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Schumacher Feed, Oil Cake
Meal, &c., &c.

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SOMEWHERE
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By BAYER**

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Eye strain**

We use this adjective advisedly.

Sufferers from Eyestrain may have perfect vision and therefore do not suspect the presence of any eye defect.

The motive power of the entire human organism is Nerve Energy.

Normal eyes utilize about 20% of this Nerve Energy, but when Eyestrain is present, a much larger proportion is required. Hence defective eyes, through their consumption of an excessive amount of Nerve Energy, may seriously affect the functioning of other organs of the body, and produce ill health.

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and Throat
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THE CHARLOTTETOWN GUARDIAN
THURSDAY, JULY 3, 1924

President, W. Chester S. McLure; Vice-President, J. B. Burnett; Secretary, Lieut. Col. D. A. MacKinnon, D. S. O.; Editor and Manager, J. H. Burnett; Associate Editor, D. K. Currie; New York Representative—Frank H. Northrup; Chicago Representative—E. J. Power

FOR OUR ORPHANS year when our province is smiling Arrangements on a large scale in its newest and most beautiful are being made for a three days' summer garb there is no reason festival, during Carnival Week, in why some healthy giving and restful aid of the Catholic and Protestant pleasure should not be sandwiched Orphanages. in among the sober duties which are

Both orphanages depend for their bringing them together. There will existence upon the charity of the be ample opportunity for this and a public. Heretofore the appeal for few drives through—well, any-aid has been made on behalf of where will be good enough, as each institution separately al- there is no part of the island that though to the credit of our citiz- will not stand the closest inspec- ens and the public at large, aid tion—would do very much to make has been very generously extended the visit a pleasure and a standing with little regard to denomination- invitation to come again. alism. Realizing that it is a com- We understand that a public mon cause the auxiliaries of the meeting is being arranged for and respective institutions have wisely we trust that our citizens will show decided on this occasion to make a their appreciation by attending. common appeal and we feel assured Matters of public health will not that the generous and Christian doubt be discussed and these sub- jects should always arouse interest- will be appreciated by all classes We have what should be one of the and conditions of men and women, healthiest countries in the world. Our orphans are the wards of the come ill when they should not, and helplessness constitute their right some of them die when they should to Christian charity. On this be attending to their earthly duties, ground the Protestant and Catho- Possibly some reasons for these un- lic auxiliaries by whose indefatig- usual occurrences may be discussed able efforts the respective orphan- and, in any case, much may be ages have been maintained appeal learned at the meeting referred to, to the public for generous patron- The principal point is to make the age during the three days festival, visit a mutually pleasant and pro- fitable one for the visitors and our The joint appeal in a common cause, in a cause greater than people.

A PUBLICITY CRUISE

The British squadron which left England in November last arrived in Vancouver, B. C., during the last week in June. The squadron was under command of Vice Admiral Sir Frederick Field on board the Admiral Ship Hood. The squadron was given a tremendous reception: are needs common to humanity as by the British Columbians, hund-reds of thousands of people from creeds, no denominations, no races. all parts of the province thronging To supply these needs is the aim of Christianity, the purpose of civ- ilization and in uniting to supply, them we assist by so much in ver a most spectacular feature of: broadening our creeds and n reception was accorded. More bringing about a better civilization. than 200 Japanese fishing boats. It will be no hardship during these three days, in the midst of a each craft flew the Union Jack and week of entertainment, to even go the Canadian ensign and as the a little out of our way to patronize great battle cruisers alid by this festival in behalf of the or- sons of Nippon cheered with frenzy. hians. The affair will be on a fifty- A big fish carrier, from New West- fty basis both as to expense and minster, went one better, for she car- proceeds. Let it also be on a fifty- ried about 50 Japanese, who sang fifty basis so far as our citizens in English, God Save the King, as are concerned and the result will the Hood went by, a compliment: be a hundred per cent profit for which was much appreciated.

IMPORTANT VISIT

As previously intimated in The Guardian the Maritime Branch of the American Association of Sur- geons will meet in Charlottetown on the 9th and 10th instant. Coin- cident with this will be the annual meeting of the P. E. Island Medical Association. This is the most important medical meeting ever held in the city as some of the leading surgeons of Canada and the United States are to be in attend- ance. Among these are several Prince Edward Islanders who have distinguished themselves both in Canadian and American hospitals, men of whom the province has a right to feel proud and whom it will be a pleasure to honour along with their distinguished brethren from other lands. We understand the local Medical Association is making necessary preparation for the entertainment of the visitors and we have no doubt that they will do their full duty in this respect and that our citizens generally will generously assist them in every possible way.

While the visiting doctors pur- pose meeting for professional coun- sel and interchange of professional opinions and discoveries there is no reason why the visit should be an exclusively business and profes- sional affair.

EDITORIAL NOTES

The stream of summer visitors to the province is setting in somewhat strongly the number of passengers by both the Borden and Charlotte- town routes being between 150 and 200 daily. This is encouraging and promises a larger influx of visitors than usual.

The marking of the roads by the Tourist Association together with the guides furnished by the Motor League are proving of inestimable value not only to visitors but to our own people, very many of whom are unacquainted with the location of our local points of interest.


Notes By The Way

Many flagstuffs surmount build- ings along the streets of Charlotte- town. Of themselves they are not ornamental. Most of them are weather beaten with age, giving evidence of having been erected by a past generation rather than the present one. These flagstuffs were erected when new by the men of that time in order that upon fitting occasions flags might be flown from them. They serve no other purpose either useful or ornamen- tal. Flagstuffs are most numerous on and around Queen's Square, along the water front and along Queen Street, Great George Street and Prince Street.

To fear God and honor the King was a motto of the best of our Brit- ish ancestry from times immemor- ial. It was also the motto of the United Empire Loyalists from whom a large number of the peo- ple of the Maritime Provinces are proud to claim hereditary descent. They believed, as the founders of our city believed in monarchical institutions as of divine origin and destined to endure throughout all ages. They were both religious and patriotic and for that reason they loved and honored the Old Flag of their country on which the Great Symbol of man's redemption was enshrined. To them it spoke of God and of patriotism as insepar- arable.

The Flag has a meaning and significance that should not be for- gotten. It means that we are a Christian people as well as a patri- otically British and monarchical people. Other Christian nations to the number of nine or ten have placed and kept the Cross upon their national banners. One or two of the Canadian provinces have provided that every school house shall be equipped with a flag and a flagstaff upon which shall be dis- played on national days such as the birthday of the Sovereign, Dominion Day and other fitting and important occasions. We think it would be well if the practice were extended throughout the broad Dominion.

That Body of Ours



By James W. Barton, M.D.
A VACATION PLEA

It was a common saying twenty years ago that people living in Washington could go to Baltimore and avoid Hay Fever, and Bal- ton and do likewise.

Baltimore and Washington are about forty miles apart.

That there was some truth in the saying was also proven to some extent.

But the point I want to make, and it is a plea for a change, for a vacation for you, is that the actual change of scenery, of habits of life, of food, or its manner of preparation, all have a very vital effect upon your entire system.

And this applies to every mem- ber of the household.

The youngsters get out in the air, meet new playmates, engage in new lines of play under entirely new circumstances.

The mother of the household gets away from her own or her maid's cooking. She gets different kinds of food stuffs than she has been in the habit of using, and variety adds spice.

She gets amid new surroundings, with a new "set" of people with different viewpoints and varied interests. It is a distinct change.

And for the man of the house- hold everything is different. There is no office, school or factory for his day hours, but new people, different food, and a different method of spending his evenings.

Now what is my idea in talking about this?

Well, as you know, food and its digestion is the biggest factor in your life's health, and in the health of ever member of your household.

In a former article I said the ideal vacation for everybody was to try and go back to the days of your boyhood and girlhood, and endeavor to have some of that freedom of action that you had in those days.

This would bring with it the foods and dishes you liked so much at that time.

And so with the change of scenery, change of activities, the outdoor life, along with the dishes you like, you would so stimulate your digestive juices that they would take care of almost anything you cared to eat.

You see then, it isn't only the "air" that makes you eat and feel so well, it is also, to a large extent, the agreeable impressions you mind receives from all the things that are so different to the daily routine of your regular home life.

Then when this begins to pall upon you and upon your appetite, you go home and feel again that home is mighty good.

Why?

Because it is different again.

There were too many flagless poles pointing nakedly skyward in Charlottetown on Dominion Day. They numbered at least five times as many as those that carried flags. It was regrettable. Of course it does not mean that our citizens are wanting in patriotism so much as that they are forgetful or neglectful over. One worthy lady in the city, quite as patriotic as the best, said afterwards, "I am so sorry; we have four or five flags, but I just forgot." Many were out of town, no doubt. Queen Square School set a worthy example and it seemed to be needed when too many public offices, national soci- eties, hotels and business places were among the delinquents.

During and for a time after the war the Flag was more in evi- dence than it has been recently. The change may be only indicative of a brief relapse from the time when popular patriotism was keyed up to the highest pitch as it was during the crucial days of the great conflict. We are not an exci- table or demonstrative people. Our neighbors across the border whom we cannot believe are any more patriotic than we, quite ex- ceed us in their jubilant and aggres- sive display of fervor in celebrating their national holidays.

We need an occasional reminder lest we forget—certain things. Among those certain things are not merely that our Flag has so long braved the battle and the breeze, or that it floats over near- ly a quarter of the human race. These may count for much and yet for but a small part of what has been achieved under that flag for human liberty, civilization and progress. For more than six hun- dred years a great Parliament has sat in London, the Mother of Par- liaments so-called because it led the van in giving the people a voice in the making of the laws and the creation and perpetuation of free- institution. Who led the way in the abolition of human slavery? Scores of years before any other, the British Parliament had de- creed that slavery could not breathe in England.

What nation paid the heaviest cost in blood and treasure to crush by sea and land a Napoleon in the nineteenth century and a Kaiser in the present century and so pre- serve human liberty on earth? Un- der what other Flag than ours have hundreds of millions of the dark races of the world in India and Africa been taken under guardianship and taught the ways of peace and civilization? Under the same grand Old Flag the British Navy,

Your Birthday

JULY 3.—You are independent and rather obstinate, although sympathetic and kindly. You are not liked as well by your own sex as by the opposite. You are a convincing talker, studious, fond of travel, and get much enjoyment out of life. Curb a desire to be jealous, and think the best of everyone.

Your birth-stone is the ruby, which means contentment.

Your flower is the water-lily.

Your lucky color is green.

than a century, has beneficently policed the seven seas from pole to pole, guarding human liberty, rescuing captives and adminis- tering justice to all.

No other Flag than ours means so much, or has such noble and age-long traditions surrounding it. We do well to honor the Flag and teach our children to revere it. We also do well to display it on fitting occasions like Dominion Day, lest we forget.

(By Dominion News Service)

VIENNA, July 2.—The monks of the monastery of Zagreb, Czecho- Slovakia, recently noticed that the poor box in their church has been empty for more than a year, al- though the faithful had been seen putting coins into it.

One of the monks discarded his habit and turned detective, with the result that he caught the thief, a man who prayed fervently every day close to the box. By means of a cleverly devised lock and spring the thief extracted coins and paper from the box, obtaining a regular income of about \$2 a day.

Lost Gold Ingot

(By Dominion News Service)

VEVEY, Switzerland, July 2.—The Geneva police have arrested two street sweepers who are ac- cused of stealing a bar of gold lost seven years ago by an em-

Insurance Service

No merchant, manufacturer, farmer, shipper or banker will entrust his legal affairs to a chance acquaintance; nor permit a friend in distress to search a title or prepare a deed; yet it is popularly supposed that anyone is competent to write an Insurance Policy, although within a few hours the validity of that Policy may constitute the only claim to thousands of dollars.

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Eastern Standard Time

11:30 a. m.—Stock market re- port.
11:40 a. m.—Produce market re- port.
11:45 a. m.—Time signals.
1:00 p. m.—Music and one-act play, "A call to Arms," Harry L. Newton.

5:00 p. m.—Produce and stock market quotations; news bulletins; baseball results.
5:15 p. m.—Report on condition of New York State highways, fur- nished by Captain A. W. Brandt, State Highway Commissioner.

5:30 p. m.—Organ recital by Stephen E. Boisclair, organist, from Proctor's Harmanus Bleeker Hall.
7:45 p. m.—Library night, program furnished by the American Library Association.

7:40 p. m.—Baseball results. A Few Moments with New Books, William F. Jacob, librarian, General Electric Company. Selection, "Russian Dance." Glinka

WGY Orchestra
Address, "The Library and Adult Education"
J. T. Jennings, president, Ameri- can Library Association.
Selection, "Berceuse Reverie" sgambati

Orchestra
Address, "What the Library Has of Value to Science and Industry"
E. H. McClelland, Carnegie Library of Pittsburgh
Selection, "Musical Scenes from Spain"..... Langey

Orchestra
Story group,
a. "Spaniards"
b. "Burr Fox's Cow"
c. "Burr Rabbit in the Well"
Sarah B. Asken, librarian, New Jersey Public Library Com- mission
Selection, "Florence Intermezzo".
..... Waghalter

Orchestra
Address, "A Radioration"
Asa Don Dickerson, librarian, University of Pennsylvania
Selection, "Intermezzo"..... Thurban

Daily Selections FOR Guardian Readers

THE REALM OF PEACE

From year to year, we slowly plod and climb,
from crag to ledge—from ledge to higher plane,
Along a trail, uncharted, undefined,
Far up the mountain side,
Until we reach that realm of thought sublime,
That rest empyrean—that cloud- less fane.

The highest home of the un- trammeled mind,
And their peace abide.
The humble worm crawls on, through dismal days,
And then encased—its fettered life confined
Seems dead—until it breaks the wither'd rind,
A floating joy—its radiant form displays.

So man, enthralled in slimy faiths and fears,
Grows on, yet strives through galling gloomy years,
"Till grown in strength, he bursts all creed-knot ties,"
And grasps his cherished freedom, as the prize.

We rise through cults—confused— like warping clouds—
And graze that quiet realm of mental light,
While far beneath—the darkness and the night
Enfolded lie—like cerements and shrouds.

And looking down on those emmesh- ed below,
Still groping blindly in the murky gloom,
We weave a rope of higher thoughts, and throw
That "rescue-line" to reach their sluggish tomb.

Insurance Service

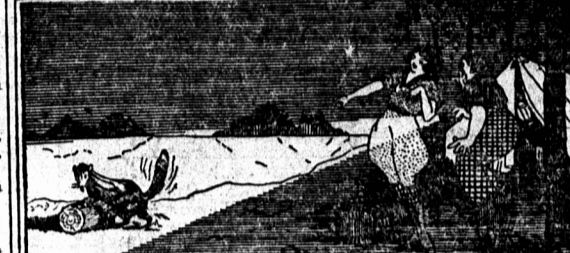
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WESTERN SALT COMPANY, LIMITED,
Courtright, Ontario.

ployee of a firm of jewellers who was taking a number of ingots at the worth several thousands of dollars on a truck to the Mint.
Two ingots fell from the truck without the employee noticing the



Rob the Dark of its Terrors

WHEN Jimmy Skunk goes touring—you'll need your Eveready Flashlight. There is no better light for searching out all the weird, mysterious noises of dark nights when you are camping. Those stealthy footsteps—Burr Rabbit out foraging. The creepy, gnawing sound Prickly Porky makes when he nibbles at paddle or tent peg. The quick, searching, powerful beam of an Eveready Flashlight gives you a feeling of comfort and security. Safe to carry anywhere—takes little space—fresh batteries, when needed, inserted in a moment.

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