

**Baby's Colds**  
Best treated without dosing—Just rub on  
**VICKS VAPOR**  
FOR COLDS OF ALL THE FAMILY

**Lessons in English**  
By W. L. GORDON

WORDS OFTEN MISUSED: Do not say, "I have never seen such a talented girl." Say, "so talented a girl."  
OFTEN MISPRONOUNCED: rattle; both a's as in "at" and accent last syllable.  
OFTEN MISPELLED: belevdere; one l, and ve, not vl.  
SYNONYMS: sailor, seafarer, seaman, mariner.  
WORD STUDY: "Use a word three times and it is yours." Let us increase our vocabulary by mastering one word each day. Today's word: IDEAL (noun); a standard of perfection; model. "Any person of high ideals will adhere to these principles."

**For the Cook**  
VEGETABLE CHOWDER

Rice and okra may be substituted for potatoes and carrots or almost any vegetables may be used in this chowder. Four potatoes, 3 carrots, 2 onions, 1 pint canned tomatoes, 2 tablespoons fat, or a piece of salt pork, 3 level tablespoons flour, 2 cups skim milk, 2 teaspoons salt. Cut potatoes and carrots in small pieces, add enough water to cover, and cook for 20 minutes. Do not drain off the water. Brown the chopped onion in the fat for five minutes. Add this and the tomatoes to the vegetables. Heat to boiling, add 2 cups of skim milk, and thicken with flour. Celery tops or green peppers give color, flavor, too.

To protect the legs of motorcycle riders adjustable shields have been invented that can be wound around the handlebars of a machine when not in use.

**The Daily Argument**

**AUNT HET**  
By ROBERT QUILLEN



"I may be a hypocrite in some ways, but I ain't never put icin' on a store-bought cake or made up a bed without pullin' the sheets an' quilts loose at the foot."

**POOR PA**  
By CLAUDE CALLAN



"My brother Joe borrowed money to build his second wife a house on the pretty lot that his first wife planned to build on when they got able."

**A Fashion a Day**



**IT'S ALWAYS PRACTICAL**

Rather vivid tones on a dark background in silk crepe is the most practical daytime frock, as sketched in Style No. 459, with unusually graceful and dignified lines. The new neckline adds interest, collarless of course, with decorative tucks across shoulders and inset vestee of plain silk crepe appears again in fine pleating of dart-fitted sleeve, and to edge raver of bodice, cleverly designed falling in jabot effect, and to trim wrap-around front flare of skirt. Its slenderizing lines make it so suitable for the larger woman. It is designed in sizes 16, 18, 20 years, 36, 38, 40, 42, 44 and 46 inches bust. Lustrous black crepe satin, navy blue wool crepe, plain dull silk crepe in almond green, cocoa shade in canton-faille crepe and bright orange-red crepe de chine smart for its development. Pattern price 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.  
We suggest that when you send for this pattern you enclose 10 cents additional for a copy of our Spring Fashion Magazine. It's just filled with delightful styles, including smart ensembles, and cute designs for the kiddies.

**A Morning Smile**

Country Policeman: "Have you a licence?"  
Motorist: "Certainly I have a licence."  
Policeman: "Where is it?"  
Motorist: "In my pocket-book."  
"That's all right then. If ye've got it I don't need to see it, but if ye didn't have one I'd have to have a look at it."

**What Throwing a Shoe Means**

In early biblical times the delivery of a shoe was used to signify the transferring of a possession. The throwing of a shoe on property was a symbol of new ownership as "Over Edom will I cast out my shoe." (Psalm ix, 8). From this arose the custom of throwing a shoe after a bride on her departure for her new home, symbolizing that the parents gave up all right or dominion over their daughter.

**She Won't Cook Can't Stand Smell**

"I could not eat or cook because the smell of food sickened me. I took Adlerika and now I eat anything without discomfort."—Mrs. John R. Gall.  
Just ONE spoonful Adlerika relieves gas and that bloated feeling so that you can eat and sleep well. Acts on BOTH upper and lower bowel and removes old waste matter you never thought was there. No matter what you have tried for your stomach and bowels, Adlerika will surprise you. Hughes Drug Co., Ltd.

**Milady Beautiful**  
BY LOIS LEEDS



**BEAUTY QUESTIONS ANSWERED**

**Pimples on Chest and Shoulders**  
DEAR MISS LEEDS—(1) How can I rid my chest, shoulders and upper arms of small blackheads and pimples as soon as possible? (2) My girl friend has dull red hair. What will brighten it and bring out the red without harming her hair? (3) She is 15 years old and wears high heels to work in. Will this cause fallen arches? (4) What will make the lips red without lipstick? TOODLES.  
Answer—(1) It is necessary to scrub the skin every night with plenty of warm water and soap to remove the little blackheads and pimples. Use a stiff bath brush. Rinse in clean, warm water, using a bath spray if possible. Dry with a clean towel and pat on an astringent lotion, such as witch-hazel. Take your warm cleansing bath at bedtime. In the morning sponge yourself with cold or tepid water, and then rub your skin to a warm glow with a coarse, dry bath towel. Do not wear the same dress more than half a dozen times without having it washed or dry-cleaned. The oil, dust and germs on the surface of your skin rub off on the inside of your frock where it touches your bare shoulder and chest. Ideally you should wear a fresh dress every day. A jumper dress with a washable blouse solves this problem very nicely. (2) She may use a henna shampoo to brighten her hair. In addition, she should brush her hair well every day with a clean brush to keep it glossy. (3) Very likely. Wearing high heels is one of the commonest causes of weak feet and fallen arches. She should wear a 1 1/4-inch heel for business and keep her high-heeled slippers for dances. (4) Natural rosy lips come with radiant good health, and girls in their teens and twenties should not need lipstick. Pale lips often indicate indigestion, constipation, lack of fresh air and an unwise diet. Play outdoors for at least two hours a day; sleep nine or ten hours each night in a well-ventilated room. Eat plenty of spinach, lettuce, carrots, tomatoes and other vegetables. Eat fresh fruit every day and drink milk in place of tea or coffee. At bedtime gently massage your lips with cold cream to stimulate the circulation.

LOIS LEEDS.

**Flights of Fancy**  
By Miss Morrow

Another poem written by Anne Spencer Morrow, Col. Lindbergh's fiancée, is being widely re-printed just now. It is thought that the writer had been inspired by her flight with the famous aviator. It appeared in April, 1928, after the Lone Eagle's first visit to Mexico City, where he met Miss Morrow and took her up in his machine.  
The poem, entitled "Height," runs: When I was young I felt so small And frightened, for the world was tall,  
And even grasses seemed to me A forest of intensity.  
Until I learned that I could grow A glance would leave them far below. Spanning a tree's height with my eye. Suddenly I seemed as high;  
And fixing on a star I grew—I pushed my head against the blue; Still, like a singing bird, I find Rapture to leave the grass behind.  
And sometimes, standing in a crowd, My lips are cool against a cloud.

**Household Hints**  
By ROBERTA LEE

**Washing Table Silver**

An easy way to wash table silver is to put it in a wire draining basket, having a handle. Place it in a pan of scalding hot suds and scrub the silver with a hand mop. Then pour a kettle of boiling water over it and allow it to drain.

**Where To Keep It**

Olive oil should be kept in a cool, dark place. Salt, soap and cheese should be kept in dry places.

**Baby Bibs**

Cut a Turkish towel into quarters and it will make four nice, serviceable bibs for the baby.

**Watch is Bag Ornament**

An extremely smart afternoon bag made in black for carrying on the hands has its flat embroidered with silver and gold metallic thread. The backstrap is smaller than usual—for sake of smartness. A large envelope bag made of black suede has a small watch in place of a monogram and another ornament. It is fixed with two loops that conceal the fastening. This watch may be detached at any time without hurting the general appearance of the bag. One soft pouch bag that is quite large and almost square has a novel fastening device. The outer flap, which has rounded off corners, has a deep oval opening that is bound with a steel metal rim. The bag strap extends about the bag and then is drawn through this opening and snapped inside.

**To a Boy Scout**

Be it in workshop or be it in school, Each of us has a game to play; Life is the game, and come what may, We must be watchful, alert and cool.

**Doing our bit with a cheery smile—**

Others may grumble, but never a scout— Things that are hardest, without a doubt, Are ever the things that are most worth while.

**Though we may never know wealth or fame,**

Yet at the end, at the close of play, It is enough that men should say, "He was a scout and played the game."

ROGER B. PRIESTMAN

**COULD NOT DO MUCH WORK**  
Eczema on Face, Neck and Hands. Cuticura Heals.

"Eczema broke out in pimples all over my face, neck, arms and hands. I had to keep my sleeves rolled up so they would not irritate the breaking out on my arms. I was ashamed to go around on account of the eruptions and the irritation was terrible. I could not do much work, and the irritation kept me awake at night.  
"I sent for a free sample of Cuticura Soap and Ointment and it gave relief. I purchased more and in about two weeks I was completely healed."  
Cuticura Talcum, the newest member of the Cuticura family, for the newest member of your family.  
Keep the Ointment in the tin. Talcum in the tin. Sold everywhere. Sample sent free. Address: Cuticura Dept., P. O. Box 100, Lowell, Mass., U.S.A.  
Cuticura Shaving Stick 25c.

**Dorothy Dix Letter Box**

**The Foolish Wife Who Dallies With Temptation. Righteous Protest Against Wedding Show-ers; Should a Discor dant Home be Held Together for Children?**

Dear Miss Dix—I am a young married woman, not yet 30, the mother of two lovely children, and with one of the kindest and best of husbands, whom I love better than any other person in the world, for nearly three years now a brilliant, intelligent man, who is my husband's best friend and the husband of a good woman that I like very much, has been making violent secret love to me. He sends me books and writes me ardent love letters and is always asking me to go places, but I have never gone with him alone. If my good husband dreamed of this it would break his heart, because he loves this man like a brother and trusts him absolutely.  
Now I don't love this man, though he fascinates me, and I do love my husband. What I want to know is, why don't I end this affair? I don't know myself. I have done nothing wrong unless it is wrong to have kept his letters. I never answered them.  
A TROUBLED WOMAN.

Answer: If you will recall the episode of Mother Eve and the serpent, you will get a line on your conduct. You are doing as you are doing because women have a hereditary tendency, that they seem unable to resist, that makes them daily with every temptation that comes their way, and the more risky a thing is the more it allures them.

In the long process of evolution women have changed a lot, but they have never lost their hankering after forbidden fruit. So you are just running true to form when you follow in your greatest-grandmother's footsteps and lend an attentive ear to the snake in the grass whose head you know you ought to squash instead of listening to his glib tongue. You know perfectly well that the same thing is going to happen to you that happened to Grandma Eve if you go on listening. You are going to lose your husband and get chucked out of your good home, and the gates of Paradise will shut forever behind you.

You have seen the same thing happen to a lot of other women. You know a dozen flirtations that have ended in tragedies. You know a lot of bitter, disgruntled women eking out a bare living on alimony, and a lot of ill-reared, cynical, precociously world-wise, half-orphan children that are the result of romances that woman intended to keep innocent, but which didn't look that way to their husbands when they found out about them, nor sound that way in the divorce court.

They know how such affairs end. So do you. That didn't keep them from playing with fire and burning their fingers however, and probably it won't keep you from dallying with the flames. But I am warning you. When it is all over and you have wrecked your home and deprived your children of a father's care and influence, don't say I didn't tell you.

**First, it is woman's insatiable love of adventure, her morbid craving for thrills that makes you listen to this man's loyemaking, and then it is vanity.**

Husbands, no matter how good and kind they are, seldom waste much time in flattering their wives and telling them that their eyes are like violets drenched in dew, and how wonderful is the curve of their cheek, and that they never saw anything so lovely as the way the hair grows on the back of their necks. A husband's commendation, if any, is more apt to be about the excellence of the bread and the paring down of the butcher's bill, and a woman just naturally hungers and thirsts for the brand of jolly that she was used to in her girlhood days.

Also, there is curiosity. A married woman is devoured by the desire to know whether she has lost the bait with which she used to catch them, as if anything should happen to John—which she hopes and prays won't—but if it did, whether she could marry again.

That is why married women, even those who have good husbands and who really love their husbands, get into the foolish flirtations that wreck their lives and break up their homes. They simply can't resist taking another bite out of the apple, no matter how dangerous it will be nor how well they know that it is liable to give them a chronic indigestion from which they will suffer the balance of their lives.

So there you are, madam, and a fine, intelligent woman you are—not to run the risk you are for nothing. For you haven't even the excuse of being in love with your gay Lothario. An overwhelming passion might justify you to some extent, but you lack this. You chance the loss of children and husband and home and the respect of all who know you for the sake of a thrill. What a gambler you must be!

But burn those letters. They are like a charge of dynamite under your doorstep, liable to blow you to kingdom come any minute.  
DOROTHY DIX.

Dear Miss Dix—Don't you think this thing of "wedding showers" and "stork showers" has become a regular hold-up? I have gotten so I dread the mail because somebody I know is always going to have some sort of shower, or somebody else is levying contributions for a new baby. I know a working girl who gets only \$15 a week. Last week she was invited to four stocking showers and she managed to scrape together enough money to go to three of these events, but she had to darn her own stockings and re-darn them in order to go.  
I am a poor man's wife and I know I am being continually called upon to give away aluminum pots at kitchen showers that I need at home.  
CANTAB.

**Answer:**

Right you are, Mrs. Cantab. The wedding showers and baby showers have become a deluge in which people of moderate means are sunk and drowned, and they should be stopped.

It has gotten so now that we positively can't afford to have our friends get married, for by the time we have contributed to a lingerie shower and a handkerchief shower and a stocking shower and a glove shower and a kitchen shower and a miscellaneous shower, our pocketbooks look as if they had been left out in the wet and rained on, and we still have the wedding present to get and a prospect of a baby shower in the future.

It is all so foolish and such a useless waste of money, because every bride who has a large circle of friends and acquaintances gets ten times as much as she has any need for and a lot of junk that is good for nothing on the face of the earth and that just clutters up the place and catches dust.

Why, I know brides who have been saddled down with dozens of clocks and enough candlesticks to light a street and a bushel, more or less, of pickle forks and pie lifters and cake cutters and enough table ornaments for state banquets when the poor little thing is going to live in a two-room-and-kitchenette flat and do her own work.

I can think of nothing that needs reforming more than this shower nuisance and wedding-present graft, and if any young couple wants to call down the blessings of all who know them they will have "No Presents on their wedding cards."  
DOROTHY DIX.

Dear Miss Dix—Do you believe that a mother should keep her home together for the sake of four small children, regardless of the conditions? I

Constant daily testing and blending of the world's choicest teas give Red Rose Tea its inimitable flavor and never-varying goodness. Every package guaranteed.

**RED ROSE TEA**  
"is good tea"  
RED ROSE ORANGE PEKOE is extra good

**Children of 1929**  
Specially Favored

TOKIO, Feb. 25.—Children born in the year of the serpent is generally quiet and gracious in conduct. He is endowed with an abundance of wealth and happiness. He has, however, according to the professor, a strong jealousy which may prove his undoing if he does not guard against it. His temperament is such that he is fitted for any kind of work but would be particularly successful as an artist, priest, teacher or doctor. Takashima, however, advises the 1929-born person to refrain from undertaking any kind of enterprise that puts him in the position of a laborer. He says that the person born in the serpent year is usually small and handsome with long features and a light complexion. It is for this reason that a woman born in that year is considered to be very beautiful according to the standards of Japan.

**TEST LIFE-ELECTRICITY LINK**

Close relationship between life and electricity are believed to have been further proved by tests recently made in Germany. By using amplifiers and other apparatus, a record was made of the electricity developed on the skin or immediately below the surface. Placing a person in a metallic cage, careful checks were made to determine that the electricity came only from the subject's movements. According to reports a striking record was made indicating fluctuations in the electric force during the muscular movements. A rise to a peak was indicated in several rapid stages, and in continuous effort the electricity declined somewhat, but this is believed to have been due to moisture from perspiration on the skin.

**Modern Etiquette**  
By ROBERTA LEE

Q. When should a hostess interrupt and divert a discussion among her guests?  
A. When an argument threatens to break up pleasant companionship Q. Where should the monogram of a large dinner napkin be embroidered?  
A. In the center.  
Q. What are the customary duties assigned to the housemaid?  
A. The housemaid's duties are to care for the bedroom floors.

often wonder if children do not suffer more from hearing their father and mother continually quarrelling than they would from the results of a separation.  
GLADYS.

**Answer:**

Whether a home should be kept together or not depends upon the kind of a home it is. There are homes that should be broken up, and out of which the children should be taken as they would out of the contamination of a pesthouse. There are mothers and fathers from whom children should be taken to save them from being debauched by evil influences.

It seems to me that for the sake of their children that a man and woman might forgo the pleasure of perpetually quarrelling and fighting, but if they will not do this they should separate. The children will be better off with one parent in a peaceful home than with both parents in a house of discord. It ruins a child's health and shatters its nerves for it to be brought up in a home that is a place of strife.  
DOROTHY DIX.

**Everybody uses it!**



23 year old Tommy Brown takes the part of Elmer in "Real Folks," the radio program sponsored by the Chesbrough Mfg. Co. Many Canadians listen to this program on Monday nights through stations WJZ, New York; WLW, Cincinnati; WJR, Detroit; other stations in the States.

**Suppose you were to visit the magnificent new building of the National Broadcasting Company on Fifth Avenue in New York. In their vast sound-proof studios, where a tickling cough might ruin a program for millions of listeners, or a husky voice spoil an important announcement, the radio artists know the value of "Vaseline" Petroleum Jelly. Just ask any of the people who broadcast "Real Folks" every Monday night. A spoonful now and then to soothe the throat; a bit snuffed up the nostrils to clear the head. Remember, that the trade mark Vaseline on the package gives you the assurance that you are getting the genuine product of the Chesbrough Mfg. Co., Cons'd., 5520 Chabot Avenue, Montreal, Canada.**

**Handiest thing in the house for—**  
Minor Cuts—Wash under running water and apply "Vaseline" Jelly.  
Burns and Scalds—Cover the affected area with "Vaseline" Jelly, spread on clean linen or gauze. Change dressing daily.  
Blisters—Prick the edge of the blister with a sterilized needle, press out the water, and dress with "Vaseline" Jelly.  
Sores—Apply "Vaseline" Jelly at frequent intervals and bandage lightly.

**Vaseline**  
TRADE MARK  
PETROLEUM JELLY

**Nonsuch Stove Polish**  
Liquid and Paste  
As good as Nonsuch Silver Polish

gives a quick shine that lasts a long time

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