

Women's Realm, Social and Personal, Fashions, Literature

Living & Leisure The Woman's Realm

JOY OF GIVING
For sometime not only at Christmas, but all the long year through the joy that you give to others. In the joy that comes back to you. And the more you spend in helping the poor and lonely and sad, The more your hearts possessing Returns to make you glad.

To make linoleum look polished without doing the hard work, wash it in very hot water to which has been added soap and a large tablet of floor-polish. There will be no slipping, but the linoleum will be shiny; even old ones respond to this treatment.

As you finish each finger of a glove you are knitting turn it inside out and leave it inside the glove. Having it out of the way, the other fingers are easier to do.

Coconut macaroons can be quickly made by stirring into a tin of condensed milk as much desiccated coconut as the milk will take up. Bake in a moderate oven till light brown.

AN OLD, OLD CHRISTMAS LEGEND

According to an old, old legend told for many years in many lands—one cold and still night, an Angel of the Lord appeared in the sky with tidings of the birth of our Saviour.

The shepherds left their flocks and hastened over the hills to Bethlehem to worship the Child and bring Him gifts.

A little shepherdess and her playmate followed the throng. When they came to the stable, they gazed with wonder upon the Child, but did not dare enter.

"We have no gift," sobbed the little girl, "so we cannot go in. I wish I had a flower to give Him".

An Angel happened to see her tears, and swept his staff over the snow at her feet. And from the bare earth sprang the fairest roses that ever bloomed.

"Nay, gold, nor frankincense, nor myrrh," said the angel, "could please the Christ Child more than these lovely roses".

Smiling through her tears, the little shepherdess gathered the

flowers—the gift of love that her heart had longed for. Always flowers have been the gift of the heart, bearing a message of love and glad wishes, sweetly and sincerely told.

CHRISTMAS GAMES

Butterfly Hunt
To introduce the Butterfly Hunt at your Christmas party this year, all you will require will be several dozen butterflies cut from colored tissue paper.

These should be hidden among the covers, carpets, under the edges of the picture frames and furniture, just a tiny portion being allowed to peep out to declare its presence. The players who manage to collect most in a given time would be awarded small prizes.

In order to make the game more interesting, the great mass of the butterflies should be of small size, but of different colors, and arranged in surroundings that make it difficult to detect them. Then a number of larger flies may be placed around the room; these count two points in the scoring.

PERSONALITIES CONTEST

A number of slips of paper should be marked with the names of a well known writer, musician, actor, actress or film star and as each player enters the room, one of these slips is pinned in his or her back. The object of the players generally is to find out, by questions what double Jekyll and Hyde character they represent.

The players questioned are only allowed to answer "Yes" or "No" to whatever question is put. The player who first guesses the personality named on the slip of paper on his or her back wins a prize.

AN EXCITING GAME OF POSTAGE STAMPS

Here is an interesting game you can play with the "exchange" stamps in your possession. It is called "exploring" and there is no limit to its possibilities.

First you must choose a ship in which to go exploring across the seas. You'll find many excellent pictures of vessels on stamps, but for this particular game we'll take Da Gama's famous "San Gabriel" on the 1911 issue of the Portuguese colony of Nyassa in East Africa.

To make it more exciting you can take Columbus with you, instead of Da Gama, and sail for New Zealand—a place never visited either by Columbus or Da Gama. You'll have no trouble in finding stamps showing scenes of New Zealand and, incidentally, you can assume that the scene depicts Captain Cook's landing in the islands of New Zealand.

Cook is shown landing in New Zealand on the third issue of 1806.

Now consult some map stamps, decide upon your next port of call and sail away on a non-stop voyage to, say, Newfoundland. On the voyage you can sight islands and distant shores and even an airship in full flight. The airship appears on the 22 50 pesce stamp of the republic of Paraguay issued in 1933.

On return you can write a little story about your adventures and, of course, illustrate it with stamps. I happen to know one young collector who has written a really excellent story with the aid of stamps.—Exchange.

WANT TIN SOLDIERS

LONDON—(CP) — British army authorities have asked for toy soldiers, toy motor-cars—any miniature toy that children can tupp, to aid in teaching real soldiers to play the serious game of warfare.

A Morning Smile

ABOUT EMPTY
A student in a Scotch university was sent for by the Don, who said: "Sir, I am told that you have a barrel of beer in your room, which is contrary to all orders."

"That is true, sir," replied the student. "But the doctors told me if I drank this beer I should get stronger."

"And are you stronger?" asked the Don.
"Yes, sir, indeed I am. For when the barrel came in I could scarcely move it, and now I can easily pick it up and carry it about the room."

SHE'LL KNOW LATER
For his gallantry a Scottish soldier was given a decoration. A week or so later a pal asked him: "And what does the wife think of your medal, Sandy?"
"She does'na ken yet," was the reply. "It's no my turn to write."



KING COLE
TEA AND COFFEE
YOURS TO ENJOY

Your Individual HOROSCOPE

By Frances Drake

Look in the section your birthday comes in and find what your outlook is, according to the stars.

For Wednesday, December 17th (Copyright 1941, King Features Syndicate, Inc.)

MARCH 21 to APRIL 20 (Aries)
Very similar vibrations to yesterday. The difference being favorable Mars rays aiding for better efforts. Risky speculation taboo, also extravagance for unessentials. Follow a sane course in all things.

APRIL 21 to MAY 20 (Taurus)
You're set to be both dynamic and resourceful to make yourself felt, to put across your work and ideas now. Rightly aid government and other good forces who are safeguarding your country's future. Endure your responsibilities like a true soldier.

MAY 21 to JUNE 21 (Gemini)
Immediate monetary returns may not be forthcoming now but efficient work will bring reward at the right time. You can contribute much that is worth while to the world's cause by unselfish service and a display of faith and cheer.

JUNE 22 to JULY 23 (Cancer)
Minor matters, your usual routine and activities with which you are most familiar are prominent in Cancer's chart today. Good results are obtainable, too. Special care needed in new and dangerous matters.

JULY 24 to AUGUST 22 (Leo)
The more gracious you are, the surer you'll be of desired results. Excellent indications here for employment, industrial interests, military, government matters. Personal issues, heart problems require diplomacy, kindly understanding.

AUGUST 23 to SEPTEMBER 23 (Virgo)
Time to re-examine and view things well but calmly. Study carefully but cut your program to simplify and expedite the actual execution. Don't waste time and energy on fussy details when more important items ask attention.

SEPTEMBER 24 to OCTOBER 23 (Libra)
The financial end of business transactions, loans, investments, expenditures, incomes are under friendly influences, therefore need prudent management. Other matters less likely to offer difficulties.

OCTOBER 24 to NOVEMBER 22 (Scorpio)
Gains in your employment and through valuable connections indicated and favored. Double your efforts now to reap the results that can be yours. Employer and employe equally sponsored.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)
Most favorable planetary periods for aggressive and extensive operations are after Nooit dates, in this case watching to avoid foolish little errors, hasty judgment, harmful changes. Have forethought.

DECEMBER 23 to JANUARY 21 (Capricorn)
Finding new methods to stimulate matters are more favored than launching unnecessary new projects. Arbitrate intelligently instead of forcibly making demands. Fulfill your obligations as readily as you demand your rights.

JANUARY 22 to FEBRUARY 20 (Aquarius)
Please heed advice to Capricornians. Self-sacrifice and service to good causes are every one's duties now. We can the home-front must not betray our men in uniform. Pledge in uncompromisingly to your job.

FEBRUARY 21 to MARCH 20 (Pisces)
Less stimulating than yesterday but splendid for finishing incomplete matters, making necessary improvements, calling on clients, advertising and promoting worth while products.

A CHILD BORN ON THIS DAY
Ambitious, gifted; fond of learning; intuitive; a good judge of character and value. Can go far in a trade, profession or diplomatic field. Important not to neglect spiritual education. Music, sports, helpful hobbies.

AUSSIES' TEA TESTS
BRISBANE—(CP) — Tests are being made in tea growing in Queensland with 100 trees but little hope is being held out for success because of the long period of selectivity needed to fit the type to the climate.

You GIRLS WHO SUFFER DYSMENORRHEA

If you suffer monthly cramps, back-ache, distress of "irregularities," nervousness—due to functional monthly disturbances—try Lydia E. Pinkham's Vegetable Compound Tablets (with added iron). Made especially for women. They also help build up red blood. Made in Canada.

Beautyland
PHONE 1329

Don't wait until the holidays for your new PERMANENT.

You'll want to look your prettiest for all the gay parties ahead, so get a coiffure individually suited to you, to bring out all your nicest features.

Dorothy Dix Says—

SELF-PITYING WIVES ARE GREATEST DOMESTIC PESTS

The Woman Who Thinks Of Nothing But Imaginary Woes Does Most To Destroy Character In Her Family

Among the women who should have something drastic, with boiling oil in it, done to them are the self-pityers. Such women do more to wreck marriages, break down the morale of their families and drive their husbands and children away from home than all the liquor and sirens and hot spots combined. They are the greatest domestic pests, and those who deal with them as they deserve. For how can you mete out the punishment she has coming to her to a poor, whimpering creature who is sullen with tears and crushed with misery? So the fill-breast-beater goes unhindered on her way, haven't the courage to call her bluff and tell her to pull off her act and show a little spunk in meeting life. A girl who has one of these gobs anything she can do to climb her up and make her act like a reasonable human being instead of a crybaby. She says that Mother really has it pretty soft if she only thought so. She has a devoted husband who wears himself to a frazzle trying in vain to bring some sunshine into his despondent life. She has a good home and a comfortable living and nice children who behave themselves and give her no cause to worry. She is strong and husky and has no more cares and worry than every woman has who brings up a family.

DON'T BE A SOBBER
You would think Mother would think she was a lucky woman and wear the smile of contentment, but not so. Life is just one long sob to her, with nothing in it to laugh about. Her world is a complete blackout without a ray of light in it, and she is the most unhappy and unfortunate individual in it, the victim of some madman's fate.

She complains that her husband doesn't understand her and that she is a lonely and love-starved wife, and because he doesn't make more money, and of the way he drinks his coffee. When her children were little she complained because she was tied down at home by babies, and now that they are grown she complains that they don't love her and that she is being neglected. She complains that she looks well nobody sympathizes with her and knows how she suffers with her poor nerves. And she spoils every meal by complaining about how she slaved over the stove to prepare it.

THE MARTYR COMPLEX
Her one topic is her woes. Nothing can distract her from that subject and the result is that she has not only driven her family frantic, but made herself such a bore that every one avoids her, as if she had the plague. And that is another source of complaint. She can't understand why everybody doesn't realize what a martyr she is and mingle their tears with hers.

Now, in reality, this woman, along with the other self-pityers, rates no sympathy, because there is nothing she enjoys so much as just wallowing in trouble, and the more melancholy she is, the better time she is having. That is the reason you can never cheer her up or make her see the bright side of anything. She doesn't want to be happy. She doesn't get the morbid thrill out of joy that she does out of misery. It makes her feel that she is a tragic and darkly romantic figure to never "get over" things, and to prefer cemeteries to night clubs.

The self-pityer's walls are a bid for flattery. When she complains of being overworked and a slave to her family, she wants to be told what a grand housekeeper she is. When she goes about sad-eyed with a heart-broken look complaining that her husband has ceased to love her and her children do not appreciate the sacrifices she has made for them, she wants to be told how they adore her. And when she represents herself as always being on the verge of the grave, she wants to be babied and petted.

IT WRECKS CHARACTER
I doubt if a woman can have any other vice that will do more to disintegrate her own character and wreck her family than for her to acquire the self-pitying habit. It takes away from her every particle of strength and makes her turn into a quitter who sits down and howls before the difficulties of life instead of fighting her way through them, and it makes her the most depressing of companions and what Mr. Mantellini called a "damned, moist, unpleasant body" to live with.

So, ladies, watch your step and when you find that you are beginning to enjoy being sorry for yourself, snap out of it. The self-pitying habit is as easily acquired as the dope habit, and it is just as deadly in its effect.

DEALING WITH CHILDREN
Dear Miss Dix—Has a parent or a grandparent the right to punish a precious child by putting it to bed without its supper?
ANSWER—I belong to the spanking instead of the starvation school of thought in dealing with children, but any port in a storm. And if the only way you can reach the finer feelings of a "precious child" by making it go without its supper, then I am all for cutting off the cookies.

DOROTHY DIX.

THE COOK'S CORNER

CEREAL DATE PUDDING
Three-quarter cup cereal (half corn meal and half farina), 3 cups boiling water, 3-4 tsp. salt, 1 cup chopped dates, 1 tbsp. butter, 1-2 cup light corn syrup, 1 egg. Stir the cereal mixture gradually into

BUTTER CRUNCH
1-2 cup butter
1 cup granulated sugar
2-3 cup chopped walnuts

the boiling water, to which the salt has been added. Cook directly over the flame for about 5 minutes, stirring constantly, and then cook over water for 1 and 1-2 hours. Add butter, syrup, egg, well beaten and chopped dates. Turn into a greased baking dish and bake for about 30 minutes in a moderate oven (350-360 deg. F.) Serve with cream or Pudding Sauce.

STEAMED DATE-HONEY PUDDING
3 tablespoons butter
1-4 cup honey
1-4 cup brown sugar
1-3-4 cups sifted flour
1-2 teaspoon soda
1-2 cup milk
1-4 teaspoon salt
1-4 teaspoon baking powder
1-4 teaspoon allspice
1-4 teaspoon cinnamon
1-2 pound chopped dates
1 egg
Cream the butter, sugar, honey and egg thoroughly and add dates. Sift the dry ingredients and add alternately with the milk. Pour into a well-buttered mould. Cover and steam for two hours. Serve with foamy or caramel sauce. (Honey may be used for flavoring in any of these sauces.) Yield: Six servings.

COTTAGE PUDDING
1-4 cup butter
2-3 cup sugar
1 egg, well beaten
2 1-4 cups sifted cake flour
4 teaspoons baking powder
1-2 teaspoon salt
1 cup milk
Cream butter, add sugar gradually then the egg. Mix and sift flour, baking powder and salt. Add dry ingredients alternately with the milk to the first mixture. Turn into buttered pan. Bake in a moderate oven of 350 degrees F. for 35 minutes. Serve with Raspberry Sauce. Yield: 6 servings.

Here's Quick Relief from SINUS PAIN
3-Purpose Medicine Helps Clear Out Congested Sinus Areas

ONE best way to get relief from torturing sinus pain is to clear congestion from nasal passages and give sinuses a chance to drain. A few drops of Vicks Vapo-rinol in each nostril is usually enough to bring this comforting relief.

3-PURPOSE MEDICINE
Va-tro-nol is so successful because it does three important things: (1) shrinks swollen membranes of the nose; (2) helps clear out pain-causing congestion and (3) soothes irritation. Many sinus sufferers say it's the best relief they've found. Try it!

VICKS VAPORINOL

Faddy Finucane is the madcap of the R.A.F. who hasn't been scratched in 100 fights with the Luftwaffe, but broke his ankle when he fell off a fence one night in a blackout. He's a fighter squadron leader whose latest medal is a bar to his D.S.O. He also has a D.F.C. with two bars. Here he hobbles forth from Buckingham Palace with a friend after an interview by His Majesty. He is very Irish.

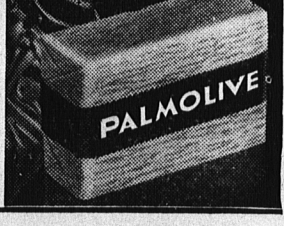


What every woman has a right to know about the soap she puts on her skin!

LET'S JUST TAKE 3 MINUTES... CHECK THE ANSWERS TO THESE 6 VITALLY IMPORTANT QUESTIONS CONCERNING COMPLEXION CARE

QUESTION	ANSWER FOR YOU	PRESENT SOAP	ANSWER FOR PALMOLIVE
1 Does the soap provide a lather that is "active" and thorough-cleaning?			YES. Palmolive gives you rich, creamy, gentle lather, thorough in its cleansing.
2 Does the soap help guard against body odour?			YES. A beauty bath with Palmolive is a sure way to remove perspiration, keep skin sweet and dainty.
3 Is the soap artificially tinted?			NO. Palmolive's olive colour is NATURAL. It comes from olive and palm oils... nothing else.
4 Is it right for your baby's delicate skin?			YES. Palmolive is so safe, so pure, so mild, it was chosen exclusively for the famous Dionne Quints.
5 Is it a soap your month will like to use?			YES. Men like Palmolive's thick, quick lather. Get the new man-size, bath size.
6 Is it made with olive and palm oils?			YES. Palmolive is made with natural olive and palm oils—the COSTLEST OIL blend used for any leading soap.

Made with Olive and Palm Oils, the Costliest Oil blend used in any leading soap!



Needlecraft For The Home

If you've ever made doll clothes you know what fun it is—and if you haven't this simple pattern is the ideal one to start out on. A coat, hat, dress and underwear are all included; what more could a little girl ask for! The coat and dress feature the smart new soft shoulder silhouette, and the beanie is just like the one your young daughter wears herself. Scraps from your workbasket or remnants from the bargain counter will give you ample material to work with. Pattern No. 3259 is designed for 14, 16, 18 and 20-inch dolls. 18-inch size requires 3-8 yard of 54-inch fabric for hat and coat; 1-2 yard each for slip and panties. Order by size of doll.

4 squares (4 oz.) semi-sweet chocolate, melted
2-3 cup minced walnuts
Melt butter in saucepan. Add sugar; stir until dissolved; cook to 200° on "crack stage." Add chopped nuts; quickly pour into greased 8"-square pan. When almost cool, spread with chocolate and sprinkle with minced nuts. Cool; break up into eatable pieces.

STEAMED DATE-HONEY PUDDING
3 tablespoons butter
1-4 cup honey
1-4 cup brown sugar
1-3-4 cups sifted flour
1-2 teaspoon soda
1-2 cup milk
1-4 teaspoon salt
1-4 teaspoon baking powder
1-4 teaspoon allspice
1-4 teaspoon cinnamon
1-2 pound chopped dates
1 egg
Cream the butter, sugar, honey and egg thoroughly and add dates. Sift the dry ingredients and add alternately with the milk. Pour into a well-buttered mould. Cover and steam for two hours. Serve with foamy or caramel sauce. (Honey may be used for flavoring in any of these sauces.) Yield: Six servings.

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Send twenty cents (20 coin preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish. Style No. 3259 Size.....

Name.....
Street Address.....
City..... Province.....

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VICKS VAPORINOL

Generals Wife
Mrs. Ritchie, wife of Maj-Gen. Neil Methuen Ritchie, new commander of the British forces in Libya, is a Canadian. Before her marriage she was Catherine (Sun-ny) Minnes of Kingston, Ont. Her husband is directing the new offensive which is sweeping the Nazis and Italians across the Libyan desert.

New under-arm Cream Deodorant
safely Stops Perspiration



- Does not rot dresses or men's shirts. Does not irritate skin.
- No waiting to dry. Can be used right after shaving.
- Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
- A pure, white, greaseless, stainless vs. shining cream.
- Arrid has been awarded the Approval Seal of the American Institute of Laundering for being harmless to fabrics.

Arrid is the LARGEST SELLING DEODORANT. Try a jar today!

ARRID
At all stores selling toilet goods (also in 15¢ and 59¢ jars)

SLEEVELESS ALL-AROUND JACKET



DESIGN NO. 835

This sleeveless jacket is a quick and simple knitting job. Just enough to wear on cool days. Ideal to wear as a shield against office drafts in winter. Pattern No. 835 contains list of materials needed, and complete instructions for making sizes 32 to 42.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department Design No. 835

NAME.....
STREET ADDRESS.....
PROVINCE..... CITY.....

Fashion Drawing Studied at Home



Charis Show Smart Technique

It's fun to be a fashion artist! It's fun to be a fashion artist! I desire to make money (good fashion artists in department stores and other places command a good price) this may be your field.

You can learn, at home, the professional way to draw fashions. Guide lines and charts will help. When sketching a figure, first draw these guide lines; a vertical "line of balance," around which to build the figure, and two pairs of parallel lines—one pair to place shoulders and bust, one for waist and hips.

Following these guide lines, sketching the figure is easy. The side that supports the body weight is drawn in sharp, angular lines; the other side is smooth.

Guide lines and charts also simplify drawing head and body in correct proportion.

Our 24-page instruction book has these guides and charts and shows how to draw lovely figures in all sorts of poses. Explains perspective, foreshortening, techniques; the drawing of clothes, textures, accessories.

Send 20c in coins for your copy of "Fashion Drawing Made Easy" to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name.....
Street Address.....
City..... Province.....

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