

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

Milady Beautiful



DRY SHAMPOOS

Does a dry shampoo really clean the hair? This is a query which many readers ask me and I can say that such a shampoo properly given does most assuredly make one's hair look really clean. It is a good thing to know this, as there are many times when a dry shampoo is more convenient than any other. If one has a nice wave which one does not wish to spoil, this type of shampoo may be used and the wave will remain intact.

Or if my lady has a cold and feels that a wet shampoo would not be the thing, she need not let her hair remain soiled while she is waiting for an opportune time to take the more usual wet shampoo. Then there is the woman with excessively dry hair; to her the dry shampoo is a boon, for using the soap and water too frequently may only serve to accentuate the naturally dry condition of her hair. There is still another type that will especially appreciate the dry shampoo, and that is the woman whose hair is drab and very fine and thin. A dry shampoo will make this type of hair much more fluffier and will give it the feeling of more bulk.

One of the most effective dry shampoos is the old-fashioned orris root and cornmeal mixture. In preparing this or coarse grade of either the blue or yellow cornmeal should be used; mix it in the proportions of two parts of cornmeal to one part of orris root. It is wise to make enough of this mixture to last for several washings. Put the mixture into a sifter with a perforated top. In using the shampoo shake some of the mixture along the partings of the hair, taking care to cover every bit of the scalp and hair. Massage it well into the scalp and let it remain on for a few minutes. In removing the ingredients one must use an absolutely clean brush with long, stiff bristles. Take just a small section of hair at a time and begin at the scalp, brush up and to the very ends of the hair. The brush will brush the mixture through the hair, taking every bit of dirt and oil along with it. If all of the mixture is removed the hair will be clean and it will have a lovely sheen. Both the cornmeal and orris root absorb the oil and the orris root also acts as a very good tonic for the hair. Those with auburn hair will find

Household Hints

How to Make Whitewash

Fill a bucket half full of lime and cover it about two inches with water. Let it stand 24 hours to slake, or until it is the consistency of paste. Dip out a portion of this slaked lime into another bucket and thin with water to desired consistency. Add 1 teaspoonful bluing to 1/2 bucket whitewash, and 1/2 pint salt to make it stick.

Driving Nails

When driving a tack or small nail into a place where it is difficult to hold it with the fingers, thrust it through a little strip of paper and hold the end of the paper while driving.

Hot Pans

A small, short, tin shovel can be purchased for five or ten cents. Flatten out the sides of the shovel and it will make an excellent device for lifting hot pans from the oven.

Etiquette

Q. When one has recently moved into a new neighborhood and receives a call from a neighbor, how soon should one return the call?

A. Within two or three weeks at most; if not, it is an indication that the friendship is not desired.

Q. What are a few suggestions for showers for a bride-to-be?

A. The kitchen shower, towel shower, linen shower, handkerchief shower, and lingerie shower are all very appropriate.

Q. Which begin later, formal or informal dinners?

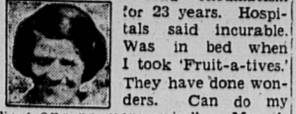
A. The formal dinner begins at eight o'clock, a half-hour or so later than the informal.

that adding just a little powdered cinnamon to the cornmeal and orris root prevents that white, flaky look on this type of hair and also leaves a pleasant odor.

There are several mixtures known as "liquid dry shampoos" which are particularly beneficial to excessively oily hair. A good mixture is made up of one part refined toilet alcohol, one part water and one part aromatic spirits of ammonia. Or one may use one part of refined toilet alcohol to six parts of cologne water and three drops of rosemary water. Rub the mixture well into the scalp and through the hair. Let it remain on for a few minutes and then remove by rubbing with a clean absorbent towel. Keep rubbing until the hair is perfectly dry and no more soil appears on the towel. This shampoo will also leave the hair beautifully clean and with a lovely gloss.

Tomorrow—Beauty Questions Answered

Rheumatism 23 Yrs Discovers Way to Banish all Pain



"Had rheumatism for 23 years. Hospital said incurable. Was in bed when I took 'Fruit-a-tives'. They have done wonders. Can do my work and no more pain." — Mrs. A. N. Field, Wynyard, Sask. Just one of thousands who say rheumatism, neuralgia, neuritis fly away quick with "Fruit-a-tives". Chronic constipation and liver troubles end overnight. Bad stomach, biliousness, indigestion, heartburn, gas vanish like magic. Kidney and bladder ills pain in back go in hurry. Nerves quiet, sound sleep at once. Ten of nature's greatest remedies combined in handy little tablet. Marvelous discovery of famous Canadian doctor, Speedy results. Get "Fruit-a-tives" from drugist today. Sleep fine, wake up great.

A Morning Smile

SLIGHT DISCREPANCY

In the course of the trial the judge turned to the negro lady on the stand and asked,

"How old are you?"

"Ise seventy-three judge."

"Are you sure?"

"Yass, suh."

"Mandy, you don't look seventy-three."

"Ise sure judge."

After a few moments the trial was interrupted by Mandy.

"Judge, Ise mistaken about my age being seventy-three, that's my bust measure, suh."

For The Cook

RAW VEGETABLE SALAD

One cup finely chopped celery with tops added, 1 cup grated carrot, 1/2 cup shredded cabbage, 1/2 cup minced green pepper, 2 table-green onions, 1/2 cup chopped and drained cucumber. Mix all these vegetables together, season well, and mix with whipped cream salad dressing. Serve very cold on hearts of crisp lettuce, and top and surround with radishes and stuffed olives and tiny gherkins.

WHO ARE YOU?

The Romance of Your Name

BRADBURY These are various spellings of this name, such as "Bradberrie", "Bradberrie" and other ancient forms, but "Bradbury" is the spelling of the name in use by the family in America.

Robert Bradbury is the earliest known ancestor. His home was in Ollerest County, Derby, England. His son, William, succeeded to the estate of a relative, Sir Thomas Bradbury, in 1510. William was master of Mandenden and Catmere Hall, in Littlebury, County, Essex, where he was buried in 1546. His great-grandson, Wymond, of Whitechapel County, Middlesex, was living in London in 1628 and died in 1650.

Thomas Bradbury is the father of the American Bradburys. He came to New England before 1634 and landed at Agamenticus, now York, Me. Thomas was one of the original settlers of Salisbury, Mass., and married Mary Perkins, of Ipswich, Mass. He was active in the civic affairs of the town of Salisbury, serving as schoolmaster, clerk, justice of the peace, deputy to the General Court, county recorder, associate Judge and captain of militia.

There are today many personages of importance bearing the name of Bradbury, among them, Samuel Bradbury, physician, of New York City, and Robert Hart Bradbury, of Philadelphia, author of notable works on chemistry.

Character Close-Ups



THE WRINKLES AT THE OUTER CORNER ARE SIGNS OF WIT

Dorothy Dix Letter Box

Is it a Wise Girl Who Receives Attention From Six Men?—Straight Talk to an Unbelievably Selfish Stepmother?—Whence Comes Happiness in Love?

Dear Miss DIX—Do you think it is wise for a girl to have a number of men friends and receive attention from them? I know a girl who has six young men who call her up and take her to places. She does not love any of these, but says that they are good for a good time until the right man comes along and that they will always be her friends. What do you think of a case like this? S. Y.



Answer: I think the girl has a head full of good, hard, horse sense and that she has put the relationship between herself and boys on the only foundation that is fair and just to both sides.

Of course, every girl wants to have attentions from boys and every boy wants to go around with a pretty and attractive girl, but not every girl and boy are in love or want to marry every one of the opposite-sex whose company they enjoy. Nor is every boy in a position to think about marrying.

I think that there is no custom more pernicious than that of boys and girls keeping what is called "steady company." It works a great wrong on both the boy and girl and is responsible for a large percentage of the unhappy marriages. Consider how it works out:

A young boy and girl, because they have the natural urge for companionship of the opposite sex, begin to go together. They are not in love with each other. They have no present desire to marry each other. In any case, it will be years before they will be able to marry. But when they begin going together, although they are not engaged, neither one has any more dates and they are automatically cut off from association with other girls and boys.

This limits their knowledge of the other sex and narrows their choice, which is a fatal objection to the system, because before a man and a woman picks out a wife or a husband they should have known many men and women and be able to compare them with their selection in order to be sure that they have got what they want.

To marry the first man or woman you see is as poor judgment as it would be to invest all of your money in the first automobile you see or buy the first dress shown you in a shop. Perhaps the first one is as good as any. And perhaps it isn't what you want at all and you will see something you like better the next minute. But at any rate, if you have looked them all over you know you are getting the thing that fires your fancy and comes up to your ideal.

Again, if a girl and boy have gone together for years, they are automatically forced into marrying each other even if they find out that they have no special tenderness for each other or even that they are un congenial. People have come to expect them to marry and they have drifted out of touch with other young people and so they are practically driven into a union to which neither brings any enthusiasm and in which a disgruntled man and woman nag and fight through a miserable marriage.

For the girl the keeping company custom is still more disastrous, because she lets one boy monopolize her during the heyday of her youth and beauty when her chances of marrying are best, yet she has no assurance that he will ever pop the question. Any day he can kiss and ride away and leave her lamenting.

So I think the girl is wise who keeps as many men on the string as she can until some one comes along and pops the question and names the wedding day.

She has a good time. She has many men to pick from, and when Mr. Right does appear she makes him a better and a happier wife because he is her preference instead of her necessity and because she has had all the love-making she wants she is content to settle down to one. It is the unsatisfied women, who still crave romance, who make the flirtatious wives.

And this is fair to the young men, too, because it gives them feminine companionship and still leaves them free and unhampered.

DOROTHY DIX.

Dear Dorothy Dix—I am married to a man who is everything that is good and kind and generous, but he was a widower and has a daughter 10 years old. This child is very good, but for the last seven months she has been sick and her father expects me to wait on her and do for her just as if she was my own. We are expecting a little stranger in our home soon, so I do not feel like waiting on some one else's child. Please, Miss Dix, write me a comforting letter in your column.

COMPLAINING WIFE. Answer: I fear what I have to say to you won't be very comforting, for I think a woman who begrudges care to a little sick girl child is a candidate for the medal for the meanest woman and that she hasn't a heart as big as a chicken's.

I grant you that the role of stepmother calls for a nobility of character that many women do not possess. I can understand that there are many women who are so jealous that they cannot endure the children that are perpetual reminders to them that their husbands loved other women before their husband's affection or money given to his children by a previous marriage instead of being monopolized by their own children.

But why do such women marry widowers with children? How do they dare, knowing there is a just God, to take into their hands the lives of little helpless children and ruin them? Surely it was of such cruel stepmothers and stepfathers, for men are guilty of the same offense that the curse was uttered: "It were better for him that a millstone were hanged about his neck and be cast into the sea than that he should offend one of these little ones."

You say your husband expects you to care for his sick little girl as if she was your own child. Of course he does. You promised to be a mother to her when you married him and it is impossible for a generous-minded man, such as he is, to think of a woman so hard, with so little womanhood in her, so little sweetness and tenderness, that she would begrudge any care to a pain-ridden little child.

Suppose you try to visualize what he will think of you. What a contempt he will have for you when he find you out and sees you as you are—hard, callous, selfish, without even a pang of pity for a sick child. I can think of nothing that would kill a man's love quicker than that.

You say you are about to become a mother. Suppose you should die and leave a little helpless girl baby. Suppose it was sick and suppose it fell into the hands of a stepmother. Would you want that woman to treat your suffering little child as you are treating your little step-daughter?

DOROTHY DIX.

Dear Miss Dix—Is it more happiness to love or to be loved? MARGIE

Magic's unvarying quality ensures uniformly good baking results



TRY THIS RECIPE FOR GRAHAM MUFFINS

2 tablespoons butter 3 teaspoons Magic Baking Powder 1/2 cup sugar 2 cups Graham flour 2 eggs 1 cup white flour 1 1/2 cups milk 1 pinch of salt. Cream butter and sugar, beat in eggs, then sift flour, baking powder and salt, and add to first mixture alternately with milk. Put in well-buttered muffin pans and bake in hot oven.



You never have to experiment with Magic Baking Powder because its leavening quality never varies. Every spoonful from every tin is identical. 3 out of every 4 Canadian women, who bake at home, say they use Magic because it gives consistently better baking results. If you use Magic Baking Powder, it will ensure better baking results for you too.

*This fact was revealed in a recent Dominion-wide investigation. Look for this mark on every tin. It is our guarantee that Magic Baking Powder does not contain alum or any harmful ingredient.

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Answer: Happiness in love comes from both loving and being loved. There is desolation in giving love to one who does not return it and boredom in being loved by one for whom we have no affection.

But if one could choose between the two, probably it would be better to love than to be loved. At least it would be more interesting and have more thrills in it, because those we love are continually trying to win and it keeps us pepped up and on our toes, whereas being loved by an unloved one is merely a state of being surfeited on sweets for which we have lost our appetite.

EASTERN STEAMSHIP LINES ADDS THIRD STEAMER TO BOSTON-NEW YORK SERVICE

Announcement has been made by the Eastern Steamship Lines that beginning June 24th, a third ship, the President Warfield, will be added to the Company's Boston-New York Service through the Cape Cod Canal, to supplement the daily and Sunday service of the steamers "Boston" and "New York."

According to officials of the Company, the increasing number of passengers using the Cape Cod Canal route to Boston, especially in the summer time, has necessitated the extra ship. The "President Warfield" is a new steel steamer of modern construction, and has accommodations on a par with those of the Company's regular steamers. There are rooms with large double beds and a single bed especially for family use. Many of the rooms have real beds instead of berths; there are a number with private baths; and all state-rooms have hot and cold running water.

The "PRESIDENT WARFIELD" will sail from the south side of Central Wharf, Boston, at 6 P. M. Daylight time on Tuesdays, Thursdays, and Saturdays. The "New York" and "Boston" will maintain their usual schedule time sailing from Boston at 5 P. M. daily including Sunday and due in New York at 8 A. M. the following morning.

At the Church of St. Louis des Invalides, Paris, the fiftieth anniversary of the death of the Prince Imperial, who was killed in the Zulu War, was celebrated recently.



Better in Many Ways

"I have been taking Lydia E. Pinkham's Vegetable Compound at Change of Life. I saw it advertised in a booklet. That is how I came to take it. It has helped me a great deal, especially a pain in my side. My appetite is better. My nerves are steadier and I sleep well. I can do my work without lying down like I used to. You may use my name and I will answer letters."—Mrs. George Frotten, South Quinan, Nova Scotia.

Lydia E. Pinkham's Vegetable Compound

Table with 2 columns: Location and Amount. Includes Hestherdale (12.21), New Perth (16.42), and a total of \$36.40.

Table with 2 columns: Location and Amount. Includes Carleton (2.50), Clermont (5.00), O'Brien (2.50), St. Eleanor's North (3.95), and a total of \$14.00.

COLLECTIONS RECEIVED

Teachers, pupils and Women's Institutes throughout the province, as well as many other interested helpers, are busy assisting with the annual Red Cross campaign for membership and funds. As the work of the Society extends to all parts of the Island it should receive the financial support of every school district. The Society is anxious to have the returns in as soon as possible and the sections which already have responded are—

Table with 2 columns: Location and Amount. Includes Alexandra (10.65), Blooming Point (5.50), Clyde River (112.80), Flat River (7.60), Glenaladale (7.70), Granville North (9.00), Hampshire (11.55), Johnston's River (3.00), New Glasgow W. I. (5.00), North River (18.00), Pleasant Grove (4.85), Ringwood (3.80), Springbrook (6.90), Wheatley River (14.20), Wiltshire, North (16.25), Wood Islands West (3.20), and a total of \$148.00.

Table with 2 columns: Location and Amount. Includes Georgetown Royalty (2.00), Gladstone (5.70), and a total of \$148.00.

Ends Piles Quick

No Salves or Cutting Piles are caused by congestion of blood in the lower bowel. Only an internal medicine can remove the cause. That's why salves and cutting fail. HEM-ROID, the prescription of Dr. J. S. Leonardt, removes this congestion and strengthens the affected parts. HEM-ROID is now sold by druggists everywhere, and has such a wonderful record of success even in chronic and stubborn cases that Hughes Drug Co., Limited, invites every Pile sufferer to try HEM-ROID and guarantees money-back if it does not end all Pile misery.

Only the Best will do



The women of the Maritime Provinces who bake their own bread demand the highest quality of flour the world produces—the highest quality of flour that can be milled from the best Manitoba hard wheat.

Is it then surprising that among the women of the Maritime Provinces who bake their own bread, there should today be such a widespread preference for

REGAL FLOUR

Health Protection—and real economy



A modern hygienic service for women

Serious consequences may follow times of hygienic distress if proper precautions are not taken. Kotex, the New and Improved Sanitary Napkin, provides the necessary protection. Doctors and nurses urge its use as a hygienic service.

Kotex brings absolute security and comfort, and complete freedom from worry to millions of women at very low cost. No embarrassment when buying. Just say Kotex at any drug, dry goods or departmental store. Regular size 60c for box of a dozen. Super-size 75c. Directions in every package.

MADE IN CANADA KOTEX Sanitary Napkins

- 6 Features of the New and Improved Kotex 1. Kotex is soft—Not a deceptive softness, that soon packs into chafing hardness. 2. Safe, secure... keeps your mind at ease. 3. Kotex fits—fits far lighter and cooler than cotton, yet absorbs 5 times as much. 4. In hospitals... Kotex is the identical material used in 50% of Canada's leading hospitals. 5. Deodorizes, safely, thoroughly, by a patented process. 6. It is easily disposed of. No unpleasant laundry.