

Taste the real vegetable flavour in this tasty soup

HEINZ

Condensed Cream of Green Vegetable Soup



Now, a fresh pack of this taste-tempting vegetable soup, fresh sweet cream, blended to perfection.

CENTRAL GUARDIAN

This column is reserved for news of local interest... but advertising of a new nature may be inserted at five cents a word, strictly payable in advance.

CRASWELL for photograph.

CONFEDERATION LIFE IN SURANCE

HOWARD MCINNIS for Fines Footwear. 2-9-Sit-11

MADAME DOYLE - Readings. 112 Prince.

SEE LATEST IN POTTERY WARE. Crockett's Jewellery.

PREPARATORY service in Zion Church this week will be on Thursday evening in lieu of Wednesday as announced.

LADY BADEN POWELL DINNER. - The dinner in honor of Lady Baden Powell on Tuesday evening will be held at 7.30, not 8 o'clock, as stated on invitations. Dress optional.

DON'T MISS Musical Concert by the St. Thomas Choir. Directed by Professor Arnold Auger of Montreal, in Prince of Wales College Auditorium July 2nd and 3rd, 8.30 P.M.

HERE FOR FUNERAL - Mrs. Math M. Anderson, with her daughter Betty, arrived at Wood Islands by the car ferry Sunday and are the guests of Mr. and Mrs. Charles Beers. Her visit is in connection with recent demise of her brother Ernest, whose funeral took place from McLean's funeral home to the People's Cemetery, Sunday.

NAVAL RECRUITING - Recruiting for the permanent navy is now proceeding at H.M.C.S. Queen Charlotte. The recruiting officer should apply by letter or by personal visit to the recruiting officer who will be on duty Tuesday and Friday evenings for the purpose of supplying full information concerning the many opportunities available in Canada's modern navy.

MITCHELL - SHERREN - A wedding of interest to friends and relatives took place on Saturday, June 22, at the Reformed Baptist Parsonage in Fredericton when Rev. H. E. Mullin, officiated at the marriage of Murray Mitchell, son of Mrs. Mitchell and the late William Mitchell, and Miss Elizabeth Sherren, daughter of Mr. and Mrs. Lester Sherren, Hunter River, P. E. I. They were attended by Mr. and Mrs. Milard Mitchell. The bride wore a rose suit with white accessories and carried a bouquet of American Beauty roses, while the groom wore a tuxedo with a white boutonniere and a corsage of white roses - Fredericton Gleaser.

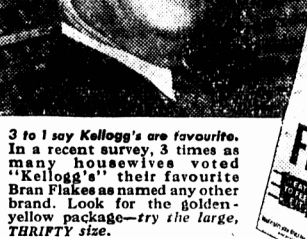
APPOINTMENT FOR M. R. FRANK, M.A. - The Ottawa Journal says a new appointment to the teaching staff of Carleton College is Mr. Frank McKinnon, M.A., to give instruction in both the faculties of Arts and Public Administration. Mr. McKinnon is a former graduate of McGill in History and Economics and has completed his studies in Political Science and Public Administration at the University of Toronto. He comes highly recommended from those under whom he has studied. He is an experienced teacher.

INCREASE PRICE OF PLATINUM - NEW YORK, July 1 - (AP) - A leading United States platinum distributor today increased the price to \$7 an ounce for large lots and to \$6.50 for smaller lots, from \$6 and \$6.50 respectively following a boost in the price at London.

"Each day seemed endless ... because I forgot one simple fact!"

A TICKET agent has a tough job these days... it's almost unbearable if you're always dull and headache, as I was!

"Then I tried Kellogg's 30-day test. One simple change of diet... but what a difference it made. My job is fun now... and so is my spare time. What's more, I found Kellogg's Bran Flakes really delicious... really good to eat!"



3 to 1 say Kellogg's are favorite. In a recent survey, 3 times as many housewives voted "Kellogg's" their favorite Bran Flakes as named any other brand. Look for the golden-yellow package - try the large, BRITTY size.

1. If you're really ill see your doctor! But if you just feel dull and headache, you may only be suffering from incomplete elimination. Especially if you're over 35. Here's how one simple change of diet can help you keep fit: 2. Start right now to eat Kellogg's Bran Flakes every morning. No harsh doses, just keep it the natural way! Get more of the "bulk" your system needs by eating delicious, gently-laxative Kellogg's Bran Flakes With Other Parts Of Wheat. 3. Just thirty days should prove to you how grand it is to feel alert, to have the energy for all the extra things you'd like to do. You'll want to go on keeping fit the Kellogg way!

Keep fit with Kellogg's every day in the year!

Ellen's Diary

By an Island Farmer's Wife

Continued From Page 41

As I write the sun-set colors are a-dance in the west. The mill-sawing is done for the day. There's a fine car parked there and a solitary fisherman casts an expert line from the dam to the pond below. Tree-shadows darken it but I know there are intriguing ripples on its surface and water insects play about. Hungry trout will break water leaping right in search of slabs and at the same time to taunt the patient angler. The countryside is still now that the evening rush is abated. Not a breath disturbs a leaf, for everything awaits the dewy night-fall. Cattle feed on a distant hillside and a lone pond singer begins to practice. Lonely the lyrics will be of days that soon will be no more. For presently I shall strain my ears to catch a bar of the exquisite aria, but in vain. However I shall be content with the new evening sounds, for each season brings its own. And now the dusk touches the trees on my horizon. Pard makes a rush from a verandah - our men have come home. Until tomorrow. Diary. Good-night.

and to can be easily seen and I notice odd blossoms on the early tomatoes. Again Jeanie owns a stump farm but as yet there is no report on the cucumber or pumpkin situation there. These were planted where heaps of brush were burned in the clearing operations up along the creek. Last year she reaped a bounteous harvest. Spinach and soy beans have been added to our vegetables in the garden and several varieties of perennials are getting their first year in a safe corner there. My duties are lighter now that Jeanie has come home. I had time for a bit of basing for how appetites continue to demand! Time as well for my (sketchy) dusting and to rinse some pieces of wash. Time too to entertain Jamie when he came in the afternoon with the men on an errand which kept them only briefly. And I had leisure which allowed me to see a fair company of daisies on a hillside; to hear the familiar ring of the saw again at the mill and to visit the first of the unfolding roses - this year as both Jamie and I noted today each rose bush is thickly laden with buds.

PERSONALS The Rev. Scott Fulton and Mrs. Fulton of Chatham, Ontario, have arrived in the City to spend a short holiday. Mr. Charles Stone Sr. and son Charles of Andover, MA., are registered at the Charlottetown. Mr. and Mrs. Ralph Smith and Mrs. Dewar, McNeill of Halifax, arrived in Charlottetown Saturday night to attend the Smith-Stone wedding. Mr. and Mrs. J. B. Edwards of Ottawa are in Charlottetown to attend the Smith-Stone wedding. Misses Wilma and Audrey Watt and Miss Freda Josey of Charlottetown spent the weekend at New Glasgow, N. S., guests of Mr. and Mrs. Lloyd MacMillan.

THE BAPTIST CHURCH

The morning service of worship was conducted by the Rev. I. Judson Levy, B.D., with sermon, "The Greatness of God." Taking as his text the words of Proverbs "Righteousness exalteth a nation but sin is a reproach to any people" the speaker called attention to the fact that to-morrow we celebrate the anniversary of Canada's foundation as a nation raising the question of the place of the Church in the state. The relation of Church and State is still a question, our principles involve the separation of church and state granting to the state no authority in religion but not that the church has no interest in the state. As more and more education gets into the hands of the state, less and less is the emphasis on religion perhaps basically this is a problem of the church calling for more and more trust and co-operation among all churches. The church must always be the conscience of the state, bringing the light of heaven to bear upon the problems of the world. God has a message for the nations and the Church must keep alive the demand for righteousness among nations. More and more Canada becomes great and strong among nations but its true greatness depends on its relation to God. Too often we are motivated by false standards, forget not the challenge to clean up the sores of sin, to work for a new world. There is a law of God for nations as well as individuals, God is as well as a people who in the face of starving people turn food stuffs into liquor. Ours is a favored nation and favour means responsibility, how shall we live in the presence of a suffering and needy world. Every citizen of our Dominion has a responsibility, the call is for repentance. "Righteousness exalteth a nation" means that righteousness with God and humility of service. "Out of the Ivory Palaces" was expressively sung by Mr. and Mrs. Barry Bugden. The service of evening worship was conducted by Mr. Levy with sermon "Tares among the Wheat." The music of the day was "Christie" of Miss Louise Cox, organist and director of choir.

WEEKLY RATION FASHION for a Twosome. Illustration of a man and a woman sitting at a table with food.

Table with 7 columns: SUN, MON, TUE, WED, THUR, FRI, SAT. Rows for Beef, Eggs, Fish, etc.

A soot of beef is for Sunday's eating enjoyment. A sharp knife supplementing the skill of the carver should enable your week's ration expenditure to take care of a couple of other dinners, either one of which might include a guest or two. On Monday creamed new potatoes and a toss of salad greens would be good companions for the cold meat. Eggs florentine are suggested for meatless Tuesday - soft cooked eggs nestling in cooked spinach, fresh from your garden or market, the whole covered with a mellow cheese sauce. And for dessert, the season's strawberries in shortcake form. On Wednesday the roast remnants can go into a stew, succulent and tempting and highlighted with vegetables. Braised liver or kidney will give you a ration free nutritional boost on Thursday. Friday's fish purchase can do double duty if you plan a left-over for Saturday's use. It can be flaked and combined with hard cooked eggs and your best cream sauce and served either casserole fashion or in toast cases made from that stale bread you're not wasting.

Twice the wear! DILTRITE RUBBER HEELS. Thicker on the side you wear most. WILL NOT SLIP. Ask for them by name.

Canadian Nurses Association in Session at Toronto



MISS FANNY MUNROE

TORONTO, July 1 - The twenty-third general meeting of the Canadian Nurses Association is now in session at the Royal York Hotel and will continue until July 4. A special committee meetings were held on Friday and Saturday. Misses from all parts of Canada representing 23,600 members of the C.N.A. registered this morning. A general meeting was formally opened today when the Rev. Darwyn Owen gave the invocation and Mayor Robert H. Saunders, K. C. formally welcomed the delegates. During the morning the delegates heard the Presidential report given by Miss F. Munroe, president of the Association, which was followed by reports of standing and special committees. At the afternoon session the members heard a panel discussion on "Nursing Service in Relation to Community Needs." Miss B. Touzel, executive secretary, Welfare Council, Toronto, presided. Other speakers included Dr. G.D.W. Cameron, Director Health Services, Department of National Health and Welfare, Ottawa, on "Public Responsibility for Community Nursing Services," and Miss E. Johns on "Nursing Service in General." Miss R. Chittick, First Vice-President of the Canadian Nurses Association, chaired this session and led the discussion.

Today's Agenda

Tuesday morning will be given over entirely to discussion of the report of the legislation committee, while on Tuesday afternoon a panel discussion on "Preparation of Personnel to meet Community Needs" will be led by Miss Agnes MacLeod, Matron-in-Chief, Department of Veterans Affairs, Ottawa. Participants in this panel will be Dr. R. C. Wallace, Principal and Vice-Chancellor, Queen's University, Kingston, who will discuss "Professional Education in General," and Miss B. Pullen, Superintendent of Nurses, Winnipeg, General Hospital, Winnipeg. Miss Mary Mathewson, Assistant Director, McGill University School for Graduate Nurses and Miss N. Fidler, Professor of Nursing, Toronto University, will also participate.

Hoover Optimistic On Food Situation

OTTAWA, June 28 (CP) - Paying tribute to Canada's contribution to the world's food supplies, Herbert Hoover said tonight that "it now seems assured that the tragic gap of about 3,000,000 tons in minimum supplies can be closed - thus apparently preventing mass starvation around the globe." Mr. Hoover, former president of the United States who has just completed a 50,000-mile world food investigation tour for President Truman, spoke over the National Network of the Canadian Broadcasting Corporation at the invitation of the Canadian government. He was introduced by Prime Minister MacKenzie King and in his broadcast Mr. Hoover made what he called his "final report" on his famine mission, starting which he visited 38 countries. He said: "6,000,000 tons of food have been shipped to the 800,000,000 people short of food since this year because active Canada has provided over one-fifth of this supply. Without this gigantic flow of overseas food, hundreds of millions would have survived only as permanent physical wrecks." Mr. Hoover said the breach between available cereal supplies and minimum needs had been closed and that "it is at least reassuring that if we have continued co-operative action of the various nations, mass starvation will be prevented, with one exception." The exception was China "where transportation to the interior and inadequate organization has retarded relief only partially successful." "In other famine areas there will be suffering," he added. "Many of the old people and the weaker children will fall by the wayside, nevertheless, the great majority of the endangered will be saved." Warning, however, that the "precariousness of the situation is not over" and that his report dealt primarily with the immediate crisis in months until the 1946 harvest is in, Mr. Hoover urged that the council take steps to give special new international emergency food aid to 20,000,000 to 30,000,000 children in Europe and other millions in Asia.

Annual Meeting St. Mary's Alumnae

On Thursday, June 13, the annual meeting of the St. Mary's Alumnae, Soudry, brought to a close a most successful year under the energetic and enlightened leadership of Mrs. A. A. McDonald, president. The Registered Nurses Association of Ontario will be hostesses at a reception at Hart House Tuesday evening. The formal dinner will be held on Wednesday at the Royal York Hotel when Mr. B. K. Sandwell, editor-in-chief, "Saturday Night" will deliver the Mary Agnes Soudry Memorial Lecture. His topic will be "Some Recent Shifts in Humanitarian Feelings." The committee on Nursing Education will report on Thursday morning. Several subjects of great importance will be discussed, including Accreditation of Nursing Schools in Canada, registration examinations, and basic professional training. The final business session will be held Thursday afternoon when the new officers will be elected and installed. In addition to the business of the Association there will be a professional exhibit provided by the Ontario Cancer Treatment and Research Fund and a series of exhibits of publications of special interest to nurses and of equipment and supplies for hospitals, schools of nursing, health centres and clinics.

Now Watch It Happen To Your Teeth... PEPSODENT'S 7-DAY MIRACLE OF DENTAL WHITENESS

Yes! Pepsodent Tooth Powder with IRIUM will give your teeth the whiteness that comes only from this dental cleanliness. When your dentist cleans your teeth it's amazing how white-bright-how film free he gets them! That's real dental whiteness; and he relies on powder. You see, unless dull, dingy film is removed, it hardens - darkens - turns into harmful, ugly tartar. And Pepsodent Tooth Powder with Irium is especially made to remove that trouble-causing film - gently, but thoroughly. Pepsodent Tooth Powder even tastes cleaner, brighter! So change to Pepsodent Tooth Powder and enjoy dental whiteness! You can see the difference in your teeth in just one week.

Only Pepsodent with Irium makes the promise of DENTAL WHITENESS. THE DIFFERENCE IS IRIUM AND PEPSODENT IS THE ONLY TOOTH POWDER THAT CONTAINS IRIUM. LISTEN TO "THE MAN CALLED X" EVERY TUESDAY NIGHT, DOMINION NETWORK.

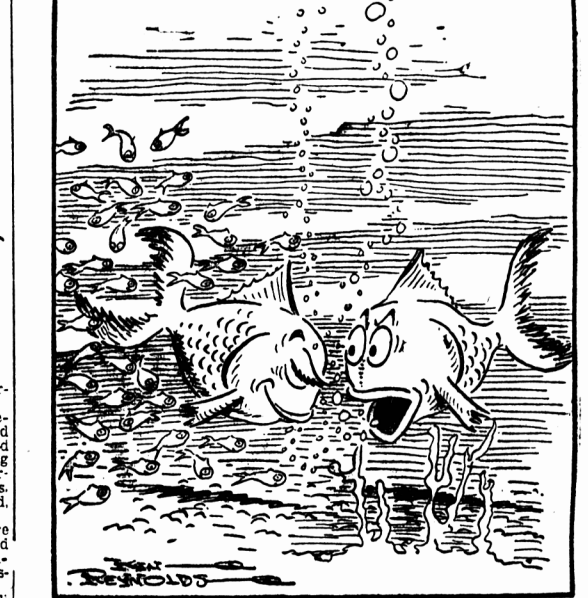
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QUICKIES By Ken Reynolds



"Since you've been reading those Guardian Want Ads - the housing problem doesn't seem to worry you!"

WARY WOODCOCK The woodcock has eyes set far back in its head so that it can see its enemies when its long bill digs deep in the ground for worms.

TINY ATOM An atom of uranium has a diameter of one hundredth millionth of an inch.

500 YEARS OLD The printing press was invented about the middle of the 15th century.

G. F. Huteheson & SON OPTOMETRISTS "Specialists in the fitting of glasses for the correction of ocular defects." 53 Grafton Street

DR. O. S. NORDLAND Veterinary Surgeon wishes to announce the opening of a Veterinary Practice to be conducted from the office of the late Dr. Croken. TELEPHONE 804

PEPSODENT'S 7-DAY MIRACLE OF DENTAL WHITENESS. THE DIFFERENCE IS IRIUM AND PEPSODENT IS THE ONLY TOOTH POWDER THAT CONTAINS IRIUM. LISTEN TO "THE MAN CALLED X" EVERY TUESDAY NIGHT, DOMINION NETWORK.

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