

Woman's Realm / Social and Personal / Fashions / Literature

FREEDOM FOR TWO

By MARGARET WATSON

**CHAPTER
WE'RE GOING ABROAD!**

One evening towards the end of their fourth month in London, Martin came home in another mood.

Erica was arranging roses in a bowl, and listening absently to his coming; but the moment she heard his hand at the door she knew that something had happened. The sight of his face as she turned to meet him confirmed her instant knowledge. His eyes were bright with something more than happiness.

"Pack up, Erica! Never mind flowers! We're going abroad."

She knew then that she had been waiting for this moment, that she had been keyed up and ready for it since the day of their homecoming. How, otherwise, could she have found the courage or deceit to cry out at once, hard on the heels of his words: "When? To-night?"

"To-morrow morning."

She had a fleeting impulse to throw up the whole poe then and there, to let her resolute smiling mouth relax into the obstinate, angry lines it was aching to assume; but she knew that she was not going, that she did not want to go, that she was happy where she was.

Instead, she said, crisply: "All right, I'll be ready. What time do we leave?"

Martin swooped upon her and swept her into his arms. Darling, you're the most patient creature under the sun. All the while I've been wanting to bring you this opportunity, until I was beginning to believe it never would come. I've longed for it myself, too. You never complain; but confess, now, it did get rather monotonous, didn't it?"

Erica closed her eyes. What was the use? she had not the courage to turn back now. Well, if you want to have everything straight—well, perhaps it did rather.

She darted excitedly. Well, now we're going roaming again. Not for such a very long time; maybe only for a month, and only on business; unfortunately, but still we'll have fun. And this is only the first of many trips together, I hope.

Erica looked round at all her household gods, and they appeared to her even lovelier than they had ever appeared before. She thought resentfully: Fancy having to leave all this, and just as it was beginning to feel like home!

"Aloud she asked: Where are we going?"

"To Stockholm."

"To interview timber magnates? Well, something like that. But you'll love the town."

"And how are we going? Not by air this time?"

"No—ship; so you can take what-ever you like. Darling, you are glad, aren't you?"

"Glad? Well, you bet I am!"

There was no arduous packing from that response at any rate. She had proved to herself that she could deceive him quite easily.

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Harsh pills and purgatives often over-stimulate your intestines... and leave them weak and listless.

If your constipation is of the common type that is due to insufficient bulk, there is a better way to treat it. Kellogg's All-Bran supplies the bulk you need. It absorbs moisture and softens like a sponge. This water-softened mass aids elimination. But All-Bran does still more. It contains vitamin B, the vitamin that helps tone the intestinal tract.

Eat Kellogg's All-Bran every day and drink plenty of water. Made by Kellogg in London, Ontario.

A Morning Smile

"The world is a very small place," said the boy, as he sat in the seat in the smoking-room of the village inn. "Now listen to this:—"

"Last year in Paris I met a man who lives in the same street, as I do. Later on I met him in Venice, then in Rome, again in Alexandria, and, finally, I crossed the Channel with him on the way home. Now what do you think of that?"

"Well," said the fed-up listener in the corner, "why didn't you pay him what you owed him in the first place?"

THE "MAN" AGAIN

The dentist was about to leave with his wife for an evening at the theatre when the telephone rang. Replying to the call, he listened to a prospective patient's request, and annoyed his wife by assuring the caller that he was at liberty and would be glad to give treatment immediately.

Hanging up the receiver with a smile, he turned to his indignant wife, who demanded an explanation.

"You know our seats have been booked for a week, and I was so looking forward to the show. Why on earth did you offer to see a patient immediately and spoil my night?"

"Well, my dear, I'm sorry for you, really," he replied, "but that was the income-tax collector, and he sent me a final demand note this morning! Could I miss such a chance I ask you!"

LEARNS TO LIKE IT

It is usually easy to form a fondness for lettuce in the child by simply including a lettuce leaf in the sandwich filling each time. Children at low school lunches and will soon accept the lettuce as a necessary part.

Home Service

Enjoy the Rubaiyat—World's Favorite Poem



It Takes More Than Beauty to Succeed

Dorothy Dix

Employers Demand Beauty in Offices

Good Looks Are a Help, But They Are Not As Essential As Efficiency for the Girl Who Goes Into Business

It appears that Uncle Sam, old as he is, still has an eye out for a pretty girl. Women in Government employment offices in Washington who are non-beauty prize-winners have raised a tempest in a teapot by claiming that they are discriminated against because of their looks. They assert that promotions are handled on a purely basis and that the "Miss Americas" get all the breaks; that if a woman nothing to have a long record of efficient service if she hasn't lipped eyes with the come-hither look in them and doesn't know how to pet.

So bitter is the cry of these distressed ladies that a gallant Southern Senator has demanded that a Congressional inquiry be made into the matter to determine whether the heads of departments pick out their female assistants because they are easy on the eyes and look kissable, or because they know how to spell and take dictation and juggle figures.

Of the merits of this particular case we are unaware, but it brings up the ever-recurring and never-settled question of what part a woman's looks play in her success in life and how great a handicap the lack of beauty is. Is a woman simply out of luck if she isn't pretty? Is a girl's face as important as the inside, and is it better for her to have naturally wavy hair and a sea-cream-and-cream complexion than to have brains?

Of course, the general belief is that beauty is always a woman's best bet, probably based on the theory that if she has that she can get everything else for herself. Anyway, it is the gift every mother prays that her baby Godmother will drop into her baby's cradle, and it is what the girl herself would choose if she knew what was all about. It is the thing that every woman notices first about a woman, and accepts as an alibi for dumbness and selfishness and general lack of gumption.

In spite of all of this, however, and the extravagant valuation we put on beauty in books, plays and the movies, I do not believe that looks are any particular factor in a woman's success, provided she is not hideously ugly and provided that she is a ways well dressed, well groomed and that her homely face shows intelligence and good nature. In the matter of employer would like to spend his days looking at a monstrosity or a tramp or a human pickle bottle. But limiting these, the average man doesn't know or care whether his secretary has soulful orbs or myopic eyes; whether her nose is classic Greek or a pug. All he is interested in is the way she does the work for which he pays her.

As a matter of fact, most men prefer women employees who are plain instead of run-up-of Greta Garbo. For one thing, it saves a lot of explaining to the little woman at home about why they had to hire such a good-looker, and it keeps other men from digging them in the ribs and intimating that they are office Lotherios. And for another thing, the pretty girl is seldom efficient. She struts to getting by on her looks and, anyway, she doesn't expect to work long. Marriage is her career.

THE COOK'S CORNER

- TOASTED SAUSAGE WITH EGG IN BROWN BUTTER**
The recipe given below serves four to six persons.
Twelve pork sausage links, 2 tablespoons butter, 1/2 teaspoon lemon juice, 1-4 teaspoon tarragon vinegar, 1-8 teaspoon salt dash red pepper 6 poached eggs, parsley.
Toast sausages. Brown butter and lemon juice, vinegar, salt and pepper. Stir until well blended. Arrange toasted sausages and poached eggs on hot platter. Pour brown butter over eggs. Serve piping hot.
- BRAN MUFFINS**
Two tablespoons shortening, 1-2 cup sugar (or less if desired), 1 egg slightly beaten, 1 cup sour milk or buttermilk, 1 cup bran, 1 cup flour, 1-2 teaspoon each salt and soda, 1 teaspoon baking powder. Cream shortening with sugar, then add egg and bran. Mix and sift flour, soda, salt and baking powder. To the sugar mixture add the milk and flour mixture. Bake in greased muffin tins at 375 deg. Fahr. about 20 minutes. If you wish to use sweet milk leave out the soda and add 2 extra teaspoons baking powder. Add dates or raisins if desired.
- DATE AND WALNUT BREAD**
One cup dates cut small and covered with 3-4 cup boiling water-let this stand until partially cool while creaming 1-2 cup sugar, 1 table-

The Housewife And Her Activities

DUTY
Do the duty which lies next to you. Live in the sunlight and help others out of the shadows. Have a great deal of hope in the heart and wear a radiant face. Reach out a hand of helpfulness to the stumbling ones and speak a word of cheer to the discouraged—Anon.

REPUTATION
Whatever indifference we affect to show for the good of mankind, every one seeks for esteem, and believes himself more worthy of it in proportion as he finds himself generally esteemed; he considers the public suffrage as a surety for the high opinion he has of himself. The pretended contempt, therefore, for reputation and sacrifice said to be made of it to fortune and reflection, is always inspired by the desire of rendering ourselves illustrious; we boast of what we have and despite what we have not. This is the necessary effect of pride; and we should rebel against it were we not its dupes.—Helvetia

CAN BE USED
Don't waste all the outer leaves of lettuce just because they are not pure white. Remove any blemishes and then shred the remainder with a scissors. This will make a nice foundation for any salad.

PARENTS' MOODS WORK HARD-SHIP FOR CHILDREN
Being human, mothers and fathers too are subject to change of humor from day to day. But when the pair are absolute unpredictable as to mood, it makes it pretty hard for the youngsters. Too many people let trifles upset them. An argument with the butcher sours the day, and everyone "catches" the rage, wears thin. Humiliation, or any like unpleasant, reacts for days sometimes. And, on the contrary, pleasurable excitement may demystify a regular set-up routine that it has taken months to establish. Self-control can be cultivated. It is an important asset to the parent and to family happiness. We can't be perfect, but we can at least try.

STORKS AND THEIR HABITS
We had been looking for storks' nests every day as we motored through Denmark. At last just as we were hurrying to the ferry for Sweden we caught sight of a nest perched on the very roof of a modern farm building.

NO MILK FOR BIRDS
"Certainly no mother would feed her child cucumber seeds, yet owners actually go out of their way to feed milk to canaries, Dr. Manisera points out. "In a sense this is criminal. Milk is essentially a bone-builder. Birds should never be fed bone or flesh-building foods. They are constructed and equipped to fly. Their bones are hollow. There is never a trace of fat on wild birds."

BROKEN WINGS
However, much of Dr. Manisera's surgical skill is brought into practice because of other than alimentary ailments. Birds are frequent victims of accidents, especially if they are permitted to fly about a room or sleeping porch.

"Am I Happy?"
You will be too, if you use Paradol at regular times to free you of headaches, fevered conditions and pains. It is old-fashioned to lose time or miss engagements at such times. This new, different, modern tablet does not disappoint. It has the Dr. Chase dependability. It relieves quickly and the relief lasts. Be sure you get DR. CHASE'S PARADOL

FASHION GUIDES FOR THE HOME DRESSMAKER
A quick to get in and out of home frock... takes only one fastening of the belt... you're dressed! Quickly made... one-piece from the shoulder to hem... join seams and sew crisp ruffling or bias bands around the edge of collar, down the front, pockets and sleeves. Opens out flat for ironing. It's an ideal breakfast frock and nice to slip on when putting on your coat. It gives you a complete coverage over your dress. The high or low convertible neck is very accommodating. Dotted, checked, flowered or pale/e/y cotton print is especially attractive and smart looking... cost so little to make.

Style No. 2754 is designed for sizes 16, 18, 20 years, 34, 36, 38, 40, 42, 44 and 46 inches bust. Each requires 1-8 yards of 30-inch material with 1-4 yards of ruffling. Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving—

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Today's Short Wave Radio Program

- MONDAY, JANUARY 31
- PARIS**
9:30 a.m.—Concert of Light Music. TPA-2, 19.6 m., 15.94 meg
- SCHEENECTADY**
3:15 p.m.—WPA Musical. W2 XAD, 19.5 m., 15.33 meg.
- SANTIAGO, CHILE**
4:00 p.m.—Selected Music and News. CB615, 24.3 m., 12.30 meg.
- TOKYO**
4:45 p.m.—National Program JZJ, 25.4 m., 11.80 meg.; JZJ 31.4 m., 9.53 meg.
- BERLIN**
7:30 p.m.—Pictures of Life in German Towns. DJD, 25.4 m., 11.77 meg.
- ROME**
7:35 p.m.—Program by Federation of Business and Professional Women; Opera Selection; PRO's "Mall Bar." 2RO, 31.1 m., 9.63 meg.; IRF, 30.5 m., 9.63 meg.
- BERLIN**
8:30 p.m.—Joyous Mozart, dances and song (Part I). DJD, 25.4 m., 11.77 meg. and 49.8 m., 60.20 meg.
- CARACAS**
9:30 p.m.—Program of the Pan American Union. YV5RC, 51.7 4. 5.8 meg.
- LONDON**
9:55 p.m.—"Lines on the Map—1. Communication by Land." GSD, 25.5 m., 11.75 meg.; GSC, 31.3 m., 9.58 meg.; GSB, 31.5 m., 9.51 meg.; GSL, 49.1 m., 6.11 meg.
- TOKYO**
12:45 a.m.—A Talk by Dr. A.K. Reischauer, Tokyo Women's University, on "Education in Japan." JZJ, 25.4 m., 11.80 meg.
- SYDNEY, AUSTRALIA**
4:30 a.m.—(Tuesday)—Chimes from G. O. Sydney. VKZMR, 31.28 m., 9.59 meg.
- bacon, pepper, eggs or seeds that contain oils or over-heating qualities, should never be fed to caged birds, says Dr. Manisera. Being caged, their exercise is limited and they must be fed blood-building foods exclusively. Sunshine and heat that produces too much body heat will cause feathers to fall out. Continuous moulting is a positive sign that the bird is unwell.

PIMPLES

CUTICURA

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Latest fashion cables from Paris say "three-tone suits for Spring"—to complete the ensemble. To make your Spring costume complete in every detail we suggest this smartly styled, knit blouse. Wear it early with your tweeds and later with pastel linens and flannels. A perfect complement to a well selected wardrobe. The pattern includes complete easy to follow instructions for knitting in size 36 with stitch tensions for use of the original garment.


For complete pattern and instructions for all of these designs, sent 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

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Home Service

Enjoy the Rubaiyat—World's Favorite Poem



... an angel shape
Bearing a vessel on his shoulder
Everyone knows Omar Khayyam's famous words:
"A Book of Verses underneath the Bough,
A Jug of Wine, a Loaf of Bread—
And Thou
But do you know, too, that every page of the Rubaiyat sings with beauty, from the glorious first lines describing the dawn:
"Wake! For the Sun, who scatter'd
The Stars before him from the
Field of Night."
to that final echo of a lover's age-old cry:
"Ah Lovel could you and I with
Him espire
To grasp this sorry Scheme of
Things entire,
Would not we shatter it to bits—
and then
Re-mould it nearer to the Heart's
Desire?"

What beautiful passages where the poet sees "shining through the Dusk an Angel shape" or paints vivid word pictures like "that inverted Bowl they call the Sky!"

Add this immortal poem to your library. Our 32-page booklet gives a fascinating biography of Omar Khayyam. Complete translation of the 101 verses of the Rubaiyat. Beautifully illustrated. A perfect gift.

Send 20c in coins for your copy of The Rubaiyat of Omar Khayyam to The Guardian Home Service. Address. Be sure to write plainly your Name, Address, and the Name of booklet.

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A quick to get in and out of home frock... takes only one fastening of the belt... you're dressed! Quickly made... one-piece from the shoulder to hem... join seams and sew crisp ruffling or bias bands around the edge of collar, down the front, pockets and sleeves. Opens out flat for ironing. It's an ideal breakfast frock and nice to slip on when putting on your coat. It gives you a complete coverage over your dress. The high or low convertible neck is very accommodating. Dotted, checked, flowered or pale/e/y cotton print is especially attractive and smart looking... cost so little to make.

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To make crackers crumble easily, try the potato ricer method. To do this, fill the ricer with crisp, dry crackers and press. Then stir the broken pieces up a bit and press again. Results: the desired cracker crumbs; and with just a shake the ricer is clean.

31, 1933

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