

Woman's Realm :- Social and Personal :- Fashions :- Literature



Mr. T. Pott Says:

"You do yourself a world of good by drinking a cup of tea when you want 'bucking up'."

But use good tea. For instance, MORSE'S SELECTED ORANGE PEKOE. So very delicious and refreshing. 35 cents the half pound package.

The HOUSEWIFE and HER ACTIVITIES

LITTLE SHIPS

The little ships that hide within the mist. Have no deep cargoes and no port but home; Their curving wakes, their lifted prows are kist. Only by harbor waters. The strong foam Of non storms far and foreign never broke Their life down. They anchor here and there Under their own enchantment while the stroke Of the sea falls and the long push of the tide. —Bennett Weaver.

TABLOID

Should you find your steel frying pan has rusted, scrub it with ashes or sand. Dry it and hold over the fire until it turns blue. This will clean the pan.

MOST IMPORTANT

One of the most important factors in a successfully planned

EVERY WOMAN FACES THIS QUESTION

How do I look to other people? So many women risk their beauty by neglect of constipation. It often causes loss of pep, sallow skins, dull eyes, poor complexions.

Yet common constipation can be eased so easily. Just eat two table-spoonsfuls of Kellogg's ALL-BRAN with milk or fruits every day, three times daily in severe cases. This delicious ready-to-eat cereal supplies the "bulk" needed to exercise the system—and vitamin B to help tone up the intestinal tract.

Within the body, ALL-BRAN absorbs more than twice its weight in water, gently sponging out the intestines. It never causes the artificial action of pills and drugs, that often prove ineffective.

Kellogg's ALL-BRAN, you see, is a food—not a medicine. It relieves common constipation the way Nature intended—so its results are safe. Buy it at your grocer's. Made and guaranteed by Kellogg in London.

dinner is to match up the dessert with the rest of the dinner. Nine-tenths of the hostesses serve too heavy a dessert following a course dinner and it is simply wasted as the guests are too satiated to enjoy it. Ice cream, an unusual water ice, a light gelatine pudding, an airy parfait, may all take the place of a heavy pudding or pie and be so much more enjoyed after the heavy meal.

"AVOID THE SUN"

The new "avoid the sun" beach clothes chez Schiaparelli for resort wear are most amusing. Bright pink corduroy shorts are worn with a short-sleeved blue sweater and the beach hat looks just like a little jockey cap, a pink corduroy. To protect every part of the skin from exposure to the sun. Schiaparelli uses long cotton knit gloves that reach up above the elbow, and long leggings of the same cotton knit. A silk veil of navy blue can be pulled down over the face. This is made just like a mask with small slits for the eyes. A similar costume is made with robin's egg blue corduroy shorts that fall down to the knees. A light blue corduroy cap, mask, long cotton gloves and leggings also accompany this outfit. Thus, the person with a delicate skin that reddens blisters and peels isn't prevented from going to the beach.

CUTTING BUTTER

When cutting butter into cubes, take a small piece of paper in which the butter is wrapped and place it over the blade of the knife. The edges of the cubes will be smooth and even.

MENDING CELLULOID Celluloid can be mended by moistening the broken edges with glacial acetic acid and then holding them together until the acid dries.

IN MULTIPLE STRANDS

Her Royal Highness, Woman, has come to be something more than a figure of speech. Current events open up vast vistas for the sex whose place was once definitely restricted to the home. The world is now her oyster and any pearls that she wishes to go with it are hers for the taking. And speaking of pearls, they cer-

"The Humor Of Huang-Chen"

By PETER CHEYNEY

(Continued)

And at sunset on the evening after, a rider, sweating after a rapid journey, arrived at the pavilion of Huang Chen, bearing a message from Li-Tok.

Huang Chen received the messenger with grave courtesy and ordered refreshment, then, with much nodding of the head and glances at those around him listened to the screech of Li-Tok as it was read to him.

To Huang Chen, Lord of the Heavens, beloved of the Gods.

Oh, Huang Chen, I, the unworthy Li-Tok, who am not worthy to kiss the soles of thy honourable feet even though they be muddy, send greetings and news.

Yesterday, spearmen of mine found in the Valley of Flowers a lady so beautiful that they became blinded. They brought her to me and, shading my unworthy eyes, I saw that it was thy daughter the exquisite Rosy Pearl.

Oh, Huang Chen, hear me! To keep the white ox secure, then must the chain be strong, and six spearmen are but a poor escort for the daughter of one such as you. But I will return her to thee: with all ceremony shall she return to you when the three boxes of beaten horse at Ho-Ping before the last moon shall be returned to me filled with golden tael and precious stones. For three days shall I await the coming of thy messengers. During that time shall thy daughter live in my yamen with my wife and my daughters, and she shall walk with me in my Jasmin garden.

And if, after the three days thy messenger shall not arrive, then, disfavoured in thine eyes, then she be boiled in hot oil. Greetings, Huang Chen—Li-Tok.

Huang Chen, his hands folded across his purple silk belly, sighed deeply; then he addressed the messenger.

"Go to your honourable master, Li-Tok, as quickly as the finches which I shall give you shall carry you," he said. "Bear greetings to me."

They are close to the heart of every woman, literally as well as figuratively. Not content with one strand, the modern woman wants three, five or seven for she has decided to compromise with fate and fortune and accept synthetic, or cultured pearls.

Not since pre-war days has there been so much jewellery worn. While jewellers insist that the pendulum has swung from costume types to genuine, many of us have our own ideas about this; ideas founded in the inside information of how and where the modern woman assembles her own private and personal collection of jewels—so-called.

For that matter many well-dressed women prefer surrealist jewellery or go in heavily for modernistic designs. Naturally, fashion influences the ideas of those who are her slaves. So, at the moment if there is a stampede for the gold fields where nuggets of nice costume pieces are to be picked up, you must realize that it is the fine Dalmatian or Castilian hand of fashion that is responsible for this particular rush. Gold is most successfully allied with black.

Noah's Ark was approximately one-half the size of the modern Leviathan, it is said.

The world "climate" literally means "slope" and in ancient Greece climates were merely zones of latitude on the surface of the earth.

The largest authentic sea serpent is only 10 feet long.

There are two types of "contact" lenses. Ground lenses are identified by recognized numbers and are ground; blown lenses are produced by glass-blowers and are fitted by trial until the proper lens is found, usually by accident.

Ancient lamps consisted of a hollow receptacle for the fat or oil (either open or covered), a handle at one side, and a little trough in which the wick rested with one end in the oil reservoir.

More than 900 languages are spoken on the continent of Asia.

Because it is so cheap and can be eaten without preparation, the banana is not regarded as an aristocrat of the fruit world. Yet according to W. J. Meluhus, D.Sc., Ph.D., the eminent dietitian, the banana is one of the most valuable sources of fuel and energy available. The ripe banana is three-quarters water and one-fifth sugar. The remaining fraction consists of starch, protein, fat, fibre, pectins, minerals, and vitamins. In comparison one average-sized banana is equal to 20 grapes, 4 dates, 2 figs, 3 stewed prunes, 2 small apples or a cup of orange juice.

Like the potato, the banana has a strong alkaline reaction, is a bland food, and as such, easily digested. Together with a glass of milk it forms the perfect meal. The sedentary worker who has forgotten his lunch and a banana will fortify him until the next meal.

In America, mashed bananas and milk have been fed to infants with celiac disease, with wonderful success, and adults suffering with celiac disease, colitis gastritis, and diabetes have improved after a course of ripe bananas.

Marriage the Same in All Ages Dorothy Dix Grandma Was Not Always Happy

Those Who Berate Modern Marriage Need to Take Stock of Conditions — They Will Find That Present is Superior to the Past

A commission of educators and sociologists has been formed to try to find out what's the matter with marriage, and if present-day marriages are less happy than those of the past. A Nation-wide poll will be made on the subject and hundreds of thousands of husbands and wives will be asked to give the lowdown on the holy estate as they have found it.

When we speak of the good old times when everything was just as it should have been in the best of all good worlds, marriage comes in under the general glorification. We regard it as nothing less than a sacrifice to even question whether Grandmother's and Grandfather's wedding did not end in storybook fashion—and so they lived happily ever afterward. Of course, Grandfather was always the ideal husband and Grandmother the perfect wife, and men and women didn't find it so hard to adjust themselves to each other as they do now.

Of course, marriage was more successful in the old days than it is now. Look at the divorce statistics. Why divorce used to be as scarce as hens' teeth and now virtually everybody has one. When you meet a friend you haven't seen for two or three years, you don't dare inquire about the wife or husband and ask how's Eliza or Bill for fear he or she has swapped off the old mate for a new one who is named Gladys or Percival.

In reality, the question of whether marriages were happier in the past than they are in the present is one that cannot be settled because we have no standards of comparison. We know our own matrimonial difficulties, but we do not know the domestic hardships that Grandpa and Grandma were up against, and the fact that they took marriage on the chin without whimpering about it is no proof that they liked it.

A great philosopher has said that there are many civilizations, but only one human nature, and, this being true, and all men and women from the beginning of time having possessed the same faults, weakness and virtues, I am convinced that the percentage of domestic bliss has been about the same in all ages, with the advantage, if any, going to the modern marriage.

It is sweet of us to think that Grandfather's middle name was always Joseph and he was a ways true to his Pol, but we know well enough that very often he had a wandering foot and an eye for a fine "nigger" of a woman, and that the reason that Grandmother stood for his infidelities instead of getting a divorce, as her granddaughter does, was because a divorced woman was a disgraced woman, no matter how justified she was in leaving a brute, or a rogue. Besides, she had to stick to her meal jacket, for there was no way by which she could support herself. But she wasn't happy about it.

Of course, we like to think that Grandpa was always chivalrous, generous and tender to Grandma after she'd married her, as he swore to do at the altar, but, alas and alack, in those days most husbands were grinding tyrants, who didn't let their wives call their own. And if anybody thinks Grandma liked being bossed out of her life they have another guess coming. She didn't enjoy it, but she had to stand it.

And we like to think of Grandmother as always being a household angel, gentle and mild and unselfish and tactful and spending her life ministering to Grandfather's pleasure. But sometimes Grandpa drew a devil instead of a saint in the matrimonial lottery. There were plenty of naggers and shrews, wives with nerves, wives who kept their husbands' noses to the grindstone, wives who made their husbands say ma'am to them, and they no more made marriage a grand sweet song for their husbands than their granddaughters do for theirs.

No. Marriage has always been the same in every age, but undoubtedly people met it with greater fortitude and courage in the past than they do now. However their bargain turned out they stuck to it instead of welching on it as we do. They didn't wash their dirty linen in public. They shut their teeth and their disappointments instead of howling them to high heaven. And they put up a front that passed for happiness, even if it wasn't the real thing.

I think marriages are happier today than they have ever been, because, being self-supporting, few women marry except for love, and being better educated and more intelligent they make more interesting companions to their husbands and because the modern woman takes far more pains to hold her husband than Grandmother ever did to keep hers. She had him and he couldn't get away, so why bother? And because never before have husbands treated wives as justly and generously, and as much as equals as they do today.

One, Li-Tok, I, Huang Chen, send Greeting. Take with thee to the Shadows the last farewell of Huang Chen. My daughter wandered in the valley of Flowers in obedience to the word of her father. For I knew that thy men would take her and that you would demand ransom. She had not the plague, O Li-Tok. This I sent to thee so that thou shouldst exchange her for the physician.

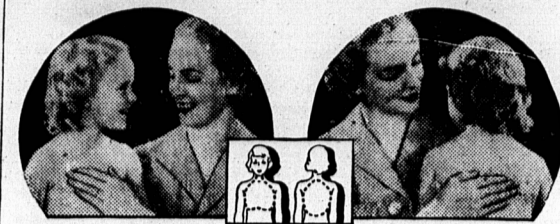
For—and my heart goeth out to thee, O father of the shadows, it was the physician who had the plague. This I saw when first my eyes fell upon him and he said, "Go peacefully to thine ancestors, O Li-Tok."—Huang Chen. Huang Chen gazed thoughtfully after the retreating figure of Ho-Sin; then, his hands folded in the sleeves of his gown, he waddled away, listening dreamily to the music of the reed pipe and the glass bells which swung in the camphor trees.

THE END

Today's Short Wave Radio Program

- MONDAY, JANUARY 25
5 p.m.—HELLO, New York. DJD, 25.4 m., 11.77 meg.
6 p.m.—NEWS in English, Tuscan songs. Opera "Mignon" by Thomas—one act. 2RO's "Mail Bag." 2RO, 31.1 m., 9.63 meg.
LONDON
6:30 p.m.—"John Londoner at Home"—3. GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.; GSB, 31.5 m., 9.51 meg.
MOSCOW
7 p.m.—Review of the Week. Russian lesson Laugh with Us. RAN, 31.2 m., 9.6 meg.
BOSTON
7:30 p.m.—Course in Modern Radio. WIXAL, 49.6 m., 6.04 meg.
BERLIN
8:45 p.m.—Art of song; Elizabeth Hallstein. DJD, 25.4 m., 11.77 meg.
LONDON
9:25 p.m.—"Tam o' Shanter." A dramatization by Joe Corrie, based on Robert Burns' poem. GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.; GSB, 31.5 m., 9.51 meg.
PARIS
11:20 p.m.—Theatrical Broadcast. TPA—4, 25.6 m., 11.72 meg.

Helps END A COLD Quicker



The 3-Minute VapoRub Massage

Massage VapoRub briskly on the throat, chest and back (between and below the shoulder blades). Then spread it thick over the chest and cover with warm cloth.

Almost before you finish rubbing, VapoRub starts to bring relief two ways at once—two direct ways:

- 1. Through the Skin. VapoRub acts direct through the skin like a poultice or plaster.
2. Medicated Vapors. At the same time, its medicated vapors, released by body heat, are breathed in for hours—about 18 times a minute—direct to the irritated air-passages of the nose, throat and chest.

This combined poultice-and-vapor action loosens phlegm—relieves irritation—helps break congestion. While the little patient relaxes into comfortable sleep, VapoRub keeps right on working. Often, by morning the worst of the cold is over.



THE COOK'S CORNER

GLORIFIED RICE.

- 2 cups boiled rice
1 cup shredded pineapple
24 marshmallows, quartered
1 cup finely diced apple
1-2 cup sugar
1 cup whipped cream

Method: Cook the rice in boiling, salted water until it is very tender but not mushy. Drain it thoroughly and add the pineapple which has been well drained, the marshmallows, apples and sugar. Stir until the sugar is well dissolved and allow the mixture to stand for an hour in a cold place.

Whip the cream until it is stiff and fold it into the pudding just before you are ready to serve it. Then if you want it especially attractive, garnish each serving with a red maraschino cherry, cut in petals so that it looks like a little flower right on the top.

FLANK OR ROUND STEAK, STUFFED AND ROLLED.

- One pound top round or flank half-inch thick, 2 or 3 small slices suet, 1 sliced onion, 1-4 cup cubed carrot, 1 cup boiling water or stock.

Stuffing: 1 cup bread crumbs, 2 tablespoons melted butter, 2 tablespoons parsley, 1-2 teaspoon onion juice, 2 tablespoons chopped celery, 1-2 teaspoon salt, 1-8 teaspoon paprika.

Trim edges of steak, spread stuffing over it, roll and tie it, and lay it on onion, and carrot in pan with suet on top. Pour the water or stock into pan, cook closely covered for 20 minutes and cook a hot oven; then uncover and cook 30 minutes longer. Serve with brown gravy made from drippings in pan.

PASTELS FOR SOUTHERN WEAR

Soft beige, sunshine yellow, delicate blues and pinks vie with white in dressier daytime clothes for the south.

Fashions' Latest For Chic Dressers

Here's a black crepe dress that is going to dances and have a whirl of a time with its youthful swinging hem.

A brilliant American beauty sash—girdles your fitted waist as tightly as you like it. The trick neck gives you a chance to wear your old-fashioned jewelry or a sparkling rhinestone clip.

The swing skirt through its cleverly arranged seams at the centre-front and centre-back will add inches to your height.

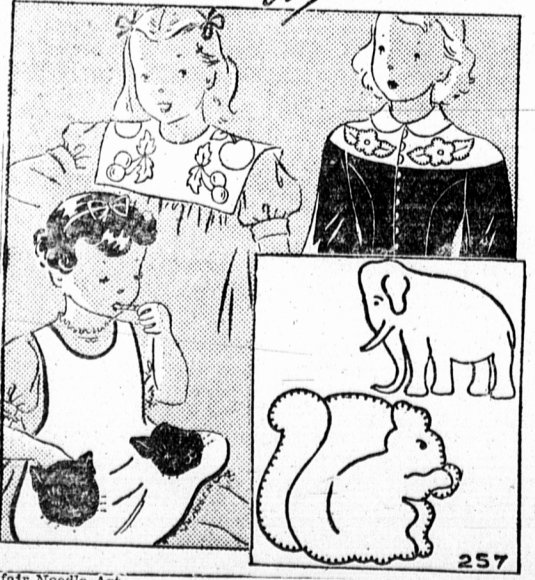
For more conservative day wear it's delightful with long sleeves of light weight woolen or rayon challis print.

Lustrous satin crepe, velvet, lame' etc., are other suitable mediums for this easy to sew dress.

Style No. 1936 is designed for sizes 14, 16, 18, 20 years, 32, 34, 36, 38, 40, 42 and 44-inches bust. Size 36 requires 4 yards of 39-inch material with 1 3/4 yards of 4-inch ribbon for sash.



'Little Tots' Embroidery Designs by Mayfair



Flowers appliqued on a little girl's dress and animal pockets on a wee man's trousers! Dressing for luncheon or dinner—and even washing behind ears—is heaps of fun when such pretty clothes are the reward. And think how delighted mother will be to work these attractive and amusing designs on tiny play and party clothes.

Designs No. 257
Flowers appliqued on a little girl's dress and animal pockets on a wee man's trousers! Dressing for luncheon or dinner—and even washing behind ears—is heaps of fun when such pretty clothes are the reward. And think how delighted mother will be to work these attractive and amusing designs on tiny play and party clothes.

A Quint With Seven League Boots



She apparently means nothing to Emile of the Dionne Quintet and when she came upon Dr. Allan Roy Dafe's overshoes she hesitated not a moment in putting them on and striding around the nursery in them. The accomplishment caused much laughter and, as is shown in this picture, she herself was highly amused.