

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## GARDENING

### SPRING TREE PLANTING

Deciduous, that is, broad-leaved trees should not be planted when in leaf. The planting should be done either in the spring before the leaf buds begin to open or in the autumn after the leaves begin to fall or have been completely shed, says the tree planting division, Dominion Department of Agriculture. The best time is early in the spring as soon as the ground has thawed out. Trees are then quick with new life and if moved can readily provide new feeding rootlets and adapt themselves to changed conditions.

### THE OLD RELIABLE

Boxes in a south or east window are the mainstay of thousands of gardeners each year, and a reliable aid to good gardening if properly handled. Preparation of the seed box is a simple matter, but one that needs to be well done to be reasonably certain of bringing the seedlings to planting size.

First and foremost is drainage. The seed box, whether it be a cigar box or larger flat box, needs holes bored in the bottom, about six inches apart in large boxes and three inches in the cigar box. Over the bottom of the box spread broken flower pots, crockery or small pebbles, then coarser soil and last of all finely sifted soil.

### TO PREVENT WASHING

For the finest seeds it is an excellent plan to cut burlap to fit the box and lay it over the coarse drainage holes and then place the soil upon it so that the box may be watered by setting it in a pan of water and there will be no danger of washing the tiny seeds or seedlings. Firm the soil and sow the seed thinly in rows. This is better than sowing broadcast as will be appreciated when it comes to transplanting.

Thin sowing is economy. Quantities of seed are wasted by too thick planting. The tiny plants crowd each other, and none of them has a fair chance when they come up as thick as fur. This necessitates early transplanting before the seedlings are strong enough to be handled.

Cover the seed boxes with a damp cloth or piece of paper until germination starts, and set a pane of glass over the top. Remove the paper or cloth as soon as the first tiny humps of the little plants break the soil. Wipe off the glass as water collects on it so it will not drip on the plants and give some ventilation to prevent damping.

Keep seed boxes moist but not wet or water-logged. Good drainage will help take care of this, but do not deluge the boxes in the first place.

## TEMPTING RECIPES

### LAMB CROQUETTES



### TAKE YOUR COLD COOKED LAMB

Mince 2 cups cold, cooked lamb. Add 2 or 3 tablespoons mashed potatoes. Season well with salt, pepper and pinch of Colman's Mustard. Moisten with tomato juice. Shape in oblongs, dip in beaten egg, roll in dry crumbs and fry in deep fat till golden brown.

What a tempting "left-over" dish. And an inexpensive meal for a family of four. The family will like it, too. The flavour is so appetizing—provided you have not overlooked the necessary pinch of Colman's Mustard.

## Colman's D.S.F. Mustard AID DIGESTION

will help take care of this, but do not deluge the boxes in the first place.

### HOTBED AND COLD FRAME

Every garden should have a cold frame, and this can be transformed into a hotbed in the spring into a hotbed it becomes an invaluable aid to the early garden.

Seeds of many flowers and vegetables can be sown in either the hotbed or cold frame weeks before it is possible to sow them in the open. By transplanting the little plants to the garden row, when settled weather at last arrives, the harvest is advanced many days.

Hotbeds are usually treated with fresh horse manure, though electric devices are now to be had. While the standard sash is made for frames of 6 x 3 feet units, smaller frames are easier to handle for the small garden and they can be home-made.

## FOR THE WOMAN READER

Spring is coming! is coming—Hear the chirping and the humming. From their sleeping birds are creeping. And all is bright.

### NO DEFINITE ITEMS

The idea that there are certain definite items in the modern woman's wardrobe, such as a coat, a cape, jacket, blouse, dress, apron, slip, etc., has been entirely changed. The 1933 Paris collections have put to rest this notion, and now it is a difficult task to tell where to draw the line and say that a thing is definitely one item or another.

The skirt of one frock continues up the back, forming half of the blouse, and then on around the shoulders into a cape and is not satisfied to stop until it has finished in being a little bow tie at the throat.

Vionnet so successfully fuses the various items of the feminine wardrobe that you almost make up your mind when you see the back of one of her capes, that it will have a jacket finish in front.

### PIQUE SMART FABRIC FOR SPRING WEAR

Pique has come out of the nursery and school room and become one of the leading smart spring fabrics. This material from which tennis frocks and children's play dresses have often been made has, in some instances, gone sophisticated and is hob-knobbing with silks, velvets and woolsens.

Perky little bows of white pique trim some of the newest spring hats. One model of dark straw with a tiny brim, ideal to wear with prints or even with the mannish suit, had

two small pique bows in front. And topping the mode are an array of pique hats—judge's caps, Turkish fezes, turbans, and other clever cocky styles.

Some of these are designed to be worn with the white pique mess jackets, a new evening fashion, on dressy occasions. And fashion has draped some of them with black veils, almost shoulder length in several instances.

Pique—white, striped, checked or colored—is being used to make those new vests that are shown as accessories for the mannish suits. Pique is also being used in tailored blouses. It has also invaded the scarf field, and one of the newest accessories are Ascot scarves of pique.

### OIL BOTTLES

When bottles of olive oil or castor oil are in use a thin film of oil usually finds its way down the outside and leaves a greasy mark wherever the bottle stands. To prevent this collar of lint should be slipped over the neck of the bottle to absorb the oil. To make the collar, take a small square of lint, cut a round hole in the centre just large enough to fit over the bottle neck, and trim the corners off neatly. When the collar becomes saturated with oil replace it with a fresh one. To keep the cork of an oil bottle firmly in place lay a small rubber band across the top of the cork, stretch the ends down on each side of the bottle neck, and secure them just below the rim by tying a string tightly round. The band will keep the cork in position, but will stretch sufficiently to allow it to be taken out and replaced.

### NEW SHADES

Solled, cracked and ragged window shades run the effect of an otherwise well-decorated room. Yet, shades present a sore problem for the careful housewife. The commercial type is expensive and it soon succumbs to the prevailing winds.

One original lady used colored Austrian cloth with which to make shades for her bedroom windows. The Austrian cloth comes in stripes. The better grade is color fast, making it possible and desirable to launder the shades frequently, thus insuring freshness of appearance.

Since the color scheme of her bedroom is green, lavender, and rose, a lavender and rose combination was used for the shades. Four neat scallops across the bottom were finished with a commercial fringe, and a tuck on the right side of the shade about three inches from the bottom edge was evolved to hold the stock.

In the Province of Alberta, one of Canada's great wheat producing areas, women in substantial numbers are taking up free homestead lands. A total of 2282 women have taken sections since July 2, 1931, when new regulations governing the acquisition of homestead lands owned and administered by the Government of Alberta went into effect.

## Headaches, Dizzy Spells

All women at some period of their lives need a strengthening tonic like Dr. Pierce's Favorite Prescription. Hear what Mrs. J. Lismore of 569 First Ave., Niagara Falls, Ont., says:

"Years ago I was in a run-down condition, my nerves were strung to the breaking point, in fact, the least little thing irritated me so that I thought I would scream aloud. My appetite was so poor I could hardly eat a thing. I had constant headaches, dizzy spells and felt so weak I just had to drag myself around. Finally I took Dr. Pierce's Favorite Prescription and gained weight, my appetite improved and the headaches, dizzy spells and nervousness disappeared."

Write Dr. Pierce's Clinic, Buffalo, N. Y.

## For The Cook

### DATE BREAD

Let simmer on stove. 1 cup dates, 1 cup boiling water, 1 teaspoon soda. After dates are cooked, let cool and add to the following: 1 cup brown sugar, 1 egg, 1 tablespoon butter, 1½ cups flour, ½ teaspoon soda, ½ cup walnuts, Vanilla flavoring. Cook in a slow oven 40 minutes to one hour.

### PEANUT BUTTER CANDY

One cup powdered sugar (icing sugar), 1 tablespoon rather oily peanut butter, a little sweet cream. Sift sugar, and work into it with a knife the peanut butter and enough cream to make like piecrust, work with hands till quite smooth, roll on a sugared board till one-eighth inch thick; trim edges; spread with peanut butter; roll (like a jelly roll), slice, and place slices on oiled paper to harden about twelve hours.

### PINEAPPLE INDIVIDUAL SALAD

One round slice of pineapple, placed on a crisp lettuce leaf. Pour some of the salad dressing on the pineapple. Sprinkle with grated cheese, and a candied cherry in the centre.

### CARROT-PINEAPPLE SALAD

One package lemon jelly, 1 cup boiling water. Mix first two ingredients in a bowl; stir until jelly powder is dissolved. When beginning to set, add 1 cup grated carrot (raw); 1 cup crushed pineapple, including juice. Mix well; rinse jelly moulds in cold water; pour mixture in, and cool.

If the above recipe is doubled, it will take one can crushed pineapple. Or, if desired, after making the same jelly mixture, add 2 cups grated carrots; 1 cup drained, crushed pineapple; 1 cup pineapple juice.

## Dorothy Dix' Letter Box

### Overstrict Parents Should Beware Lest They Drive Their Children to Underhand Methods, Warns Dorothy Dix—Be-leaguered Wife Should Fight Way to Freedom

Dear Miss Dix—I am 17. My parents are very strict. They don't allow me to have boy friends or go to dances. Everywhere I go I have to take my younger sister, who spies on me and hurries home to tell my mother if a boy spoke to me. I am a normal girl just like the rest of the girls who have dates night after night, but when I even take a walk with a boy I have to do it on the sly and lie to my parents about where I have been. I hate to do this, but what else can I do? I am not thinking about running out every night with every Tom, Dick and Harry, but I would like to go out once a week to a show or to the dance at the parish house or have a friend at my home.

I am so tired of not having any pleasure I have tried several times to kill myself, but at the last minute I lacked the courage, and so I live on in my prison. When I am 18 can I leave home and get away from my mother's and father's tyranny? SALLY.



Answer: I wonder if this overstrict mother, and many other mothers like her, have ever thought that their daughters look upon them as jailers and regard their homes as a prison against whose bars and bolt they have beaten themselves in vain until they are so desperate they are ready to commit suicide in their despair of obtaining a little liberty?

I wonder if this overstrict mother, and many other mothers like her, realize that nobody ever yet loved their jailer, or appreciated that they were being kept locked for their own good? I wonder if they realize that never can be broken down, that they are driving their girls away from home and losing every chance they might have had to protect them and help them?

Of course, these martinet mothers and fathers, who keep their daughters under lock and key and deny them the freedom and the pleasures that all of the other girls about them have, say that they are trying to protect them and save them from committing the follies of youth.

It has been a long time since they were boys and girls and, with the curious amnesia that comes to parents, they have forgotten how they wanted to do things when they were young, how their feet ached to dance, how they used to enjoy going buggy riding, how they used to giggle and carry on endless conversations about nothing. So it seems to them a very small thing to keep Sally at home when all the other girls are going to a party, and to say NO when Sally wants to go to the movies and to say NO, NO, NO when Sally desires to ask a boy to the house.

They remind Sally that she is ONLY 17, and that she is too young to have dates. Nothing but a baby. It is absurd. They won't think of such a thing, but all the other girls of 17 are having dates and stepping out with boy friends, and Sally suffers as only 17 can suffer when it is denied a pleasure and is left out of things and sits at home with mother and father, hating them for the pleasure they have denied her and eating out her heart in bitterness and loneliness.

And mother and father haven't sense enough to see that even age has been speeded up, and that a girl of 17 is as sophisticated and knows as much about life and is as capable of taking care of herself as her mother was at 21. And so there is no reason on that score to try to keep Sally locked up in the nursery. And, in the second place, it doesn't make sense to try to keep a girl from playing around with the boys she goes to school with or works with. And, in the third place, to keep young people apart is something that can't be done. Nor can you keep girls from doing what all the other girls do, and it is a waste of effort and temper and time to attempt it.

All the results that the overstrict parents achieve are that they make their children lie to them and force them to do in an underhanded way the things they would be glad to do frankly and openly and honestly. And it breaks the parents' hold on the children and makes them regard their father and mother as tyrants instead of their best friends.

In the case of girls this is particularly disastrous because it not only makes the girls meet the boys secretly, but it causes them to be so boy-crazy that they pick up with any sort of a lad and it makes them so mad for pleasure that they will go to any sort of place to get it. It is the mothers who give their daughters a judicious amount of freedom and who make their boy friends welcome at home, who know where their daughters go and with whom they associate and are able to guide and protect them.

The overstrict mother defeats her own purpose. DOROTHY DIX.

Dear Miss Dix—What can a woman do who is married to a man she can't live with, yet can't leave him? For years I have been married to a man who has made my life a hell on earth and who often boasts that he can be as mean to me as he wishes because I have no place to go and no way to make a living if I left him. He insults me in every way he can. He treats me like a slave. He does not permit me to have any women friends, or to talk to any one except his mother and himself, and he has fits of rage that resemble nothing so much as insanity, but I have two little children, no money, and am trained to no profession. I am young, good-looking and fairly intelligent. Must the remainder of my life be spent like this? DISTRACTED.

Answer: I should say not. No woman in these days need be enslaved unless she is so poor-spirited and cowardly that she hasn't the courage to fight her way to freedom.

Do you remember Barrie's play, "The Twelve-Pound Look"? It told the story of a woman who was married to a fat, fatuous, conceited, overbearing man who regarded a mere wife as a doormat to be trampled on. Well, this woman bought a typewriter and she practiced on it until she got skillful enough to earn £12 a month, which she could live on, and then she simply walked out to freedom. And her husband married again, but he was a little bit more careful of his treatment of his second wife when he saw her also begin to get the £12 look in her eyes.

There is a tip in that story for you. Start to work to acquire some trade. Acquire skill in some work by which you can support yourself and your children, and you will not have to endure a brutal husband. And perhaps when he realizes that you are no longer in his power he will treat you decently.

Every girl in the world should be taught some way of supporting herself just because it makes her independent of her husband, and if she gets one who mistreats her she can simply walk out on him. DOROTHY DIX.

Dear Miss Dix—I have a son 19 years old who since he left school has done nothing but write. He will work hard at that for a while and then when his story is rejected he will go into a fit of despondency and be idle for a while, then return to his writing full of enthusiasm. In the meantime I have to support him and I do not make much. So far all he has ever sold amounts to \$10, and although I am his mother I see no signs of genius in him. Should he go to work, or continue his writing? A. C.

Answer: I think he should get a job and support himself instead of being a parasite on his poor old mother. Let genius burn at night. If he has the sacred flame, it will flare up. There are no mute inglorious Miltons nowadays. It will not hurt the boy to come to grips with life before he writes

## What the Fashionables are Wearing

By Annabelle Worthington



Today's model was carried out in a soft crinkly crepe silk print in yellowish-green with plain toning crepe contrast.

Its dashing scheme is in keeping with the bright weather season.

The neckline is generally becoming. And don't you like the puffed sleeves with their flared buttoned cuffs? Bias lines give flat slimness to the hipline. The front and back panel effect lend height to the figure.

Plain grey crinkly crepe silk is lovely with yellow crepe contrast.

Navy blue crepe is smart with white.

Style No. 592 is designed for sizes 14, 16, 18, 20 years, 36, 38, 40 and 42 inches bust.

Size 36 requires 3½ yards 35-inch with 1½ yards 35-inch contrasting.

Price of Pattern 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 592. Size ..... Name ..... Street Address ..... City ..... State .....

## Prevent Colds

this safe, sure way

## A Morning Smile

"Well, doc, you sure kept your promise when you said you'd have me walking again in a month." "Well, well, that's fine." "Yes, I had to sell my car when I got your bill."



Porter: "Miss, your train is—" Precise Passenger: "My man, why do you say your train, when you know it belongs to the railway company?" Porter: "Dunno, miss. Why do you say, 'my man,' when you know I belong to my wife."

## SOUTH LAKE AND VICINITY

Honor roll for South Lake School for month of February and March: Grade VIII: 1 Elen Fisher, 2 Lloyd MacDonald, 3 Daniel MacDonald. Grade VII: 1 Eileen MacDonald, 2 Inez Rose, 3 Mary MacDonald. Grade V: 1 Vernon Fraser, 2 Ronald MacDonald, 3 Kimble MacDonald. Grade IV: 1 Annie Rose, 2 Dorothy Ford. Grade III: 1 Charles McCoy, 2 Lillian Ford, 3 Herbert Fraser. Grade II (Sr.): 1 Genevieve Fisher, 2 Alvin MacDonald. Grade I (Jr.): 1 Everett Coffin, 2 Daniel Gilis, 3 Walter MacDonald.

Rev. William Ryan, who has just celebrated his 100th birthday in Auburn, Nova Scotia, was a dynamic preacher for 70 years.

because it is only those who have lived and suffered and had experiences who have anything to say to the world.

Mark Twain once said to a young man: "Write for two years. Give what you write to any paper that will publish it. If by the end of that time you have not attracted attention and nobody is willing to pay you for what you write you may be sure you have chosen the wrong career." I don't think that advice could be bettered. DOROTHY DIX.



## MORE SQUARE YARDS OF CLEANING

... in a package of Old Dutch than in anything else you can buy, because Old Dutch is the only cleanser made of pure "seismotite," scientifically recognized as the safest, most efficient and most economical cleaning material. Safest because it doesn't scratch; it is free from harsh, sandy grit found in ordinary cleansers. Most efficient and economical because its flaky, flat-shaped particles cover more surface, go further and do more actual cleaning per penny of cost.

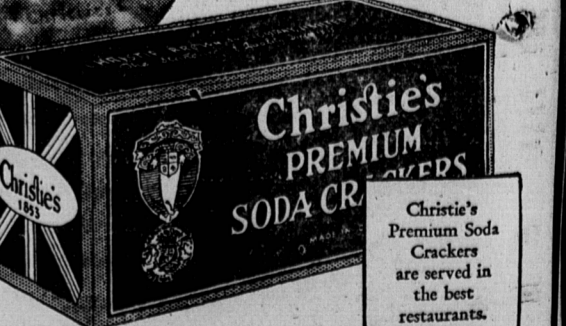
Old Dutch costs less to use because it cleans more square yards of surface, cleans quicker, doesn't clog drains, is odorless and removes odors. And it does so many more cleaning tasks perfectly that it is the only cleanser you need in your home.

Made in Canada. This is the Old Dutch Rubber Cleaning Sponge. An attractive bathroom accessory. Mail 10c and the windmill parcel from an Old Dutch Cleanser label for each sponge. CUDANY SOAP WORKS, Dept. 94, 64 McCowley Ave., Toronto, Ontario.



## Christie's PREMIUM SODA CRACKERS

Your family and your guests will appreciate these crisp, fresh, slightly salty crackers. They go so well with every kind of food... keep a package handy in the pantry.



Christie's Premium Soda Crackers are served in the best restaurants.