

THE MAN WITH THE "HAIR-TRIGGER" TEMPER

He was irritable at the office, and grouchy at home. His enemies increased, his friends became fewer. Then one day his doctor told him the truth. He had been handicapped by constipation for years. It had brought headaches and constantly irritating pills to make him "touchy." It had stolen his energy and good nature.

His doctor suggested eating Kellogg's ALL-BRAN regularly. And in a few days he was a changed man, cheery, ambitious—and on the road to success and happiness.

Constipation is so unnecessary. It can be overcome so easily, so pleasantly by eating delicious Kellogg's ALL-BRAN: a delightful, ready-to-eat cereal.

Two tablespoonfuls of Kellogg's ALL-BRAN daily are guaranteed to prevent and



VARIETY LIES WITH FILLING OF SANDWICH

Simple or Elaborate Lunches May Depend on

Sandwiches, like the well-known poor, are ever with us. Simple and elaborate, common and extraordinary—we have need for all kinds. Here are a few that you may like to add to your repertoire:

Olive Cheese
Plain cream cheese is used in this case, and covered with halved stuffed olives before the top slice is applied. Black olives are also delicious for this purpose.

Ham-and-Egg
Chop the ham and pound smooth in a mortar; pass the yolks of hard-boiled eggs through a sieve; mix the yolks with an equal amount of mayonnaise dressing. Butter one piece of bread lightly and spread with the ham, spread the other piece with the egg and dressing, and press the two together.

Mushroom-and-Lobster
Saute the caps of half a pound of mushrooms in a little butter about five minutes, adding half a sliced onion if desired. Cover with highly-seasoned stock and let simmer until very tender; chop and press through a sieve, and, if very moist, reduce to the consistency of a thick puree. Add an equal quantity of lobster meat pounded smooth in a mortar. Season to taste with salt, pepper, lemon juice and, if desired, tomato catsup. When cool use as any filling.

Rich full flavour

in sealed metal packets — never sold in bulk
"Fresh from the gardens" M. 134

FLYING SNAKES ELUDE CAPTURE IN BORNEO WILDS

New York Zoo Reptile Curator Describes Reptiles

ST. LOUIS, May 21. (U. P.)—Snakes that fly, fish that climb trees and snakes more deadly than the cobra were described by Dr. Raymond L. Ditmars, curator of reptiles and mammals at the New York City zoological gardens during a luncheon here.

Flying snakes, they sail through the air by fattening themselves as they "hop off"—are found in the jungles of Borneo and Java. Dr. Ditmars related. Because of their flying ability they are almost immune from capture. Dr. Ditmars declared that he did not know of these snakes ever having captured.

In describing their flight, Dr. Ditmars said they coast through the air in a great arc.

Deadlier Than Cobra
A snake 50 times more deadly than the cobra was discussed by the New Yorker. "The Tiger snake found in Australia is the most poisonous snake in the world," Dr. Ditmars said. "This has been proven by tests. Taken drop for drop the venom is 50 times more powerful than that of the cobra. Fortunately the tiger snake is not aggressive and delivers its poison in relatively small doses."

The second most poisonous snake is the tree viper found only on a little island off the coast of Santos, Brazil, Dr. Ditmars said.

Feeds on Birds
This snake depends upon birds for food. Nature has provided it with a deadly poison—poison that kills instantly. Otherwise the bird, although fatally wounded, would fly away to die.

The most expensive zoological specimen, Dr. Ditmars said, was the rhinoceros. Under the present market prices a rhinoceros would cost about \$7,000, he said.

Dr. Ditmars has an ambition. He said "I've always felt that I wanted to own a rattlesnake ledge so that I could feel I was kind of mothering the whole gang of rattlesnakes and helping them along a bit."

Climbing fish, found in Malaysia, have spurs on the under part of their body and actually climb trees, Dr. Ditmars said.

AT YOUR SERVICE

Summer and Winter, in all seasons, wet and cold, hot and dry, the Alemite man is always at your service. He is a specialist in lubrication and knows what your car needs. The modern motor car demands seven different kinds of lubricant. He has them, and they are all special Alemite lubricants. Play safe—follow the Alemite sign.

Stewart-Warner-Alemite Corporation of Canada, Limited
Belleville Ontario

SENTENCED IN AMBULANCE
BOMERVILLE, Mass., May 20. (U. P.)—An ambulance was transported into a courtroom here today in the case of Timothy O'Connor,

52, paralysis victim charged with drunkenness, was called. As the defendant lay on a stretcher in the ambulance, Judge M. E. Sturtevant sentenced him to 30 days in jail.

ALBERTON

Mr. F. J. Wright, Prince County Census Commissioner spent several days here this week.

Miss Dorothy Walker, S. Side, was a visitor to the town for several days.

Mr. and Mrs. J. F. White and son Gordon motored to Charlottetown on Monday where they attended the funeral of Mr. White's Uncle the late Mr. Robt. White.

Among the Motorists to Summerside this week were Mr. and Mrs. Fred McRae, Messrs Earl Clark and Willard Cullen.

Mrs. Monaghan, who has been the guest of Mrs. Wm. Keenan for the past week returned Wednesday to her home in Fredericton N. B. During her visit here she was the guest of honor at several Bridges and teas. On Tuesday afternoon Mrs. S. R. Burke and Mrs. Harry O'Brien were joint hostesses at a delightful Bridge of four tables in honor of Mrs. Monaghan at Mrs. Burke's home. Many other guests came in later for the coffee hour. The prizes of the play were won by Mrs. J. A. Wilson and Mrs. R. L. W. Lett.

The park orator made frequent references to Darwin's "Origin of Species."

A tall man and his short companion hung on to the outskirts of the crowd, but were unable to get near the speaker.

"What's his lay, Bill?" asked the small man, tired of craning his neck to no purpose.

"Eat More Fruit, I think," replied the other. "All he keeps talking about is Darwin's oranges and peaches."

Miss Buddy MacDonald, of Crapaud, recently spent a few days visiting friends in Tryon.

Rev. and Mrs. J. L. Lund, of Tryon, returned on Friday evening, after spending a few days in Moncton, where they attended the graduation of their daughter, Miss Geneva, from the Moncton General Hospital.

Messrs. James Matheson and Sydney Dawson, of Tryon, have returned after spending a few days holidays at the former's home in Inkerman, P. E. I.

Miss Olga Toombs, Principal of Tryon Consolidated School, spent last week end very pleasantly at her home in Charlottetown.

Born to Mr. and Mrs. Walter H. Bell, of Tryon, on Saturday, May 16th a daughter. Congratulations.

Messrs. Keith Thomas and Arthur Rogerson, of Tryon, returned home last week, after spending three weeks in Truro, N. S., where they were unsuccessful in obtaining employment.

Mrs. Belle MacDonald, Rose Valley, accompanied by her son and daughter, were Sunday visitors to Tryon. Mrs. MacDonald is remaining for a couple of weeks with her daughter, Mrs. Walter Bell.

Mr. and Mrs. Nathan Bell and son, Dean, of Cape Traverse, were in attendance at the United Church service on Sunday morning in Tryon. Afterwards they were the guests of Mr. and Mrs. Rich Lord.

Mrs. Sarah MacKenzie, of Tryon, received a call last week from her cousin, Mr. Victor McLean, who recently arrived from California. Mr. MacLean intends purchasing a farm in Lot 10.

The Presbyterian congregation at North Tryon have engaged a student pastor for the summer months. The young minister, Mr. Flex, will arrive on Wednesday, May 20th, and will board with Mrs. Sarah MacKenzie, of Tryon. Mr. Flex has been engaged in pastoral duties during the past four summers at Malpeque, where he is much thought of. Tryon therefore is indeed fortunate in obtaining his services.

A party of Summerside anglers, Messrs. Clow E. Large, Frederick Large and M. M. Bell visited Tryon on last Saturday evening and were successful in getting several speckled beauties.

We are sorry to learn that Miss Olga Toombs has been laid up for a few days and has been unable to attend to her regular duties. We hope she will speedily recover.

His many friends will regret to learn that Mr. Charlie Wright, of Victoria, is a patient in the Charlottetown Hospital, where he underwent an operation for appendicitis. We understand he is doing as well as can be expected.—D.

ROB FLOWERS FROM GRAVES
MARSHFIELD, Ore., May 21 (U.P.)—Police are attempting to break up an organized band of flower thieves. The bouquets are stolen from graves of a local cemetery.

Orient
Full Fashioned Hosiery

"Quality", style No. 725 for evening functions. Extra fine gauge 3 thread, genuine Grenadine Chiffon, exquisitely sheer and clear... **\$2.00**

The New "Dulfene", style No. 536, exquisite for afternoon wear, lovely vari-colored Picot top, "Art Moderne" heel and reinforced foot **\$1.50**

"Quality", style No. 300, for street and sport wear. Smart service weight of purest silk with reinforced foot and garter hem of fine lisle... **\$1.50**

Light service weight, pure silk reinforced foot and garter top... **\$1.00**

The name Orient on silk stockings is your assurance of the utmost in quality, style and wear.

ALLEY & CO. Ltd.
FASHIONABLE FOOTWEAR

Harlequin
Spread a bit of brown bread with butter and French mustard, and a bit of white bread, cut to fit the former, with butter and cheese creamed together. Finish as usual.

Beet-and-Cream Cheese
Spread one piece of bread with cream cheese, the other with beets that have been chopped very fine and seasoned with French dressing.

Chicken-and-Nut
Chop fine the white meat of a cooked chicken and pound to a paste in a mortar. Season to taste with salt, paprika, oil and lemon juice and spread upon thin bits of bread. Spread other bits of bread corresponding in shape to the first, with butter; press into the butter English walnuts, pecan nuts or almonds, blanched and sliced very thin. Press corresponding pieces together.

Chicken-and-Nut
Put through the meat chopper, using the finest knife, one cupful of cold chicken and one-fourth cupful of pecan nuts. Add to it half a cupful of celery, cut crosswise in the thinnest possible slices, and mix to a paste with mayonnaise dressing. Spread this on a round of unbuttered bread, lay a lettuce leaf over it, and cover with a buttered round.

SALMON LOAF
A can of salmon may be used or an equal quantity of left-over sea salmon. 2 eggs, 1 cup bread crumbs, salt, pepper, 1 tablespoon melted butter, complete the ingredients required. Free the fish from skin and bone and flake with a fork, mix the other ingredients in lightly and turn into a buttered baking dish or individual molds. Steam for one hour; if the large single mould is used, or for half that time for the small moulds.

GLEANINGS FROM TRYON AND VICINITY

Farming operations are in full swing in Tryon and vicinities. Some have already finished their seeding, but most are just getting nicely underway. Practically no potatoes have been planted as yet, in fact, very few have started their seed cutting.

Mr. Horace Mabey of the Bank of Nova Scotia, Albany, has returned to his duties, after spending two very pleasant weeks at his home in Tryon. During his absence, Mr. Harold Mabey, his brother, of the Bank of Nova Scotia, Montague, attended to his duties in a very efficient manner.

RESUMES DUTIES AT SCOTLAND YARD

Lord Bing of Viny is seen here being saluted by a police constable on leaving his home for Scotland Yard, London, England, where he resumed his duties as chief commissioner of Metropolitan police recently.



YOU'LL WANT THESE:

New Cooking Utensils we will show you are leagues ahead of any you've yet seen, in improved design and qualities. They make cooking more successful, kitchen work pleasanter, and the care of the Pots, Pans and Utensils themselves, far easier. They are shaped and finished so as almost to clean themselves!

The Rogers Hardware Co. Limited

IS CONTINENT'S OLDEST TOWN distinction of being the oldest occupied population centre in North America. It is on the ruins of a prehistoric village.

ORAIBI, Ariz., May 21 (U.P.)—This Hopi Indian village claims the

Imperial Puppy Food

It is extremely important to give puppy foxes a right start by early supplying nourishing food. This start can be given by feeding IMPERIAL PUPPY FOOD, which is especially high in food values as it is made from carefully selected ingredients universally recognized for high standard nutritional content.

IMPERIAL PUPPY FOOD formula is prepared with a view to the development of pups into active, sturdy foxes with pelts of highest sheen and faultless color.

To accomplish these results "Imperials" must be fed early and regularly throughout the whole season. Secure from your local dealers or direct from factory.

Imperial Biscuit Co., Limited
Charlottetown, P. E. I.
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Beginning Wednesday, May 27
Two Round Trips Weekly
BOSTON
ST. JOHN and **BOSTON**
Wednesdays 9 a.m.
via EASTPORT and LUBEC
Saturdays, 7 p.m., direct to BOSTON

"The way of contentment" to New England and points south and west. A comfortable, big steamer, S.S. "CALVIN AUSTIN" provides facilities for relaxation and dependable transport. Spacious promenade decks... airy staterooms... excellent meals. One full day at sea... a delightful journey for business or pleasure.

Canadian National Railway to ST. JOHN.

Steamer sails from Reid's Pt. Wharf, Wednesdays at 9 a.m. (Act. Std. Time), Eastport 1 p.m. and Lubec 2.30 p.m. (E.T.). Due Boston 10 a.m. Thursday morning (D.S.T.) Saturday sailing from St. John at 7 p.m. direct to Boston, due 2 p.m. Sunday. Returning, leaves Boston, Mon., Fri. 10 a.m. via Lubec and Eastport.

Accommodations for automobiles.

EASTERN STEAMSHIP LINES

WHENEVER JOE GETS A NEW SUIT

THIS IS MR. STUDEL OUR FITTER

VER NICE

WELL, DO YOU WANT ME TO SAY IT FITS YOU WHEN IT DOESN'T?

I THINK IT LOOKS SWELL!

DON'T GET SORE, I'M TELLING YOU FOR YOUR OWN GOOD

I THINK IT LOOKS SWELL!

ALL RIGHT. WEAR IT THAT WAY IF YOU WANT TO... I SHOULD WORRY

I THINK IT LOOKS SWELL!

TO BE CONTINUED