

THE CHARLOTTETOWN GUARDIAN

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DECISIVE VICTORY

The British election returns, while incomplete at the time of writing, indicate sweeping gains for the National Government led by the Rt. Hon. Ramsay MacDonald.

One of the earliest press notices received last night was of the defeat of the Labor leader, Rt. Hon. Arthur Henderson. Successive returns only added to the story of Labor disaster.

The British people may well be congratulated on the return of an administration most likely to give stable government and sane leadership at the present critical time.

At dissolution on Oct. 7 there were 338 supporters of the National Government in the House, made up as follows: Conservative, 263, Liberals, 53, National-Labor, 13, National-Independent, 4.

AGAIN DENOUNCED

Mr. Mackenzie King's futile attempt to extricate his political organization from the morass of Beauharnois, was promptly denounced by one outstanding Liberal, Mr. Harry Sifton.

"The dissertation with which Mr. Mackenzie King professed to explain to the London convention the relations of his central organization with the Beauharnois companies must, I believe, strike any honest reader as an even more painful evasion than was his earlier emotional statement on the same subject to Parliament."

the actual personal and prior receipt by Mr. King's closest political friends and associates of great benefits and immense sums of money from applicants for public concessions.

"Mr. King's deliberate avoidance of that essential question and his effort to beguile a Liberal convention with specious diversions will appear to many Liberals as the climax of a progressive demoralization in leadership."

THE PRESS & SCHOOLS

The place which newspapers might take in the education of children is suggested by a writer in the Midland Free Press. He believes that every school teacher who has charge of children more than ten years old should devote a part of the school day to reading newspapers to them and commenting without bias on the information they contain.

"Today the well-edited newspaper is really a modern college. I know of no constant newspaper reader who is not well informed and intelligent. And I believe that by interesting children in the world and its ways early in their lives the school will help them to achieve a breadth of view and a habit of forming intelligent opinions that they would probably gain in no other way."

GALLILEE AN AIRPORT

A seaplane of the London-India air mail alighted on the Sea of Galilee last week, according to cable despatches. And henceforth Galilee will be a regular stop, air mail for India having been re-routed by way of Palestine, instead of Egypt.

So the scene and centre of much of the world's most poignant history again takes its place on the map of the modern world.

From now on that little landlocked sea, the first glimpse of which has thrilled many a traveller as he topped the hill leading down to it on the road from Nazareth to Tiberias, is to be linked up with the speediest means of conveyance yet conceived by man.

EDITORIAL NOTES

The acquisition by the United States of a lion's share of the world's gold, and its failure to handle that share in an efficient or intelligent manner is dealt with amusingly by Prof. J. H. Rogers in a new book entitled "America Weighs Her Gold."

NOTES BY THE WAY

Pierre Laval Premier of France and President Hoover are conferring at Washington on the question of war reparations and other international debts.

Whether the nations which owe them can ever possibly pay them; and (2) Whether the nations receiving payments are actually benefited by being paid.

Ramsay MacDonald, Lloyd George and Winston Churchill have made fortunes from their writings. The United States has produced another of these journalistically-inclined gentlemen in ex-President Coolidge.

The issue is quite simple says the London Morning Post between Solvency and insolvency. The Socialists may disavow "inflation" but the assumption is made in all their speeches that with the country off the Gold Standard the need for public economy has disappeared.

Many people are wondering why our dollar is at a discount in New York. One answer according to the Ottawa Journal is that our provinces, and particularly our western provinces, have for years been borrowing and spending with a reckless abandon.

Mr. Bernard Shaw has undoubtedly lost prestige because of his pandering to Russian Sovietism but he has on the other hand gained a good deal of notoriety which will stand him in good stead in selling his book or books on Russia.



By James W. Barton, M.D.

HEALTH AND HAPPINESS

It is hard to understand how men and women, who have brains and also good common sense, allow themselves to so completely neglect the body.

The brilliant student will attend lectures, delve into all sorts of study day and night, utterly neglecting meals, exercise, and sleep.

What happens? Illness, poor health, a gradual lessening of the mental faculties, just when he should be giving his best work to the world.

Or take the hard-headed business man who decides by the time he is 50 or 55 that he will have enough money amassed to retire, and puts all his thoughts and energies into making money.

What happens? He very often has what is called a nervous breakdown, and may be of no further use to the community.

What many people seem to forget is that they can only go as far in their study, their work, in their accomplishments as their bodies will take them, and no farther.

They would give just a few minutes of their thoughts to their bodies, they would realize that as an old philosopher said years ago "With health, everything is a source of pleasure; without it, nothing else whatever it may be is enjoyable."

It follows that the greatest of follies is to sacrifice the health for any kind of happiness whatever it may be for gain, for advancement, learning or fame, let alone then for fleeting pleasures.

What does it cost in thought, or energy to attain good health? Regularity of meals, with at least five hours between meals. The eating of an all round diet in which at least some raw fruit, or raw vegetables, are eaten at least once a day.

A sufficient amount of sleep, not less than seven hours or more than nine, for most individuals.

The taking of a little daily exercise, not less than ten minutes once or twice a day making sure that there is considerable bending of the body with knees straight. In addition to this a ten to thirty minute walk daily should be taken.

There is no secret about attaining good health if there is no organic disease. It simply means using common sense as to food, sleep, and exercise. And good health is life's greatest asset.

As though they were groaning in anguish, and moaning— Bemoaning the ship that shall come no more.

But sleep, little pigeon, and fold your wings— Little blue pigeon with mournful eyes; Am I not singing?— see, I am swinging— Swinging the nest where my darling lies.

Up from the sea there floats the sob Of the waves that are breaking upon the shore, As though they were groaning in anguish, and moaning— Bemoaning the ship that shall come no more.

But sleep, little pigeon, and fold your wings— Little blue pigeon with mournful eyes; Am I not singing?— see, I am swinging— Swinging the nest where my darling lies.

—Eugene Field.

The British film industry says the London Sunday Despatch has now an unprecedented opportunity for forging ahead and showing that it can produce pictures in no way inferior to the work of its foreign competitors.

Hollywood, owing to the fall of sterling, is faced with a much less profitable British market. The new pound combined with the quota system mous writers giving their views on and enterprise at Elstree should transform every cinema theatre in Great Britain.

PUBLIC FORUM

This column is open for the discussion by correspondents of questions of interest. The Charlottetown Guardian does not necessarily endorse the opinions of correspondents.

CHIGNECTO AND NORTH SIDE

Sir.—The commissioners who are investigating the benefits and possibilities of a canal across the Isthmus of Chignecto will be in Charlottetown on Saturday to take evidence regarding the beneficial effects that would accrue to the trade of Prince Edward Island from the construction and operation of this outlet for our products.

To obtain the full effects of the advantages to this Province from this waterway, it will be necessary to extend this canal system to the North Side of this Island, either by way of Richmond and Bedouque Bays or Bedford Bay and Hillsboro River.

The latter course was anticipated by Capt. John MacDonald, of Glenaladale, who was the proprietor of Lots thirty-five and thirty-six, and who in the latter part of eighteenth century reserved from the long term leases to his tenants two chains of land on both sides of the proposed canal site.

The streams or creeks flowing into Tracadie or Bedford Bay and those flowing into the Hillsboro are only a few chains apart at their source and the actual distance from tide water on either side is scarcely two miles.

This Province has contributed its share for the construction at immense cost of the canals of the Upper Provinces, and it would be quite reasonable for the people of this Island particularly the farmers and fishermen of the North Side to be granted the privilege of an outlet to connect with the proposed canal system.

I am, Sir, etc., JOHN MCKENNA.

P. D. NURSES

Sir.—A Resident's letter in The Guardian recently, has left with the public a wrong impression of the work done by the Private Duty Nurse. Has your correspondent ever known a Private Duty Nurse to refuse a case because she was not likely to be paid for her services? Does he think that any nurse would refuse to give her services where there was real need and no money?

Perhaps "Resident" has not thought of the hours that the Private Duty Nurse works. Does he know that any char-woman is paid more per hour than the Private Duty Nurse? Has he counted the days she has off duty waiting for a case, or resting, after having been on a hard case for a couple of weeks on twenty-four hours duty? Why does he think the P. D. nurse should give her time any more than any other individual? Could not any other persons pay the P. D. nurse for caring for those who are ill, but who have no money? How many of the wealthy folk, who have P. D. nurses caring for them, would pay the nurse's salary and send her to her neighbor across the street who was in a much more serious condition than she, but who had no money to pay for nursing care?

If the P. D. nurse must give her services free, who is to take care of her, clothe her, feed her, and provide a home for her when she is unable to work any longer?

It is true that in this Province the folk who most need nurses, sometimes, are not able to pay for their services, but it is also true that the average P. D. nurse cannot afford to do any more charitable work than she is at present doing.

Perhaps "Resident" does not know that the nurses of the Victoria Order are paid a regular salary, not depending on the number of patients they visit during the year, and that the nurse is paid her salary whether the patient is able to pay or not.

Did it ever occur to "Resident" that men like himself and Women's Institutes and clubs and organizations of different kinds, might form a department that could pay the salary of some nurses who might then be in a position to give nursing care to the needy ones in various parts of the country.

Why should "Resident" not make a more careful study of the subject and then do something, not expect the Private Duty Nurse to assume the whole responsibility?

I am, Sir, etc., B. A. M.

GAME BIRDS

Sir.—I notice lately that a lot of space is being taken up by anonymous writers giving their views on the preservation of game birds, and I really think that you should ask these gentlemen to sign their names

es to future correspondence. If they really have a desire to appeal to the sporting public to preserve these birds, what could be more to their credit, and why the evident desire to prevent the gunners of P. E. I. from knowing just who it is that is doing all this writing. The Power behind a letter is to my mind entirely wiped out when the proper signature of the writer is not affixed to it, and in many cases motives are attributed to the writers, which are not at all in accordance with the spirit of their correspondence. It is my belief that a real honest to goodness sportsman, who has, as one of these writers states he has, been following the gun for thirty years, would not be ashamed to sign his name to a letter which he feels impelled to write, in which he suggests measures which his experience deem necessary for the improvement of the shooting conditions.

On the other hand there is, just at this time a great deal of suspicion being expressed that much of this letter writing is being done by the same person, who does not desire his identity to be known, as his reasons for such writing would be immediately apparent, and it is openly expressed that we have amongst us, people who are being paid to carry on this propaganda for other reasons than that of preserving our game birds. Personally I can hardly believe this, but there are some queer facts coming to light every now and then that make one wonder.

Perhaps this was in the mind of one of our correspondents when he asks "Is our country to become a breeding and feeding grounds for the gunners of the United States?" He evidently sees some ground for this suspicion, and so do most of us. Now is this the reason for all this correspondence, and is there amongst us some one that wants the birds preserved here for the benefit of the eleven million gunners of the United States. I hesitate to think it, but I have heard it openly expressed that this is the case. Therefore Sir, you can help us if you will do as I suggest, suppress all such letters unless duly signed by the writer.

Now as to the so called slaughtering of game birds which some of these letters state is going on, where is it going on I'd like to know. I have been trying to get some geese and brant, for several years, and have all the appliances looked upon necessary for such sport. I am a pretty fair shot, and given the opportunity believe could make good, but have succeeded in getting very few birds mostly because they are not there. I know I am surrounded by sneaks and spies who already have wanted to have me arrested because I fired a gun out of a motor boat, the shot being fired in the air for the simple purpose of getting clear of a cartridge which was stuck in my gun. Two witnesses saw this, but nevertheless I was hounded and annoyed by some of those people whom I believed get half of the fine if they can manage to get one imposed. A pleasant addition to ones feelings after enduring all sorts of hardship, cold, wettings and hard work, harder than most people know, to feel that your every move is watched by some fellow, hiding behind trees and sand banks, through a pair of glasses, hoping that he will catch you doing something that will split a fine for him.

For my part I think we are a very law abiding lot of gunners. I have sat within thirty yards of several large flocks of plover this year, I have been within shot of several flocks of turkey curlew, a tempting bird if ever there was one, and as it is prohibited to shoot even one of these birds I refrained from doing so. But I could not help thinking that total prohibition along these lines, is equally unjust with other total prohibition laws, and not in accordance with the wishes of the large majority of people.

Now Sir, I am one of those who does not believe that the same regulations which govern other Provinces should rule this Island. What Province has as little sporting material as our little Island? Read the open seasons for the other provinces and what do we find. Deer, Moose, Caribou, Grouse, Prairie Chicken, Pheasant, Ptarmigan, Bear, Sheep, Goats. Is it up to the other provinces to criticize us, if we want a little freedom to get what sport we can. We had partridge or grouse at one time, but fires not shots was the chief cause of the destruction of these birds, and with the introduction of the Hungarian Partridge, I may say I do not think any open season for Partridge is desirable now, till the Hungarian bird has had a chance to multiply. They are sufficiently alike for gunners to be misled into firing at the new bird, and each one of these killed at this stage is a calamity.

But getting down to what we have, and which are apparently getting fewer and fewer, why all

\$100 a Month

is a lot of money to a young man just starting out on his first job, but he soon looks eagerly for a raise. At age 35 he may think it all right to "spend" up to \$10.00 a month. But around age 50 he begins to figure how much capital he has saved and then realizes that \$100.00 a month is good interest on \$20,000, and not to be treated lightly. At 55 or 60—perhaps too late—he begins to worry about his old age, and \$100 a month then seems a lot of money to the "old boy" he will soon become.

A HUNDRED DOLLARS A MONTH INCOME FOR LIFE beginning at age 55 or 60 can be yours. Why not be sure of it? Think what it would mean to you to be certain of an income right up to the end of life, when 97 per cent of people in their later years are partially or wholly dependant upon others for support?

THE COUPON WILL BRING BOOKLET TO YOU BY MAIL 'The Canada Life Assurance Company,' Toronto, Ont.

I would like to have your booklet "Getting the Income You Want." Please send it by mail without any obligation to me.

Name (Mr., Mrs., Miss.) Address 78-C.

You know of men well up in years who are still "drudging along." They cannot stop, but must go on to the end of their days working for a bare living. When they were younger they did not have the chance now offered you. It was not then possible to secure such a convenient and certain provision as this Canada Life Plan, which guarantees that upon reaching a certain age in life you will receive a monthly cheque for \$50.00, \$100.00, \$200.00, or whatever amount you now decide to be paid as long as you live.

If you should become totally disabled, we start the Income without waiting for the retirement age. You can "pension" yourself for later on and guard yourself now against loss of income through total disability.

Be wise—"take stock" of your present financial position—size up your personal affairs, and decide on an income for the future—now!

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HARDWARE THAT WEARS

and wears; that looks as well in years to come as it did when installed; that mellow with age. Hardware of character, designed to add beauty and stability to homes of distinction. All this for no more than you are glad to pay.

The Rogers Hardware Co., Limited

The Chew for You advertisement featuring a man's portrait and the text 'HICKEY & NICHOLSON'S BLACK TWIST CHEWING'.

Toilet Specials advertisement listing various products like '1. \$1.00 Box Evening in Paris Face Powder' and '2. 75c Box of Coty's Face Powder'.

Don't Miss Our Big Fall One Cent Sale advertisement for Thursday, Friday, and Saturday, featuring 'The 2 MAGS' and 'E. A. FOSTER CENTRAL DRUGSTORE'.