

The Charlottetown Guardian

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FRIDAY SEPTEMBER 18, 1936

The Russian Coal Dicker

What, asks an Ottawa correspondent, is Canada securing in exchange for the market which she is yielding for 250,000 tons annually of Soviet coal?

If that interpretation of the ministry's policy is correct, the logical conclusion is that the Dominion is receiving no specific quid pro quo for the coal concession which it is yielding.

The coal concession itself is rather strangely timed, in view of the fact that a Royal Commission under Dr. JOHN TONY is at present investigating the fuel industry of the Dominion, with a view to determining the existence or otherwise of any combination against the consumers' interests.

The chief objection seen in the present Russian policy is the fact that the Soviet coal will inevitably compete with British anthracite, thus adding one more blow to Imperial trade and diminishing the chances of favorable re-negotiation of the Ottawa trade agreements.

Railway Economies

That the Canadian railways have been, and are, the backbone of the country and that all they ask is a "square deal", was stated by R. C. VAUGHAN, Vice-President in charge of Purchasing and Stores, Canadian National Railways, in an address delivered before the directors' luncheon of the Canadian National Exhibition, as guest speaker on Transportation and Commercial Travellers' Day.

Developing his subject further, MR. VAUGHAN pointed out that the steam roads are furnishing the people of Canada with efficient transportation at a low cost and quoted a comparative table of operating costs and revenue per ton mile, explaining the difference between operating cost and revenue represents the amount available for taxes and fixed and other charges.

Table with 3 columns: Country, Operating Cost Per-ton-mile, Revenue Per-ton-mile. Rows include Canada, United States, Great Britain, France, Argentina, Australia.

To illustrate the effect which the spending power of the railroad industry means to any nation, the speaker observed that in 1929 the purchases of the two Canadian railways were approximately \$240,000,000. In 1923 these purchases had fallen to \$87,000,000, a reduction of \$153,000,000.

New Medical Verdict On Drunks

In future a simple case of drunk must be cited as a victim of mal-nutrition, if we are to accept the verdict of a learned doctor in a paper read at the Harvard Medical School tercentenary the other day.

calories. The drinkers do not feel hungry. Eighty per cent of those treated had developed insufficient gastric juice. The diets which relieved them all included two eggs, a pint of milk, half pound of beef or lamb, half a pint of orange juice, four servings of green vegetables (freshly cooked and raw) three ounces of yeast and injection of vitamin B complex concentrate.

The conclusion is, said DR. STRAUSS, "that alcoholic paralysis and alcoholic psychosis are caused by defective nutrition and not by the alleged poisonous effect of alcohol."

Editorial Notes

Ember Day.

Everybody who loves animals should be interested in the S. P. C. A. meeting to be held this evening.

We may be prepared for windy weather the next week or so when the days and nights are equal.

A lamb fair adds distinction to our agricultural exhibitions, and to Souris and King's County belong the credit.

When our octogenarian Senator wants to know he asks a question publicly so that everybody will get the answer—if given.

Evidently Haile Selassie sees no immediate prospects of returning to Ethiopia for he has completed the purchase of a villa called Fairfield, situated near Bath, England.

When a Cabinet Minister, especially the holder of the purse-strings, and a good fellow at that, comes smilingly along everyone is glad to see him. And he graciously returns the compliment.

In Quebec medical doctors are much more plentiful as legislators than they are here, where we must make a lawyer Minister of Public Health. In his following of 76 in the Provincial Legislature, Premier Duplessis has no fewer than 11 doctors.

We appreciate the feelings of that Scotchman who, elected to office and giving a party to celebrate the occasion, delivered his speech in the following frank manner: "I canna but say I'm kind o' entitled to the honor, for I've gone through all the various stages of degradation to reach it."

Evidently the reason for the extension of the term of office of Lieut. Governor Covert of Nova Scotia, is to help out the Angus Macdonald government. The two likeliest aspirants for the position are Hon. C. W. Anderson, Minister without portfolio and Hon. A. S. MacMillan, Minister of Highways.

Under the new Soviet-Canada reciprocity agreement, we are told "Russia has no intention of shipping coal for consumption in the Maritime Provinces." But what of that if they are to supplant the Maritime Coal producers in the rest of Canada? It recalls the days when Mr. King allowed the Russians railway freight preference to carry pulp from Vancouver to New Brunswick customers in the States.

No one quite believes that slush is mixed quite as freely with the red and white corpuscles of the native New Yorker until one reads the statement issued by Mr. Overton Harris, the City Magistrate who resigned his post last week. Mr. Harris has this to say about New York and New Yorkers as a result of his five years on the bench: "I am convinced of the utter hopelessness of accomplishing anything in the city courts. The New York public does not want anything better than hippodroming. The place reeks with cheap sentimentality."

An insurance case of world-wide interest has completed its first stage in London. One Rowlandson, insured for 43,000 pounds, committed suicide by shooting himself in a taxicab a few minutes before the policy expired. The company refused to pay, though the life of the policy had long exceeded the customary year and a day which insurance companies include in their contracts to minimize suicide risks; the refusal was based on the fact that the suicide was sane when he killed himself. Under the common law such a suicide is a murderer, and hence cannot benefit by his crime. Should he be of unsound mind, however, he would be entitled to benefit. In this case the jury found that the suicide was sane. Nevertheless, the Judge gave judgment for the amount claimed, and an appeal will doubtless follow.

Dozen foremost biologists discussed the question of race before the British Association for the Advancement of Science without accomplishing more than showing that the proper study of man is the most difficult of all learned pursuits. Though Chancellor Adolf Hitler's name was not mentioned, there can be no question but that the conference was called because German racial policy has fanned prejudices in Europe. To Professor Julian Huxley, "race" ceased to have any scientific meaning. He would provisionally substitute the term "ethnic group" and permit "racial type", as, for example, "Nordic type." Prof. A. Carr Saunders approached the subject from the standpoint of a sociologist and historian. "According to Prof. Toynbee," he said, "there have been twenty-one civilizations and of these, five have survived. The Nordic whites have contributed to five of these twenty-one; Alpine whites to at least seven; Mediterranean whites to ten; Polynesian whites to one; browns to two; yellows to three; reds to four; and blacks to none." Prof. Carr Saunders does not hold their poor showing against the blacks. Their day may yet come, he contends.

Notes by the Way

Premier Mussolini's conceit is as rich in words as in matter. Vaunting his own actions at a huge gathering of Italy's fighting men and people at Avellino, the dictator, whilst professing a desire to live in peace and harmony with the nations, allowed his mind to play freely with the idea of war. The Duce rejected what he called the "absurdity" of permanent peace and declared it to be "foreign to our creed and our temperament." That it is foreign to his own creed and temperament experience has abundantly shown. He boasted that he could mobilize by a simple order 8,000,000 fighting men in the course of a few hours. —Montreal Gazette.

Out of the mouths of babies and sucklings Lord Tweedsmuir, Governor-General of Canada, recently gave the Canadian Club in Ottawa "an example of magnificent brevity and succinctness" in the course of a luncheon speech. Here it is: "A small girl was asked in school to write something about the prophet Elisha. Her answer was as follows: 'Elisha was a prophet who was much annoyed by rude children. He said, if you annoy me I will let loose my bear on you and it will devour you. They did, and he did, and it did.'—Brandon Sun.

A city family had been motoring in the country all one Sunday. They had filled all available space in the car with wild flowers, tree branches and other spoils. Being uncertain which road to take, they stopped a farmer and enquired "Should we take this road back to the city?" "You might as well while you're at it," replied the farmer. "It looks as if you had about everything else we have got." —Belville Ontario Intelligence.

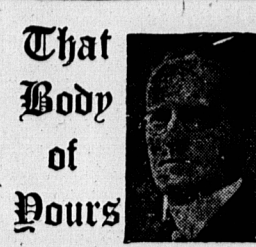
When we see all that is being done by the other communities in Egypt to secure for their fellow-countrymen education on national lines and even to attract Egyptians to benefit and thereafter to further the cultural influence of these countries, it is a plain duty for the British here to see that their own institution is kept fully provided with working funds.—Sphinx Cairo.

Any fool can break the eggs, but it takes a cook to make the desired omelette out of them. Our frying pan is full of broken eggs, we are in fact confronted with a first-class mess, the raw material for a feast of omelettes. The world does not stop, and however badly we have played our parts, there is always the possibility of a fresh beginning. If out of corruption can come forth sweetness, then out of the failure of sanctions may come the dawn of sense. The better part for all of us would be to cease re-education, and to decide for ourselves what is the future we would like to build, and how we can each and all of us contribute to its building.—Calcutta Statesman.

Very few of the fish stories that are told nowadays compare with a well-authenticated incident which took place in the St. Lawrence off Brockville about 50 years ago. Skiff-sailing was then a popular sport and W. S. Clouston, at that time teller in the Brockville branch of the Bank of Montreal, was started as he took part in one of these races to have a huge fish suddenly leap from the water and land on his shoulder, whence it slid gracefully under the skiff, wedging itself under the thwart. Mr. Clouston—who passed away not so many years ago—lost the race through this occurrence, but he gained a magnificent maskinonge which turned the scales at just 45 pounds!—Brockville Recorder and Times.

Only in mining are "plums" going begging. These, naturally, are not to be picked up by young newcomers. The way to the top, as in any other calling, is long and arduous. The point is that there is plenty of room there. Probably never before in the history of the mining industry has the demand for good men been greater or less easy to fill. The training facilities are available—none better. Scholarships are on offer. The chance for the right type of youth is splendid. —Johnannesburg Sunday Times.

We have gone in for improved highways with smooth surfaces and banked turns and warning signs at all places where there may be danger; manufacturers have spent vast sums in making their cars as fool-proof as possible; and then we discount all our precautions by turning a lot of incompetent drivers loose. It is not time we devoted less time to seeing that the roads are good and the cars fitted with all sorts of safety devices and paid more attention to ensuring that the drivers knew



By James W. Barton, M.D.

That Body of Yours

THE CONTENTS OF THE FOOD IS MORE IMPORTANT THAN ITS APPEARANCE OR EASE OF PREPARATION

Every healthy individual likes to eat. It is one of those "duties" in life that carries with it real enjoyment. Without food one is weak and there is no desire for work or play; with food there is the feeling of strength and a desire for work or play.

And to-day there is more than just "food" at hand for us to eat; there is the appeal to the brain appetite—smell, sight, taste, memory—that makes food so inviting that the digestive juices in the mouth, stomach, and pancreas actually start flowing before food ever enters the mouth.

Now while this brain appetite is a wonderful help to digestion and is something that the hospital dietitian keeps in mind (making food attractive looking to patients), nevertheless it must be admitted that it has caused manufacture of food products to put up their foods in attractive packages, and the food itself may be deprived of certain valuable substances in order to make the food more inviting.

What has been the result of making food attractive, easy to handle, and require less cooking? Dr. Jean Bogert in her book "Nutrition and Physical Fitness" says that the alterations in our national diet may be summed up under the following heads:

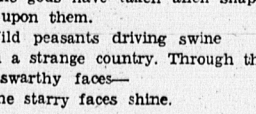
1. Cereals form a larger bulk of the diet than ever before and most of these are consumed in the form of highly milled products (this makes them more "attractive" in appearance and less troubled to prepare or serve), which are sometimes lacking in minerals and vitamins.

2. Sugar forms a much larger proportion of the diet than formerly. Sugar is a good food, gives energy quicker than any other food, but if not used up by work or play, has an acid reaction and stores up fat in many individuals.

3. More highly refined, canned, and preserved foods are used. (Some of the vitamins and minerals are lost from the food by these processes. Canned foods however are now safe foods.)

4. Too prominent place is now given to muscle meat—beef, lamb, pork. Muscle foods are necessary for everybody particularly for those who work hard and for growing children. What is meant is that with so much work done by machinery less "muscle" food is needed by the average individual.

5. Dairy products, eggs, fruits and vegetables are used less freely than formerly. While attractiveness and ease of preparation must be considered it is even more important that dairy products, fruits and vegetables be eaten to a greater extent than is our habit at present.



The gods have taken alien shapes upon them. Wild peasants driving swine in a strange country. Through the swarthy faces—The starry faces shine. Under grey tattered skies they strain and reel there; Yet cannot all disguise The majesty of fallen gods, the beauty, The fire beneath their eyes. They huddle at night within low, clay-built cabins; And, to themselves unknown, They carry with them diadem and sceptre And move from throne to throne. —G. W. Russell

how to handle their cars?—Cornwall Standard Freeholder.

'NERVES' SHE CALLED IT. Losing interest—losing friends—who never went out any more—always too tired. 'Nerves,' she thought—but it was her kidneys, the filters of her blood, that needed attention. Buy Dodd's Kidney Pills at once. The improved action of her kidneys helped to clear away blood impurities and excess acids. Fatigue, headache, backache, lack of energy, disappeared. THE 2 MACS

Great Men

(Butterfield in Vancouver Province) Some of the saddest things are uttered by prominent people who find themselves in the unfortunate position of having to address a bunch of schoolboys and yet they manage to make them sound convincing and right. Sir Josiah Stamp, in an effort to induce the schoolboy to be a good lad, has told the student body of a great school that in spite of rumors to the contrary, it is the good boys and not the bad boys who later become great men. "Statistics" he added "show that by far the greatest proportion of great men and leaders of the world come from the top half of the grade."

There is here a confusion of ideas that Sir Josiah Stamp should have avoided. It is the confusion of facts and opinions about facts that comes from taking it for granted that the leaders of the world—as he calls them—are necessarily great men.

All too frequently the leaders in the world are only temporary leaders picked for their especial devotion to an ephemeral principle that finds momentary favor. With the explosion of the ideas they represent they drop back into common ruck and are no more heralded by their fellows.

The great man, however, may even be a failure in his lifetime, but he is a man whose name goes on long after the leaders are all dead and done for; and very frequently—if one may dare to challenge Sir Josiah—he was a very bad or a very lazy lad at school.

I can recall two such—Shelley and Kipling. The latter, indeed, has written a book to show his badness to the world of youth, while all those sorts of people from whom the leaders are drawn have left record of Shelly's wasted school years.

It is easy to understand a hard-working schoolboy rising to be the chairman of the London Midland and Scottish Railway and a governor of the Bank of England. But long after the railway becomes a mere memory and the Bank of England has ceased to rule the world, people will read the "Epicurean" of Shelley and chant the "Recessional" of Kipling. There is just that difference between greatness and temporary importance.

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