

Now Is The Time To Stock Up and SAVE
Special Sale of AYLMEYER FOODS For
FRIDAY, SATURDAY and MONDAY, MARCH 18-19-21
 LOOK for SPECIAL SALE SHEET DELIVERED AT YOUR DOOR

FISH FOR LENT		CHOICE MEATS	
Fresh Haddock	18c	CHUCK ROAST BEEF	11c
FILLETS, Lb. ---	---	Lb. ---	---
Trimmed HADDOCK, Lb. ---	12c	RIB ROAST BEEF	21c
SMOKED FILLETS	27c	Lb. ---	---
Lb. 14c 2 Lbs. ---	---	ROUND STEAK	20c
Sliced	27c	Lb. ---	---
HALIBUT, Lb. ---	---	LEG OF LAMB	27c
Fresh	30c	Lb. ---	---
FILLETS OF SOLE, Lb. ---	---	Corned	27c
WEBBELL HERRING	23c	PLATE RIBS, lb. 14c. 2 lbs.	27c
6 For ---	---	Sweet Pickled	11c
Coho	33c	CORNED BEEF, lb. ---	---
SALMON, Sliced, Lb. ---	---	Fresh Made	18c
COD STEAKS	15c	SAUSAGE, lb. ---	---
Lb. ---	---		
VICTOR FLOUR 98 lb. bag ---	\$3.40		
24 lb. bag ---	95c		
PINEAPPLE SLICED No. 2 ---	19c		
OR CUBES Tin Each 10c. 2 for ---	---		
MARMALADE AYLMEYER ---	23c		
ORANGE, 2 lb. Jar ---	---		
AYLMEYER JAMS 32 oz. Jars Strawberry, Raspberry, added Pectin-Jar ---	27c		
FRESH FRUITS and VEGETABLES			
NEW POTATOES, lb. 9c. 2 lbs. ---	17c	Crispy Head	
NEW CARROTS, lb. 9c. 2 lbs. ---	17c	HEAD LETTUCE 13c. 2 for ---	25c
FRESH SPINNACH, lb. 15c. 2 lbs. ---	29c	PINEAPPLES, Each ---	25c
LARGE CELERY, head ---	27c	NEW BEETS, bunch 13c. 2 for ---	25c
NEW RHUBARB, lb. ---	21c	PLUMS, 6 for ---	20c
NEW CABBAGE, lb. 9c. 2 lbs. ---	17c	GARLIC, lb. ---	25c
CAULIFLOWER, head ---	35c		
JAFFA ORANGES Large Size DOZEN ---	39c		

DEMONSTRATION ON AYLMEYER FOODS DURING THIS SALE.
 VISIT THE STORE AND SAMPLE THEIR PRODUCTS.

THE CANADIAN STORES LTD.

KINGSTON W. I.
 The March meeting of Kingston W. I. was held at the home of Mrs. James Beer. The meeting opened by singing Auld Lang Syne and repeating the Creed. Eleven members responded to roll call. There was also one visitor present and a new member was welcomed. Two members paid their membership fees. The minutes of the previous meeting were read and approved. A letter regarding a National Magazine and Million Members was read. Several members expressed themselves as willing to subscribe to the magazine. The Secretary reported that she had re-

ceived the Institute Grant. The sick committee reported having sent fruit to three sick folk. Messages of thanks were received from two of those who received fruit. The school committee reported the need of blackboard erasers. It was moved and seconded that those articles be bought. A discussion took place regarding the purchasing of a canning outfit. A motion to this effect was unanimously carried. A demonstration on knitted gloves was given by Mrs. Betram Willis. A bill was then presented and paid. Mrs. B. Willis invited the members to her home for the next meeting. Roll call will be answered by suggestions for a Washday Din-

ner. Program Committee: Mrs. Ira Auld and Miss Mabel Auld. A paper on Institute Activities was read by Mrs. B. Willis. A spelling match was conducted after which a Guessing Contest was put on by Mrs. MacSwain. The meeting was brought to a close by the singing of the National Anthem. A delicious lunch was served by the hostesses and a social time spent.

Penguins In Zoo Spring, Big Surprise
 (By EDDY GILMORE)
 WASHINGTON, March 11—(AP)—Everything was out of the zoo's bird house tonight—for Mollie and Moe are double-barreled penguin parents at last. Born to them Saturday was Malcolm, a mite of a jackass penguin, said by keepers to be the first ever hatched in a United States Zoo. And-born to them yesterday was Mortimer!

"Yes, sir," exclaimed Dr. William M. Mann, the zoo director, "Mollie and Moe are double-barreled penguin parents at last. They've confounded science and confounded skeptics. Let joy be unfeigned."
 It was, too, in a fowl sort of way. The whole party was caught in a carnival spirit, the extra rations of fish and grain were the order of the day. Apprehensive lest something happen to the newly-hatched birds, attaches built a barricade separating the four-ply family from the zoo's three other penguins. "Nothing," said Dr. Mann, "must interfere with their childhood."
 There's only one confusing note in the celebration. Keepers aren't sure Malcolm and Mortimer are really Malcolm and Mortimer. Explained the director: "You can't tell about penguins. They may be Mary and Margaret."

In a Scottish village there is a grocer who has been a teacher. He likes to air his scholastic knowledge much to the annoyance of his customers. Into his shop the other day walked a lady who was herself no dunce. "How long is it, Mr. Campbell, since the Dodo became extinct?" she asked. "Let me see now, madam?" began the grocer greatly flattered. "I should say at least three thousand years. Why do you ask?" "Eggs last week!" was the crushing reply.

BRINGING UP FATHER

SPRING AGAIN!

Time to decorate. We invite you to come in and inspect our modern WALLPAPER ROOM. Every Pattern displayed on the walls is either SUNWORTHY, SEMI-TRIMMED or MAXIMUR.

Our 1938 line of STAUNTON'S solves your Wallpaper problems.

We still maintain the reputation of having the lowest Wallpaper prices in P. E. Island. If you live in the City phone for our large Sample Book. If outside the City your merchant will show you our Samples.

CARTER & CO., LTD.

THE OLD HOME NEAR PADDY'S MARKET—IT CERTAINLY LOOKS GOOD—I HOPE I'VE CONVINCED MAGGIE TO MOVE BACK TO THE OLD STREET—

DADDY—IS IT TRUE YOU'RE GOING TO MOVE BACK IN THE NEIGHBORHOOD?

I NEVER SPOKE A TRUER WORD— I'VE LONGED TO GET BACK AN' BE WITH OLD AN' TRUE FRIENDS—

WHEN I LOOK BACK—I KIN SEE YOU NOW—A LITTLE FRECKLE-FACED LASS— WITH A TURNED UP NOSE— PLANNING THE ALLEY WITH THE DUGAN KIDS— AN' HOW YOU USED TO WAIT FER ME TO COME HOME FROM WORK—

BUT—DADDY—IF YOU DO MOVE BACK—WILL YOU CALL AND SEE MOTHER AND ME EVERY DAY?—

The Central Guardian

CONFEDERATION LIFE INSURANCE, L-6789-7-12-312

NOW FOR A REAL BREAKFAST with Robin Hood Porridge Oats, China, Silverware or Plain.

WOMEN'S MUSIC CLUB—Canadian National Hotel, Saturday afternoon 3.30. L-911-3-18-11.

ADVERTISERS ARE REMINDED that advertisements for insertion in The Guardian should be received at the office not later than 11 A.M. the previous day.

FRESBYTERIAN CHURCH Services on Sunday, March 20th, Harrington 11 A. M. Highfield 3 P. M. Marshfield Y. P. S. 3 P. M. L-901-3-18-11.

CHURCH NOTICE MARCH 20th. Cornwall United Charge. New Dominion: Service 11 A. M. Kingston: Service 7 P. M. Cornwall: S. S. 11 A. M. Service 7 P. M. Congregational meetings after all services. Rev. E. R. Woodside, Minister. L-902-3-18-11.

HAMPTON UNITED CHARGE—Rev. D. J. Morrison, Minister. Services on Sunday, March 20th, as follows: Bonshaw 11 A. M. Hampton 3 P. M. Victoria 7 P. M. also a service at Eschell at 7 P. M. conducted by the Y. P. U. of Bonshaw. L-903-3-18-11.

CAVENDISH CHARGE—Worship on Sunday, March 20th in New Glasgow at 11 A. M. Cavendish at 3 P. M. and if weather and roads are favourable in Stanley Bridge at 7.30 P. M. An offering for the Red Cross Chinese Relief Fund will be received. Please put your contributions in the envelope bearing your name. Geo. W. Tilley, Minister. L-922-3-18-11.

DEATH AT TRURO—Mrs. Fred Shaw, Bayfield Street, City, received a wire yesterday afternoon conveying the sad news of the death of her aunt, Mrs. Mary White of Truro, N.S. Mrs. White has visited here on several occasions and will be kindly remembered by her friends.

PERSONALS

Messrs. Elmer and Alban Peters have returned to their home in Marville after spending the winter months in Quebec.

Mr. and Mrs. Duncan McKay of Seattle, Washington, who have been spending the winter on the Island, are at present visiting Miss Harriet McLeod, French River. During the past week Mrs. McKay has been assisting and directing the young people in preparing for an entertainment.

FREDERICTON NOTES

The Women's Institute of Fredericton are to be congratulated on their purchase of new seats for the school.

Mr. Ralph Thompson, Springton, was a recent visitor to Glen Valley.

The Pleasant Valley Y. P. U. held a St. Pat's social at the home of Mr. William Pound Friday evening. A very pleasing crowd attended and the evening was pleasantly spent in games and other activities. Towards the close of the evening the ladies presented a number of those present with solos to the enjoyment of all present. Lunch was served by the ladies upwards of 100 persons. The refreshments provided. A vote of thanks was moved by John A. Blondin, seconded by Lewis Weeks and presented by Mrs. Mabel McKay to Mr. and Mrs. Pound and family for the kindness of opening their house for the occasion.



Announcing our Spring Showing of "STUDENT" SUITS

Announcing our spring showing of students suits. Here are suits of real tailoring, distinctive patterns and fabrics and new style designs. We offer these suits for young men 15 years to 19 years of age in sizes 33 to 38.

\$11.95 \$13.50 \$15 \$18 \$20 \$22.50

HOW HIGH DO YOU WANT TO GO

Our new spring suits are priced all the way from **\$11.95 to \$22.50!** Which price is yours?

Boys like their Style... Parents like their Value..

Here is your spring showing for the growing boy! For suits that keep that neat appearance, will wear during the roughest games and return most for the money... You can't fool a boy on the style, nor can you fool their parents on the value, these have both.

Priced from \$6.00 all the way up to **\$15.00**

And there's a fresh new Showing of Shirts, Sweaters, Ties, etc.

—SEE OUR WINDOWS—

"ON THE ISLAND IT'S MOORE & McLEOD LTD.
FOR FASHION AUTHENTICITY"

Entomology

WHITE GRUBS

These fat, white, curled grubs are often seen in large numbers when ploughing up sod land, especially pasture, they are very common in old strawberry plantations and occasionally do considerable damage to this crop, eating off the roots and causing the plants to die. This injury often occurs in patches of greater or less extent over the plantation. We frequently find it eating off the roots of a cabbage, burrowing into a potato or a beet. Buckwheat is rarely attacked and clovers and other leguminous crops are said to be relatively immune. The adults of this insect are the well-known "June Beetles" or as they are incorrectly called "June Bugs."

The life history is very similar to that of the wire worm, the eggs live in sod land or grain fields, by the parent grub in June and July. The life history in any district appears to follow fairly definite cycles i. e. the greater number of grubs in any locality are in a similar stage of development at any one time. The eggs are deposited from one to several inches deep in small balls of earth, which, after a period, varying from a little over a week to five weeks, hatch into the familiar white grubs and feed on the roots of the grass for that season, moving downward as the approach of winter. With spring they come nearer the surface and feed voraciously, doing their greatest damage during the summer. The next winter is again spent in the soil. The following season they feed for only a short time, as they reach maturity in early summer, constructing an earthen cocoon in which they pupate. In late summer the transformation to the adult form takes place, but the beetles remain in their earthen cells until the following spring. The foregoing is a typical life history, but there are many different kinds of June beetles, there are many variations in detail, especially over wide ranges.

There is no direct or very satis-

MR. JAMES B. MAIR

The death occurred in the Prince Edward Island Hospital Wednesday after a brief illness of Mr. James Bartlett Mair, son of the late Mr. and Mrs. James Mair, of Burnt Point, near Georgetown.

Mr. Mair served in the Great War overseas in the 96th Siege Battery and had been shell-shocked, from the effects of which he had never completely recovered. He has been engaged in farming in Burnt Point for a number of years.

He was a man of splendid qualities, and his death will be learned with deep and widespread regret. He leaves to mourn, a widow and six children, also one sister, Miss Ann, lady superintendent of the Prince Edward Island Hospital, and two brothers, George, of Burnt Point, and Charles in Saskatoon.

The funeral takes place at Georgetown this afternoon, service starting at 2 o'clock.

SEE NEED FOR MORE WOMEN COUNCILLOBS

HALIFAX, March 16—More women should be in the city and county councils, Col. H. J. Stech declared in a discussion in the Halifax city council in connection with the appointment of a committee to interview the county council.

Col. Stech recalled that the county council now had a woman member, Miss Mary King, the first woman to sit in the organization, and one member of the city council was of the "weaker" sex, Mrs. Katherine Sullivan.

"I hope that the day is not far distant," he declared, "when we will see more ladies in both the city and county councils."

AGRICULTURIST

WILL CAPTAIN CRICKET SIDE

PORT OF SPAIN, Trinidad, March 15—Rolph E. Grant, former Cambridge University Double-Blue, has been asked to captain the British West Indies cricket team that will tour England next year.

Rolph played in two intercolonial cricket series and represented the West Indies against the Marylebone Cricket Club side captained by R. E. S. Wyatt that toured the colonies in 1935. Rolph's brother, Jack, captained four West Indies teams.

The West Indies Board of Cricket Control decided also to hold two trial matches in Trinidad after the intercolonial tournament in Barbados in January, 1939.

The West Indies eleven would arrive in England early in May and play 35 matches before returning home in September. Three of the fixtures would be test matches.

WRITE "CASEY AT THE BAT"

(A. F. by Guardian's Special Wire)

ROWE, Mass., March 16—In this little Franklin County hill town George Whitfield D'Vea, who won fame as author of the classic baseball poem, "Casey at the bat," quietly observed his 78th birthday today.

That Body of Hours

By James W. Barton, M.D.

ULCERATIVE COLITIS (LARGE INTESTINE) MAY BE DUE TO EMOTIONAL DISTURBANCES

It is now known that mucous colitis—inflammation of the lower bowel with accumulation of mucus—is caused in the majority of cases by nervousness and emotional disturbances. There is something about these continuous upsetments that in turn upsets the small intestine so that it pours the digesting food into the large intestine before it is digested. It is this undigested food with its digestive juices that cause the irritation of the large intestine—colon—so that wastes covered by mucus are expelled in large amounts at times; at other times constipation—the spastic form—may be present.

There is, of course, the severe types of colitis where blood and pus come away with the wastes; these cases may be due to special organisms which have been taken in with the food.

However, even the very severe form of colitis, ulcerative colitis, may also be caused by nervousness and emotional disturbances.

Dr. A. J. Sullivan, who has been studying the effects of the emotions on the large intestine for a number of years tells in the American Journal of Digestive Diseases and Nutrition of his recent study of a series of twenty patients with ulcerative colitis.

In most of the cases where the emotional factor was considered an important part of the cause of the ulcerative colitis, the result of treating this emotional condition were striking. A number of patients, in whom all other forms of treatment had failed, recovered following this kind of treatment.

The treatment consists in helping the patient to acquire calmness and helping him also to solve the problems which are upsetting him.

"The emotions whip the liquid contents of the small intestine down into the large intestine—colon. In these "emotional" individuals the digestive juices may be of a higher digestive power than normal or the protective powers of the lining of the large intestine may be lowered." In any case these digestive juices actually digest part of the lining of the colon and so harmful ulcers may be formed. The ulcerated condition known as ulcerative colitis. And because there is a much movement and irritation, healing takes place.

When the mental conflict or disturbance is solved or gets settled, there is less irritation and healing takes place.

SUDDEN DEATH OF C. N. E. BUILDING ENGINEER

WINNIPEG, Man., March 17—George Carruthers Briggs, engineer of buildings, Canadian National Railways with headquarters at Winnipeg died suddenly at his home in Winnipeg yesterday morning although Mr. Briggs had not been in the best of health for some years he continued his office duties and had a full day at the office on Tuesday. He is survived by his widow.

Mr. Briggs was born in Scotland and came to Canada where he joined the Canadian National Railway in Toronto in 1906 as a draughtsman. In 1914 he was appointed architect and was appointed engineer of buildings in Toronto in 1916 and in 1921 was transferred to Winnipeg with the same title. The funeral will be held in Winnipeg tomorrow Friday.

..By George McManus