

Happenings of the Week

I THINK I'd like to go where bells don't ring, Nor clocks strike, nor whistle blow, Nor gongs sound— And I'd have stillness All around. Not real stillness But low whispering like the trees Or hum of bees; Or wavelets purring over stones In strangely weird and tangled tones. Or—maybe—the katydid; Or the song of birds in treetops hid Or just some low sweet sounds like these To fill a tired heart with ease.

Always considerate of her servants the Queen never showed to greater advantage in this respect than during her recent unannounced visit to Buckingham palace. The domestic staff of the palace at the moment was depleted, most of the servants being at Windsor Castle, so that when the Queen decided to lunch there during her visit to town, the question arose of arranging for the meal in the absence of those whose regular duty it would be to attend to this matter. When the Queen heard of the difficulty she at once issued instructions that no special meal should be prepared, adding that she would bring food with her, and take it in her own sitting room at the palace. In accordance with Her Majesty's special instructions the meal was quite a frugal one, consisting of a few sandwiches and a sweet, carried in a specially constructed case fixed on the running board of the royal car.

Before H. R. H. Prince Henry, the Duke of Gloucester, left Vancouver, he rewarded those who had waited upon him during his illness, and to his nurses, Miss Ruth McKinnon and Miss Margaret Murphy, he presented handsome gifts. The former, who is a Revelstoke girl, received a beautiful compact, and the latter, a daughter of Mr. Justice Murphy and Mrs. Murphy, was given a gold wrist watch.

The Duke of York will be godfather to the newly born Serbian Prince. The baby, the third son of Queen Marie of Yugoslavia, will be formally named about the middle of July and probably will be called Ivan. He was provisionally called Paul.

Mrs. A. G. Putnam and family of Sackville are summering at the old home in Eldon.

Ven. Archbishop Haslam, Principal of Immanuel College, Saskatoon is expected on the Island tonight to spend a brief vacation at his old home Stone Cottage, Springfield.

Captain the Hon. Inigo Freeman Thomas, son of His Excellency the Governor General, arrived in Canada at Quebec on Saturday afternoon.

Pains in the Back

These Are Usually Due to a Weakened Condition of the Blood.

The muscles of the back are constantly under heavy strain, and have but little rest throughout the day. They are therefore in need of all the nourishment and strength that plenty of pure red blood can give them. Unless they have this help, you will have backache and continue to have it.

Backache seldom or never means kidney trouble. It is nothing more than the tired, worn-out muscles of the back showing their exhaustion because of the lack of good, pure blood. The one generally recognized efficient blood builder is Dr. Williams' Pink Pills. When the blood has been improved through the use of this medicine backache disappears.

Mrs. F. Fairbairn, Essex, Ont., tells what Dr. Williams' Pink Pills did for her in a case of this kind. She says: "I suffered for nearly three years with a weak back. At times the pains were so bad that I had to walk half doubled over. I had tried several doctors with very little benefit. A friend urged me to try Dr. Williams' Pink Pills. I did so, and oh, the joy of once more being able to stand up straight without suffering intense pain. After using two boxes there was no doubt they were helping me. I used eight boxes in all and have not since had a sign of the trouble. I can do all my household work and not feel tired and worn out as formerly. For all this I thank Dr. Williams' Pink Pills.

If your dealer does not keep these pills you can get them by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

noon. Captain Freeman Thomas is accompanied by his wife.

Mr. and Mrs. Louis Ruprecht and Miss Doris Ruprecht of Montclair, New Jersey, are leaving for Banff Lake Louise, Vancouver, Victoria, and Seattle returning by way of the Yellowstone. They will not visit the Island this summer as usual.

Many friends in Charlottetown and Summerside will be delighted to hear that Mrs. Gladys Bell Owen, daughter of Mr. and Mrs. G. W. Bell of Summerside, and a talented soprano of much renown, is still doing splendid work in the sphere of music. Recently in Knox Church, Regina, she gave an intimate and historically significant rendering of "The Ninety and Nine," using the Sheldon setting. Quoting from The Leader, Regina: "Madame Bell Owen's voice is vivid in color, is finely adequate in a climax and answers the mind's helm in its every demand. So convincing a performance is always a delight." Dr. Harvey Robb, organist of Bloor Street Church, Toronto, was the organist on this occasion. It must be very gratifying to her friends here to know that Mrs. Owen is spoken of so highly in the West, where she has only been such a short time. Mrs. Owen left on Wednesday for Alaska and the land of the Midnight Sun on a pleasure trip.

Rev. Malcolm J. McLeod and son of New York are among the welcome visitors holidaying in Eldon.

Mrs. J. J. McKinnon is being welcomed home after an extended visit to the Southern States and Montreal. She was accompanied home by Mrs. Alex. McKinnon and two children of Montreal who is visiting her mother Mrs. Hammond Kelly.

Tourists are taking advantage of the lovely month of July to visit the Garden Province. During the past week the city has been pleasantly crowded with visitors. Parliament building was the chief centre of attraction and the pretty gardens around the buildings were dotted with visitors from day to day.

Miss Georgina Pope who has been in Ottawa for the winter is leaving shortly on a visit to Halifax.

Colonel and Mrs. H. C. Beer of Ottawa have left the Capital on an extended trip through P. E. Island.

Miss Helena Rogers who is home from Maiden, Mass., on a holiday visit to her parents, Mr. and Mrs. Benjamin Rogers, Prince Street, spent the week in Montague the welcome guest of Mr. and Mrs. H. J. Mabon.

Mr. and Mrs. J. L. Thomson have as their welcome guest Mr. A. J. McLeod of Brandon, Man., who is renewing old friendships in his native Province.

Mrs. (Col.) Nelles and children and Miss Lena Barrett of Regina have arrived to spend the summer here. They are the guests of Mr. and Mrs. James Paton, prior to taking a cottage at Holland Cove. Her many friends will be glad to know that their mother Mrs. Barrett who has been quite ill, is slowly improving.

Mrs. Hollis and daughters of Montreal arrived this week on a visit to Col. and Mrs. A. G. Peake.

Mrs. A. A. Bartlett is summering at the Cox Hotel, Souris.

Mr. David Stewart of the Shawinigan Engineering Staff, Quebec, is home on a ten days visit to his parents, Hon. J. D. and Mrs. Stewart, and is thoroughly enjoying his holiday.

Dr. Fred Boyle and bride are arriving in the City today to spend their honeymoon at Inkerman the guests of Hon. G. E. and Mrs. Hughes.

An amusing story was told recently by H.R.H. the Duke of York. While he was at the Royal Naval College in the Isle of Wight he was out riding alone when he was overtaken by a dense fog, and completely lost his bearings. After riding about for a time, looking in vain for some familiar landmark, he at length espied a rustic sitting upon a gate. "My good man," he asked, "is this the way to Ryde?" "No, it isn't this way to Ryde," replied the young feller-me-lad, "replied the rustic, after critically surveying him for some moments; "thee turns thee toes out too much."

CONTINUED ON PAGE 14

Health Services of Canadian Medical Association

BABY'S FOOD

Every baby should be breast fed. There are few mothers who cannot nurse their babies if they try to do so, and there are few mothers who would not make the effort if they understood how important it is that the baby should have his natural food. There is no other milk, or no preparation which is just as good as breast milk. Breast milk is purer, cleaner and more easily digested than any other food, and it requires no preparation.

Mothers sometimes wean their babies because they think that they have not enough milk, or that the quality of their milk is not good. This is a serious mistake. Every effort should be made to keep up the quantity available, and it is much better for the baby that he receive some breast milk than none at all. If there is not sufficient breast milk, the necessary supplementary amount of nourishment is given after the nursing according to the feeding formula given by the physician.

The baby should be fed at regular intervals. Not only is this desirable from the standpoint of his digestion, but it is important as the start of proper habits in the child. If he is asleep at nursing time, he should be awakened, and he should not be allowed to fall asleep while he is at the breast. The feeding takes from ten to fifteen minutes. After feeding, the baby should be held up over the shoulder in order to allow him to get rid of the air which he has swallowed.

During the hot weather particularly, the fact that babies become thirsty should not be forgotten, and the baby should be offered water, previously boiled if there is any question of purity, between feedings.

Under ordinary conditions, the baby is nursed for eight or nine months; longer periods are not good for the child. The baby should not be weaned excepting upon the advice of the doctor who will advise as to what diet he is to receive. As a rule, babies are not weaned during the hot summer months.

Breast-feeding makes for stronger, healthier babies, and it protects them from the dangers of disease. Artificial feeding, even of the highest quality, is, at the best, an attempt to imitate the natural feeding.

Questions, concerning Health, addressed to the Canadian Medical Association, 184 College St., Toronto, will be answered personally by correspondence.

Made Her Baby Plump and Well

Nothing makes a mother more grateful than a benefit conferred upon her child. Mothers everywhere who have used Baby's Own Tablets for their children speak in enthusiastic terms of them. For instance, Mrs. Zepherin Lavote, Three Rivers, Quebec, writes: "Baby's Own Tablets are a wonderful medicine for little ones. They never fail to regulate the baby's stomach and bowels and make him plump and well. I always keep a box of the Tablets in the house and would advise all mothers to do likewise." Most of the ordinary ailments of childhood arise in the stomach and bowels, and can be quickly banished by Baby's Own Tablets. These Tablets relieve constipation and indigestion, break up colds and simple fevers, expel worms, allay teething pains and promote healthy sleep. They are guaranteed to be free from injurious drugs and are safe even for the youngest and most delicate child. The Tablets are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Fiji plans to develop a forestry department to care for its 2,366,000 acres of trees.

Labor troubles in Australia have caused a marked reduction in industrial activity there.

Etiquette

By Roberta Lee

Q. What are several good complimentary closes to a formal social note?

A. "Sincerely yours," "Very Sincerely yours," or "Very sincerely."

Q. What does "puree," seen on so many menu cards, mean?

A. It means "a thickened soup."

Q. What should a man wear at a formal breakfast?

A. A frock coat with gray trousers.

Why Husbands Weary of Their Wives Dorothy Dix

Instead of Blaming Her Extra Pounds for Her Husband's Failing Interest, the Average Middle-Aged Wife Should Take a Course of Mental Gymnastics to Rejuvenate Her Mind

The tired husband has become so common nowadays that when you see a middle-aged man who is still in love with his wife and who actually enjoys her society, you wonder how he has escaped being put in a museum of freaks along with the Bearded Lady and the Living Skeleton and the Wild Man from Borneo and the other rara avis.

Just why men, when they reach their uproarious 40s, are so prone to weary of their wives and to want to swap them off for a this year's model, is one of the problems that women acquire gray hair and crow's feet trying to solve. So far as they can see, they have come up to specifications and delivered the goods, as per matrimonial contract. They have been virtuous wives, admirable mothers, thrifty and industrious, and good housekeepers, and they don't see why their husbands are not satisfied with them, as their fathers and grandfathers were satisfied with their wives.

All of which is true. The millrun of wives grades just as well as it ever did. Perhaps better. Certainly mother and grandmother didn't try as hard to keep father and grandpa vamped as they do their husbands, because in their day marriage was not the precarious job it is now. Once a woman got a husband, she had an until-death-do-us-part grip on him and she couldn't lose him even if she tried, whereas keeping one now is like holding a slippery eel.

So the poor women who have done their best, according to their lights to be good wives, are bewildered, and do not know why their husbands should have lost their taste for them, and in trying to unravel the riddle their first guess is invariably the physical. "Ha," they cry, with one voice, "that's it. Our husbands have fallen out of love with us because we are no longer young and beautiful and slim."

And forthwith they begin counting their calories and hide them away to the beauty shops and the plastic surgeons, and are pounded and boiled and beaten and starved, and have their faces lifted in a vain effort to acquire a boyish figure and to look sweet and 20, instead of fat and 40.

Now I think that this is where the women guess wrong. The trouble is not physical but mental. The thing that disillusiones the average man who tires of his wife is not her personal appearance but her mind. What concerns the man who has to live with a woman day after day, year after year, is not what is on the outside of her head but what is inside of it, and if she is intelligent and interesting and sympathetic and understanding, she looks good to him, no matter if she does lose her school girl complexion and get grizzle-haired and take on a little surplus weight.

I get thousands of letters from these middle-aged men who are married to women of whom they are sick unto death, women whom they have even come to loathe and hate, and not one of these disgruntled husbands has ever raised the point of his wife's looks. Not one of them has ever said that he had ceased to love his wife because she had got fat and old and homely and he wanted to be rid of her to marry a pretty young flapper.

No. Invariably the man's complaint about his wife has been that he asked for bread and she gave him a stone. Invariably he has said that he was tired of his wife because she was dull and stupid and bored him to extinction, because she never read, never thought, never grew, never had an original idea or got a new viewpoint, never did anything to make her an interesting companion to an intelligent man. It was their wives' fat brains, not their fat hips, to which these men objected.

Invariably these men, who have ceased to love their wives, say that their wives have killed their affection by coldness, by selfishness, by neglect, by their nagging and petty tyrannies, by their determination to get what they want for themselves and their children, no matter how ruthlessly they had to sacrifice the man to do it. It is against the greedy, self-centered wives, the wives who have shown them no appreciation nor gratitude, the wives who have never even tried to enter into their lives and help and encourage them that these men revolt. It is their wives' souls that have become hideous to them, not their bodies.

These are facts that the wives who wish to retain their husbands' affections may well lay to heart, for while men are undoubtedly attracted to a woman in the first place by a pretty face, it takes something more than a peaches-and-cream complexion and naturally wavy hair to hold them. No man will long gaze enraptured at a living picture if when it speaks it just cackles like a hen, nor will he cherish it long if its fairness is a mask that covers meanness and littleness and narrowness, or if it merely gives him something that is easy on the eyes, but nothing on which to feed his soul.

And, on the contrary, there are few men who ever apply any of the canons of art to judging the beauty of the woman who keeps them entertained and amused and chirped up and jollied and who gives them sympathy and understanding and appreciation and warm affection and makes them feel that to her, at least, they are wonders and world-beaters.

No man grows tired of that kind of a wife, no matter how old she grows, or how much she loses her figure. The eyes in which we see ourselves gloriously reflected will always be the most beautiful eyes in the world to us. The lips that say only pleasant and flattering things to us will always be the lips we want to kiss. The heart in which burns a fire at which we may warm ourselves will always draw us to it. The mind that continually presents some new fact to us will never lose interest for us.

Of course, matrimony is a game in which women can afford to overlook no bets and so they do well to keep themselves as young and pretty as possible, but if they would spend as much time in massaging the wrinkles in their disposition as they do on their faces; if they would devote as much effort to suppling up their minds as they do to suppling up their muscles; if they would count their words before they spoke as carefully as they do their calories; if they would cut out their criticisms as carefully as they cut out their starches, and if they would study the men to whom they are married as carefully as they do their lines, we should have fewer tired husbands.

DOROTHY DIX.

Women's New \$3.75 Hats \$1.49 Double Dollar Days This wonderful bargain was selected specially for DOUBLE DOLLAR DAYS, includes hats worth \$3.75 and more \$1.49 Moore & McLeod Ltd

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED

Costuming the Mature Woman DEAR MISS LEEDS—I am 51 years old, but look and feel like 35. I have brown hair and light eyes. I am 5 feet 3 inches tall and weigh 140 pounds. My measurements are: bust, 34; hips, 34; thigh, 20; calf, 13; ankle 8. All my friends say I am too fat. Please advise me what to wear. READER

Answer—Your measurements are very good and your weight is that of the average woman of your age and height. I should not consider you too fat. Do not gain more weight, however. It is considered better for the health to begin losing a little weight as one grows older. Dark



clothes are smart and will make you look slimmer. Black and navy blue and drab brown are safe choices. Use light-trimming at throat and cuffs. The V-shaped neckline and the surplice effect are becoming to your figure. For dressy occasions I would suggest a chiffon printed in some soft, misty colors. Tan and brown is a popular combination; a pale pinkish tan with medium blue is also good. Old rose and peach shades are excellent.

LOIS LEEDS

House Slippers

DEAR MISS LEEDS—I wear bedroom slippers around the house all day. Would this ruin my feet? A READER

Answer—The answer to your question depends largely upon the type of slippers you wear. I think a neat well-fitted kid slipper with a rubber heel would be suitable to use around the house. Felt slippers would tend to make the feet perspire too much. The purpose of wearing heels on our shoes is to break the jar of walking on hard floors and pavements. If the floors in your home are not thickly carpeted it would be better not to wear heelless slippers all day. Sometimes women who wear bedroom slippers develop a shuffling gait. In general it is a good plan for every woman to wear heelless slippers for a while each day so that the big tendon at the back of the heel may be stretched and the toes have exercise.

LOIS LEEDS

Reducing the Hips

Dear Miss Leeds—I am 16 years old and 5 feet 11 inch tall. What should I weigh? Will running up and down stairs reduce my hips?

Answer—The average weight for your age and height is 108 pounds. Do not worry about your hips unless they are over 36 inches around. Stair-climbing is a good reducing exercise for the hips; hiking and swimming are also. Leg-raising sideways high kicking and the inverted bicycle exercise are helpful.

LOIS LEEDS

Blackheads

Dear Miss Leeds—(1) I am past 16 years old and 5 feet 3 1/2 inches tall. How can I get rid of blackheads on my nose? I cannot squeeze them out. What should I weigh? (2) I have light brown hair, blue eyes and a light olive skin. What are becoming colors?

Answer—(1) The average weight for your age and height is between 118 and 121 pounds. The time to squeeze out the blackheads is just after the face has been washed with warm water and soap. Work up a rich lather on your face cloth and rub this on your nose. Let the lather dry on your skin, then rinse it off thoroughly. You may use a comedo extractor for pressing out the larger blackheads; this little instrument may be purchased at a drug store. Do not try to get out the tiny blackheads by pressure, but wash them out. (2) You may wear creamy flesh, peach, medium raspberry as trimming, pink-violet in sheer material dark taupe, bottle-green, dark blue, dull yellow, drab brown, deep cream, black with bright trimming, dull old blue, honey beige, terra cotta, medium blues and greens.

LOIS LEEDS

What New York is Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Anabelle Worthington

It is easily possible to wear French undies, and still keep within your budget by making them. For instance take Style No. 2769, the essential one-piece costume slip. One can't have too many, especially for summer occasions to wear with the new sheer cotton frocks. It will take about one hour of your time to make this slender model. All you have to do is to cut it out and close side and shoulder seams. Each side below waistline is pressed into inverted plaits to provide necessary fullness to hem, and still retain its slim straight lines. It has comfortable V-neckline at front with deep round outline at back. It can also be made with straight upper edge with shoulder straps, as provided for same in pattern.

It is designed in size 16 years, 36, 38, 40, 42, 44 and 46 inches bust.

It is sketched in ivory washable silk crepe with embroidery worked in ecru shade, the new smart vogue of Paris.

Fresh crepe de chine, flowered voile, ninon, crepe satin, batiste, radium silk and novelty rayon fabrics suitable.

Pattern price 15 cents. Emb. Trans. No. 738 (blue) cost 15 cents extra. Be sure to fill in size of pattern. Address Pattern Department, The New Fashion Magazine is 15 cents, but only 10 cents when ordered with a pattern.

No. 2769. Size ..... Trans. No. 738.

Name .....

Street Address .....

City ..... State .....



2769



Emb Trans 738

A Morning Smile

The minister had observed that the most regular attendant at his church was a hard-working washerwoman, who, Sunday after Sunday, was always to be found in her pew. The minister felt he must commend her. "Mrs. Brown," he said, "I notice you at church every Sunday. Do you enjoy the beautiful music?"

"Na, it no' that."

"Perhaps—perhaps you enjoy my sermons?"

"Na, it's no' that."

"Well what is it that brings you here every week?"

"Weel, it's like this. I work hard a' well, and it's no' often I get sic a comfortable sate wi' sae little tae think about."

Household Hints

By Roberta Lee

A SUBSTITUTE FOR TACKS Phonograph needles with worn points can be used to advantage many times in the place of tacks.

DISCOLORED CHINA When china dishes are discolored, they can be cleaned readily with a solution of salt and vinegar.

CAKE FILLING A delicious cake filling can be made by mixing one cup of grated pineapple, one-half cup of pulverized sugar, and one tablespoonful of lemon juice.

Miss Irene Fulton Tells How Cuticura Healed Eczema

"Eczema started on my face in hard, red pimples which in a few days would break and then scale over. While it was in this scaly form my face would itch and burn, and the irritation prevented me from sleeping or getting any rest. The trouble lasted about four months."

"I used several remedies but they did not seem to help me. I began using Cuticura Soap and Ointment and they relieved the itching and burning, and in about five weeks I was completely healed, after using three cakes of Cuticura Soap and one box of Cuticura Ointment." (Signed) Miss Irene H. Fulton, Parrsboro, N. S., Sept. 17, 1928.

Cuticura Soap to cleanse and purify, Cuticura Ointment to soothe and heal, and Cuticura Talcum to powder and refresh, are ideal for daily toilet purposes.

See the Ointment in Red, Talcum in Gold everywhere. Sample Free. Address: Cuticura Dept., P. O. Box 1024, Montreal, P. Q., Canada.

For The Cook

PINEAPPLE CREAM

One-quarter pint heavy cream whipped until stiff; five slices pineapple, cut into pieces; six marshmallows, cut in small pieces. Whip the cream until stiff, then add the cut marshmallows and the pineapple. Mix together lightly, place in a cold bowl, and let it become very cold. When ready to serve place in sherbet glasses, top with spoonful of sweetened whipped cream and place a piece of pineapple. Serve with spongecake.

400,000 Women Report Benefit by actual record

"Have you received benefit from taking Lydia E. Pinkham's Vegetable Compound?"

A questionnaire enclosed with every bottle of medicine has brought, to date, over 400,000 replies. The overwhelming majority—in fact, ninety-eight out of a hundred—says, "Yes." If this dependable medicine has helped so many women, isn't it reasonable to suppose that it will help you too? Get a bottle from your druggist today.



Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., Lynn, Mass., U. S. A. and Toronto, Ontario, Canada