

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

TREASURES

The world is old, but the heart is young, and its sweetest songs are yet unsung; Earth's richest treasures are yet unthought; Earth's bravest battles are yet unfought.

Down deep in the earth—in the blackened soil—Shine out from the light does the miner toll; But see at the sound of each rising blow, How the factories hum and the hearthfires glow.

A black-brown man in an humble room Sits patiently tending an ancient loom; But see, from his hand what hues arise, A tapestry rich in Eastern dye! The farmer awakes with the earliest light, And tills in his fields from morn till night; No king could a worthier service yield, For even the king is served from the pot; Then, work and win for the world is wide, And its doors will open on every side.

TO EASE MISERY OF CHILD'S COLD RUB ON VICKS VAPORUB



Home Service

Send 15c in coins for your copy of Etiquette For Young Moderns to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address, and the name of booklet.

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Look not on the path with vain regrets.

For "the best things" have not happened yet.

The United States and Canada have been breakfast and gravy countries for many people. That's what they should be for everybody. But until the war is over we are going to have to do plenty of meat stretching to make sure everyone gets his share.

With us are people from lands where for centuries they have been stretching meat. They are the experts who can help us now—people from Russia, China, Italy, Norway, Hungary, Poland and Latin American countries.

TRICKS WITH MEAT

Of course there are North American cooks who can stretch a handful of ground beef into a Sunday supper. They know the tricks of using meat for flavor, while building up a meal's nutritive value with other cheaper foods. Meat specialists hash experts—they know how to do things with seasonings, how to pump strength into a pound of potatoes, how to give rice the flavor of roast beef.

HELP SAVE COAL

People living in apartments can help save coal even though they may never go near the furnace. Windows shouldn't be opened unnecessarily; if the apartment is too warm a radiator can be shut off. Hot water should be used sparingly and leaking taps repaired as soon as they start to drip. Curtains and window shades can be fuel savers too. By keeping them drawn at night, they will keep the drafts out and the heat in.

MAGNETISM

Is there an ordinary horseshoe magnet around the house? If so, beg, borrow or steal it and fasten it onto the end of a yardstick. Use it to pick up metal objects that lie in the path of the vacuum cleaner. It works like a charm, does away with stooping and bending and avoids damage to your precious cleaner.

NO WOMEN ALLOWED

Women have been barred for centuries from Mount Athos, a shrine in Greece.

New under-arm Cream Deodorant

Stops Perspiration

ARRID

39¢ a jar

A Morning Smile

"Hey, John," called out the service station attendant, "Your doctor got out here with a flat tire." "Indeed! A most interesting subject!" came the voice of the boss from the rear of the building. "Diagnose the case as flat-tire of the perimeter and charge him accordingly!"

The war was over. Hitler's death had finished it. And the corporal who had helped to lay them both well and truly underground was describing the scene.

"The Germans put the coffin down twenty-five times," he said. "Twenty-five times?" echoed his listeners. "What for?" "Encores," said the corporal.

Dorothy Dix Says—

MAN AVOIDING MARRIAGE, MAY BE GREAT LOVER OR SCHEMER

Either He Doesn't Want Girl To Have Others' Handicaps Or Would Break Engagement

DEAR MISS DIX—Is it possible for a fellow to love a girl too much to marry her. I am 20 and very much in love with a Marine who is 22. He says he loves me and has given me an engagement ring, and he writes me every day expressing his love for me. I wish I could marry you, but I love you too much to do it, or "I wish I felt as though marrying you would be the right thing to do, but I love you too much to do it."

Can you think of any reason for his taking this attitude in the matter when he knows how much I love him and how much I want to marry him and that I am willing to take all the risks and hardships of a war marriage? M. C. D.

KNIGHT OR KNAVE

ANSWER—The only explanation that I can suggest is that the young man is either a great lover or not in love with you at all. He may be one of the exceptional men who put the happiness of the woman he loves before his own rather than force her to endure the hardships of a marriage that he cannot adequately finance. Or it may be that he is devoted that will make marriage indefinite that you will get tired waiting and call it off.

You alone can judge which one of these two theories is the most plausible. But at any rate, for most of them never stop to think what of proposition they are offering a girl when they pop the question. They consider that just to be married to them is all that any girl could ask.

Perhaps your fiance is one of the men who is in love with love and enjoys the romance and adventure of courtship, but who does not want to be himself down by marriage. There are plenty of men like that. They want to keep their personal liberty and roam around in the rosebud garden of girls, without taking upon themselves the support of a family.

They like to be free to go and come without having to give an account of their movements, or listen to a curtain lecture, and to be able to spend their money upon themselves, instead of having little Johnny's make "I love you too well to marry you" an alibi for sidestepping the altar.

On the other hand, a poor boy who had a mother and a little brother and sisters dependent upon him, might well love a girl too much to offer her. He has seen his mother made old before her time, slaving over the wash tub and the cooking stove trying to keep her family decently clothed and fed. He has seen her shabby when he craves beautiful clothes. He has known the heart-breaking anxiety that a woman endures who is never sure of a roof over her head, or knows when the next rent is coming for the children, and cannot bear to think of the pretty, high-spirited girl he is in love with being broken on the cruel wheel of poverty.

So when he tells a girl that he loves her too well to marry her, he is doing a fine and knightly thing as a hero of romance who laid down his life for his Lady Love.

My guess is that your sweetheart belongs to this latter class. If he does his work well he is coming for you to marry you until he is ready. If you do you will just add to his burdens.

DEAR DOROTHY DIX—When I first arrived in camp after I was inducted into the army, I made a mistake. I was lonesome and bored and wanted to forget about my job in the office for a few hours. I met a girl with whom I fell so much in love that I got a divorce from my wife in order to marry her.

Now this girl and I have been living together and I have found out from her own statement that she has been unfaithful to me and has lost his bone when he saw his own reflection on the water as he crossed the bridge.

I don't know what to do. Please advise me. G. I.

WAM BRINGS WAVE OF HASTY MARRIAGES

ANSWER—I take it from your letter that after you got your divorce from your wife, you did not marry the other girl because you were at least a bit of luck, as it will save you the expense of getting another divorce or else having to put up with a philandering wife.

One of the things about the war is that it has promoted many marriages and divorces. As soon as a boy is drafted into the army he seems to have a compulsion to rush into marriage at once, although he has never thought before of getting married except as a remote contingency.

So we have had the spectacle of thousands of lads suddenly imagining themselves in love with girls they have known all their lives and for whom they had never even had a passing fancy, and marrying them on the spur of the moment. And other thousands of boys marrying strange girls after knowing them for only a few days or weeks, sometimes after a mere two cocktail acquaintances, and of whose characters and family background they were absolutely ignorant.

It was to be expected that these short-order marriages would have a brief duration, but it is surprising to learn that so many married men, who had been thoroughly house-wives at home, have now become soldiers and are seeking divorces from their faithful Maries so that they may marry some little cutie who has rolled her eyes at them and got them into a divorce. He has been the demand for soldiers for divorces that in one state, in which there are a number of army camps, it has been found necessary to get out a folder listing all the statistics on marriage and divorce.

It doesn't take a prophet to foretell that these Number Two marriages founded on nothing but war hysteria, bode no good for the soldiers who are indulging in them, and that many a one will regret his and sign for the good-old faithful wife and the children and the comfortable home that they have thrown away for a shocky and phony romance.

My earnest advice to all the men in the army is to steer clear of divorce for the duration. Let the old marriages rock along for the present.

THE VICTORY

HEALTH LEAGUE OF CANADA

LIVER!

As you know, meat retarding does not cover the organ meats such as heart, kidney, sweetbread, and liver. If the restricted use of muscle meat causes you to use a greater amount of organ meats, it is a decided advantage to you, nutritionally.

You have been informed many times to eat Liver. You ask why or which—call, beef, pork,—is the most valuable from a nutritional standpoint? Pork liver is the richest in food value and is the least expensive.

The average Canadian diet may be low in iron, riboflavin and per-hance other vitamins. An average serving of Liver provides you with almost all of the iron and riboflavin needed for a day, more than the daily need of Vitamin A, and is a good source of complete protein. It is also one of our good sources of Vitamin B1. No muscle meat possesses the amounts of these essential nutrients which are found in liver.

You must remember that liver requires careful cooking, as over-cooking toughens it and destroys the flavour. When you are frying Liver, wipe it first with a damp cloth, then dip in flour to which seasonings have been added, and fry. There are many other ways of serving Liver besides frying, so give your family a pleasant surprise next time you serve Liver. Fry it gently, then cut into small pieces and cream. Or use it in casserole or scalloped dish along with vegetables.

An attractive kitchen calendar, consisting of a coloured photograph of the foods necessary for health, space for ration dates, and a vital message to the household, is ready for distribution. Details may be obtained from the Health League of Canada, 111 Avenue Road, Toronto.

BURNT CHINA

Burn marks on your best china where someone has carelessly left a cigarette? They can be removed by rubbing them well with a cork dipped in damp salt. Then wash thoroughly in suds, rinse, and dry.

Mr. Winkle Goes To War

A Jap officer was stealing his way toward him. He was the one who had got away from the group of five. The swarthy little man was in the car and the body of Mr. Tinker.

Mr. Winkle grabbed the nearest rifle. He swung it into position to fire, resting it on the edge of the fox hole.

As he aimed, the officer was passing Mr. Tinker. To Mr. Winkle's amazement, one of Mr. Tinker's legs moved and he tripped the man, sending him sprawling. Mr. Tinker's jump at him was more of a crawl, but he made it before the Jap could fire his pistol.

The hairy hands of Mr. Tinker found the officer's throat. They held on while the two rolled on the ground. Gradually the Jap's convulsive movements stopped and he lay still. Mr. Tinker continued to retain his grasp on the other's throat, yeslike, even when, in turn, there was no more movement from him.

Mr. Winkle turned back to his main business.

He felt no shock when he saw more assault boats coming out of the mist in addition to the two now beaching themselves. He had only the determined desire to kill and kill again even when he knew he must be overpowered.

He didn't hear, above the noise of his gun, the trucks grinding to a stop in back of him; with a shriek of brakes. For some time he wasn't aware that other men, live men, were in the fox hole with him and that still more were firing from the sand for some distance on either side.

He didn't know when he left the fox hole and with the others ran upon the beach with a rifle in his hands. He was astounded, once, to note the bayonet on the end of the rifle, and that he had plunged it into a Jap soldier and was having difficulty in getting it out. Twist, he thought, that was it. He twisted, and he blade came free. It was true what they said.

He felt a sharp sting in his left shoulder.

On top of his head there was a blinding clang.

His helmet was knocked off. His head crashed on his bare head and after that he was aware of nothing.

Mr. Winkle opened his eyes. "Something was wrong with me for a few minutes, but he couldn't place where he was.

The first thing he saw was the face of Jack. Jack floated in the air all by itself. "Hello, Pop," he heard Mr. Winkle say.

"So you made it, too," observed Mr. Winkle.

"Made it? Jack he inquired.

"We're dead, aren't we?" asked Mr. Winkle. "You were dead the last time I saw you, weren't you? Heaven, I suppose. Or is it—? In some panic he demanded, Which one?"

The head laughed. "We're in any Army hospital just outside of Los Angeles."

The rest of Jack came into focus. Glad in pajamas and a bathrobe, he was sitting on the edge of a white bed. There were lines of white beds.

Mr. Winkle looked down at himself. He seemed to be all right. He wriggled his toes to make sure. His left shoulder felt a little peculiar and he had a slight headache, but otherwise he was intact.

I don't understand, he said. We're supposed to be on Talloz. You—and the Japs. He looked around at it to see the Japs swarming up the beach.

"The Japs, Jack, grinned, didn't get anywhere. We've taken the whole island since then. You saved it. You're a hero. You're going to get a medal. The President told about you in one of his speeches."

"The President? This was the second time the President had paid some attention to him.

"And look at these papers!" Jack handed the paper. He was "glad." "You'd better start at the beginning, he begged Jack.

"I'm supposed to call the nurse if you wake up," Jack said. "You've been out for five weeks. You're not supposed to talk."

You do the talking, Mr. Winkle ordered. And lots of it.

Jack himself had merely been knocked out and wounded by the explosion of the lucky shell in the fox hole. Mr. Winkle had been found on the beach with a bullet hole through his shoulder and a bad concussion. At first it was thought he wouldn't live. The doctors did a job on his head in the infirmary at Talloz. Another and more thorough piece of work was done after they were shipped back to the States on a transport. Jack assured Mr. Winkle that he was all right now.

CHAPTER XVIII

You don't have to worry, Jack said. Mr. Winkle knows. I went home to see my folks. I'm here now only for a check-up before I join my new company. We're needed for the Philippines this time.

You left out something, Mr. Winkle said. The most important part. The Alphabet Freddie, and the others.

In a low voice, Jack said, I was the only one.

It was a moment before he could ask about Mr. Tinker. Then he spoke only his name.

No, Jack told him.

At least, thought Mr. Winkle, Mr. Tinker had got his Jap himself. He would always cherish thinking of the sight of Mr. Tinker with his hands around the Japanese officer's throat.

(To Be Continued)



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KING COLE COFFEE

THE COOK'S CORNER

TOSSED SALAD

2 cups shredded cabbage.
1-4 cup diced sweet green pepper.
1-2 cup diced celery.
3 tablespoons salad dressing.
1 tablespoon chopped sweet pickle.
1 tablespoon chili sauce.
Method: Shred cabbage finely. Have green pepper and remove the seeds and then cut the flesh into small dice. Dice the celery finely. These may be prepared some time in advance and chilled in the refrigerator in a well covered bowl. When ready to serve, combine the dressing, pickles and chili sauce and then add to the salad and toss with fork and spoon until well mixed.

ORANGE FLOATING ISLAND

2 egg yolks, slightly beaten
1-8 teaspoon salt
3 tablespoons sugar
1-2 cup orange juice
1-2 cup orange juice
2 egg whites.
Vanilla fine sugar
Method: Beat the egg yolks slightly and add the salt and sugar. Gradually add the hot milk and the orange juice. Cook over boiling water for 5 minutes or until thick. Beat the egg whites until stiff and gradually beat in the 1-4 cup sugar and flavor with a drop or two of vanilla. Drop by spoonfuls onto the mustard. Chill before serving.

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For practical, all around usefulness, it is hard to beat a shirtwaist frock. This one has straight simple lines that are becoming to large figures.

No. 3633 in size 36 requires 3 7-8 yds. 38-in fabric.

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