# Woman's Realm / Social and Personal / Fashions / Literature


**For Women who hold their heads high**

(YOUR SKIN IS OUR INSPIRATION!

**CHARLES of the RITZ** will blend individually for you a shade of face powder to make your skin look younger — more lovely . . . for it accentuates the most flattering tints in your own skin.

**THIS WEEK ONLY**

You will receive a gift of a full 1.25 box of CHARLES of the RITZ Face Powder blended individually for you with any purchase of other CHARLES of the RITZ toiletries.

*MISS GRACE DAVIS*

Special Beauty Consultant from the Ritz New York Salon, will be here to supervise the blending of their powder and to advise you on your beauty problems.

THE JENKINS PHARMACY
THE Rexall STORE
Dispensing Chemists
PHONE 219 COR GT GEORGE & KENT STS. CHARLOTTETOWN, P.E.I.


## Commodore Norah

By ANGUS MacVICAR

**DAVID'S BOAT IN TROUBLE**

Norah's brain grasped the truth, but she refused to act whereon to act upon it. David McGregor must be taught his lesson. He must go hunger and come begging to her for help. Then she'd see what could be done about an amalgamation.

Meanwhile the attitude of her crews had begun to worry her. For a while, when she had accompanied them at first to the fishing grounds, she had become very popular with the men, who had believed that when she came to know the strain under which the work was done, she would give up her relentless battle with David McGregor and restore normal conditions. As she showed no sign of breaking off hostilities, they began openly to condemn her methods and to demand the return of her father, old Peter Grant. Away in his retreat in South Africa, Grant received letters from his skippers, but he smiled inscrutably, but said and did nothing.

Norah observed the hostile looks which she sometimes received from her men, and it hurt her to listen to the stories brought by Hector Menteith of what they considered were her shortcomings; but as Menteith expected, these manifestations of opposition served only to make her more determined than ever to fulfill the policy to which she had set her hand.

Patiently Donald Brown argued with her.

"Ye ken miss, them that follow the seas as a calling canna afford to be at enmity wi' other sailors. The seas is the great enemy, and we must all pull thegither to defeat it. Ye never can tell when yell help frae its anger, and the sea will win if the forces against it are divided. It stands to reason miss."

Norah's chin went out. She did not reply.

That evening, however, something happened which bore out Donald's argument.

The boats were leaving Invercon, thrusting into the teeth of a stiff nor'west wind, when one of David's fleet, the Arran Banner, ran aground not far from the buoy marking the eastern extremity of the harbour-mouth. The tide was on the ebb with a high sea running, and it was apparent that if the skiff could not be pulled off within a few minutes she would be left defenceless on the rocks, to be pounded to pieces by the waves.

Glimpsing the boat's predicament, David, in the Silver Spray, came back to attempt a rescue. He put a towline aboard the Arran Banner and set the Silver Spray's engine full ahead. The screw churned the heaving water into a mass of foam, but the Arran Banner remained fast.

Again the Silver Spray, sitting down at the stern like a tug, lunged forward in an effort to free the grounded skiff, but the towline, after twanging like a piece of gut for several seconds, suddenly parted without the Arran Banner having moved. The Silver Spray leaped and jerked forward, sending David sprawling. A trickle of blood showed on his right cheek, where he had bruised his face against a bollard. One end of the towline whipped viciously aboard and struck one of the crew on the shoulder. He fell to the deck, cursing with pain, while the skiff rolled and sloughed among the shallow rollers, her whole hull creaking under the strain.

The bitter wind sent spray lashing about David and his men, but they scarcely heeded the discomfort. Their eyes were on the Arran Banner, fast on the sharp rocks, which, as the tide fell, thrust their cruel edges above the waves. In a quarter of an hour the skiff would have to be considered a total loss, for by that time, as the water receded, she would have capsized, and her hull would be exposed to the pounding seas.

"If only we'd another boat to help us pull," muttered David to Jock, as once more they manoeuvred in towards the shore, preparatory to putting another line aboard the Arran Banner.

The crew of the grounded skiff could be seen clustered in the bow, ready to save themselves by jumping on the rocks at the first sign that she was about to turn over. Some of them if it came to that would almost certainly be carried away by the sea and drowned.

(Continued on page 8, Col 8)


**DON'T KILL YOUR BEAUTY**

**By Suffering Monthly Pains**

CAN you see your youthful beauty slipping away? Do you find yourself looking far older than you should because of the suffering you endure each period? Then this message is for you.

For over 70 years, countless thousands of women who suffered functional monthly pains have taken Dr. Pierce's Favorite Prescription over a period of time—and have been overjoyed to find that this famous remedy has helped them ward off such monthly discomforts which may actually destroy your beauty.

Most amazing, this scientific remedy, formulated by a practicing physician, is guaranteed to contain no harmful drugs—no narcotics. In a truly scientific way, it improves nutritional assimilation; helps build you up and so increases your resistance and fortifies you against functional pain. Lessens nervousness during this trying period.

Don't allow yourself to become old-looking and haggard long before your time because of such monthly discomfort. Get Dr. Pierce's Favorite Prescription from your druggist, or write Dr. Pierce, Dept. M541, Fort Erie North, Ontario, for generous free sample. Discover how it helps relieve you of beauty-robbing 'regular' pains.


## Dorothy Dix's Letter Box

### DOROTHY DIX SAYS—

### WOMAN'S CLOTHES ARE GUIDE TO SHOW TYPE OF WIFE SHE'LL BE

### It Does Not Take An Expert to Determine Character, for This is Shown by the Dress One Wears

A masculine correspondent thinks that the feminine sex would take a long step forward in progress if it would discard all of its frills and furbelows and adopt a standardized dress, such as men have done. He says that this would do away with envy and rivalry between women and that this would be a happy and inexpensive world if every woman had on virtually the same sort of hat and dress that every other woman was wearing. Maybe so. Maybe so. But what an ugly, drab world it would be! And what a dumb one! For what would women have to talk about if they couldn't talk about clothes? Surely we haven't so much gayety and color and beauty in life that we can afford to throw any of it away. And if you want to realize just how much women's pretty frocks cheer things up you've only got to compare a stag banquet with a hen party. One is a gloomy and depressing picture in black and white, while the other is a gorgeous and brilliant flower garden.

Perhaps fashion is spinach, as one of its critics has declared it is, but, even so, it is a feminine tonic that is good for whatever ails women in body and soul. It is a bond that binds the highest and the lowest together and makes Judy O'Grady and the Colonel's Lady sisters in whatever they put on outside of the skin.

It is a topic of conversation that never runs dry. It is a perpetual source of interest. It is an outlet for pent-up emotion. A woman goes out and buys a new dress to celebrate her good luck, instead of getting drunk as a man does. And when sorrow comes to her there is still left to her the consolation of "toujours la toilette," as the French say, that makes getting her mourning take her mind off her troubles.

And especially do women express their individuality in their clothes. They take their religion from their churches and their politics from the men of the family, but their clothes are their own. And just as a great naturalist can reconstruct an animal from a single bone, so any astute observer can give one glance at a woman's hat and make a virtually correct estimate of her entire character.

If she is fat and careless and befuffled until she looks like slowsie-la, you know that she is good-natured and lazy and easy-going, but that she is totally without judgment or discrimination and that she will never correct a single one of her faults, because she will never see herself as she is. She will make the kind of a wife who will throw half of her husband's earnings in the garbage can, never have a meal on time or a room that is in order, and who will let her children grow up without manners or training.

If a woman always looks as if her worst enemy had bought her clothes; if she wears a green hat when she has a saleratus biscuit complexion; if she dresses like 16 when she is 60, and if she wears high-heeled slippers when she starts out on a hike, you know she is lacking in perception and good hard common sense. And the only thing that her husband will ever be able to depend upon is that she will always do the fool thing under any circumstances.

The women who are frowsy and untidy, whose collars and gloves need to go to the cleaner, whose skirts are wrinkled and who look generally as if they had just been fished out of the ragbag are trifling and no-account. They are too indolent to keep themselves tidy, and the unfortunate men who marry them will never be able to make headway against their thriftlessness and will be brought early to their graves by dyspepsia by being fed on bad cooking.

But, on the other hand, the girl who is always appropriately dressed, who is spick and span, clean and well pressed shows that she has intelligence, taste, discrimination and self-respect, and she is a good bet as a wife.

Nor should it ever be forgotten that women's clothes not only enhance their virtues but are an ever-present help in time of trouble in camouflaging their faults. Just as the pink netting over the basket of green peaches gives them a rosy hue that entices us into buying them, so do swirling chiffons and foamy laces and ravishing colors change the homely girl into a living picture that men desire to hang upon their walls. All that we ask of women is that they be easy on the eyes, and if they do it with mirrors so much the better.

When Mother and Eve gained enlightenment by eating of the fruit of the Tree of Knowledge, the first thing that she did was to make herself a dress. And wise are her daughters when they follow her example.

DOROTMY DIX.

## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

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**Look in the section your birthday comes in, and find what your outlook is, according to the stars.**

**For Wednesday, April 24th.**

MARCH 21 to APRIL 20 (Aries) — No oversensitive reactions, please! Accept others' shortcomings and seeming slights toward you as part of the regular but truly insignificant imperfections of the world, and go right about your affairs as usual, in your natural cheery way. Benefic rays.

APRIL 21 to MAY 20 (Taurus) — You should be able to make headway in your everyday affairs today, and probably set a new record in some particular line or matter. Money interests offer better opportunities than ordinarily.

MAY 21 to JUNE 21 (Gemini) — Favorable vibrations, especially for engineering, advertising, exploiting, creating, improving upon old but still useful methods and devices and for increasing your own popularity.

JUNE 22 to JULY 23 (Cancer) —Indications friendly on whole, but you will very likely have to exert yourself to accomplish more than "just enough." Put a little of Cancer's nice sense of humor and cheerful nature back of everything you undertake. Plan for the future.

JULY 24 to AUGUST 22 (Leo)— Be careful with whom you associate. Check twice on rumors before you put any stock in them. Never make it a practice to pass them on to others. Be guarded against subterfuge. The sane middle road is strongly advised today. Carry with you faith and confidence.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Favorable indications, especially for regular business and domestic matters. Heed advise of progressive, albeit sound-principled, people. System rather than rush will count.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Heart, personal and domestic interests ask close attention, and are favored if handled properly. This day may require more effort of you born after October 7. Keep trying!

OCTOBER 24 to NOVEMBER 22 (Scorpio) — Today there are several happy means for replenishing your store of knowledge and prestige. Dig them up, and leave no stone unturned in your quest for achievement. Use your fine will power constructivley. News from distant quarters of interest.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—Looks like again today you may have to curtail your enthusiasm and count ten every time you feel you should make a critisism or pass an opinion. The Golden Rule will be a big help, use it. Be tactful with superiors.

DECEMBER 23 to JANUARY 21 (Capricorn) — You born before January 6th are especially favored, but all of you can make this an outstanding day in one way or another if you try sufficiently hard. Don't be careless in dress or manners. And you may be tempted to argue—avoid it!

JANUARY 22 to FEBRUARY 20 (Aquarius) — A chance to increase your standing. Work diligently to attain the heights you of good intellect and all-round capability can reach. Speak up, if you've an idea for improvement on anything. Seek the cooperation of progressive people.

FEBRUARY 21 to MARCH 20 (Pisces) — Avoid misstatement and confusion. And don't be tempted to accept just anyone's opinion or suggestion. Use your God-given judgment. But also heed sound-thinking people. Be diplomatic in speech.

**A CHILD BORN ON THIS DAY** will be unusually active, mentally and physically; supersensitive; generous, but likely to divide its time and money unevenly and unwisely, unless corrected. With religious and educational fortification, it will go far and do much good. Will appreciate music.

### NIZAM HELPS

HYDERABAD, India — (CP) —A monthly contribution of £10,000 ($44,500) has been offered the Viceroy of India by the Nizam of Hyderabad "towards the cost of units x x x for service outside the State."

**GET OUR 6TH BIRTHDAY Souvenir "QUIN" TEASPOONS!**

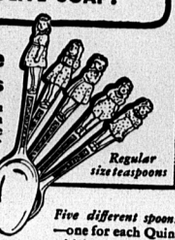
EACH SPOON ONLY 10c PLUS BLACK BANDS FROM 2 CAKES OF PALMOLIVE SOAP!

**Try the new improved Palmolive Get these lovely Quin Teaspoons**

Take this grand opportunity to get as many as you desire of these valuable Carlton silverplate Quin Birthday Teaspoons! You're sure to want a complete set, for they're almost a gift. You get each spoon for only 10c in coin and the black bands from just 2 cakes of Palmolive Soap. Send for yours today.

Dr. Dafoe chose Palmolive for the Dionne Quins because Palmolive is made with *Olive Oil* and for that reason is gentler, more soothing to the tender skin of the Quins! Since their first soap and water bath, the Quins have used only Palmolive!

Why don't *you* try the new improved Palmolive? Buy Palmolive today and send for your Quin spoons! Remember, they cannot be bought at any store. Use coupon.



*Regular size teaspoons*

*Five different spoons* —one for each Quin, with her likeness and name on the handle! Send for as many as you like! Just be sure to send 10c and the bands from 2 cakes of Palmolive for *each spoon.*

TRY THE NEW IMPROVED PALMOLIVE

Use this Coupon

**SENSATIONAL OFFER**

Colgate-Palmolive, Toronto, Ont. Dept. 3.

Please send me, postpaid..."Quin" teaspoons. Am enclosing.....in coin and bands from....cakes Palmolive Soap. (Check spoons wanted and send 10c and 2 bands for each spoon.)

*Check here for spoons wanted*

☐ Annette
☐ Cecile
☐ Emilie
☐ Marie
☐ Yvonne
☐ Complete set

Name.....
Address.....
City.....
Prov.....

Offer expires Sept. 30, 1940.


## THE COOK'S CORNER

**BEET SOUP**

1 bunch beets (6 or 8)
1 small onion
2 quarts meat stock
1 teaspoon salt
1-8 teaspoon pepper
3 tablespoons brown sugar
3 tablespoons vinegar or lemon juice
3-4 cup sweet or sour cream

Method: Wash the beets thoroughly and then peel and shred them with a medium grater. The meat stock can be procured by the same method as in the vegetable soup above. Add the grated beets and the onion, which has been finely sliced, to the meat stock, and simmer until the beets are tender. Add the salt, pepper, brown sugar and vinegar or lemon juice, and allow to simmer for 20 minutes longer. Remove from the stove and add the sweet or sour cream before serving, or add it to the bowls or cups after they are filled with the beet soup mixture.

## A Morning Smile

**GOOD CHANCE**

Vicar: "We intend having a jumble sale in the Parish Hall. This will give all housewives an opportunity of getting rid of things that are not worth keeping and yet too good to throw away. And ladies, do not forget to bring your husbands".

Doctor: "Well Mrs. B. how is your husband today. Did he take the medicine I prescribed for him religiously?"

Mrs. B.: Not him, doctor. He swore every time I touched the bottle.

## You Have Lively Times Singing Cowboy Ditties

**Here Are 19 Heart-Warming Airs**

A poky party on your hands? Open a songbook of cowboy ditties and see how joyfully everyone falls to warbling.

"Home on the Range" is a favorite no one can resist:

"Oh give me a home where the buffalo roam,
Where the deer and the antelope play—
Where never is heard a discouraging word
And the skies are not cloudy all day."

What to sing next? That gay ballad, "The Border Affair":

"I learned Spanish from a girl
Who lived down Sonora way,
Sparkling eyes as black as jet,
Hair as fine as softest spray."

Singing that plaintive cowboy lament, "The Texas Song," you get pretty soulful:

"I'm going to leave old Texas now,
For they've no use for the longhorn cow.
They've plowed and fenced my cattle range,
And the people there are all so strange."

On you go, singing the many other hits in our songbook. Has 19 cowboy songs complete with words and music for piano accompaniment.

Send 20c in coins for your copy of Popular Cowboy Songs to The Guardian Home Service. Be sure to write plainly your Name, Address and the name of booklet.

Name

Street Address

City Province

**IT'S NOT LOVE JUST VITAMIN LACK**

OMAHA, Neb., April 23—This is the season to watch out, girls, when he asks: "Will you be mine?" Dr Victor E. Levine, nutrition expert said here today that it won't be love that prompts the query, but Spring fever due to a vitamin deficiency.

## Helpful Hints For The Women Folk

**SPRIN—AT WAR**

This year the spring was hesitant and late,
And I was apprehensive, in my heart,
For fear that something—call it doubt or hate—
Had torn the meaning of the world apart.
Oh, I am glad that nothing breaks asunder
The spell of beauty and the garden's wonder!
—By Margaret E. Sangster (in Ladies' Home Journal)

**PARTS OF SPEECH**

Three little words you often see
Are articles a, an, and the,
A noun is the name of anything,
As school or garden, hoop or swing.
Adjectives shown the kind of noun,
As great, small, pretty, white or brown.
Instead of nouns the pronouns stand,
Her head, his face, your arm, my hand.
Verbs tell us something to be done,
To read, write, count, sing, jump or run.
How things are done the adverbs tell,
As slowly, quickly, ill or well.
Conjunctions join the words together,
As men or women, wind or weather.
The preposition stands before
A noun, as in, or through, the door.
The interjection shows surprise,
As oh! how pretty! ah! how wise!
The whole are called nine parts of speech,
Which reading, writing, speaking teach.

Black sporst dresses in silk or linen are being shown for summer with white pique jackets.

Seven hours is about the time limit for a driver to be behind the wheel in one day. After that he bacomes fatigued and is no longer considered a safe driver.

When the bottom of your mackintosh becomes splashed with mud mix some fuller's earth powder into a thick paste and spread on the dirty marks. Leave until quite dry, then sponge off, and your mackintosh will be quite clean.

Hand-crocheted wool mesh jackets, matching or contrasting with crepe dresses are novel versions of the wool jacket matched to crepe dress so popular at the resort season and carrying right on for summer in the original rabbit hair jerseys.

The Chicago Filed Museum exhibits a fossil elephant tooth weighing seven pounds.

Africa has snowfalls within seven miles of the equator.

When sewing anything that needs to be gathered, thread the needle direct from the reel of silk or cotton. In this way the whole length of material may be sewn and you are sure that the thread is neither to long nor too short.

There are now nearly 2,000 television sets in homes in the New York area.

A cascade being constructed for the New York World's fair will be 120 feet high and will show six tons of water falling at any given instant.

There are 800,000 cornets, saxophones, tuba and other wind instruments in use in the United States.

**SILKEN FABRICS IN NEW WEAVES HOLD POPULARITY**

Silk flat crepes, silk marocains, silk crepe de chines, armure silk crepes and satin black silk crepes share honors in the silk crepe classification Paris finds of such immediate importance.

They are shown in every kind of costume. Silk jersey (a lightweight called tulle silk jersye is stressed) and silk satin are other supple silks with a high rating by the French couture. Silk chiffons are fine silk laces appear in models that fit into the late winter fashion picture in the north, as well as for resort wear with silk heavy sheers shown in every fashion type from shirtwaist dresses to formal evening gowns.

**Jewelled Zippers**

Colored zippers can be had in different lengths and practically any color, but now there are also jewelled zippers for afternoon and evening dresses. The mechanical part of the fastener is almost completely hidden by baguets or rosecut stones, in red, blue, green or topaz. There are also gilt or silver slide fasteners which have the closing covered with flat, linked pieces of metal.

**DR. MAYO'S WIDOW CHOSEN AS TYPICAL AMERICAN MOTHER**

NEW YORK, April 23—Mrs. Edith Graham Mayo, of Rochester, Minn., widow of the famous surgeon, Charles H. Mayo, of the Mayo clinic and day was named the American mother for 1940 to represent United mother of eight children, yesterStates mothers here on Mother's Day. She was selected by the American mother's national committee of the golden rule foundation which sponsors the annual award of a medal to the woman representative of the best there is in womanhood.


**FRETFULNESS IS BABY'S CALL FOR HELP**

FRETFULNESS is not natural. It is a sign of trouble. A warning alarm to which you must quickly respond.

Read how Mrs. George Mitchell responds: "I have found Baby's Own Tablets so helpful when my baby gets irritable and upset. I give him one or two tablets and in a short time he is relieved and sleeps so soundly."

And Mrs. Stewart McEachern says, "When my baby shows signs of fever or fretfulness I give her Baby's Own Tablets which change her to a good baby."

Baby's Own Tablets also bring quick relief from diarrhoea, colic, upset stomach, simple croup, colds, constipation, teething troubles, summer complaint and simple fever.

Quick, sure and safe in their action. Free from opiates and stupefying drugs. An analysts' certificate in every box. Get a box today. Sickness so often strikes in the night. 25 cents. Money back if you are not satisfied.


## Spring Fashions

Your favorite princess with unusual lines and a bolero jacket can be made inexpensively and smartly at home. Chcose a becoming color that you can wear all summer long, as this will be your best loved dress. Tiny buttons make an interesting trimming at the neck and waistline. A matching or contrasting bolero changes this dress into an entirely different costume. Cotton, linen or spun rayon are all interesting fabrics that are appropriate and suitable.

Style No. 3274 is designed for sizes 12, 14, 16, 36, 38 and 40. Size 16 requires 3 1-4 yards of 39-inch material for dress; 7-8 yards for short sleeved bolero.

Send (15c), coin is preferred, for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 3274 Size .....

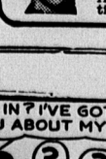
Name

Street Address

City Province

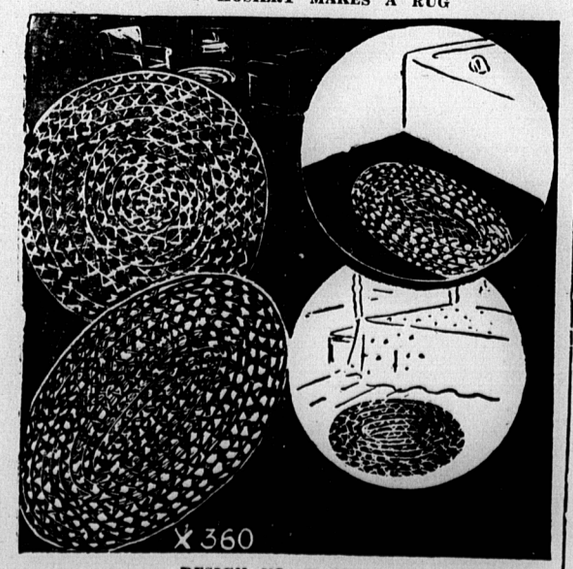

**"MIDDLE-AGE" WOMEN**

**HEED THIS ADVICE!!**



Thousands of women go smiling thru "trying times" with Lydia E. Pinkham's Vegetable Compound—famous for over 60 years in relieving female functional troubles. Try it!


**CASTOFF HOSIERY MAKES A RUG**




**DESIGN NO. X 360**

A rich rug may be crocheted from old silk stockings, scraps you have, and carpet warp. Pattern No. X 360 contains list of materials needed, illustration of stitches and complete instructions for crocheting both round and oval rug.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

To Charlottetown Guardian
Needlework Department.
Design No. X 360

NAME ----------

STREET ----------

PROVINCE ----------

**TILLIE THE TOILER — PLEASURE BEFORE BUSINESS.**

By Westover