

Woman's Realm / Social and Personal / Fashions / Literature

Dorothy Dix Says—

WOMEN AS WELL AS MEN REACH THE HAYWIRE AGE

Best Cure for Husbands and Wives Then Is a Vacation From Each Other

We hear a lot about married men getting that tired feeling along toward middle age. Domesticity has gone sour on them for the time being. They are fed up with having to punch the home clock on the dot. Tired of listening to the baby's squalls and the older children's bickerings. Tired of looking at the same face across the breakfast table every morning, and eating the same uninspired meals.

It isn't that they have ceased to love their families, or that there is any other woman. It is just that they have a sudden overpowering yearning for a breath of freedom and a little change.

Not so much is said about married women being subject to this same complaint. Wives and mothers are popularly believed to get a never-ending thrill out of cooking three meals a day, sterilizing the baby's bottle, getting the children off to school of a morning and listening to their husbands snore behind their papers on an evening.

But, in reality, when women get into their forties they are smitten with that tired feeling just as badly as are men. They, too, are weary of the daily treadmill and yearn for greener fields and pastures. They have come to the point that makes them feel they will scream if they hear another call for M-o-t-h-e-r, and marriage and all that goes with it is cinders, ashes and dust in their mouths.

Since practically every husband and wife who reach the age of indiscretion are as subject to this insidious malady as children are to mumps and measles and whooping cough, and since it slays the happiness of more families than any other one thing, it is curious that we do not recognize its danger.

IT'S A DANGEROUS TIME

For it is then that men go haywire and see their affinities in little blond gold-diggers young enough to be their daughters, and wives get peevish and fretful and hard to live with and let their figures and their housekeeping slump.

Now, since the fatalities caused by this tired feeling in both men and women are so great and so heartbreaking, it behooves their mates to be on the lookout for it, and when they suspect that their Johns and Marias are threatened with an attack to do something about it. For these are cases in which an ounce of prevention is worth a pound of cure.

So when a wife perceives that her husband is getting restless and bored and when he spurns the baby and kicks the cat and wants to know whether the butchers have quit carrying any other meat except mutton, and especially when he begins to dote to reduce his waistline and brings home bottles of hair tonic, she should be warned that it is time for her to get busy with home remedies.

WHAT THEY SHOULD DO

These remedies are not, as women generally believe, deluging their husbands in buckets of tears and applying poisons of reproaches that take the skin off wherever they touch, and raising domesticity to the nth degree of unendurability. But, on the contrary, they should urge Friend Husband to go on a fishing expedition, the longer the better, and should spare neither time nor money nor clothes and beauty treatment and make themselves as gay and charming and companionable as possible.

(Continued on page 5, Col 1)

Living & Leisure

The Woman's Realm

"More things are wrought by prayer Than this world dreams of. Wherefore let thy voice Rise like a fountain for me night and day."

For what are men better than sheep and goats If, knowing God, they lift not hands of prayer.

Both for themselves and those who call them friend; For so the whole round earth is bound by gold chains about the feet of God."

ODD BASKETS AS FLOWER HOLDERS

Instead of the usual pottery of glass vases for flower arrangements, try using some of the various odd-shaped baskets you have about the house. A sewing basket of raffia filled with a pretty arrangement of brightly colored flowers looks well on an outdoor table. A wicker bread cage—(with the lid swung back—holding a jar for water) is effective for the porch or hallway when filled with tall gladioli.

ANKLETS WITH BELLS

New anklets with bells used for bangle bracelets and bells for hoop earrings and rings, suggest the feminine charm of East Indian women.

HOT SLAW

Cook cabbage till tender, drain and chop, adding some vinegar a little sugar, pinch of salt and pepper, and butter to taste.

COLLEGIATE FROCKS WELL CUT AND GAY

NEW YORK—Long and short slacks, and shorts, in natural corduroy, worn with a box-finger jacket set off by a black cashmere pull-over—a dramatic contrast—the college girl favors. Black and white shepherd plaid long shorts, and short slacks, are interesting when worn with either a white shirt or a black pullover sweater. Mittens, too, and shawls in this material are seen.

Dresses are simple, well cut, and gay. A date dress of velvet in jewel tones is a "must" for most of the girls. There are many light wool dresses and some heavier ones.

GARLIC

For better digestion garlic should never be cooked in with soup or goulash. One or two cloves of

garlic will give sufficient flavor and these should be cooked in the kettle before putting in the other ingredients. Remove them and then put in materials. It will give a much finer flavor that will not detract from the other ingredients in the recipe.

SUMMER FURS

If you are one of the vast number of women who wear furs in the summertime, don't forget they soil very quickly in warm weather and the neckband should be cleaned with a piece of flannel moistened with a cleansing fluid every so often.

A new autumn hat in green felt, its padre rim curved up on either side, is faced with black velvet. Black velvet quill in front gives height.

DRESS DRYING TIP

Be kind to your washable dresses if you want them to stand up well after any length of time. After you've rinsed them out in rich suds that float the dirt away without hard rubbing and scrubbing that wears clothes out, put them on hangers before putting them out to dry. Wrap metal hangers in clean white cloth first. Dresses dried in this way keep their shape better and are easier to iron.

LIGHT OF GLOWWORMS

Although scientists know comparatively little about glowworms, it has been established that their light is generated in the act of breathing.

SUMMER SANDWICHES

Try this foursome for summer sandwich serving: Mix together equal parts of sardines, grated yellow cheese, diced celery and hard-cooked eggs. Moisten with salad dressing and use as spread for enriched or whole wheat bread slices.

PRINCE ALBERT ROBE

Back to Victorian days went the designers for the idea for one of the new quilted lounging robes. Patterned in blue and white pin stripes, the robe follows the Prince Albert design, with wide unnotched lapels and a tubular self belt. Vertical pockets in the skirt of the robe are outlined with frog trimming. The robe is done in a rayon sheer and padded for warmth.

WASH LAMP SHADES VERY CAREFULLY

Many of you have lampshades which you have bought as washable but when they need washing you probably wonder how exactly to go about it. A lampshade looks so awkward. Well, first dust it thoroughly. If the top and bottom edges of the shade are particularly soiled, scrub them with a very soft brush which has been dipped in gentle, fine-fabric suds. Then prepare a tub of the same rich luke-warm suds and "dip" the shade up and down in the solution. Rinse a few times in clear water and dry quickly, preferably with an electric fan.

Writing Letters Is Easy With Rules

"Still Writing That Letter?" A letter needn't take such hour if you put off writing to friends—perhaps losing them—because letters are such a hard task, follow a little plan in your writing.

FIRST—A LOT OF "YOU." Write "What are you doing . . . Everyone asks about you . . . Everyone note right at the beginning, not starting with "I guess it's time to write you," but with "At last a chance to write you!"

SECOND—A LITTLE "ME." For, of course, friends want to hear about you. Tell about the fun you've had—parrying, fixing up the living-room or teaching Fido a new trick.

THIRD—A DASH OF "THEY." Is there something to tell about mutual friends? There's sure to be—and there you are at the end of the sheet before you know it, writing "When will we see you again? Fondly yours—"

Knowing the simple rules you can write all sorts of letters with ease. Our 32-page booklet has 24 model letters—friendly, business and social—including invitations, thank-you notes, job applications. Gives pointers on vocabulary, letter etiquette.

Send 20c in coins for your copy of "The New Way to a Youthful Figure" to The Guardian Home Service. Be sure to write plainly your name, address and the name of booklet.

Name _____
Street Address _____
City _____ Province _____

Kent's Widow at Memorial Rites



The Duchess of Kent is shown arriving at the village church in Iwer, England, for memorial services for her husband, youngest brother of King George VI, who was killed last Tuesday when his RAF flying boat crashed in Scotland en route to Iceland. With her is the Rev. D. G. Creighton, vicar of the Iwer church.

THE COOK'S CORNER

JELLY FRENCH DRESSING

1-4 cup jelly (or honey)
1-4 cup lemon juice
1-4 cup salad oil
1-2 teaspoon salt
Blend thoroughly.

STEAMED BLUEBERRY PUDDING

1 No. 2 can blueberries or the equivalent in fresh berries
1 c. corn syrup
1-2 tps. baking soda dissolved in 1 tsp hot water
2 cups sifted flour
1 tsp. lemon rind
2 tps. shortening
1-2 tsp. salt.
Cut shortening into flour, add syrup containing soda, blueberries, salt and lemon rind. Mix well. Turn into well-greased pudding mold and steam 2 hours. Serve hot with sauce. If you use fresh berries you probably will have to use a little milk or water to make pudding of right consistency.

BLUE AND PINK

Turquoise and coral for necklaces and bracelets are also used in clusters for earrings this season.

WOOLEN ACCESSORIES

All washable woollen garments, such as mittens, scarfs and such, should be carefully washed before storing away for the summer. Use a mild lukewarm suds and gently manipulate the garment until all the dirt has been removed. Handling gently is one way to keep the wool soft and intact. Rinse in clear water of the same temperature without wringing. After the last rinsing, roll in an absorbent towel to take up extra water. Dry away from heat.

YOURS FOR YOUTH AND LOVELINESS

Take care of your Gothic! Buy more Arietta Gothic Candy. Your Country needs rubber and cotton. STYLE NO. 3294

Needlecraft

For The Home

Maybe you yearn for a gaily striped dress; maybe you need a smart black or navy cotton to wear with white blouses. Make either in a jiffy with this jumper pattern. Style No. 3284 is designed for sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 3 yards 35-inch fabric for jumper; 1 5/8 yards for blouse.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian, Needlecraft Department, Style No. 3284

Name _____
Street Address _____
City _____ Province _____

A Morning Smile

"Oh, my poor fellow, you must be wet through," said an old lady to a young man who, at the risk of life, had managed to get her pet poodle out of the frozen lake. The dog had run on the ice and fallen into a hole some distance from the bank.

"Yes you must be drenched to the skin," she continued. "Take these peppermints—they'll warm you; and have the others before you go to bed tonight."

"My dear Mrs. Brown, fancy meeting you here! Tell me, how are things in your part of the world?"

"Oh, rather pleasant," returned the unexpected acquaintance. "But must tell you, we've got a new doctor, instead of old Sawbones, as you used to call him."

"Fancy that! Is he a nice man?"

"Oh, yes, a charming man. He's always so cheerful, and he takes life so easily!"

CARE URGED FOR VACUUM CLEANERS

Like other household appliances, production of vacuum cleaners had been considerably cut down in the cause of defence, so it is important to keep the old model working smoothly at its job of maintaining cleanliness and health in the home. Clean and oil the motor regularly, but be sure to follow the manufacturer's instructions in detail. Too heavy or frequent oiling can ruin some motors while others shouldn't be oiled at all.

Empty the dust bag every time the vacuum is used. Turn the bag inside out occasionally and clean with a hand vacuum or brush.

Clean brushes after using, and keep them free of hair and threads. Brushes that have become badly worn should be replaced.

Don't run the machine over pins, nails, metal objects or glass. Don't injure the electrical cord by running the vacuum over it. Grasp the plug instead of the cord itself to prevent wear. Replace frayed cords for safety.

Adjust the nozzle to the pile of man for complicated jobs, and for

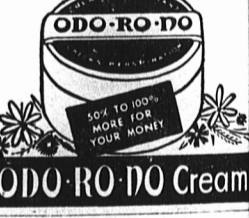


3284
SIZES 10 to 20

the rug and push the vacuum back and forth at speed of one to two feet per second for greater efficiency. Don't delay in making necessary repairs. Consult a reliable repairman to ask him to itemize in advance the work that will be required.

Hold Your Partner
Hold your partner. Protect yourself against undercharging, overcharging, and our dampness by using ODO-RO-DO Cream. Non-gritty. Harmless to fabrics.

STOPS PERSPIRATION
1 to 3 DAYS



Good Heavens! I thought my son's blouse was white until...
he sat beside my niece in her RINSO-WASHED dress

You'll never be satisfied with anything else once you see RINSO WHITENESS

PEGGY: Sis, I feel awful! Look how much whiter Kate's dress is compared to Bobby's blouse.

SIS: Why, Peg, don't feel badly! Just use Rinsol! It gives the whitest wash. And with Rinsol you don't have to scrub and boil either.

PEGGY: My, that must make clothes last lots longer.

SIS: It certainly does! Just look at this washable print dress I'm wearing. It was washed dozens of times in Rinsol. See how bright and fresh it is!

PEGGY: Believe me, I'm going to get Rinsol and use it this coming washday.

SIS: You'll be thrilled with Rinsol's rich, lively suds. I suggest you get the GIANT package. It's even more economical.

Rinsol GIVES THE WHITEST WASH
RINSOL KEEPS COLORS BRIGHT AND GAY!
MAKES CLOTHES LAST LONGER TOO!

KNOW I LAY ME DOWN TO SLEEP
I PRAY THEE, LORD, MY SOUL TO KEEP
IF I SHOULD DIE BEFORE I WAKE
I PRAY THEE, LORD, MY SOUL TO TAKE
IF I SHOULD LIVE FOR OTHER DAYS
I PRAY THEE, LORD, TO GUIDE MY WAYS. AMEN

No. 953—Bare midriff knitted sweater, sizes 32 to 40. No. 793—Child Prayer in cross-stitch measuring about 10 by 16 inches. No. 599—Prayer motifs for towels containing 5 motifs about 5 by 6 inches each.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department.

No. 953. No. 793. No. 599
NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

Wash berries and turn into buttered cake pan; sprinkle with lemon juice. Combine sugar and cornstarch and sift over top of berries. Dot with butter.

Sift flour with baking powder and salt. Beat egg yolks well; add warmed corn syrup and continue beating. Add flavoring and melted butter; mix well. Add flour mixture and All-Bran. Beat egg whites, stiff and fold into batter. Pour over blueberries and bake in a moderate oven (350 degrees F.) 50-60 minutes. Turn upside down on plate while warm. Serve with whipped cream if desired. Yield: 6-8 servings (8 x 8-inch pan).