

wash the dishes with



Snowflake
Ammonia
Softens water-cuts grease

Central Guardian

SHOP, from Holman's Catalog.

STANLEY BACK AT SOURIS—The S. S. Stanley left Souris yesterday morning and got 8 miles to the eastward of Souris when she met heavy packed ice. Ice drifting fast. The steamer could make no headway and at 4 p. m. she arrived back at Souris.

EASTER SERVICES—Interesting and impressive services were held in all the churches of the city yesterday, special music being provided by the choirs. The Easter message of the Resurrection was delivered and in every church the attendance, as usual on this occasion was very large.

EASTER SERVICES—The Easter services at the Central Christian church were the consummation of the three weeks' special Evangelistic meetings which were held at the evening service several candidates were baptized. Dr. George the pastor preached a powerful and eloquent sermon to a packed house. The church was beautifully decorated with flowers and special Easter music was effectively rendered by the choir. The anthem at the morning service was "He is not here but is risen" and at the evening service "I am He that Liveth."

EASTER DINNER—About 90 guests were present yesterday at the Victoria Hotel. During dinner the following musical programme was carried out:—Orchestra, March, Song of Canada; Orchestra, Waltz, Kashmir; Vocal Solo, Miss Lucy Blanchard, The Pains; Orchestra, Dream of the High; Vocal Solo, Mr. Austin Trainor, Calvary; Orchestra, Kalmah; Vocal Solo, Mr. E. J. Arsenault, The Holy City; Orchestra, Selected; Vocal Solo, Miss Lucy Blanchard, Selected; Orchestra, When Shall we meet Again; Waltz, God Save the King. The Orchestra played an exceptionally good programme and the members deserve credit for their work. The decorations by Mr. J. P. Duffy were very artistic and received many comments. The soloists excelled themselves in their rendition of their respective parts and were very warmly applauded.

UNJUST ACCUSATION OF EMPLOYE CAUSES TRAGEDY

Girl Accused of Theft Indignantly Leaves Father's House.

Anna Heider was accused of stealing tinery from a department store by her father and at the suggestion of the reasons that cause so many girls to leave home. There is no question of the propriety of the father's action. The girl, however, is a picture of the stirring domestic chapter of the stirring domestic chapter of the famous stage play called "Why Girls Leave Home" which is coming to the Prince Edward Theatre on Wednesday and Thursday. April 17th and 18th.

Provincial Legislature

Continued From Page 1

HON. MR. JOHNSTON: You are out of order to say it even about Great Britain.

MR. HESSIAN: Well, I said Germany.

Modern Medical Views on Alcohol

Continued From Page 1

fuel to the body to supply energy. We generally classify foods, and they are so classified in our school books, as proteins, fats and carbohydrates. A protein not only acts as a fuel to supply energy but it also can replace worn out tissues and it is the only class of food that can do so. The fats and carbohydrates act as fuel to supply energy. They are stored up in the body as a reserve in case of need. Alcohol can neither supply the material needed for repair nor can it be stored up as a reserve but it is almost completely burned up in the body, less than 5 per cent being thrown off as alcohol, where it should be. It is during the process of oxidation that it does supply the body with a certain amount of energy. Not only that but we know that during the process less fats and carbohydrates are being used. In this way alcohol is regarded as a fuel. It also possesses some properties which enhance its value as a food in certain cases. It does not require predigestion. It is quickly absorbed into the blood. These facts such as a bill as this, then its all may render it of value in cases of alcoholism. While it is true that alcohol is absorbed into the system (in from one to two hours) it requires from 15 to 24 hours to be used up, and the people, if they understand this, it is an important point for it is during the period of its absorption in the blood that it causes all the joys and the sorrows of alcoholism. I have devoted more time to this subject than it really deserves for we all know that alcohol, even as beer, is not used as a staple food in this country, except in the countries where it is the only food for muscular work is to run a grave risk of damage to health and efficiency. "In the light of our knowledge of how alcohol acts in the body there can be no question that it is a substitute for food or in the best of that it gives a fillip to energy is physiologically unsound." (To be continued.)

THE SPEAKER:

Will the hon. gentleman kindly confine himself to the motion before the House. Clause 6 (a), Mr. Hessian believed, was an indirect reflection upon the judiciary, the intent being to show the judges that they must be careful and that they must not open their mouths even when justice is being granted. Clause 6 (b) is also criticized, and denied the claim of the Attorney General that the Court Stenographer when attending court should be an officer of his department. "What right has any man or woman or class of men to divert the duties of the Court Stenographer into their own personal work?" The stenographer is paid a small part of her salary for attending at the offices of the Attorney General but the greater part of the salary is for reporting the Court proceedings. The speaker was informed that even the stenographer's desk and typewriter had been taken away from her. The Bar Society had to call a special meeting to look into the matter and they took her to her to go back to her office and attend her court work, which has been very heavy during the last term. Her desk is not yet back where it should be. It was in "a matter where it had no right to be." Mr. Hessian was told: "This is the way some sort of animosity is introduced as a bill is introduced into the House to be fired into the faces of those honorable gentlemen and ladies of the Supreme Court of this Province." The hon. Mr. Hessian: "Are we going to stand for that as men? When the Bar Society comes in asking for a bill as this, then its all may render it of value in cases of alcoholism. While it is true that alcohol is absorbed into the system (in from one to two hours) it requires from 15 to 24 hours to be used up, and the people, if they understand this, it is an important point for it is during the period of its absorption in the blood that it causes all the joys and the sorrows of alcoholism. I have devoted more time to this subject than it really deserves for we all know that alcohol, even as beer, is not used as a staple food in this country, except in the countries where it is the only food for muscular work is to run a grave risk of damage to health and efficiency. "In the light of our knowledge of how alcohol acts in the body there can be no question that it is a substitute for food or in the best of that it gives a fillip to energy is physiologically unsound." (To be continued.)

PERSONALS

Mrs. Edward Nicholson, arrived home Saturday evening accompanied by her sister Mrs. Price.

BIRTHS

WOOLBRIDGE—At Covehead Road March 20th to Mr. and Mrs. Samuel Goldsworthy Woodbridge, a daughter.

ORR—At New Glasgow, P. E. I., on April 1st to Mr. and Mrs. George Miller Orr, a son.

DEATHS

SELLER—In Calgary, Alberta, on April 12th, Rev. J. A. S. Seller, formerly of P. E. Island.

TRAINOR

—In Calgary on April 15th, 1922, Mrs. Mary E. Trainor, aged 58 years. Requiescat in Peace.

LAMPLIERT

—At Montague on Friday, March 31st, 1922, Mr. Martin Lampliert, aged 75 years.

LAMPLIERT

—At Montague on Sunday, March 19th, 1922, Mrs. Martin Lampliert, aged 63 years.

EAT CEREALS

The Basis of Brawn and Brains

- PACKAGED**
- 2 Minute Out Food
 - Aunt Jimina Pancake Flour
 - Flour
 - Roman Meal
 - Gluten Flour
 - Cream of Wheat
 - Shredded Wheat
 - Puffed Rice
 - Puffed Wheat
 - Cream of Barley
 - Corn Flakes
 - Grape Nuts
 - Tilson's Health Bran
 - Kellogg's Bran
- BULK**
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 - Roller Oats
 - Corn Meal
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FOR SALE

FOR SALE—A newly freshened cow. Apply 90 Upper Queen.

FRESHEN COW FOR SALE—Apply D. C. Webster, North River.

FOR SALE—A quantity of sand also building lots. Apply V. Powers, Brighton.

FOR SALE—GASOLINE CABIN cruiser "Elmor". Apply to Dr. Alley, 62 Prince St.

FOR SALE—LARGE EUREKA refrigerator. Apply to Box 504, City.

BELTING FOR SALE—SECOND hand extra good, sold at a bargain. Apply to Chas. Todd, Bralorne, P.E.I.

FOR SALE—A FINE BIG WORK horse 7 years old, no bad habits. Terms if required. Albert S. Robertson, Mermaid.

FOR SALE OR EXCHANGE FOR quilt, general purpose horse 9 years old. Hugh L. McDonald, St. George's.

FOR SALE—REGISTERED PER cheron stallion "Marshall Foc", No. 10661, three years old, weigh 1475 pounds, color, grey. For price and particulars, apply to David Reid, Montague, R. R. No. 3, P. E. I.

HOUSE FOR SALE—MODERN conveniences, large yard and barn, price reasonable, easy terms 57 Brighton Ave.

FOR SALE—SUMMER HOUSE at Keppoch, including barn and ice house. Apply 35 Water St. or phone 297.

FOR SALE—7 PASSENGER STU debaker car in perfect running condition and good repair. Will be sold reasonable, write or phone Earl Kennedy, Kensington.

FOR SALE—FIVE YEAR OLD mare, suitable for farm or road work. Apply S. T. Gallant, 63 Elm Avenue.

FOR SALE—HUNTER RIV er 500 bushels Ligowo oats, 200 bushels Banner No. 1 re-cleaned seed oats. James E. Andrews.

FOR SALE—A HOME COMFORT Range, slightly used and a new Raymond sewing machine in good condition. Apply Jenkins Bros. Millview, P. E. I.

FOR SALE—60 ACRES OF LAND in East Royalty 3 1/2 miles from Charlottetown on Newwood Road, 30 acres in hay, 10 ploughed and 20 in pasture. Has never failing stream. This land is in high of cultivation. E. Wheatley & Co.

RESIDENTIAL PROPERTY—Spacious location, house contains four rooms, all modern conveniences, two barns, poultry and brooder house, three acres land adjoining. Will also sell sixteen acres land used for market garden. J. L. Prichard, Summerside.

WANTED—TRAVELLER WITH a first class connection with garage and battery dealers to handle high class storage batteries on a commission basis. Reply giving full particulars to British Products Co., 384 Yonge St., Toronto.

WANTED—WE WANT A few real live representatives in every city and town in Canada to sell automobile stop signals; positively prevents accidents, every car owner a prospect, easy to sell, big profits. Write for particulars and agent's proposition Canadian Auto Shops, P. O. Box 154, Niagara Falls, Ontario.

WANTED—TRAVELLER WITH first class connection to sell high class English Boots, Raincoats and Cloth Coats on a commission basis. Reply giving full particulars to British Products Co., 384 Yonge St., Toronto.

WANTED

WANTED—A FEW SLIPS OF pgs. Inquire at E. Wheatley,

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ACHES AND PAINS—SLOAN'S GETS 'EM!

Avoid the misery of aching pain. Have a bottle of Sloan's Liniment handy and apply when you first feel the ache or pain. It quickly eases the pain and sends a feeling of warmth through the aching part. Sloan's Liniment penetrates without rubbing. Fine, too, for rheumatism, neuralgia, sciatica, sprains and strains, stiff joints, lame back and sore muscles. For forty years pain's enemy. Ask your neighbor. At all druggists—35¢, 70¢, \$1.40. Made in Canada.

Sloan's Liniment (Pain's enemy)

FIDO, GO BACK TO YOUR CORNER!

He—Well, wasn't the agreement that I should be allowed to go over to Simpkins' tonight.

She—(sternly)—Yes, but I've changed our mind.

Conservative Meeting

A meeting of the Liberal Conservative electors of Johnstone River Poll, will be held in Donagh School on the 19th inst., at eight o'clock p. m. to appoint delegates to attend a convention at Charlottetown on April 21st.

(Sgt.) FRANK TRAINOR, Chairman of Poll Committee.

WHEN LOOKING FOR BEDDING

Of any kind ask to be shown Simmons Steel Beds in the different finishes and designs. We have them in stock priced from \$15.00 to \$35.00. For Quality Beds, PATONS LTD

REINDEER FLOUR is strikingly superior in every respect. Peterboro Cereal Co., Ltd.

WULCANIZING We are in a better position than ever to cater to your wants.

In Repairing And Vulcanizing Tires We make a specialty of repairing and tires.

A new stock of Tires, Tubes and Accessories just received. Our experience makes it easy to guarantee our work. Moderate charges.

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CROWN DIAMOND LIQUID PAINTS

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A Better Paint That Costs You No More and Gives Real Service

This guarantee is in conformity with the highest unbiased authority which aims to protect the public—Think about it.

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Established 1842

Crown Diamond Paint Products are sold in Charlottetown by R. E. MUTCH & CO.

The motion of Mr. Saunders that says: The division was as follows: NAYS: Messrs. Johnston, Cox, D. The bill has been given six months' notice. YAYES: Messrs. Saunders, Hogg, McDonald, Dower, D. C. McDonald, Higgs, Brodie, McIntyre, a vote of 14 to 8. Mr. Kennedy, Humber, Nash, Hogg, in dissent. Mr. The House adjourned until 3 p. m. voting, was counted with the Arthur, Humber and Dower.

Your Employees

THEIR HOMES AND DEPENDENTS

The employee who knows that his firm is protecting his family from distress in the event of his death or disability has a load lifted off his mind.

He feels more like planning ways of doing his work better, of suggesting ideas for improving the output or the product—and so increasing his own earnings by cheerful co-operation with the management.

He has some of the load lifted off his purse too, so that his wages go farther for his regular expenses.

Our suggestion is that you buy Life Insurance, wholesale, for your employees, at group rates which are very low, and thus drive away the spectre of want from the widow and children—through Canada Life Group Insurance, which many, many times will be found to be

Their Only Protection

And not merely the only protection—but with many, the only possible life insurance with total and permanent disability benefits—because Group Insurance is obtainable without medical examination of the individual.

Thus there is created a strong tie of sentiment and interest between the employee, his family and the Business he works for.

Considering its low cost and its far-reaching effect, Group Insurance is one of the cheapest and greatest benefits that any business can have bestowed on it today.

We know all this to be true from the evidence of how Group Insurance works out with hundreds of firms all over North America.

It is indeed "a dividend-paying investment in humanity."

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Canada Life

W. K. ROGERS, Manager for P. E. I., Charlottetown

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