

# Woman's Realm / Social and Personal / Fashions / Literature

### DUETS

SEE YOU LOOK AWFUL Hysterical you've been working too hard!

I'M ON THE EDGE OF A NERVOUS BREAKDOWN!

WHY DON'T YOU TELL THE BOSS ABOUT IT?

I DID HE SAID I CAN HAVE IT THE FIRST TWO WEEKS IN AUGUST!

### BRAN MUFFINS

1 1/2 cups all-purpose flour or 1 1/2 cups less 1 tablespoon pastry flour, 3/4 teaspoon baking powder, 1/2 teaspoon salt, 2 tablespoons sugar, 1 cup bran, 1 egg, 1 cup milk, 2 tablespoons molasses, 2 tablespoons melted drippings.

Mix and sift flour, baking powder and salt; add sugar and bran. Beat egg, add milk, molasses and melted fat. Add to dry ingredients all at once and stir vigorously until mixed. Do not beat smooth. Fill

### Household Scrapbook

By Roberta Lee

**Household Pests**

Some basic methods of controlling all kinds of household pests are as follows: Screen all doors, windows and other entrances to the house. Screen rain barrels or rain water tanks and see that no stagnant water collects in tin cans or other receptacles. Keep garbage in tightly-covered containers. Observe scrupulous cleanliness in the house and allow no accumulations of dust and dirt in corners, underneath carpets, in closets, etc. Cover all foodstuffs and leave no crumbs or other bits of food about the house.

**Alcohol on Furniture**

If alcohol has been spilled on the polished furniture, the stain can be removed by rubbing it with some olive oil.

**Whiter Clothes.**

Add a tablespoon of turpentine to the water in which clothes are boiled, and it will whiten them.

### How Can I !!

By Anne Ashley

Q. How can I tighten the roller of a window shade?

A. When the spring of the window shade roller becomes weak, and the shade will not roll to the top, rewind it without removing it. Cox the shade up as far as possible; then pass the lower end over the top of the roller from the inside several times, or until sufficiently tight.

Q. How can I flavor candy so that the flavoring will remain after cooking?

A. Do not add the flavorings to candy until after it has cooked and is ready to be poured into a container to cool. It is just a waste to add it to the candy while it is cooking, as the flavor will cook right out again.

Q. How can I remove a callus from the foot?

A. Take a pumice stone to the bath and rub the callous under the water. If it becomes tender, wait until the next day to continue the treatment, and gradually it will all be smoothed away.

### MEMORIAL IN PUB

BILSTON, England.—(CP)—A war memorial has been unveiled in the bar of a Bilston public house in memory of customers killed in the war. Rev. N. Kenniclar, who unveiled the memorial, said the church had much to learn about Christianity from public houses.

muffin tins 2-3 full and bake in a moderately hot oven 375° for 20 to 25 minutes. Yield: 12 muffins.

### a tasty egg dish for meatless days

HEINZ 57 SAUCE

RECIPES

Scald 1 cup thin cream with 4 tbs. Heinz 57-Sauce, 1/2 tsp. salt, 1 tsp. butter, 1 sp. chopped chives or chopped green onions. Slip 6 eggs, one at a time, into hot cream mixture and poach, basting with sauce until eggs are cooked as desired. Served on toast, this delicious dish is grand for lunch or dinner. And it's a mighty good source of important body-building proteins. Serves 6.

### Better English

D. C. Williams

1. What is wrong with this sentence? "We have not seen the picture but once."
2. What is the correct pronunciation of "alma mater"?
3. Which one of these words is misspelled? Obeisance, obesse, obligato.
4. What does the word "conduce" mean?
5. What is a word beginning with va that means "part of an army"?

ANSWERS

1. Omit not. Not and but form a double negative. Say, "We have seen the picture but once."
2. Pronounce alma mater, first a as in at, second a as in ask unstressed, third a as in ask, accent first and third syllables.
3. Obeise.
4. To lead or to lead, especially with reference to a desirable result.
5. Moderate. Moderate preservation of health, and cures many initial diseases." — Dr. W. Harvey. 5. Vanguard.

### Dorothy Dix Says— Unworthy Fiancee

#### Young Ex-GI Should Drop Girl Opposing His College Studies

DEAR MISS DIX: I am a young man who has just turned 21 and have recently been honorably discharged from the service. My family want me to go to college and take up a profession and would pay all of my expenses but I am in love with a girl who wants to be married right away, and who refuses to marry me if I fall in with my family's plan because she will not let them support her. She has a very good job and is very independent.

BEWILDERED YOUTH

ANSWER: You certainly do face a dilemma, on whichever way you decide it is bound to bring a certain amount of disappointment and heartache that should have no part in love's dream. In analyzing the situation it seems to me that the girl is wrong in the position she is taking. I honor and respect her independence in not wanting to be supported by your parents during the years while you are in college studying a profession, but they are short compared to a lifetime. The wife of many men who have gone back to college to complete their educations get jobs and are self-supporting.

TOO GREAT A SACRIFICE

Certainly a woman who demands that her fiance give up a college education and the profession he desires to follow in order that he may marry her is asking a great sacrifice of him, and all for no good reason, except that she is in a hurry to get married.

I think a man confronted with such a situation is very foolish to accede to her demands, because it not only means the blasting of all of his ambitions, but in the end it means the ruination of the marriage. For the wife is not satisfied with her husband being the mediocre man she has made of him, nor the poorer way of life that his income forces upon them. Many a wife who ruins her husband's prospects despises him for the failure she has made of him.

My advice in your case would be to take your parents' offer and go to college. If the girl's love isn't strong enough for her to be willing to wait for you, or to sacrifice her independence, it isn't good enough.

DEAR MISS DIX: I am 20 years old and have been married five years and have two children. My husband is a good man. He works hard and is faithful to me. But he never takes me any place. He thinks it foolish for women to want pretty clothes and I don't have any. He won't take me dancing. He thinks dancing is silly and to go out and have fun is a waste of time and money. And he isn't affectionate.

But I like to dance and go out and have good times, and I feel that I am entitled to some enjoyment. What should I do?

A GIRL WHO NEEDS FUN AND TO BE LOVED.

ANSWER: You are just another tragic example of the folly of a girl getting married before she has had some playtime. At an age when you should be dancing and having dates you are tied down with children and an ungenerous husband who has to work so hard to support his family that all he wants to do is just to rest himself of an evening.

And there is no way you can possibly change the conditions without wrecking your home and ruining the lives of your husband and children.

DEAR MISS DIX: I am desperately in love with a girl who has broken off our engagement because she is the sole support of her mother and two young sisters. The mother is 46 years old and in fine health, but she does not do a hand's turn towards supporting herself, nor do the girls, though plenty of other girls of their age are at work.

I am about to go out of my mind at losing my sweetheart. What should we do?

WORRIED MAN

Do you suffer from monthly cramps, headache, sciatica, feel nervous, jittery, cranky, "on edge" at such times, feel of such nature? The reason Pinkham's Compound is so effective is because it has a soothing effect on the woman's most important organs. Pinkham's Compound HELPS NATURE! Thousands upon thousands of women have reported the wonderful relief Pinkham's Compound a fair and honest trial!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

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### Ellen's Diary

By an Island Farmer's Wife

A light burned through the shadowy hours last night, upstairs, in this house at Alderlea. Not that either James or I myself were ill or unable to sleep but that we had a visitor, Jamie, that grandson of ours had come. He arrived in the afternoon when his parents went to the city and has been our guest and responsibly ever since until tonight, when tired and I would say, happy in his reunion with his aunt and he went with them in the greyness and snow flurries towards home. He slept with us in the very corner of the bed in the room above the kitchen and while awake "his will was our pleasure" and Jamie's and Jeanie's as well. As usual on the rare occasions that Jamie stays overnight, James slept fitfully. There is a popular phrase that denotes "a waking sleep"—"with one eye open" and I have never seen anyone more expert than James at this form of rest.

Jamie's slightest move—at arm out-flung—the covers kicked aside and a noise as of a thing slipping. Like every youngster, asleep, Jamie is a cherub. Long dark lashes fringe a cheek, wherein in wakefulness and in the mood, dimples play. Jamie's hair is brown, and his complexion even in this season is next to a sun-tan. "Ellen," I heard James whisper, when I was all ready to wander down a wonderful road of dreams, "is that arm next to you uncovered?" And is it right for him to lie on his back? Did our sleep like that? Jamie rested well, his slumber unbroken until—and it came so soon—suddenly he sat up rubbing his eyes. "Granddaddy," he called, "you can see the fire on the sky now—No!" he said disappointed "not on the sky. The window is all covered with frost."

But morning had come—grey as it was with a bare streak of color that gave no promise and dissolved presently into the darker hues about it. I opened the small window towards the East so that with-out obstacle Jamie might catch the tracery of the old silver-birch against the morning sky. Our day began then, and during its hours while small drifts shed from rooves and played about on the slopes and in the garden, Jamie's outdoor cares to remain briefly, Jamie was busy. He was my helper when I baked and if when I rolled

(Continued on Page 10)

### Sheer Genius!

NYRALON FLEXIBLES NEW FIGURE SLEEPING FABRIC

It's lighter, it's softer, it's stronger. It holds and molds a lovely line through countless washings and wearings. It's fleece combination of nylon and rayon... Nyralon.

### A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the

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Q. My child went to one of the large stores to buy preserves on January 31 the last day the coupons were good. While she was waiting about the coupons, a clerk came and caught her and told her she had to pay for the preserves. I was told she got to the cashier's desk and they would not accept them and I waited 10 good coupons. Is there anything I can do about this?

A. Coupons which are torn, from a ration book are not valid... from your letter we presume the coupons were torn by one of the clerks in the store and for this reason that you should take the matter up with the store manager.

Q. I wish to rent a furnished bedroom to a gentleman who has his meals out. If I should require the room later on can I give him a week's notice? He will be renting by the week.

A. No. If you rent this room by the week and the tenant is well behaved and pays his rent regularly you would be required to give him six months' notice to vacate.

### YOUR SHIRTS NEVER LOOK HALF-WASHED

WHAT'S YOUR WIFE'S SECRET?

I ALWAYS DO MY FAMILY WASH WITH QUICK-LATHERING SUNLIGHT—JUST A TOUCH AND SUNLIGHT'S EXTRA SOAPINESS GETS RID OF DIRTY, HARD-TO-REMOVE SPOTS IN A JIFFY

SEE HOW MANY EXTRA SERVICES SUNLIGHT GIVES YOU!

SUNLIGHT'S SO MARVELOUS YOU CAN USE IT FOR ALL YOUR "WASH-UP" JOBS

DISHES • POTS AND PANS • WALLS • FLOORS WOODWORK • FURNITURE

Yes! Get CLOTHES BRIGHTER ALL OVER WITHOUT HARD SCRUBBING

Say "goodbye" to clothes that always look "half-washed". With quick-lathering Sunlight on the job, everything, even your finest, washable colors and grimest work clothes, come brighter, sweeter and cleaner all over! Just a touch of Sunlight on the extra dirty spots such as collars, edges, cuffs, hems—then wash clothes the way you usually do—and you'll be delighted at the bright gleaming results.

And don't forget, economical Sunlight's extra soapiness is also marvelous for dishes, and all cleaning jobs.

### Modern Etiquette

By Roberta Lee

Q. Should a woman introduce her husband to a social equal as "Mr. Allen"?

A. No; she should introduce him as "George" or "my husband."

Q. What is the meaning of a "bread and butter letter"?

A. This is a letter of genuine appreciation, written to one's hostess after a visit in her home, regardless of whether a guest for a month or a week-end.

Q. Should the chair be pushed back into place upon rising from a dinner table?

A. No; the chair should be left.

### Fashion Horoscope

by Colette

If, short teen-age—

Do continue to slit regular patch pockets.

Don't cut height with patch pockets.

### OVER 100 MILLION BOTTLES SOLD—most effective for MONTHLY FEMALE PAIN

With Its Nervous Tension, Tired, Cranky Feelings

Do you suffer from monthly cramps, headache, sciatica, feel nervous, jittery, cranky, "on edge" at such times, feel of such nature? The reason Pinkham's Compound is so effective is because it has a soothing effect on the woman's most important organs. Pinkham's Compound HELPS NATURE! Thousands upon thousands of women have reported the wonderful relief Pinkham's Compound a fair and honest trial!

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### Cook's Corner

BANANA UPSIDE-DOWN CAKE

Glamour note: Serve your upside-down cake with a white drif of that new whipping cream. Whip it with cream or with one of those whips you make with some tart jelly and white egg.

2 tablespoons butter  
2/3 cup corn syrup  
2 large ripe bananas  
Chopped nuts (optional)  
2 cups once-sifted cake flour  
1 1/2 teaspoons baking powder  
1/2 teaspoon baking soda  
1/2 teaspoon salt  
7 tablespoons shortening  
1 egg, well beaten  
1 cup mashed ripe banana  
2 tablespoons milk

Melt butter in an 8-inch square cake pan and add the corn syrup. Cut bananas into 1/2-inch thick slices and arrange in bottom of cake pan. Sprinkle with chopped nuts, if they are being used. Measure and sift together three times the flour, baking powder, baking soda and salt. Cream shortening and blend in the sugar gradually; add the well-beaten egg, a little at a time, beating well after each addition. Combine the 1 cup mashed banana, milk and vanilla. Add the dry ingredients to the creamed mixture, alternately with

### Worth reaching for

Mother KNOWS—what is good for Baby is good for the whole family. Irresistible Evaporated Milk. It is nourishing—it has that fresh flavour babies like — so easily digested.

"Good Milk Makes Good Meals"

BUY SOME TODAY

Silverwood's EVAPORATED MILK

### Needlecrafts FOR THE HOME

DRESS AND BOMBERS

With this pattern you can make the little dress and panties, or the romper for young beginners. Both have the raglan sleeve, so easy to sew; both have the choice of collar or drawstring neckline.

No. 3012 is cut in sizes 6 months, 1, 2, 3 years. Size 2 requires 2 1/4 yards 3 1/2-inch for dress and panties; 1 1/2 yards 35-inch for rompers.

Send 20 cents for each pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department The Charlottetown Guardian.

Pattern No. 3012

Name \_\_\_\_\_

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City \_\_\_\_\_ Province \_\_\_\_\_

3012 6 MGS. 12-3 YRS.

IT'S THE EASY, ECONOMICAL WAY TO MORE ATTRACTIVE HAIR

For thick, healthy hair, manage your hair with Cuticura. Cuticura stimulates circulation and loosens dandruff. Later, shampoo with Cuticura Soap. Today at drugstores buy fragrant, mildly medicated Cuticura.

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