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with Beaver Flour, will show you the difference between this perfect blended wheat flour—and the usual western spring wheat flours.

BEAVER FLOUR
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is the choicest Ontario fall wheat, strengthened with western spring wheat; and is equally good for bread and pastry.



My Tropical Tour
We just into the most wonderful and picturesque Port this morning—all flowers and sunshine and quaint natives. The ocean trip has given me a new sort of appetite—I eat everything in sight. Tomorrow we go...

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SIX weeks of rest and placid pleasure in the British West Indies, far from war's alarms and the irksome routine of home and business. Another climate, another civilization—all at minimum cost.

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FRIDAY
MILITARY INSTRUCTORS.—Sergeant Major Johnson, of the B. F. and B. T. staff, Halifax, Sergeants Balfour, Walsh and Ross, of Halifax, arrived Tuesday night by the mail special. They are here to take up training of the new militia drafts and will be quartered in the city for some time.

At the meeting called by Prof. Leitch to re-organize the Great War Veterans Association, which was held in the Mayor's office, City Hall, last night there were present about seventeen wearers of Khaki—thirteen of whom had seen active service in France and Flanders.

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THE ORIGIN AND DANGER OF CATARRH
-OF-
CATARRH, CATARRHAL DEAFNESS HEAD NOISES, CATARRH OF THE STOMACH (WHICH IS OFTEN MISTAKEN FOR INDIGESTION), CATARRH OF THE BOWELS, ASTHMA, BRONCHITIS, LOSS OF SMELL, PHLEGM DROPPING IN THE BACK PART OF THE THROAT, OR IF YOU HAVE A COUGH

YOU SHOULD NOT FAIL TO READ EVERY WORD OF THIS ARTICLE
WHAT PARMINT, THE WONDERFUL ENGLISH FORMULA, HAS DONE FOR OTHERS, IT SHOULD DO FOR YOU

INSIDIOUS DISEASE
Catarrh is a very common name for a very common disease, so common that most people do not realize how fearful, dangerous and disgusting it is. A cold in the head, hawking, spitting, blowing of the nose, phlegm dropping in the throat, bad breath, dulness of mind, bad humour—this is the way it starts.

HOW CATARRH STARTS
Catarrh usually begins with a cold in the head. The Catarrh germs breathed in through the mouth or nostrils have settled upon the inflamed and delicate mucous membrane that lines the nose and throat. These germs are harmless to healthy tissues; when they lodge upon an irritated surface it means a more and more diseased condition of the membranes. They thus produce further inflammatory irritation, and in time even ulceration.

NASAL CATARRH
This form of Catarrh is, to say the least, sickening and disgusting, besides being most common and highly dangerous. The changes of weather render the delicate mucous membranes in the nose and throat very susceptible to inflammation and thus encourage the birth and growth of Catarrh germs.

CAUSE OF DEAFNESS
A cause which is responsible for a great many cases of deafness is Catarrh. The whole trouble generally begins in a simple cold in the head. During such a cold almost every person experiences that feeling of stiffness which tells of inflammation extending into the post-nasal space where the openings of the Eustachian Tubes are located, and which is accompanied by catarrhal secretions, collected in the post-nasal space, where it is difficult to blow it out of the nose or hawk it up. When such conditions have become chronic, as in Catarrh, the danger is grave.

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AQUA-VITAE
The Wonderful Rheumatic Cure
For Sale by
E. A. FOSTER, Druggist
Charlottetown
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P. N. ENMAN, Druggist
Summerside
Aqua-Vitae has made many wonderful Cures
There are no expensive drugs or appliances to buy, no long expensive and painful trips to make to various Mineral Springs, no surgical operations with their heavy expense, added shock, loss of time, and months of recovery to undergo, no purchasing of, or installing of expensive electrical apparatus, hot air or baking machines in your home, or no light cabinet, Turkish or mud baths to take, no other remedies except AQUA-VITAE and when CURED there is no more medicine to buy for none is needed.
A TEN DAYS' TREATMENT FOR \$1.00
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