

Women's Rear Social and Personal Fashions Literature

Helpful Hints For The Women Folk

THE BUSY GIRL'S PRAYER

Give me, O kindly Lord, the grace To look beyond the common- place; In duties every weekday brings To see the shining heart of things.

Give me sweet patience; not to shrink The unexciting jobs of work, And grant me vision all the while To see the beauty of a smile! —Claire Ritche.

The reservoir formed by Boulder Dam, named Lake Mead, is the world's largest artificial lake. It is 115 miles long and eight miles at the maximum width.

Lemon Juice Recipe Checks Rheumatic Pain Quickly

If you suffer from rheumatic or neuritic pain try this simple inexpensive home recipe. Get a package of Ru-Ex Prescription from your druggist. Mix it with a quart of water, add the juice of 4 lemons. It's easy and pleasant.

Lenten Meditation

By Rev. James Henry Larson

COME, AND DOUBT NOT

Last summer I was standing on the shore of the Sea of Galilee watching the fishermen pulling in their nets. They were pulling in fisherman dressed just as in the days of Christ. The nets pulled in while I was standing there, were not filled with fish by any means. Only about fifteen fish! I opened my testament and read from Luke: "Push out to the deep and let down your nets for a haul," said Jesus. "Teacher, we have worked hard all night and caught nothing; but at your command I will let down the nets," answered Peter. When Peter and those with him began to pull in the nets they were so full of fish they called for help to handle them all.

NO FASHION SHOWS FOR GERMANY NOW

Fashions are having a thin time in Germany at the moment. Paris models are described in the press as unfit and degrading to the German mother, while economy reminders are printed for housewives, explaining how to choose dress patterns with a view to saving material.

If your child is too plump it will not do her harm to cut down the heavy starchy foods in her diet, provided that you give her lots of fish, lean meat, fresh fruit and vegetables and butter to make up for them.

To save your hands and finger nails from being hurt when using a wire scourer, try pushing the smallest washing-up mop into the centre of the scourer.

Keep a piece of soap in your work-basket. One of those "guest" tablets will do beautifully. If you rock your needles into it instead of into a pin-cushion they will never rust or get lost through working into the centre.

WASHING SWEATER IN GOOD SHAPE

Sweaters may be washed and still hold their shape. Wash carefully and dried correctly. Measure the garment or sweater on a piece of white muslin before washing. Use warm water, thick, mild suds. Don't rub a sweater on a washboard.

HEAD COLDS

Here's what to do if a head cold has you down: Put a few drops of Vicks Va-tro-nol in each nostril.

Va-tro-nol contains several relieving agents of known value in treating nasal congestion—plus ephedrine—and is expressly designed for nose and upper throat. This active medication penetrates cold-clogged nasal passages and helps to remove the congestion that causes so much of the misery.

A Morning Smile

Not-so-raw recruits

The colonel of a battalion billeted in the country was invited to a neighborly dinner at a farm.

APPRECIATE

At the end of a sermon in a Scottish church an ardent prohibitionist was permitted to say a few words on his pet subject.

YOUR INDIVIDUAL HOROSCOPE

(Copyright, 1939, King Features Syndicate, Inc.)

Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Wednesday, March 13th (MARCH 21 to APRIL 20 (Ar.s))

—A let-down of stimulating rays put in some time working over work previously done. How can you improve upon matters? Renovation favored.

APRIL 21 to MAY 20 (Taurus) —Ideas and activities that are general and beneficial to many rather than to a select few are favored.

MAY 21 to JUNE 21 (Gem.) —Intricate and delicate subjects will have to be handled carefully.

JUNE 22 to JULY 23 (Cancer) —Four stars warn against lightly made promises, irritating discussions, criticizing unnecessarily or openly the slight mistakes of others.

JULY 24 to AUGUST 23 (Leo) —Friendly rays from the Sun, Saturn and Neptune can be dratier to your benefit.

AUGUST 24 to SEPTEMBER 23 (Virgo) —You'll find that useful activities, humanitarian projects, medicine, surgery, dentistry the kind of work that will give you essential interests will bear fruit and give personal gratification as well.

SEPTEMBER 24 to OCTOBER 23 (Lib.) —If you'll avoid aggressive tactics or stubbornly wanting and to exploit his talents.

to see him, told him who I was and what I wanted. He went ahead. He brought me out here to Hollywood. I made a screen test, and put me in the Premier Studio's talent class.

CHAPTER XI

Phil soon had to surrender Joyce to another partner and, though he was unable to keep her for more than a few days, she was his.

He watched her from the sidelines. She seemed to be having the time of her life — flirting gaily with every man who came near her.

"You sound disapproving." She smiled mockingly. "I happen to be one of these movie people. I have a contract with Premier Pictures."

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Stimulating As Mountain Air

Not-so-raw recruits

The colonel of a battalion billeted in the country was invited to a neighborly dinner at a farm.

He astounded the farmer by eating two small roasted fowls. Later, while walking in the farmyard, he noticed a cock strutting about, and remarked, "By gad! That's a proud bird."

"So he should be," answered the farmer, "he has two sons in the Army now."

APPRECIATE

At the end of a sermon in a Scottish church an ardent prohibitionist was permitted to say a few words on his pet subject.

"Brethren," he said, "if I had all the whisky, brandy and champagne in the world I would bring the whole of it into the Tweed."

He sat down, and in the pause that followed the parson rose: "We shall conclude," he said, "by singing Hymn 157: 'Shall We Gather at the River?'"

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Dorothy Dix's Letter Box

DOROTHY DIX SAYS—

ALL EDUCATION IS NOT JUST BETWEEN COVERS OF BOOKS

Ability To Get Along With People Is One Of The Best Assets In Business

The great American fetish is a college education. The majority of the population devoutly believe in the superstition that a college diploma is a conjure bag that brings its possessor fame and fortune and success in every undertaking, and that wards off poverty, sickness, hard work, old age, falling hair and halitosis.

And if they cannot send their children to college, loud is the wailing and the breast-beating among parents who mourn because they cannot give their children the "advantages" that those of richer fathers and mothers have.

Apparently it never occurs to these poor parents, who are graduates of the University of Hard Knocks, that all education is not put up between the covers of school books and that they have things to teach their children that will carry them farther than anything they can learn in any college.

They can teach them for instance, how to sell themselves to the world.

They can teach their children how to resist temptation. No one father in a thousand ever tells his boys while they are still little boys about the dangers of what we euphemistically call "vice" and "sin" and "the evil influence of bad company."

Yet any father can show his boy how to avoid them. He could put the fear of a wrecked stomach and shattered nerves into him by calling the lad's attention to the shaking old alcoholics and the dozzing paralytics and the prematurely senile old men all about who are reaping the harvest of their wild oats.

They can teach their children how to spend it and how to save it. And on this knowledge depends their prosperity and happiness in life.

They can teach them how to be good husbands and wives and neighbors and citizens. In a word, they can teach them the fine art of living, and that is the most important thing that any of us can learn.

Problem In Marriage

Dear Miss Dix — I am a young man of 22 who believe that he would never become entangled in a love problem, but here I am up to my neck. Six months ago I met a young woman with whom I fell madly in love at sight, but I find she is a widow with two children and also has her father and mother living with her.

Don't Risk a Poor Impression

Staying in his car and blowing the horn for his date to join him! Easy to see this careless couple doesn't belong to the same set as the refined party passing by.

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GET OUR 6TH BIRTHDAY Souvenir "QUIN" TEASPOONS!

EACH SPOON ONLY 10c PLUS BLACK BANDS FROM 2 CAKES OF PALMOLIVE SOAP!

Try the new Improved Palmolive Get these lovely Quin Teaspoons

Take this grand opportunity to get as many as you desire of these beautiful Colgate Silverplate Quin Birthday Teaspoons! You're sure to want a complete set for your own use. You get each spoon for only 10c in coin and the black bands from just 2 cakes of Palmolive Soap. Send for yours today.

Dr. Drafot chose Palmolive for the Dionne Quins because Palmolive is made with Olive Oil and for that reason is gentle, mild, soothing to the tender skin of the infant. Since their first soap and water bath, the Quins have used only Palmolive!

Why don't you try the new Improved Palmolive? Buy Palmolive today and send for your Quin spoons! Remember, they cannot be bought at any store. Use coupon.

Use this Coupon

SENSATIONAL OFFER

Colgate Palmolive, Toronto, Ont. Dept. 3. Please send me, postpaid, 10 Quin Birthday Teaspoons. An enclosing... in for spoons wanted... 10c each. (Check spoons wanted... 10c each.)

TRY THE NEW IMPROVED PALMOLIVE

CHOCOLATE CAKE

Serves Twenty Temperature: 350 deg. Fah. Time: 30 minutes.

2 cakes compressed yeast, 1-4 cup lukewarm water, 3-4 cup shortening (half butter, 2 cups sugar, 3 eggs, 1 teaspoon vanilla, 3 cups cake flour, 2-3 cups sifted cocoa, 1-1/2 cup warm water.

Long-Keeping Frosting

1-4 cup butter, 2 pounds confectioners' sugar, 1 small egg, 1-2 teaspoon salt, 6 tablespoons boiling water, 1 teaspoon vanilla.

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BABY OUTFIT IN CROCHET



It is a simple matter to crochet the small shoes, booties and cap for the new born baby. Pattern No. X 191 contains list of materials needed and complete instructions for making the set.

DESIGN NO. X 191

Name, Street, City, Province

WOMEN IN "40s"

Read This Important Message!

Do you read those "frying rays" (83 to 82)? Are you getting moody, cranky and NERVOUS? Do you fear hot flashes, weakening dizzy spells? THEN LISTEN!

These symptoms often result from female functional disorders. So start today and take reliable Lydia E. Pinkham's Vegetable Compound. For over 60 yrs. Pinkham's Compound has helped hundreds of thousands of grateful women during difficult days. Pinkham's has helped calm unstrung nerves and lessen annoying female functional "irregularities."

Pinkham's Compound is one of the best known and one of the most effective "women's" tonics you can buy. It is made from beneficial herbs and is available in either liquid or handy to carry tablet form (similar formula). Try it!

WOMEN Here's amazing way to Relieve "Regular" Pains

Mr. J. C. Larson writes: "I was undernourished, had cramps, headaches and backache, associated with my monthly periods. I took Dr. Pierce's Favorite Prescription for a while, gained weight, and was greatly relieved of these pains."

FOR over 70 years, countless thousands of women, who suffered functional monthly pains, have taken Dr. Pierce's Favorite Prescription over a period of time—and have been relieved of their pains. It is a powerful medicine, but it is not a narcotic. It is a scientific way, it improves nutritional assimilation; helps build you up and so increases your resistance and fortifies you against functional pains. Lessens nervousness during this trying period.

Don't suffer one unnecessary moment from such monthly discomforts. Buy Dr. Pierce's Favorite Prescription from your druggist. Discover how wonderfully it acts to relieve you of "Regular" pains.

Name, Street Address, City, Province

Smartest Fashions And Winter Styles

This versatile pattern makes three dresses, so different one from the other that you'll never guess they were all fashioned on the same original design.

For wear at home, we suggest the simple V-neck model, just the thing for household tasks. For street and important afternoons, try the version with flattering heart-shaped neck and crescent-white trim. The short-waist model with lapels will see you through informal occasions all day long.

All three frocks feature a slenderizing and practical button-front, and soft bodice fullness. Style No. 3198 is designed for sizes 16, 36, 38, 40, 42, 44, 46, 48 and 50. Size 38 requires 4 yards of 39-inch material.

Send fifteen (15c) coin is preferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 3198 Size . . . . .

Name, Street Address, City, Province

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