



Film

Gone... Teeth regain sparkling whiteness

Film, too, is the source of serious tooth and gum disorders. Dentists urge special film-removing dentifrice.

DON'T be discouraged if teeth are not white and sparkling. You have 9 chances in 10 that they are merely coated with a dingy film.

film called Pepsodent. It acts to curdle film and easily remove it in gentle safety to enamel.

Don't expect the same results from old-time dentifrices. See for once and all how white and bright teeth really are.

MADE IN CANADA Pepsodent The Special Film-Removing Dentifrice

The Golden Girl

CONTINUED

LEARNING TO FLY

A day or so later Constance was ready for her first actual flight. So-so watched her climb into a dual control plane with Jerry sitting in front.

So-so recalled her first lesson. Jerry had explained all the controls to her before they took off. She had not dreamed of being nervous until that moment in the air when he had signaled she was to take the plane.

For a moment nothing happened. Then the ship gave a lurch and So-so saw the horizon line above them. This meant they were diving. She jerked the stick back and the plane righted itself and began to climb.

Guard against constipation by eating Kellogg's ALL-BRAN. ALL-BRAN is guaranteed to prevent it—to relieve it. Just eat two table-spoonfuls daily—chronic cases, with every meal.

HE WAS LIFELESS AND DESPONDENT

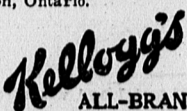
But ALL-BRAN made him wide-awake and well—doctor prescribed it

CONSTIPATION ruins hopes, saps strength. Yet thousands of sufferers have found the way to relieve and prevent this disease. Read how this man rid his system of constipation.

"During the three years before ALL-BRAN cured me, I experienced more embarrassing moments than I care to tell of. Being lifeless, dull, lazy and despondent, I could not keep my job. My friends didn't want my company and I was tired of being asked 'What in the world is the matter with you?'"

"After spending much money for treatment, I finally found a doctor who advised me to eat ALL-BRAN three times a day. I did this for three months and I didn't need to be told that I looked better. . . . I felt better and acted better. . . . I am still using ALL-BRAN every morning and have no trouble now whatsoever." (Name and address upon request.)

ALL-BRAN is 100% effective. Doctors recommend it because it promotes natural elimination. Serve it with milk or cream. Use it in cooking—muffins, bread, etc. Delicious recipes on the package. Grocers sell it. Restaurants, hotels, dining-cars service it. Made by Kellogg in London, Ontario.



breath of relief. The first time was always the worst. She watched Jerry make his usual good landings, saw them step from the plane and wave to her.

She went to meet them. "That was

they wear now and the material in it is lovely. It was mother's Sunday dress in the old country."

HER MOTHER'S DRESS

When she went home that night So-so went to the little attic under the eaves and took down the dress. She had worn it one rainy Sunday afternoon when Fred was at the house and the Crownsnest was closed.

It was better that way. Tight-fitting bodice, a full skirt, a square neck, quiver elbow sleeves. From a little drawer she took out the only good bit of jewelry she had, a double strand of creamy seed pearls, an heirloom of her mother's.

"Jerry's never seen me look like this," she thought. She went down into the living room, where her father was working over his cherished plans.

"I'm going to wear this to Miss Terry's christening party for her new plane tomorrow night, father. Do you like it?"

He looked at her with joy and sorrow in his eyes. "You are beautiful in it, my dear; beautiful. It was



Why Colgate's has become CANADA'S FAVORITE TOOTH PASTE

The amazing story of Penetrating Foam . . . that cleans where the toothbrush cannot reach

The reason why more people use Colgate's than any other toothpaste is simply that it cleans teeth better.

Cleaning the teeth, say dentists, doesn't mean merely scrubbing the outer smooth surfaces. It means penetrating down into the thousands of tiny crevices in normal teeth and gums where food particles and mucin collect and where decay starts.

No toothbrush can reach these hard-to-clean places. They must be cleaned by the dentifrice.

Hence the real test of your toothpaste is its ability to get down into these crevices and cleanse them thoroughly.

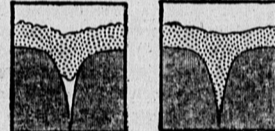
A recent scientific test proved that Colgate's has a greater penetrating power than any of

the leading toothpastes on the market today. Colgate's superior penetrating power is due to the fact that it contains the world's greatest cleansing agent. When brushed, this cleansing agent bursts into a sparkling snow-white foam that sweeps over teeth and gums.

Thus Colgate's cleans and beautifies; purifies and refreshes the entire mouth, restoring natural loveliness of teeth and gums. If you have never used Colgate's, please try it.

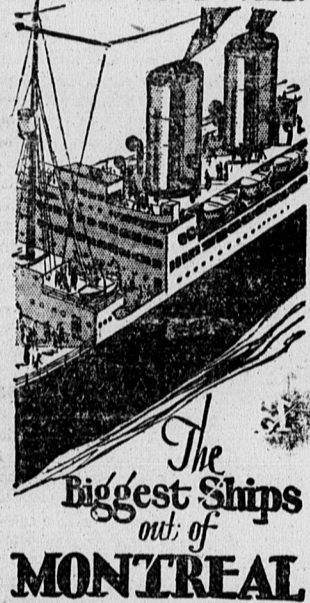
How Colgate's Cleans Crevices Where Tooth Decay May Start

Greatly magnified picture of tiny tooth crevice. Note how ordinary, sluggish toothpaste (having high "surface-tension") fails to penetrate down where causes of decay lurk.



This diagram shows how Colgate's active foam (having low "surface-tension") penetrates deep down into the crevice, cleansing it completely where toothbrush cannot reach.

CANADA'S NEWEST FLEET



The Biggest Ships out of MONTREAL

CANADIAN PACIFIC'S four new DUCHESSES—of Bedford, Atholl, Richmond and York—have set new cabin-ship standards in size. . . . design. 20,000 gross tons each. . . . the biggest ships out of Montreal. . . . yet sharing with the ever-popular "Mont" and "M" cabin ships the intimate, Canadian atmosphere which recommends this type of travel to many of the Dominion's veteran travellers.

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SMILES

GABBY GERTIE



Accused of wearing too thin skirts, she stands against the sun; Now, any dub can see through this. There's really only one.



GIVES A DIFFERENT COMPLEXION

Bess: She's going to marry one of those brown-skinned Hindus they say. Tess: But he's worth many millions. Bess: Oh, well, that gives a different complexion to the affair.



She: Dad says you are a very promising young man. He: Gosh, yes! Two girls are suing me for breach of promise right now.



"He takes his typewriter in his car with him everywhere he goes." "She's the portable kind, I guess."

If she could pilot Jerry safely she could pilot any one, she thought. Jerry scolded her and praised her into going on with the lessons until she had mastered level flying and was ready for the banking and turning.

Twice in landing she had frozen to the stick, been unable to level the plane so that it would land and taxi instead of bouncing over the ground. But at last the lessons were learned. Jerry announced proudly that his pupil could now carry sandwiches and coffee right up in the air if occasion arose.

So-so sometimes thought that those months when she was learning to fly, when the airfield was not so crowded with visitors, when the Crownsnest was a small enterprise which she could look up and with a clear conscience, these months were the happiest of her life. She did not care enough for flying to want to pursue it as a career. But she was glad to be able to share in the conversation of the men as they gathered around the lunch counter, glad she could understand their talk and comprehend their enthusiasm.

AN INVITATION She could not help watching anxiously now. Suppose Constance lost her nerve. Suppose she froze to the stick and went into a spin and Jerry couldn't bring them out. Jerry could make a ship stand up and beg, of course; but Jerry couldn't accomplish the impossible. They were coming down now, and So-so drew a long

CHILDREN'S HURTS



Absorbine Jr

BE prepared for those frequent "S.O.S." calls from the children for First Aid—keep a bottle of Absorbine, Jr., always handy. For cuts, burns, bruises, sprains and strains this famous liniment and antiseptic is invaluable. No wound is so slight that it may not become infected and cause serious trouble if neglected. Whenever an accident happens, wash the cut or bruise immediately and thoroughly with Absorbine, Jr. It takes out the pain and inflammation and prevents infection. \$1.25—at your druggist's.

Rub out pain by rubbing in Absorbine Jr

Absorbine Jr



"You ought to marry, So-so; some fine young fellow like Jerry Corbett or Fred France."

fine, Connie," she said, heartily. "Did Jerry make you do most of it yourself?"

"He did. I was scared absolutely pale green; but he made me do it. He tells me you did a lot better on your first flight."

So-so flushed with pleasure. Jerry had said that. "He's only joking," she protested.

"No, I'm not, So-so. Connie's got a long way to go before she catches up with you. Are you coming to this christening party shindig she's talking about?"

"If Fred can take me over." "Sure thing, Connie and I will fly part of the gang, and you and Fred can bring the others in that old turtle over there. I guess the boss will let us have it." The "turtle" was the slow plane used for practice and for timid passengers.

"I think we'll have the part tomorrow night, if that suits you," Constance said speaking to So-so. "Don't dress up. We'll have an al fresco supper and a big bonfire afterward to keep warm. So we'll be out of doors most of the time, any way. You want to watch father's face when he sees a bottle of his best Pol Roger splash over the hood instead of going down some one's throat."

They parted, and So-so went back to the Crownsnest. Fred was waiting there for her. "Are you going to let me take you over to Connie's party tomorrow night?" he demanded.

So-so nodded. "I'll bet you're worrying about what to wear," he went on. "We fellows are all going to go in putts, regular togs, since this is a flying party."

"It's a good thing it's not a dressy affair," So-so said. "I haven't a decent evening dress to my name." Fred laid his hand over hers on the counter. "Do something for me, So-so."

She looked at him in surprise. "What?" "One Sunday you wore some kind of a black dress that you said was one of your mother's; it fitted sort of tight around the waist and had some kind of soft blue stuff like chiffon tied across the front."

So-so laughed. "That's an old Norwegian costume, Fred. This isn't a costume party."

"You never looked so pretty in your life—come on. So-so. You're going with me."

"I guess I could; it isn't so terribly different from some of the dresses

Man Injured in Back; Shoulder Was Hurt

"That stab like pain hit me in the back one day, and I knew I had strained my back," writes S. E. Couture from Colon. "At Espinosa's drug store they urged me to use Nerviline. I am glad I did so, because with Nerviline I rubbed all the soreness out of my back and shoulder joint."

There is wonderful relief for muscular pain in Nerviline. It drives away rheumatism, takes the stiffness out of sore joints. It's fine for strains, sprains and stiffness. For coughs, hoarseness and sore chest Nerviline is a boon to the entire family. Get a 35-cent bottle from your druggist today.

NERVILINE Drives Out Pain

There is no poisonous ingredient in Holloway's Corn Remover, and it can be used without danger or injury.

Lundendorff's Libel

(By British United Press) BERLIN, April 15.—Herr Star, a photographer, of Cuxhaven, who brought an action for libel against General Ludendorff, has won his case and the general has been fined \$200. If he cannot produce the full sum the general will have to go to prison for one day for each \$10 he failed to pay.

General Ludendorff has consecrated his life lately to the task of warning mankind against the wickedness of Freemasons, Roman Catholics and Jews, who, he alleges, intrigue together to gain their diabolical ends.

It is only fair to state that the general also has suspicions about the Protestants, and has therefore resigned his membership of the Evangelical church.

Great was Herr Starr's surprise when he found that he was pilloried as a traitor and a spy in General Ludendorff's book "The Destruction of Freemasonry by the Revelation of its Secrets."

That book contained a photograph of an alleged meeting of Freemasons at St. Quentin, in France, during the war, with a statement that the twelve men in uniform were Germans acting as spies for the enemy and that the only civilian in the picture was a French Freemason who was also acting as a spy.

Now the photographer could hardly believe his eyes when he saw that the alleged Frenchman and spy was he himself, and so he took the proceedings.

The general and his new wife, holding that Christianity has made the German race effeminate by teaching the peaceful virtues of gentleness, self-sacrifice, and patience, advocate a return to the ancient heathen faiths which are set forth in the legends of Wotan and other gods. They stump about Germany ventilating these ideas before bewildered audiences.

A GOOD CONSCIENCE

A good conscience is better than two witnesses—it will consume thy grief, as the sun dissolves the ice; it is a spring when thou art thirsty; a staff when thou art weary; a screen when the sun burns thee; a pillow in death.—Keppel.

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