

A Woman's Problem

How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—



Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and backache with bearing down pains and I would have faint flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. MARGARET GRASSMAN, 759 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. GEORGE A. DUNBAR, 17 Roundy St., Beverly, Mass.



Erie, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it will help them as it has me."—Mrs. E. KISSLING, 931 East 24th St., Erie, Pa.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

Special Sale of Popular Songs in Sheet Form

Here's an excellent chance for you to get the late topical songs and the most catchy instrumental music at most unusually low prices.

Think of getting five of the latest songs, in sheet form, for 25c—with 42 titles in the list to select from.

Or for 25c getting any three of the popular gems from musical comedy successes—with 20 titles to select from.

Or getting any of the latest 17 popular Patriotic songs, at 10c each—three for 25c.

Good Popular Songs—5 for 25c

- These are just a few of the titles—
- Within the Law.
 - Why is the Ocean so Near the Shore.
 - A Real Moving Picture from Life.
 - Maid of the Mill.
 - Mooching Along.
 - By the Beautiful Sea.
 - Ragtime Cowboy Joe.
 - When Michael Dooley Heard the Booby Cooey.
 - Rose of My Dreams.
 - You're Up Today and Down Tomorrow
 - The Bells.
 - Keep a Little Eye on Mother.
 - I'm Coming Back to You.
 - Build You a Little Nest.
 - The Little French Clock.
 - My Dear.

Popular Favorites—Patriotic Songs 10c each—3 for 25c

- Giana of the Green Van.
 - When the Angelus is Ringing.
 - Rose of the Mountain Trail.
 - Flowers of Dumbane.
 - Sister Susie's Sewing Shirts for Soldiers.
 - Sweet Genevieve.
 - Moore's Irish Melodies.
 - The Butterfly.
 - At the Yiddish Jubilee Wedding.
 - Boy in Blue (naval ballad).
 - Only a Little Box of Soldiers.
 - British to the Core.
 - Soldiers of Canada.
 - A Sergeant of the Line.
 - The Girl I Left Behind.
 - Canada, Fall In.
 - The Corporal's Ditty.
 - England's Call.
 - Don't Forget.
 - The Silent Toast.
 - Johnny Canuck's Mascot.
 - For King and Country.
 - Jack Canuck.
 - Oh, You Canadian Town.
 - The Rally Call.
- ANY THREE FOR 25c.

MILLER BROS. 123 KENT STREET
The Big Music House

Fire Insurance A Necessity

Then insure in good strong stock companies, which never contest an honest claim such as is represented by

E. R. BROW

Charlottetown

The Central Guardian

IT PAYS to buy in this Province

BUDGET SPEECH—The Budget speech will be delivered tonight in the Provincial Legislature.

TRYON BAPTIST—Services next Lord's day will be Westmoreland 10.30, Tryon 2.30, Albany, 7 o'clock. Memorial service at Tryon.

Shampoo your head with Rexall "33" Shampoo Paste—25c tins—Sold only by The Rexall Drug Stores. McKinnon Drug Co.

REMEMBER the Ladies Auxiliary sale of Home Made Cooking in the Y. M. C. A. Saturday afternoon at 3 o'clock. 8229-4-14M21

THE CAR FERRY—The steamer Prince Edward Island arrived in port here from Picton yesterday shortly after noon with forty eight passengers one hundred and twenty sacks of mail, one hundred twenty tons of freight and four tons of express.

GRACE CHURCH MEETINGS—There was a large gathering at the special service in Grace Church last night. These meetings are growing in interest and power and the results so far are very encouraging, several having decided for Christ.

THE SPECIAL SERVICES being held by the Rev. R. G. Fulton in the Hearts Memorial Hall continue to be impressive and interesting the hall being crowded last night. Mrs. (Prof.) Hinton sang very acceptably. The subject tonight will be "The coming of the King."

ISLANDER WOUNDED—A telegram has been received by Mr. George Forbes, M. L. A., Vernon River, announcing that his nephew Private Daniel Stewart of the 26th Battalion has been seriously wounded. Private Stewart is a son of the late William Stewart of Dunstaffnage. A sister of Private Stewart, Miss Jessie Stewart, resides with Mr. Forbes.

COMING SOCIAL EVENT—The "happens" for the social and whist drive on Easter Monday night in aid of the Charlottetown Hospital are: Hon. Pres. Mrs. Higgins, Mrs. Oswald Hornsby, Mrs. P. G. Brown and Mrs. (Dr.) Conroy. An excellent programme of entertainment is being prepared by the City's best performers. 8239.

ACKNOWLEDGED—The Manager of the P. E. I., Protestant Orphanage desires to thank the following gentlemen for their kind donations: Mr. Caleb Jordan, Murray Harbor, fifty lbs. fish. Mr. Omer, Charlottetown, two dollars; and Mr. Lemuel Cudmore, Brackley Point, fifty cents; towards buying musical instruments for the boys.

KEEP OFF THE GRASS—Right now, and until the end of April is the hardest time, for that beautiful red carpet covering over the earth surface, called Grass. Perhaps a gentle reminder to children, and some grown ups, might help the grass to pull itself together after the hard knock out blows, and frosts of the now departing winter months. There are men and boys who are thoughtless of these facts and drive teams short cuts, over lawns and private lawns, destroy the beautiful sod. "Keep off the Grass" is a familiar sign in most cities, both in public and private grounds and thanks to the sign, and also citizens the grass life is cultivated as a thing of beauty which it is. There ought to be "Keep off the Grass" signs in Charlottetown in order that the city might look its best, and give the grass a chance to live. A word to the thoughtless should be sufficient.

AT MCGILL—The following officers were elected at the annual meeting of the Maritime Club of McGill University, held at Strathcona Hall, Montreal on Tuesday night: Honorary president, Dr. W. W. Chipman, Honorary vice-president, Dr. Cyrus Macmillan, Charlottetown. President, A. H. Christlown, Sc. 17, Blue Mountain, N. S. Vice-President, R. G. Clarke, Sc. 17, Sackville, N. B. Treasurer, A. Porter, Med. 19, New Brunswick. Secretary, W. L. Fraser, Sc. 17, Halifax N. S. Representatives—Prince Edward Island, J. B. Poole, Sc. 17; New Brunswick, W. P. Scott, Sc. 17; Nova Scotia, H. Macpherson, Sc. 17; Newfoundland, A. H. Curran, Sc. 17; The Maritime Club is composed of students attending McGill whose homes are in the Maritime provinces or Newfoundland. Its object is to bring the men from the different Canadian seaboard provinces in closer touch with one another.

Improved Appetite usually follows the use of Grape-Nuts for breakfast.

This food comes to you in the form of crisp, nut-like granules with the true grain sweetness of whole wheat and malted barley.

Served with a little cream or good milk, and a sprinkle of sugar if desired, Grape-Nuts is a delicious food with just enough "chewiness" to win the appetite and start digestion.

"There's a Reason" At Grocers— 15c the package.

Matinee 3 P. M. Night 7 & 8.45

Prince Edward

Adults 10c Children 5c

TODAY TODAY

Something New Novel

And Entirely Different

The Great \$25,000 Serial

"NEAL OF THE NAVY"

IN FOURTEEN INSTALLMENTS

OF TWO REELS EACH WEEK FOR FOURTEEN WEEKS

A TREAT FOR BOTH MIND AND EYE

Featuring Lillian Lorraine and William Courtleigh

Neal of the Navy deals with other things than you have been accustomed to in other Pictures, it's a great story by William Hamilton Osborne. A Tale of Patriotism, of Stirring Adventure and Love. It's Picturesque, Romantic and Exciting.

SEE IT TODAY

CHARLIE CHAPLIN

IN WORK

Return Engagement

OTHER PICTURES

Make a Point of Seeing

Neal of the Navy

Every Friday and Saturday

Peoples' Theatre, Tonight

"The ROMANCE of ELAINE"

The Opening Episode of the Romantic Period of Elaine's Life, introduces Lionel Barrymore and the Mysterious Mr. X. in

"THE LOST TORPEDO"

IN TWO ACTS

Wallace Reid, Catherine Henry and Ben Lewis, in

Station Content

IN TWO ACTS

A Thrilling Sensational Railroad Drama

The Little Match Maker

An Appealing Story

By Fair Means of Fowl

A Sure Cure for the Blues

NEXT WEDNESDAY AND THURSDAY

THE PASSION PLAY

A Coal and Wood Range With a HIGH OVEN

LIGHTER DAY HIGH OVEN RANGE

Before you buy your New Range see this up-to-date Range designed on the right principals.

FOR SALE BY

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A CANADIAN BANKER IN THE TOILS.

ST. PAUL, Minn., April 12.—Ernest L. Smith, former manager of the Broad street branch of Bank of Regina, Sask., wanted by the Canadian police on a charge of cashing alleged fraudulent checks for more than \$100,000, is held by the police here for the Canadian authorities. Joseph Brown, chief clerk of the highway department of the Saskatchewan government, for whom Smith is alleged to have cashed the checks, was arrested at San Antonio, Texas, three weeks ago. Smith told the police that he would return voluntarily to face the charges against him at Regina.

Documents which give the name of the commander and the number of the submarine which damaged the Sussex. Further the statement is made from a semi-official source that French and British warships sank the German submarine on April 5th after taking prisoner the officers and crew of the submarine. It is stated that the information now fully confirm the information in possession of the British Government concerning the name of the commander of the submarine which is said to have torpedoed the Sussex.

Back Was Lame and Ached Could Do Very Little Work

SUFFERED MUCH FROM KIDNEY DISEASE FOR YEARS, BUT CURE CAME WITH THE USE OF DR. CHASE'S KIDNEY-LIVER PILLS.

Doctors had tried to cure this man but failed to get at the cause of trouble, probably because they relied on medicines which act on the kidneys only. The strong feature about Dr. Chase's Kidney-Liver Pills is their combined action on liver, kidneys and bowels. In many of these cases the disease is so complicated that ordinary kidney medicines fail to be of much benefit. Under such conditions Dr. Chase's Kidney-Pills usually touch the spot and effect a cure.

Had they been only moderately successful Dr. Chase would never have selected them for world-wide distribution. As it was, the demand for these pills resulted naturally from their superior merit, and there was nothing else to do but supply them in large quantities.

It suffices in order to answer the German note to recall that fragments of a torpedo have been discovered in the hull of the Sussex and that the French Government is in possession of

chares, Birchbank, B. C., writes: "For several years I suffered greatly from kidney disease. I was weak and could do very little work. My back was lame and ached and I suffered much from headaches. Tried doctors and obtained no relief. Dr. Chase's Kidney-Liver Pills were recommended by a friend, and after taking four boxes I think I can say that I am cured, for I feel as well as I ever did."

This statement is endorsed by Mr. Harry Anderson, J. F., who writes: "This is to certify that I am personally acquainted with Mr. Simon Shieloff and believe his statement in regard to Dr. Chase's Kidney-Liver Pills to be true and correct."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, all dealers, or Edmanson, Bates & Company, Limited, Toronto.

Steamers Sunk By Submarines

(Special to the Guardian.)

LONDON, April 13.—The Dutch steamship Colombia from Baltimore, March 23rd, for Amsterdam, put in at Gravesend to-day having been damaged by striking a mine in the English Channel yesterday. The Colombia is 5,500 tons. She was built in Holland last year and was owned in New York.

(Special to the Guardian.)

NEW YORK, April 13.—A Navy Agency despatch from London, Holland, says the Dutch steamer Dorthea has been blown up by a mine. The crew were saved.

Documentary Proof Regarding the Sussex

(Special to the Guardian.)

PARIS, April 13.—Official announcement was made to-day that the French Government has documentary evidence that the Sussex was attacked by a submarine. The statement, which was given out after receipt here of the German note to the United States, is as follows:—