

Woman's Realm Social and Personal Fashions Literature

ARE YOU A VICTIM OF THESE SUMMER SKIN TROUBLES?

Here's easy, quick way to joyful relief

ROUGH, DRIED-OUT SKIN. Cool, refreshing Noxzema cream 2 important ways: not only softens dry skin; also helps heal ugly blisters. Try it a night cream and powder base!

SHAVING IRRITATION. Noxzema soothes sensitive skin—softens tough beard.

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TIRED, BURNING FEET. Rub in a little soothing Noxzema before bedtime, before dressing. See how it relieves burning feet, how soon you feel "back on your toes" again.

THOUSANDS acclaim the snow-white, medicated cream, Noxzema, for the quick relief it brings. Try it as above and for chafed skin; windburn; and other skin irritations. See how many different ways it can help you! It's greatest—won't soil clothing or bed linen.

NOXZEMA

SUNTAN CREAM FOR A RICH, EVEN TAN

SUNTAN OIL WITHOUT PAINFUL BURNING

A Job Only You Can Do

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from business men in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. I thought that tea-coffee ration coupons became due every two weeks. My grocer told me recently that I would have to wait three weeks until the coupons became due. Was he right?

A. Yes, apparently he was right. Tea-coffee coupons became valid regularly on the second and fourth Thursdays of each month. The fourth Thursday in June was the 22nd, and the second Thursday in July is the 13th, that makes the period of three weeks. Usually there is only a two week period between the coupons, but three or four times during the year there will be three weeks according to the dates on which Thursday falls.

Q. I have been paying 10c a bunch before hot weather and was charged 13c the other day. Is there

THE COOK'S CORNER

NOVELTY GINGER SNAPS

2 cups pastry flour
1 1/2 teaspoons ginger
2 teaspoons baking powder
1/2 teaspoon salt
3/4 cup granulated sugar
2 teaspoons grated lemon rind
2 tablespoons shortening
1 1/2 cups milk (approximately)
Recipe makes approximately 25 biscuits 2 inches in diameter

Mix dry ingredients with sugar and lemon rind. Cut in shortening and mix in milk until a soft dough is formed. Knead lightly on floured board, pat to 1/4 inch thickness, cut with a cookie cutter. Bake on buttered cookie sheet, at 375 degrees F., for 15-20 minutes.

No ceiling price on it.

A. There is no price ceiling on home-grown asparagus.

Q. There seems to be uncertainty over just what price should be paid for soft drinks. The prices vary between 7c and 10c. What should they cost?

A. Standard size small bottles are 7c tax included under W.P.T.B. order.

MORE PRIVACY

To fix window screens so that you can see out and the neighbors cannot see in, paint the screen with a thin white enamel. It is a great new windows on the first floor are on a level with the street.

Ellen's Diary

By An Island Farmer's Wife

It is a singular happening that another electrical storm came up in the wee small hours following the Sabbath, although this time came seemingly without warning out of a clear sky. Then again there must have been great threatening clouds that massed after our setting. This storm was not so disturbing as the last, but it was accompanied by a much-needed rain. This morning when James regarded the fast-greening turnips etc. and the turnip his cousin's etc. pressed the greatest satisfaction when his gaze came nearer home to rest on our best of clover in the field behind the barn, lying prostrate and green, a look of concern spread over his face. Fortunately Saturday evening's dew had been cutting, else there might have been a few "rounds" taken. But then in this year of plenty why be concerned over a bit of clover, even the best of greater importance with which to occupy one's mind? James will mean lean cattle and horses and it, of this "spoiling" as he calls it, of the hay. I think this working amid lovely and fragrant surroundings, is one of the most nerve-wracking tasks in connection with farming. Then, of all times I wish I had the gift of prophecy and could tell at least twelve hours hence the certainty or uncertainty of the weather. I or uncertainty of the weather. I or casts but then again, even he in his experience is not infallible.

Never are skies more anxiously scanned for clouds or sunshine than in the haymaking season. Dew-frenched grass at morning brings apprehension as to what the day will bring. Low-flying swallows, no dew at all, excepting of course in a dry time, although very comfortable to those who must fetch the cows from the pasture "at" wind or just the ominous sign. No wind and long for a brisk breeze which does not disturb the cows. Wives at that desired by good housewives at blanket-washing time. And almost invariably when she swings into the south although there come darkened skies that Rob would say: "Holds up the sun. There can be no better advice, or none more must "make hay while the sun shines."

James thought this morning, it was most unlikely that hay would be "touched" today. Then toward evening another portion of the new meadow full of the noisy buzz measured tune of the machine. He thinks with the cooler air following the last night's hot storm there may be the best of haymaking weather ahead.

It was most pleasant over the week-end. And if "assembling" at Kirk on the Sabbath brings a good week, then it should be the best at Alderlea. This week and last night, also brought an opportunity to meet a number of summer visitors to our island. There was one, an already well-known Canadian artist, spending the second summer in succession here and accompanied by his family. They are delighted with the scenery, the hospitality, and as she said: "There are so many charming subjects to paint."

We were visitors at a farmhouse beside the shore as she said wistfully, "The island is so short, it would like to paint the high jagged cliffs with their odd and picturesque rock formation bold promontories jutting into the sea, I thought she had chosen one of our grandest subjects fit for the best of any painter. The blue-green of water, the reds of cliffs, bluer sky and clouds

CROCHETED RUG OF LOOPS

An attractive rug that is easiest thing to crochet. This one is made of loops. Single crochet and chain stitches work up quickly. Pattern No. 1047 contains complete instructions.

To order pattern: Write or send above picture with your name and address in 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

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A Morning Smile

A young woman was walking along in the black-out when a very merry fellow-citizen collided with her. "You're looking sad. Is anything wrong?" "Yes, my aunt just died." "I never knew you cared much about her." "I didn't. In fact, I was the means of keeping her in a lunatic asylum the last five years of her life. Now I discover that she's left me all her money—provided I can prove that she was of sound mind when she made her will last year."

IN A BAD FIX

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SHORT NAILS

It is wise to keep the child's fingernails trimmed pretty short, it takes away any inclination to wards biting the nails and the child is apt to keep cleaner hands and nails when the dirt can be removed easily.

PAY LESS FOR FINER COCOA!

Cowan's PERFECTION COCOA

27¢/16¢

WHY PAY MORE?

above and perhaps in the cove a cockle-shell dory at anchor.

I also talked with a lady, native-born, now a resident of our neighbor to the south. She is one who, I'm told, once presided over one of our island's happiest homes. Then suddenly, one day without warning, other than the age-old one: "In the midst of life, we are in death," she drank of "the waters of Marah," a bitter potion. Then unable to carry on alone she "sold all" and went away. In course of things one of her possessions of many years, a fern, a fern, a fern, came to me and is now among my cherished holdings, reminding me as it does, of one who in the face of affliction, bravely carried on. Even though her visit to the island will be fraught with so many things, I hope she will find the peace that does come from the quiet and the lights like steady everstars across the calm and peaceful river at summer eventide.

Many of my house-plants are living memorials. There is the Japanese plumosa, brought home from a honeymoon spent in Maine. Salmon-pink it blossoms, only a few days, but brings happy memories of one who has contributed its fronds to brides' bouquets and also for sprays, for remembrance. Many have been given me by those whose eyes I behold the beauty of celestial things. I keep them because of the charm of the memories of those whose "green fingers" are forever done with earthly things.

There were two small callers this evening, visitors to their Aunt Jennie's house across the lane. There were others also. Among them Joyce MacRae and her father, neighbors from over the field, and a young man who had already said to assist at the haymaking by driving "the horse" in the field. He is a unique horse, the family cow, which the cable is attached. We hear the latest news from those in the service. He whom we missed at the potato-planting is somewhere at sea, married now with a wife and small son in port.

James was really hungry when it came to lunch this evening and he does feel the pinch now. I let him have a small portion of the cream-involving mixtures. It was delicious he wished for, to accompany a bit more of all things. I slipped to the porch to brace myself for a visit to the garden beside the house that she's left heavy and chilling. There was dew on my face. I could hear the train's whistling as it travelled away to the west. He whom we missed at the potato-planting is somewhere at sea, married now with a wife and small son in port.

Now the sands of this day have almost run through, although there still a light in the house across the lane and the Albatross rooks saw a light through the trees where someone I know reads, sometimes, far into the night. But the old clock here, both hands raised almost together in alarm, rings her last warning for the day.

Until tomorrow - Diary - good night.

Dorothy Dix Says—

WOMEN 30 SHY FROM MARRIAGE Generally Self-Sufficient, See Few Wives With Children Writing Songs About Matrimony

DEAR MISS DIX—I am a widower of 40 with two little girls. I make a fairly good salary, but have no money saved. I have many friends who seem to enjoy being with me, but when I speak of marriage it is all out. Why are women between 30 and 35 so averse to marrying?

ANSWER—The reason that women between 30 and 35 years of age fight shy of matrimony and are not ready to jump into the arms of any good-looking and attractive man who asks them to marry him, is that they have arrived at the years of discretion and have begun to use their heads as well as their hearts.

WOMEN THEN SELF-SUFFICIENT

The woman of that age has either inherited money, or else she is in some business by which she can make a comfortable living for herself. She is independent and self-sufficient. She has gotten over the sloppy sentimentality of her girlhood that made her think that love was the only thing in the world and that she had better be dead than not have a man hanging around.

Also, the woman between 30 and 35 has had time to look about her and see that many of her married friends have gotten divorced; that others fight like cats and dogs, and that most of her single friends who have husbands and children are not writing any songs about them and have fewer clothes and look about ten years older than she does. Therefore, she concludes that marriage is not an unmitigated blessing and that a woman does well to look warily at the sort of baron she is getting before she enters into a life partnership with any man.

That is why the poor widower with children is not regarded as a preferred matrimonial risk. And, justice, you can't blame the women. Anyway you look at it the lot of the stepmother is a difficult one, and so it is no wonder that women are not eager to marry a man with children that she does when she marries a man with no children.

DEAR DOROTHY DIX—I am engaged to a girl about my own age. She is very fond of life, wants to go out all the time and dresses exceptionally well. She earns a good salary and has only herself to keep. No matter how much you make, she will always spend more and you will never be able to make enough to supply her demands.

WASTEFUL WIFE KEEPS MAN SLAVING

Beware the extravagant woman, and beware, above all, the woman who borrows money from men. She is a snafu or worse. She holds them up, knowing that men dislike to refuse a woman, and that few have in necessity, but the woman who habitually borrows from men seldom expects to pay it back.

My advice to you is to escape from this lady while the reink is good.

DEAR DOROTHY DIX—How can I enlarge my vocabulary and good English is not good. I also have a grove for words. ANXIOUS.

ANSWER—The poet Longfellow told Mary Anderson, the actress, the best way to acquire a flexible vocabulary was to memorize a verse of poetry every day. There are also many word books that you can assemble a good vocabulary.

It is pitiful to think that with the thousands upon thousands of words which we may have at our disposal, most of us are so poverty-stricken that we use only about 300 in our daily conversations.

Living & Leisure The Woman's Realm

MY BOY

He's just an average boy — you know the kind — who sort of doesn't like the And even if the water's warm you'll find That he is awfully beyond your And even if the water's warm you'll find That he is awfully beyond your

Meaty words Chopped meat spoils quickly and should be put to bed in the coldest part of the refrigerator. Better still, chop just before use. Another meaty tip: never cool boiled ham or any other meat in the broth. Remove as soon as it is cooked; cool and store meat and broth separately.

Not Peeking Here Vegetables on the stove in a flat-bottomed pan a little larger than the burner? Quite right! But don't keep lifting the lid for a quick peek. Wastes heat and lengthens cooking time which turns means loss of food value. One look should be enough — you get to know.

Need a reviver? Take a whiff of old-fashioned smelling salts. Not because you're going to faint, but because it's a good picker-upper.

Contrary to the belief of many, insects seldom annoy fans who attend night baseball games. The bugs stay up high around the light bulbs and do not come down into the grandstand or bleachers unless the lights go out.

Use stiff brushes to clean soles and brush is likely to make holes in the fabric.

NEW GLASGOW W. M. S.

The monthly meeting of the New Glasgow United Church Women's Missionary Society was held at the home of Mrs. Warfield Orr on Thursday evening, July 13th, with a good attendance of members and visitors.

The president, Mrs. W. B. Bulman presided. The devotion period led by Mrs. E. W. Stevenson included the hymn Stand Up, Stand Up For Jesus. The Lord's prayer in union, Scripture reading Ephesians 3rd, Chap. Hymn, Time to be Holy. A temperance program as outlined in the Missionary Monthly and hymn "Pass Me Not, O Gentle Saviour."

The minutes of the last meeting were read and approved. Roll call was responded to with a verse of Scripture, containing the word truth.

Readings were given by Miss E. L. Semple and Mrs. W. L. Toombs.

WOMEN soothe and relieve CHAFING

Ease Monthly Discomfort! Does your skin get chafed, raw and sore? Apply soothing, moistening Cuticura Ointment. Mildly antiseptic, it soothes, relieves, and cures itching promptly. Buy TODAY! Cuticura Ointment

SWIFT'S WEEKLY FOOD HINTS

Martha Logan, Swift's famed home economist, whose weekly, wartime cooking column is a regular feature of this page. Look for these valuable hints each Monday.

By Martha Logan

Summer Lunches

In the job which we, the women of Canada, have undertaken, of seeing that our families get proper food, summer presents very special problems.

Hot weather frequently causes poor appetites. Many people don't feel they need as much food. What we must remember is that they do need just as much of the protective foods. Only maybe they should get them in lighter, more appetizing forms.

Now cured pork products are—of all meats—among the richest in nutritional values. They contain many of the essential elements that we may normally get from just these "stodgier" foods we don't fancy in hot weather.

And of all the cured pork products in tins, none leaped quicker to universal popularity than Prem. This summer there will be more Prem available, so look out for it on your dealer's shelves. Besides its extra food values, Prem is a wonderful time and labor saver because it is all ready to eat. Serve Prem often. Keep a tin or two on hand.

Martha Logan

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Needlecraft For The Home

CHARMING SIMPLICITY This captivating dress with its romantic neckline dramatically fitted with bows is a perfect pattern for a beginner — it's so easy to cut, and even easier to make.

No. 3436 in size 16 requires 2 1/2 yards 36-inch fabric.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

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NERVOUS, RESTLESS IRRITABLE, HIGH-STRUNG

On "CERTAIN DAYS" Of The Month?

Do functional periodic disturbances make you feel nervous, edgy, irritable, tired, and a bit blue — a such time?

Then start at once — try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound is made especially for women. Thousands upon thousands of women and girls have reported benefits!

A grand thing about Pinkham's Compound is that it is made from effective roots and herbs (plus Vitamin B₁). Here's a product that helps Nature and that's the kind to buy! Take a tablespoonful before each meal and at bedtime. Just see if you're not delighted with results! Follow label directions.

Lydia E. Pinkham's VEGETABLE COMPOUND

ONLY 3 PIECES