

Many Additions And Improvements This Year to City and Suburbs

This season has been a busy one in the building line. Besides a large number of new houses which have been erected in the city many other buildings have undergone repairs and complete remodelling.

The firm of Messrs Lowe Bros. have had, as usual, a large share of this work. Among their important jobs of the year is the completion of the Country Club; the erection of a warehouse for Carter and Co., on Bridge Road; a brick building for the Standard Oil Co.; two cold storage rooms, large new stables and extensive roof-repairs for the Island Cold Storage Co.; complete renovation of the Salvation Army Citadel; alterations and thorough renovation of the Bayer building, Great George Street; remodelling of the jobbing plant of the Patriot Office; the erection of twenty new stables at the Exhibition Grounds and repairs to the Main Building there, including new foundations; improvements on the house of Mrs. Chas. Hynes, Rochford Street; re-opening of the engine house at Falconwood, with numerous other minor repairs; complete renovation and remodelling of the Casino Dancing Academy; erection of the new Bank of Nova Scotia on Great George Street (still under way); under work of the firm this year includes repairs to Victoria Hotel; remodelling of De Blois Bros. store on Queen Street; addition to Mr. Harry Miller's new house on Fitzroy Street; remodelling of Mr. John Cameron's shop on Great George

Street; and complete interior remodelling of Carter and Co's and Jamieson's stores on Queen Street.

The contracting firm of Messrs A. and W. McDougall and McAulay have also put in a very busy season. Among their larger jobs are the following: the erection of a new building for the Brighton Ice Cream Plant; a new residence for Mr. J. F. Hornsby, Upper Queen Street; a semi-bungalow for Mr. Arthur Mutch at Southport; a summer residence for Mr. H. T. Shaw at Holland Cove; a new store for Mr. A. P. Edmonds, Great George Street and the erection of a new school-house at Mount Mellick. They have made extensive repairs and alterations to the residence of Mr. Henry Smith, cor. Hillsboro and Richmond Streets; the double residence of Mr. R. L. Day, Kent Street; the warehouse of Messrs Proud and Moreside and are busy with Miller Bros., new music store, Great George Street at the present time.

Other important building jobs this season include the new machine shop of Messrs Bruce Stewart and Co., erected by Mr. E. Parkman, the dwelling houses built by Contractor Barret for Mr. Harry Miller, Fitzroy Street and Mr. Harold Moore, Weymouth Street. Two dwelling houses at Brighton for Mr. James Harris and Capt. Cook, built by Mr. Lee Doyle; Dr. Blanchard's house, Pownal Street, erected by Mr. Squarebriggs; Mr. Harry Foster's house, Eustacia St. (under way) built by Mr. W. F. Roper and the Flour Mill in the East end of the city by the same contractor.

A Warning To Amateur Athletes

The following official bulletin has been issued:—

All amateur athletes who propose playing in what is termed Independent Leagues in the Maritime Provinces this season are asked to give careful consideration to the position in which they will be placed with respect to all athletes. These Independent Leagues, as any athletes who compete will have to be professionalized which means that they will have no further opportunity to compete in open competitions.

These athletes are being asked to jeopardise their chances of competing in all classes of sport on account of one or two old pros. who are selfish enough to try to get the younger elements into trouble rather than take the penalty which they justly deserve. Rink owners and managers of hockey teams are also requested to give this matter their consideration.

(Signed) A. W. Covey, Pres., F. J. Pougnet, Secy., M. P. B. A. A. U. of C.

Hockey Talk

(Amherst News)

Moncton and Charlottetown are ready to jump into a league with Amherst on most any basis, but preferably amateur, that is if the reinstatement clause goes through. If it fails to pass they are strong for an independent league, and from present appearances that is what it will surely be, unless the locals are allowed back into the running. At any rate organized hockey of some brand for Amherst is now assured, and from present appearances the fans are going to see a team composed of the best men available in the town, regardless of the reinstatement issue. Whether Springhill and Sackville will enter a league with Amherst, Moncton and Charlottetown is not yet certain, but it is highly probable, that a league will be comprised of these five teams. The fans need feel no uneasiness about the brand of hockey they are going to see this winter—it is going to be good; the best ever unless we miss our guess. And the younger men of the town are going to get their chance too. The Athletic Association has pledged itself to see to that end of things.

Canadian Development Under National Policy

Continued From Page Five.

at the Montreal market which is held daily, and this number frequently rises to over 1500.

"With the competition provided by the 3000 market gardeners in this vicinity the consumer is amply guarded against unfair prices, but as an inducement for us to remain in our present business, we must have the guarantee of our home market against heavy shipments which might be made from the United States in periods of over-production there, and which, if sold at sacrifice prices, as might likely be the case, would take away from us the profits upon which our existence depends. wool-and shoe markets.

"Our prices compare favorably with the prices charged by market gardeners in their home market across the International boundary, and with this being the case, the Commission will see that the consumer is in no way penalized for the protection which we enjoy.

"Much of our rolling stock and other equipment is protector by tariff duties, and against this policy on the part of the Government, we have no complaint to make, as we realize thoroughly that our out-put can be profitably sold only if industrial expansion takes place in Montreal."

WHAT PROTECTION DID FOR FARMERS

A striking example of the close relationship between industrial development and agricultural prosperity was presented to the Tariff



"Oh! This Shopping"

"I certainly gets on my nerves. I come home all fagged out, and nearly always have a splitting headache.

"Yes, they say we women always like shopping. But if everybody feels as tired out afterwards as I do, it is no joke.

"I wonder if it is my nerves. I never could stand much sightseeing, anyway. The strain on the eyes seems to exhaust the whole system.

"I suppose I shall not be able to sleep to-night, and that will put me in fine condition for to-morrow.

"Why don't somebody invent a good medicine for the nerves?"

"But what was that Mrs. Cray was telling me about? I believe it was Nerve Food—Dr. Chase's Nerve Food. I have heard so many talking about the way this Nerve Food helped them that I must give it a trial."

And this is what Mrs. Cray of 515 Cedar street, Peterboro', Ont., writes about her experience with this well-known treatment for the nerves:

"I was suffering from a rundown condition of the system, nervous debility and sleeplessness. I lost a good many nights' sleep, and sometimes after going to sleep would wake up with a start.

and then lie awake for hours. I also had frequent headaches and pains through my back. I got so that I could hardly do any work. I had taken doctors' medicine, but it did not seem to help me. Through reading in the newspapers of the help others had derived from the use of Dr. Chase's Nerve Food I started taking this medicine. The first box helped me, so I continued, taking about five or six boxes. I found that I was a great deal better, able to sleep well and do my work without any trouble. My headaches and nervousness are gone. My mother lives with me, and she has also found great benefit from the use of the Nerve Food. I cannot speak too highly of Dr. Chase's Nerve Food for nervous trouble of any kind."

If you could only read the letters which come to this office from day to day telling of what Dr. Chase's Nerve Food is doing for women, and men, too, in all parts of Canada, you would not be long in doubt as to the most satisfactory treatment for tired bodies and exhausted nerves.

All we can do is to pass along the good words by publishing an occasional letter. It remains for you to benefit by using this blood and nerve builder to restore energy and vitality to your exhausted system.

You can obtain Dr. Chase's Nerve Food from all dealers, or Edmanson, Bates & Co., Ltd., Toronto, at 50 cents a box. On every box of the genuine you will find the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author.

Committee at Quebec city by Mr. J. H. Fortier, representing manufacturers in that Province, who cited the case of the Chicoutimi and Lake St. John district, which has been settled and developed within the last thirty to thirty-five years. "In this district" he said "there are numerous farms of from 150 to 250 acres, which find ready purchasers at prices ranging anywhere from \$25,000 to \$100,000. This rapid increase in farm value was caused by the establishment of several large industrial concerns in the district, including the Chicoutimi Pulp Company, Price Brothers, the Kenogama Pulp and Paper Mills, and the sulphite mills at St. Alphonse, together with a number of lumbering mills. There has never been any emigration from this district such as has occurred from districts where there were no manufacturing plants and the contrast between farm values in the Lake St. John district, where large industries are operating, and in the Eastern townships, where there are no such in-

dustries of large importance, is a striking demonstration of the value of manufacturing activities to the farmers. The industries of the Lake St. John section provide a market at high prices for all the products of the farms nearby, and afford employment for those who are not needed on the farms during slack seasons. The young men and women who prefer industrial to agri-

cultural occupations, have been absorbed in all-year round employment at good wages in the pulp and paper mills. Moreover, in this district, the natural resources of the Province are being developed and the products of the district are being carried through to the final processes of manufacture in this country instead of being exported in the raw state."

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