

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

FOR THE WOMAN READER

"They tell me I must bruise The rose's leaf...

MESSAGE AND EXERCISE SHOULD FOLLOW BRUISING

When bruising occurs near joints especially those of the hands and feet, there is always trouble after-

BAD POSTURE OFTEN CAUSES DOUBLE CHIN

Bad posture is often the cause of a double chin. If you hold your chin in toward your chest instead of carrying it in and up at the same time, the extra roll of flesh which such a bad head carriage creates will sooner or later, develop into a permanent fixture.

MOTHER! don't experiment with your Child's Cold



Rub on VICKS VAPORUB the proved way of relieving colds. The minute you apply Vicks VapoRub over throat and chest it goes right to work to fight a cold—two ways at once—by stimulation and inhalation.

Then open your mouth and let your head fall backward as far as it will go. When it is resting backward on your shoulders, slowly close your mouth. Bring your head forward into position and repeat the exercise ten or twelve times.

TABLOID To clean a brick fireplace beautifully, use a solution of muriatic acid and water, half and half, scrubbing if necessary.

YOUNG SCULPTOR WHO SACRIFICED FORTUNE FOR LOVE IS FATHER

A baby has come along to reward her father for the fortune he lost when he married. The father is John Sargent, the 23 year old British sculptor.

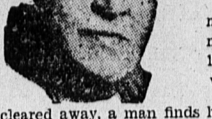
POMPADOUR'S EAR-RINGS SOLD IN LONDON

Two pairs of earrings, reputed to have belonged to Madame Pompadour, were recently bought at a sale in the West End of London.

Why Pity Man With Nagging Wife? Dorothy Dix Says: Let Him Cure Her

Why Doesn't the Man Who Moans His Life Away Over His Wife's Faults, Try to Cure Them Instead?—Dorothy Dix Lists Remedies for Nagging, Extravagance, Poor Housekeeping and Dumbness

The four faults of wives to which husbands chiefly object are nagging, extravagance, poor housekeeping, dumbness. Practically every man who is disgruntled with the woman to whom he is married and who considers marriage a failure charges his wife with one or the other of these defects, but he never seems to think that there is anything he can do about it.



Take nagging, for instance, which is the most common vice of wives, and which does more to reconcile husbands to the brevity of life than anything else in the world. Often when the rosy mists of the honeymoon have cleared away, a man finds himself committed for life to the custody of a female jailer who supervises his uprisings and his down sittings, and tells him where he gets on and gets off.

HEARTS AFIRE By MARY CHRISTIE

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THE PERFECT LOVE

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DON'T PUT UP WITH an UGLY SKIN

It's a perfectly lovely day, outside. "The words slipped from her before she could stop them. Then she flushed with misery and shame to realize that this was nearly the worst thing she could have said.

Free! PRINCESS SOAP FLAKES with every 3 cakes purchased! PALMOLIVE SOAP 3 for 21¢

There is no help for the curse they have drawn down on their heads, and so they resign themselves to dyspepsia and picking up things off the floor. But this is undue pessimism. They need not mourn without hope.

"Three Good, Healthy Reasons" for Praise

"I have three good, healthy reasons for singing the praises of BABY'S OWN TABLETS—two lovely boys and a girl, all of whom have been greatly benefited by the Tablets during babyhood," writes Mrs. Judson Millett, Mosherville, N.S.

DR. WILLIAMS' BABY'S OWN TABLETS

"I'm a broken crock . . . floatam that the tide has flung up on a lonely shore . . . d'you understand?" "I—I—there isn't anybody in the world like you," she was breathing incoherently.

AUCTION SALE

Having sold my farm I will sell by Public Auction all my Stock and Farm Implements and Household Effects, etc., on the premises Monday, October 30th, at 1:30 o'clock P. M.

Auction Sale Household Furniture

Friday, October 27th next, at 10 o'clock A.M., at the residence of Mrs. Charles Lyons, 51 Fitzroy Street. Kitchen range and utensils, bedroom furniture, mattresses, etc., Chairs, Tables, Mirrors, Clocks, Pictures, Silver, Dishes, and other articles of household furniture, Washing-machine, Garden Hose, Lawn Mower, etc.

GARDENING

PROTECTION OF ROSES AND OTHER PLANTS FOR WINTER

In the parts of Canada where the snowfall is heavy, comes early and stays all winter, ordinary perennials need no other protection, but in districts where the ground becomes bare in winter a covering of straw, cornstalks or pine boughs is advisable.

THE COOK'S CORNER

Mystery Cakes 1/2 cup shortening 1 cup sugar 2 eggs 1/4 cup figs, chopped 1 raw apple, chopped 10 English walnuts 2 cups cake flour 2 teaspoons baking powder 1/2 teaspoon salt 1 cup milk Juice of 1/2 lemon.

Iced Bran Drops

1/2 cup shortening 1 cup sugar 2 eggs 1 1/2 cups cake flour 1 cup bran 1 teaspoon soda 1/2 teaspoon salt 1/2 teaspoon clove 1/2 teaspoon mace 1 1/2 teaspoons cinnamon 1/2 cup sour milk 1-3 cup seeded raisins 1-3 cup nuts, chopped fine.

A Morning Smile

The Vicar appealing from the pulpit on behalf of the Christmas dinner fund—"What we want, my friends, is not abstract sympathy, but concrete plum puddings."

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON

Illustrations of women in various styles of dresses and blouses, with accompanying text describing the styles and patterns.