Pauline smiled. It was the little things of life that were so disappointing, she decided. Only last night, for instance, he had come home earlier than usual from the City and had gone straight down to the garage and had tinkered about with the car.

When they were first married his first thought would have been for her—wouldn't it?
Pauline submitted herself to a stiff cross-examination. Perhaps she had been unwise. It was a mistake to show you were too fond of a man—Barbara had always said that—Barbara who was so cynically worldly-wise.

But even Barbara admitted to being in love! Pauline wondered who the man could be, and decided that it was probably the married man with whom she had lately been going about.

A bell pinged through the house, and she changed hurriedly and went down stairs. Peterkin was alone in the drawing room—Barbara had not yet appeared—and Pauline went up to him with an unconscious little sigh of relief. "It's so nice to see you, Peterkin."

"Glad to see me?" he asked jerkily. He looked down at her, but he kept his hands firmly clasped behind his back.
Pauline nodded. "You're a bit of my old life, and you're so safe," she said comfortably.

He laughed rather grimly. "Is that a compliment?—and where's Dennis?"
"Already?" There was an unkind little note in the question, and Pauline drew away from him of her own accord.

COLORFUL MEXICAN DESIGNS



Brighten your kitchen towels, curtains, place mats, etc. with these gay Mexican motifs. Hot Iron transfer pattern No. 529, containing 12 motifs, measuring about 2 by 4 inches each with complete instructions.

To order pattern: Write, or send above picture with your name and address with 16 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

Charlottetown Needlework Department, Design No. 529

NAME _____
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NEW SEAL-PACKED SOUP

REAL CHICKEN-Y FLAVOUR

Men are CRAZY ABOUT THIS. The soup sensation of the nation. Try Lipton's Noodle Soup Mix today. You can cook it in 7 minutes and treat the man of the house to a clear, golden soup so smooth and satisfying... so deliciously flavoured... that he'll say you've had it simmering for hours.

Remember, Lipton's Noodle Soup Mix is very economical. Four generous servings can be made from each package. Ask your grocer for it today.



A PRODUCT OF LIPTON'S The Packers of LIPTON'S FULL-FLAVOURED (Small Leaf) TEA

Needlecraft For The Home

SUMMER TOGS
That Suit the Young Ideas. It's such an easy matter to turn out a cunning play suit like this, that after you've made one, you will probably want to repeat; and the duck applique will tempt you, too, and thrill any youngster's heart. Pattern No. 3547 also includes the bonnet. For the little yoked neck and pants, order No. 3617.

Style No. 3547 is designed for sizes 6 months, 1, 2 and 3 years. Size 2 requires 1 5/8 yards 35-inch fabric for play suit and bonnet. Style No. 3617 is designed for sizes 2 to 8. Size 4 requires 1 5/8 yards 35-inch fabric with 1 1/4 yard cord trawling.

Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Female Weakness
Which makes you CRANKY, NERVOUS. Lydia E. Pinkham's Vegetable Compound is made especially for women to relieve periodic pain and weakness, nervous, blue feelings. It has a soothing effect on one of woman's most important organs. Taken regularly—Pinkham's Compound helps build up resistance against such eruptions. Thousands helped.

A Morning Smile
A very innocent and obliging curate moved to a Yorkshire parish where many of his parishioners reared brood horses and sometimes reared them. Shortly after his arrival he was asked to invite the prayers of the congregation for Lady Grey. After the curate had prayed three Sundays for her the church clerk told the good man that he need not do it any more.

"Why?" asked the curate. "Is she dead?"
"No," replied the clerk, "she's won the steplechase."
—Utah Farmer. City

A GOOD DINNER

Needs a tasty Appetizing Dessert... The housewives of Canada, ever anxious to provide attractive and nourishing meals for their families, are "Householders".

They have learned that delightful desserts, made easily and at little cost with Canada Corn Starch, are a welcome addition to meals prepared in accordance with Canada's Food Rules.

They know the high quality of Canada Corn Starch ensures fine, smooth results.

Follow Canada's Food Rules for Health and Fitness.

CANADA CORN STARCH

A product of the CANADA STARCH COMPANY, Limited

SHE DIDN'T TELL THE TRUTH

WHEN SHE BROKE THEIR ENGAGEMENT

How could she tell him the truth? That he was guilty of one fault women can't forgive—"B.O."

Anyone may be the victim of "B.O.," for everybody perspires. For sure protection, bathe daily with Lifebuoy, the only popular soap especially made to stop "B.O." Enjoy Lifebuoy's rich, refreshing suds, so cleansing yet so mild. Notice how its new vanishing scent disappears before you're dressed!



FROM HEAD TO TOE IT STOPS "B.O."

A LEVER PRODUCT