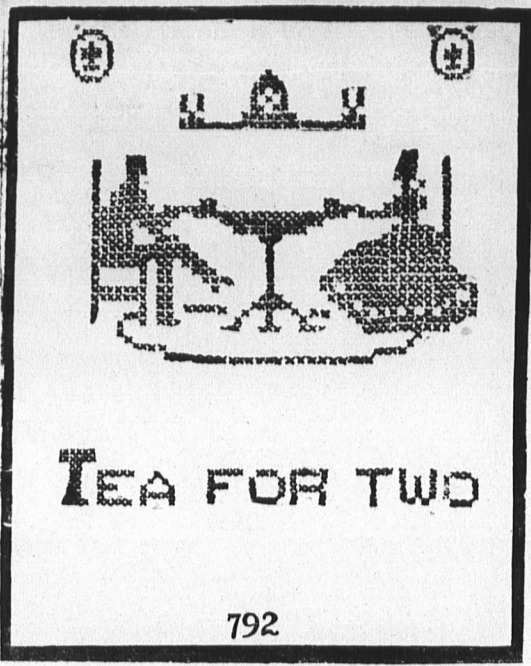


Woman's Realm Social and Personal Fashions Literature

A SIMPLE CROSS STITCH SAMPLER



TEA FOR TWO

792

DESIGN NO. 792

Here is a simple cross stitch design with a very real appeal that you will want to make right away. It makes a lovely picture in a plain frame. Hot iron transfer pattern No. 792 measures 10 by 16 inches and complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, To Charlottetown Guardian, Needlework Department.

Design No. 792

NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

THE COOK'S CORNER

Spiced Bread Pudding

1 cup soft bread cubes, 1-8 teaspoon salt, 3 tablespoons sugar, 1-2 teaspoon cinnamon, 2 eggs, 1-4 teaspoon nutmeg, 1-3 teaspoon cloves, 2 cups scalded milk, 1 tablespoon molasses, 4 tablespoons melted butter, 1-8 teaspoon cloves.

Add bread cubes to scalded milk. Add the slightly beaten eggs and the remaining ingredients to the milk mixture. Pour into a greased casserole, set in a pan of hot water, and bake in a moderate oven of 350 degrees until firm. Serve with cream.

Peanut Butter Dressing

1 cup peanut butter or nut crush, 2-2 cup salad oil, 1-4 cup vinegar, 1 teaspoon salt, 1 teaspoon granulated sugar, 1-2 teaspoon paprika. Combine all ingredients and beat with a rotary egg beater until well blended. Use on either vegetable or fruit salads.

Peanut butter is a good source of

vitamin B1 and Riboflavin (B2) both of which are apt to be lacking in our diet.

Cream of Carrot Soup

(Serves 4 to 6)
1 1-2 cups sliced carrots, 1 slice onion, few sprigs parsley, 3 cups water, 1 tall can evaporated milk, 1 tablespoon flour, salt, pepper, mace.

Cook carrots with onion, parsley and water until they are tender. If left-over carrots are used, cook them for only a few minutes. Rub carrots through a sieve, add milk, heat almost to the boiling point, and thicken with flour which has been blended with butter. Season with salt, pepper, and a few grains of mace.

AUSSIES WORKING IN

CANBERRA — (CP) — So that Australian Air Force men can become familiar with the faster American-made planes they are attached for certain periods to U.S. air squadrons operating in the Anzac area.

BRER RABBIT IN WAR

MELBOURNE — (CP) — Every slouch hat worn by an Australian soldier is made from the fur of a about nine rabbit skins which years of experiments have proved unequalled for durability.

Price Control and the Consumer

By Byrne Hope Sanders
(Director, Consumer Branch, War-time Prices and Trade Board)

What are the questions which the women of Canada are asking us most at the Consumer Branch of the War-time Prices and Trade Board? Day by day hundreds of letters from every part of Canada pour into our offices. Many of them deal with questions which have to do with the policy of the board and, of course, have to be considered in relation to the development of the board's policy as a whole. But there are dozens of little problems which are repeated from every province—the kind of every day questions which come to the makers and for which we want to find satisfactory answers.

Take boys' clothes, for instance. A lot of women have had the idea that the new clothing regulation prohibits the use of cuffs on boys' trousers. We have had many complaints from women saying that they have used these cuffs in the past for patching purposes and that they are tremendously important for growing boys.

As a matter of fact, cuffs are permitted on boys' and youths' trousers and the administrator says that women may continue to use these cuffs when necessary for patches as they have always been accustomed to doing.

Many women too have been bothered with the fear that the hems on little girls' dresses would be so small that they would not be able to let them down to keep pace with growing legs. The Clothing Administration, however, checked into this matter very carefully, and mothers of little girls can count on a 3 inch hem on children's dresses up to size 6. Cuffs from size 7 up there will be a 2 inch hem. It is interesting to note that the restrictions on the women's clothing are saving approximately 15 per cent of the material used. It is remarkable how much can be saved with such tiny details, eliminated as extra pockets, smaller hems, narrower pleats and fewer balloon sleeves.

With the new restrictions, there will still be plenty of styles and there will be no skimping of standard sizing. What has been done is to limit all unnecessary yardage used previously in a great many garments. In a country so vitally engaged in war, there is no room for waste of any description.

By the way, it is important to realize that the new restrictions apply not only to ready-made dresses but also to dress-makers, custom tailors and to home dress-makers. Of course there is nothing to prevent a woman from buying her own material and making any type of dress for her own use, say for example, a dress with a matching jacket which is under restriction. However, as Mr. Klein, the Administrator for Women's and Girls' Wear, says "any woman who, knowing the restrictions, deliberately makes a dress which does not conform with the regulations will certainly not be considered a loyal and co-operative citizen."

Remember that if you have any questions you would like to have straightened on any details affected by the price control plan, the Consumer Branch at Ottawa will be glad to help find the answer for you.

Dorothy Dix Says— ALL THINGS CONSIDERED MARRIAGE REALLY PAYS

It Does Not Slow Men Down, But Speeds Them Up

A man asks: "Is marriage a sound proposition? Can men and women who by nature are incompatible live together successfully? Are men bettered by the slowing-down effect of marriage? Does it enhance their chance of success in life to be weighted down by matrimonial fetters?"

"I feel that marriage is something that takes far more than it gives. Do you see any relief in the distant future for the present-day marriage, which in my opinion, is such a failure?"

Well, no one will contend that marriage is a "glory ticket," as our colored friends say, that gives one admission to an earthly Paradise; but, such as it is, it is the best solution that civilization has been able to devise for the relationship of the sexes. Even the happiest marriages are full of trials and tribulations, while the unhappy ones are a forest of purgatory. But even at that statistics show that only one marriage out of six in this country, which the most divorcer-minded in the world, actually goes on the rocks, and that makes it at least as safe a venture as speculating in stocks, or going into any sort of business.

Although there are plenty of disgruntled husbands and wives to serve as awful warnings against the danger of matrimony, the fact that the wedding continue to ring merrily on shows either that people are incurable optimists about the holy estate, or else they realize that even if marriage does not come up to all their expectations of bliss, it is better than the loneliness of being old bachelors.

Whether a man and woman who are by nature different in thoughts and habits and points of view can live together successfully depends upon what you mean by success. If you mean they are never to disagree on any subject, no. Only love-sick adolescents dream of two souls with but a single thought, two hearts that beat as one. No couple are such rubber stamps of each other as that.

But if you mean, can a husband and wife be broad enough and intelligent enough to respect each other's individuality and concede each other the right to their own opinions, and find each other all the more interesting companions because of their unlikeness? Then the answer is, yes. There are thousands of such husbands and wives who in fifty years of marriage have not talked out and find amusement and interest in each other's little "ways."

That marriage does not slow men down, but, on the contrary, speeds them up can be proved by a casual glance among your acquaintances. It is the exceptional man who settles down to the real business of life and gets married. As long as men are single most of them just play about with their careers. They are easy marks for their parasitic friends and relatives. They spend what they make and play with their ambitions.

It is only after the average man gets married that he really puts his heart into his work and develops whatever abilities he may have. Many a man achieves the impossible because he wanted to shine in his wife's eyes. Many a man who would be content with a moderate salary as a self-slave until he makes a fortune because he wanted to decorate his wife with jewels. Wives are not always a handicap. Offener they are a goal in their husbands' sides, or they inspire their husbands to climb to success.

Finally, to offset the disadvantages of marriage, there are the by-products which make it a paying investment. There is the home and all it connotes of comfort. Insurance statistics tell us that married men who have wives to look after their heads, live longer. They are more interested in life and give him something to work and strive for.

So, taking it all by and large, I think that marriage pays, even when it fails, as all earthly expectations fail, of realizing our hearts' desires.

A Morning Smile

The Scotsman's wife had strong views on the subject of strong drink. One night her husband came home late and badly fuddled. He managed to get into the house without waking her, and on reaching his bedroom he got down on his hands and knees and started to crawl along the floor. But luck was against him, his wife woke up. In the darkness mistaking the moving object for the dog, she said, "Come on Jack! Good dog!"

"Whereupon," said the husband next day, recounting the event to a friend, "I had the rare intelligence to lick her hand."

Doctor—"You say you found a letter in your pocket this morning. I'm sure I don't know how it got there."

Wife—"I do! I gave it to you to mail three weeks ago!"

AVONLEA W. L.

The June meeting of Avonlea W. L. was held at the home of Mrs. R. J. Fleming with an attendance of 14 members and nine visitors. The President presided and the meeting opened with the ode followed by the Creed.

Minutes of last meeting were read and approved. Committees reported and new ones appointed are—Ruthie, Mrs. L. M. Montgomery, Mrs. Roy Woolner, Mrs. L. Houston, Mrs. B. C. Woolner, Mrs. T. L. McNeill, Mrs. J. Simpson, Mrs. Lowther, Mrs. Wyand and Mrs. Moore.

It was decided to have Dental Clinics in both districts. Next meeting to be held at the home of the president Mrs. Alfred Moore. Roll call to be answered by "What I Liked Best at the District Convention. After lunch was served the meeting closed with God Save the King.

Collection \$245.
(Patriot please copy.)

LOWEST UNEMPLOYMENT

With 2.8 of its employable male population not working, Queensland has the lowest unemployment record in its history.

Relieves MONTHLY FEMALE PAIN

Women who suffer pain of irregular periods with crampy nervousness—due to monthly functional disturbances—should find Lydia E. Pinkham's Vegetable Compound Tablets the best relief. It is very effective to relieve such distress. Pinkham's Tablets made especially for women help build up resistance against such symptoms. They help build up red blood! Made in Canada.

House of Hate

By ISABEL GARLAND

CHAPTER XXXV
When Sheriff Stephens, followed by Coroner Dean returned to the drawing room after the trip upstairs to examine Mrs. Comstock's room, he was frowning.

"Mr. Comstock," he said to Paul, "didn't your mother always wear a big diamond ring on her left hand?"

"Yes—her engagement ring."

"Where is it now?"

"Isn't that it on her hand? She used to boast that she never took it off."

"Well, it's off now."

Every one stared at the sheriff, for they all knew that big pointed canary diamond on the band of twining gold snakes that Mateel Comstock always wore.

"You mean it—its gone?" Chad asked stupidly.

"Sure it's gone," said the sheriff. "Didn't any of you notice that?"

"Well, I did," the sheriff stated. "Ever since I knew Mrs. Comstock—must be about fifteen years—I always saw her wearing that ring. I noticed it particularly because it was different from any I ever saw before. First thing I said when I walked into that room and looked at her was, 'Where's that ring? Didn't I, Henry?'"

Coroner Dean nodded. "Minute Bill mentioned it, I remembered it."

"Did you look around the room?" asked Paul. "She used to say she wore the ring even at night, but she might have taken it off."

"We looked, but there wasn't a sign of it," said the sheriff. "Where's that guy Thurber? He took the money—maybe he took the ring too."

Thurber was brought in, but vehemently denied any knowledge of the ring.

"Didn't touch it," he insisted. "I never went near her. I tell you!"

He was searched, but the ring was not on him.

Every one, when questioned, remembered having seen because one of the stock wearing it on the night of her death.

"I know she had it on when she came upstairs at 11 o'clock," said Helen. "I remarked on how gorgeous it was."

"She was wearing it when she came down to the kitchen to get me to witness that will," offered Advent.

"I distinctly remembered that it was on her finger when she called me to her room that night," Miss Peasley added.

"Look here!" said Paul. "How about this theory? Whoever killed Mother was probably after the money in her desk. If it wasn't Thurber, then Thurber forestalled the person who did kill her. When the murderer found the money was gone, he took the only other thing of value that was handy—the ring that Mother was wearing. I think that ring and you will have found her murderer!"

The sheriff studied him a moment. "So you've given up the idea that Thurber killed her, and you think she was probably after the money in her desk. If it wasn't Thurber, then Thurber forestalled the person who did kill her. When the murderer found the money was gone, he took the only other thing of value that was handy—the ring that Mother was wearing. I think that ring and you will have found her murderer!"

"Thurber may have but, after considering all the evidence, I'm beginning to have my doubts," Paul burst in and made a new hypothesis. "There are others who thought they would get the money. Before Mother wrote this last will, she had made another one leaving her estate equally divided among the members of her immediate family. On the night of her death, no one except Advent and Aunt Leona had been in the house. Therefore, any one mentioned in the old will, with the exception again of Aunt Leona, would have expected to see her dead."

"Now then, what's our evidence?" Paul paused and looked significantly at Chad. "We know who was the last person to visit her room on the night of her death. We know, too, who claims to have found the body of Manders. As to why Manders was killed, he may have had too much. Lastly, we know from whose coat the button found in Manders' hand was torn! Can you blame me, then if I turn to my own brother and ask, 'Where is that ring of Mother's?'"

Chad, his face pale, started at Paul, then suddenly burst out laughing.

"Bravo! I couldn't have done better myself. Now, all that remains is to find the ring on me!" He stood up, started turning his pockets inside out, scattering their contents recklessly across the floor. "Come on, Stephens—search me! Find the ring and you will have found her murderer! Isn't that what my young brother has proclaimed? Come on, then—find it! You will if not on me, then hidden somewhere in my room. Oh, it's neat, isn't it? How do you like it, everybody? He's framed me! My own brother has framed me!"

"That's a melodramatic fool!" snapped Paul. "If you haven't the right, it's easy enough to prove you haven't. I merely offered a theory."

The sheriff was looking from one brother to the other with narrowed eyes.

MORSE'S TEA

MORSE'S SELECTED ORANGE PEKOE has the enthusiastic praise of connoisseurs in tea. \$1.00 per pound.

Living & Leisure The Woman's Realm

HUMAN LIFE

We live in deeds, not years; in thoughts, not in figures on a dial. We should count time by heart-throbs. He most lives who thinks most, feels the noblest, acts the best.

F. J. Bailey.

ELEVENTH HOUR NECESSITIES

June—and your wedding day just around the corner, perchance. Pause a moment, mademoiselle the bride-to-be, and take serious thought of all those last-minute "chores" which are so easily overlooked.

Have you, for instance, made out a list of all the friends and relatives, near and far, to whom those name-exchanging announcements are to be sent? And have you been one of the wise virgins who has kept space with the arctostock wearing it on the night of her death.

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"Well," he said slowly, "I see no harm in investigating that theory. Dr. Harry, if you don't mind coming upstairs with me and leading a hand, think we'll have a look through Mr. Chadwick Comstock's room."

Leaving his deputy and the coroner in charge of the little group in the drawing room, he and the doctor departed.

When they returned, fifteen minutes later, a little gasp went round the room. In the sheriff's hand, held up for every one to see, was something that gleamed—the diamond ring.

"Found it at the bottom of a little steamer trunk in his closet," the sheriff explained briefly. "Under a pile of love-story magazines."

Chad laughed again wildly. "What did I tell you, every one? My brother's good! Never misses a trick. He should have been the pulp writer—not I! What ingenuity!"

"I'm afraid you can't get out of an explanation that way, Mr. Comstock," the sheriff said. "There is absolutely no evidence of your brother's framing you. Now, I'm not accusing you of anything—yet. All I want to know is how this ring got into your trunk. If you can tell us your better do it."

"You want me to confess, eh? That would make everything just hot-ot-hot!" Chad smiled bitterly. Then, in another outburst of ferocity, he shouted, "But I won't! I'm not licked yet! Not by a long shot! There's something you've all overlooked! Listen, every one—listen to what I've got to say!"

There was a feverish light in his eyes as they swept round the room. (To be concluded)

FAVORITE CLOSET

One of our favorite closets is big enough to hold trunks and suit cases. It doesn't look like a storage closet at all. The walls are covered in a knotty pine wallpaper. There are proper racks to hold storage boxes, card tables, and a wide, partitioned space to hold games. Two wide rings fastened in the wall hold umbrellas and canes. Another rack holds tennis racquets and there is a corner for golf bags. The floor is covered in green linoleum. Such a closet makes it obvious that this is a tidy, well-run house-hold.

TRANSPARENCY

Perhaps the greatest aids to closet neatness are the transparent closet accessories now in the shops. It is well to equip closets gradually with these storage items. It helps keep things neater, for it does away with dragging out bags and boxes in order to find things. Good transparent material is not only dust-proof, but it protects from dampness, too. Most of the bags have slide fasteners to aid in making them dust and damp proof. There are special bags for evening things, for fur coats and jackets, for scarves, or daytime dresses and coats. There are bags equipped with shelves to hold sweaters or jackets or hats. There are hat boxes designed for the tiny pill-box right up to the collapsible type, which make them grand for use when travelling.

If you want to make your own transparent material is not only dust-proof, but it protects from dampness, too. Most of the bags have slide fasteners to aid in making them dust and damp proof. There are special bags for evening things, for fur coats and jackets, for scarves, or daytime dresses and coats. There are bags equipped with shelves to hold sweaters or jackets or hats. There are hat boxes designed for the tiny pill-box right up to the collapsible type, which make them grand for use when travelling.

WINDOWS NOW ART FEATURES

Windows of homes are no longer viewed solely as functional units. Today they are called upon to serve important architectural and decorative uses as well.

One interesting modern result is achieved by placing a prominent window to frame a tree in the manner of a "living picture". Its changing pattern from spring to autumn makes a most interesting winter makes a refreshing scene. Similar pleasing effects are obtained if the landscape permits a view of a river reach, a winding creek, or even a broad expanse of rolling land.

Together with other functional parts of the modern small house, windows have improved considerably in design and construction. They are made of light weight materials and throughout the interior. Window styles may include double-hung "blows" which fall up and down and casement windows hinged at the side and opening in and out. Bay windows are available in many sizes and attractive styles.

A HOME IS NEAT AS ITS CLOSETS

Every time we are invited to look at a new series of close fixtures we marvel at the evolution of room storage space. It isn't too far back to remember when the average closet was equipped with hangers and perhaps some bars for shoes. Decorate a closet, create an ensemble of closet accessories—why, the very idea! Then pictures began to appear of em-

When you are out to buy new garment hangers, you'll find that these also have undergone a transformation. New plastics have been used with good effect and there are hangers for golf-bags, coats, fur coats, for strapless evening gowns and many have a gadget to keep evening gown straps from slipping.

Needlecrafts For The Home

Enduring classic in girls' fashions is the sturdy middle frock, especially good in this "all-out-for cotton" year.

Style No. 3048 is designed for sizes 6, 8, 10, 12, and 14. Size 8 requires yard 38-inch contrasting for dress; 1-2 yard 39-inch fabric for camisole top.

To order pattern: Write or send picture with your name and address with 20 cents in coin or stamps to the Needlecraft Bureau, Charlottetown Guardian.

The Needlecraft Bureau, Needlecraft Department, Style No. 3048

Name _____
Street Address _____
City _____ Province _____

Relieve Asthma and Hay Fever Quickly with

KELLOGG'S ASTHMA RELIEF

3048
31223
6-14

Whatever your washing method . . . you need Sunlight's "EXTRA-SOAPINESS" for those extra dirty parts



When clothes come to the wash some parts are more soiled than others. These "extra dirty" parts need special treatment to get them clean.

As no doubt you know from your own wash-day experience, the very dirty parts of clothes are by far the most difficult to get really clean. Any cleanser—powders, flakes or bar soap—will remove the ordinary dirt. But wherever grime is concentrated you can't do without the Sunlight Soap method of washing clothes.



Sufficient to leave a thin film of Sunlight in contact with the dirt; sufficient, too, to remove the last tiny speck of grime. Women who use the Sunlight method have found it the easiest, safest and most thrifty way of getting clothes clean and white.

With household cleaning, as well as washing, Sunlight's "extra-soapiness" gives real help. A touch of Sunlight wherever dirt is troublesome loosens it instantly and removes it completely. And Sunlight is as gentle to your hands as it is to the finest fabrics. It is all good soap right through!

Home Shorthand Course Help in Business Life



Symbols Simple to Learn
She's never caught in a rut—the worker who increases her value from year to year. If you seem to be standing still in business, think—perhaps you should learn something more, shorthand, perhaps.

You can teach yourself shorthand and it's a wanted skill which is bound to add to your business value.

Hard to learn shorthand by yourself? No, the Pitman system is simple. You write by sound, not by spelling, and there aren't many sounds. For each you learn an easily written symbol—"M" an arch, "A" a dot, "K" a dash.

To write "make" you'd join the "M" arch to the "K" dash, putting the "A" dot under the arch. You don't write "E" because you don't hear it in the word "make."

But now shorthand becomes even simpler! To help you keep up with your boss' dictation there are "short forms" for long words. "Representative" (thirteen sounds) is like an upside-down V with a hook.

Our 32-page booklet gives 18 easy, step-by-step lessons for home study in Pitman shorthand. Has exercises, short forms to help you acquire accuracy and professional speed. Can serve as a foundation for a business college course.

Send 15 cents in coin for your copy of SELF-INSTRUCTION IN SHORTHAND to The Charlottetown Guardian Home Service, Address: Be sure to write plainly your NAME, ADDRESS and the NAME of booklet.

Name _____
Street Address _____
City _____ Province _____