

Stomach Trouble Yields to VINOL

In a natural manner. VINOL strengthens the nerves of the stomach and aids in the assimilation of food.

It creates a healthy appetite makes pure rich blood tones up the tired overtaxed nerves and muscles of the stomach.

VINOL agrees with the most delicate stomach and is delicious to the taste.

We offer to return your money in every case where it fails to do good. \$1.00 bottle.

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ST. DUNSTAN'S COLLEGE
Nov. 23rd, 1916.

The St. Thomas Literary and Debating Society held its weekly debate last evening, and it was unanimously conceded to have been the best so far this year. The subject under debate was quite efficiently discussed by both sides. Eloquence, if not in full bloom, at least in the ripe bud, profusely adorned the speeches of the debaters, and Cleo's fame for oratorical prowess bids fair to be overshadowed in the not very distant future if one may judge from the effect produced by some of the speakers of the evening.

The question debated was: Resolved: That the building up of the German Empire was the remote cause of the present European war.

The debaters were as follows:
Affirmative: Michael Francis, Capt., Leo Casey, A. Carson, C. McDonald.
Negative: J. R. Fleming, Capt., R. McKensie, J. Hughes, J. Gagonon.

The vote taken at the close of the debate was very evenly divided but the "balance of power" was in favor of Mr. Francis' side.

Had Chronic Indigestion Thought She Would Die

After Years of Suffering Attributes Cure to Dr. Chase's Kidney-Liver Pills.

Eating too much or using foods that do not agree are the usual causes of indigestion.

The trouble usually begins not in the stomach, but in the liver, since it devolves on this organ to filter the excess waste matter from the system.

Now, since Dr. Chase's Kidney-Liver Pills are the greatest of liver regulators it naturally follows that they are unexcelled as a cure for chronic indigestion.

With the liver, kidneys and bowels active the poisonous waste matter is quickly removed from the system and there is nothing to interfere with the organs of digestion. In this way only can lasting cure be effected.

Mrs. Rebecca Elliott, Magnetawan, Ont., writes: "I feel it my duty to write you in regard to Dr. Chase's Kidney-Liver Pills. I had gastritis of the stomach for three years, and could get nothing to stop it until I tried

Dr. Chase's Kidney-Liver Pills. I would have an attack of this trouble with my stomach every three or four weeks, and was so had at times that my friends thought I would surely die. Thanks to these pills, I have not had an attack for six months, and believe that the cure is thorough. My husband has had very satisfactory experience with Dr. Chase's Nerve Food. He was much run down, and very pale and weak. I persuaded him to use the Nerve Food, and after having taken five boxes he looks and feels real well."

It is such experience as these that have made a place for Dr. Chase's medicines in the great majority of homes. They do not fail, even in the most complicated cases. Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box. Dr. Chase's Nerve Food, 50 cents a box, for \$2.50. All dealers, or Edmanson, Bates & Co., Limited, Toronto.

CHILD'S TONGUE BECOMES COATED IF CONSTIPATED

When cross, feverish and sick give "California Syrup of Figs."

Children love this "fruit laxative," and nothing else cleanses the tender stomach, liver and bowels so nicely.

A child simply will not stop playing to empty the bowels, and the result is, they become slightly clogged with waste, liver gets sluggish, stomach sour, then your little one becomes cross, half-sick, feverish, don't eat, sleep or act natural, has sore throat, stomach-ache or diarrhoea. Listen, Mother! See if tongue is coated, then give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated waste, sour bile and undigested food passes out of the system, and you have a well, playful child again.

Millions of mothers give "California Syrup of Figs" because it is perfectly harmless; children love it, and it never fails to act on the stomach, liver and bowels.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Beware of counterfeits sold here. Get the genuine, made by "California Fig Syrup Company." Refuse any other kind with contempt.

STOCK QUOTATIONS

(Special to the Guardian)

HALIFAX, N. S., November 23— (Quotations furnished by F. B. McCurdy & Co., stock and bond brokers, members Montreal Stock Exchange, McCurdy Building, Halifax, N. S.)

CLOSING PRICES.

	Yesterday	To-day
Atholson	104 1/2	104 1/2
Am O and Fy	76 1/2	73
Am Loco	91 1/2	90
Anaconda	99 1/2	98 1/2
Am S & R	118	117 1/2
Col F and I	56 1/2	55 1/2
Gen	107	107
Crucible Steel	87 1/2	86 1/2
M. P. C.	118	116 1/2
Mex Nor Power	108	107 1/2
Ps. Steel	83 1/2	81 1/2
Reading	106 1/2	106 1/2
S. P.	99 1/2	99 1/2
Studebaker	125 1/2	125
Union Pac	148 1/2	147 1/2
U. S. Steel	125 1/2	124 1/2

NEW RECRUITING METHODS ADOPTED

OTTAWA, Ont., Nov. 21—Recruiting methods are being changed. There will be few, if any more, infantry battalions authorized. Authorities have come to the conclusion that Canadian infantry regiments have reached a number which should not be increased. The practice has been to authorize popular, conspicuous and energetic men to undertake the raising of a battalion in his locality. Confidence in him by the men of the locality has been counted upon as a powerful factor in attracting men.

Men have been enlisted with the assurance that they would go to the front with the colonel whom they knew and with a battalion superior officers with whom they were familiar. This has attracted a good many waverers.

For some months authorities on the other side have adopted the practice of breaking up battalions soon after their arrival in France in companies or sections as reinforcements for seasoned regiments of Canadian veterans. Commanding officers have been left in England, while their men have been sent to France. Few officers fresh from Canada with rank higher than subaltern have been allowed to cross the channel. Even with subalterns the policy has been recently largely to bring up conspicuously efficient men from the ranks. The personal appeal of the popular man for Canadian Colonels is therefore largely a thing of the past. The new policy will be to raise men for reinforcements of regiments which are at the front, and which have gained glory in fighting. Every part of Canada is today represented at the front by such units. There is local pride in their performance. For the popular colonel there has been substituted the appeal of the glorious regiment. It is believed this will bring the men to the recruiting offices as effectively as did the old policy.

A PROMISE AND TWO CONDITIONS

Rev. C. R. Freeman in a deeply impressive sermon at the Baptist Church last night dealt with the great passage in Romans 10, 9-10, "If thou shalt confess with thy mouth the Lord Jesus and shalt believe in thine heart that God hath raised Him from the dead thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation."

The religion that will grip the masses of the 20th century must commend itself to the judgment of thinking people.

The great conception involved in the passage above is such as will satisfy the strictest intellectual investigation. It is practical, it is comprehensive. It is true.

The promise of the passage—"Thou shalt be saved" depends very clearly and definitely on our belief and confession.

The mightiest problem of the universe is bound up in three conditions—a God infinitely holy, a God infinitely just, and the infinite soul of man. Christ is the only solution of the problem.

"Believe in thine heart"—believe and trust as one may trust the bridge over which one travels, and then give your trust and conviction expression in confessing the Christ.

There will be a meeting at the Baptist Church again this evening at 7.30. All are cordially invited to be present.

TROUBLE IN DIET OVER POLISH KINGDOM

BERLIN, November 23—via Sayville—"As was to be expected," says the Overseas News Agency "the proclamation of the new kingdom of Poland by the Central Empires has met with opposition in the Prussian State Diet. This parliament for many years has been the scene of struggles between the majority, advocating anti-Polish legislation, and the minority, opposing these laws."

"Once more the Socialists, Liberals and members of the Catholic party are united on one side, while on the other the Conservatives and National Liberals have joined hands. The present composition of the Diet makes it inevitable that the combined Conservatives and National Liberals form the majority. These two parties previously expressed, in special resolutions, the fear that the Poles of Prussia might incline toward the new Polish State."

"The debates were lively, and the excitement in the Chamber was increased by the fact that a member of the dissenting extremist wing spoke for the Socialists. The debates will, in no way, change the decision of the German Government, by which freedom will be given to the Poles."

GRAVITY OF THE SITUATION IN ROUMANIA

LONDON, Nov. 23—London made no attempt today to disguise its feeling of gravity of the German whirlwind advance into Western Roumania indicated in the fall of Craiova.

Military experts and economists were greatly concerned to know whether the Roumanians had sufficient advance information of the speed of the German enveloping movement, engineered by General Von Falkenhayn to remove from Craiova the vast stores of grain known to be here.

Germany desperately needs such wheat and hope is expressed here that fragmentary advices indicating that the Craiova granaries had been emptied long before the German occupation, will be confirmed. As yet no word has been received direct from Bucharest admitting the capture of the city by the Teutons or explaining that effect this capture will have on the Roumanian campaign in Wallachia.

The London press made no disguise today of the menace seen in the amazingly swift progress by which General Von Falkenhayn's army swept into Roumania and took the Wallachian city. A temporary and local collapse of the entire Roumanian defensive was feared. What London is most anxious now to ascertain is whether the Roumanian army, which Von Falkenhayn's move sought to envelope, can escape the jaws of the German vice and successfully evade crushing, from the north and south pressure. With Craiova in German hands the Roumanian railway communications to the Orsova sector are cut off, and the Roumanian army in this Orsova section is in an extremely precarious position.

Strongly Opposed To Conscription

(Canadian Press Despatch)

QUEBEC, Que., Nov. 22—It is stated here that the municipal council of Charlebois, in the county of Quebec, adopted at its last sitting a resolution saying that the said council is entirely opposed to the establishment of conscription, and that Canada has now done her part in the present war. A copy of the resolution will be forwarded to Sir Robert Borden, Prime Minister of Canada, to the Hon. T. Chase Casgrain, Postmaster General, and members of the Quebec County in the House of Commons, and to Sir Wilfrid Laurier. It is also stated that a copy of the same resolution will be sent to the Mayors of the different parishes of the county of Quebec to induce them to follow the example of Charlebois. The rumor is to the effect that it was after an exchange of correspondence between Mr. Henry Bourassa, the Nationalist leader, and Mr. Parent of Charlebois, the said resolution was passed.

Picture Framing

Leave your order early

Beer & Weeks

Picture Framing

Leave your order early

A rousing bargain list FOR FRIDAY and SATURDAY

NOV. 24th. & 25th.

These offers are good for Friday and Saturday Nov. 24th. & 25th. only

None will be sold before Friday at 9 a. m.

If you can't come in person--mail your order. It will have our very best attention. Satisfaction or money back.

Every item is a real genuine bargain--you wont be disappointed.

TOWELS

Splendid line of closely woven huckaback towels worth 60c pr. Friday and Saturday, per pair **45c**

Friday and Saturday special in large heavy turkish bath towels. English make, worth 75c a pair for..... **54c**

Big bargains in Longcloth

500 yds. superior quality English Longcloth—free from dressing—smooth, even weave—ready for the needle. Worth 15c a yard. Friday and Saturday only **10 yds. for \$1.00**

Most of these Friday and Saturday items are at less than factory cost today

And for that reason you should lay in a supply. Prices will be very much higher in the Spring when our present supplies are sold out and we have to replace at today's high prices.

Scrim Curtains 98c pr

Worth \$1.40—twenty pairs offered for Friday and Saturday. They are of superior quality—lace edged—2 1/2 yards long and worth \$1.40 a pair in Ecru only, per pair **98c**

Big line of Stamped Art Linens

Pillow Cases Four dozen on sale at per pair..... **25c**

Toweling Pure linen—very scarce goods ... **5 yds. for 59c**

Sheeting Round thread, 70 inch, worth 40c **32c**

Bedspreads Crochet make, 64x84 inch, worth 1.65. **\$1.20**

Cushions All ready filled—assorted colors **39c**

Stamped Pillow Cases—very special, each **29c**

Runners Drawn work and embroidered, very special. **79c**

Big line of Stamped Art Linens

BLANKETS

Save on Blankets!

A wonderful range of blankets to select from here— at saving prices. Any and every kind—at lowest prices. Try us for your winter supply.

Over 1,000 pairs on sale Friday!

BLANKETS

WARM FLANNELETTE BLANKETS, nice quality—bordered..... **1.25, 1.50, 1.75, 1.90**

ENGLISH TWILL Flannelette Sheets—unbordered—very heavy, per pair **2.25, 2.75**

WOOL BLANKETS per pair **3.75, 4.50, \$5, \$6, \$7 to 10.00**

Very Special Nashua Wool Nap Blankets

Beautifully finished and of excellent quality. Everybody is delighted with them. This is the first season we have offered them and to introduce them we offer this line Friday and Saturday, worth 4.75 per pair at **3.80**

A Splendid Polish 25c size for..... 15c 50c size for..... 35c

Furniture Dept. Friday and Saturday Bargains

Large Size High Chairs

Extra strong, worth 2.00 Friday and Saturday..... **1.50**

Bed, Spring and Mattress

Iron and brass bed, white enameled—brass head and foot rails, a very handsome bed, together with a thick Mattress and wire spring worth \$10.75. Friday and Saturday **\$9.95**

3 Drawer Dresser

Made solid hard wood strong and well finished. Worth \$8.50. Friday and Saturday **\$7.00**

Round Extension Tables

Friday and Saturday worth \$12.50 **\$10.75**

OAK ROCKERS ROLL SEAT

Very comfortable worth \$5.00. Friday and Saturday **\$3.90**

REAL OAK OR MAHOG ANY DRESSERS.

Worth \$30.00. Friday and Saturday **\$24.49**

