

# Woman's Realm Social and Personal Fashions Literature

## Predicament for the Princess



OLIVIA de HAVILLAND and ROBERT CUMMINGS — in an amusing scene from "Princess O'Rourke" the Warner screen comedy in which they are starred. Others in the cast are Charles Coburn, Jack Carson, Jane Wyman and Gladys Cooper.

## THE COOK'S CORNER

### MINCMEAT

- 1 pound lean beef
  - 1 pound suet
  - 2 pounds apples
  - 2 pounds seedless raisins
  - 1 pound currants
  - 6 cups sugar
  - 1 tablespoon cinnamon
  - 1/2 teaspoon cloves
  - 1 tablespoon salt
  - 1-2 cup vinegar
  - 2-4 cup fruit juice
  - 2-4 cup white molasses
  - 2 cups beef stock
  - 2 oranges
  - 2 lemons
- Method: Cook the meat in water to cover until tender then drain, reserving the liquid in which it was cooked and then put the meat through the fine blade of the food chopper or if more convenient put through the medium blade twice. Combine the chopped meat and the liquid. Then add the sugar, spices, salt, vinegar, fruit juice you can

the apple, grape or any kind you may happen to have on hand for this molasses, and the 2 cups of liquid in which the meat was cooked. Grate the rind from 1 of the oranges and 1 of the lemons and squeeze the juice from both the lemons and oranges then add to the rest of the mixture along with the apples which have been chopped and the raisins and currants which have been thoroughly washed. Place in a preserving kettle and heat just to the boiling point and then pack into sterilized jars and cover with melted paraffin. When the first coat hardens, add another layer, and then cover the jars with lids or tie paper over them. Store in a cool dry place.

### MINCMEAT (Without Meat)

- 1 lemon
  - 1 orange
  - 1 pound seedless raisins
  - 1-2 pound sultanas
  - 1-4 pound mixed peel
  - 2 pounds apples
  - 1 pound sugar
  - 1 teaspoon cinnamon
  - 1-2 teaspoon nutmeg
  - 1-2 teaspoon mace
  - 2 teaspoons salt
  - 1 pound chopped suet
- Method: Grate the rinds from the

## This Safer Way to Wash

# SAVES CLOTHES IN WARTIME!



## Avoid washday wear and tear with the new OXYDOL

LET RICH, SAFE WASHING ACTION ALONE GET CLOTHES GLORIOUSLY CLEAN

CLOTHES have to last longer these days. That's why better washing care is so important. That's why so many women now wash the safer OXYDOL way. They know this modern soap gets their family's clothes radiantly white—without the harsh bleaching and hard rubbing that can be so injurious to fabrics and colors.

Just wait till you see its livelier "Hustle-Bubble" suds go to work for you! Every ounce of new Oxydol is so much richer in washing power! Gets more dirt... and gets it gently. Yes, these active suds soak dirt loose!

Except for stains or unusual pieces—your wash comes dazling white... without bleaching... without hard rubbing... without extra washer running time!

And lady—you'll cheer for Oxydol's safety. It's so kind to your clothes... so safe for dainty washable colors and rayons!



## Needlecraft For The Home

### CONSIDER THIS SUIT

Your Wardrobe Mainstay  
A suit that shuttles with ease from city to country life deserves a place of honor in any busy wardrobe. Good for the nation.  
Style No. 3517 is designed for sizes 16, 18, 20, 36, 38; 40; 42; 44; 46; 48 and 50. Size 36 requires 3 5/8 yards 39-inch fabric.  
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Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

### A Morning Smile

With determination in his eyes, a man tackled the manager of an engineering shop.  
"I'm looking for a job as a mechanic," he said briefly.  
The manager studied him for a few minutes and then said:  
"But aren't you the chap we fired yesterday?"  
"That's right,"  
"Then," asked the manager, "why have you come here looking for a job?"  
"Why not," retorted the applicant truculently. "I lost it here, didn't I?"

One very cold day, Pussy had his dish of milk by the fire. The young hopeful, watched very interestedly, then burst into hearty laughter. "Oh, Mummy, Pussy has drunk all his milk and now he's got his separator going." Pussy was purring like a motor.

Lemon and orange and squeeze out the juice. Wash and dry the raisins and currants thoroughly. Chop the peel finely. Peel and core the apples and chop them or put them through the medium blade of the food chopper. Combine these fruits and the grated rind and juice of the lemon and orange, along with the sugar, spices and salt.  
Put the suet through the food chopper using a fine blade. Add this to the fruit mixture and stir thoroughly. Pack the mixture into a jar or crock. Cover and keep in a cool, dry place.

## Home Service

Fortune Stunts for Fun at Party



What Do the Circles Foretell?  
Rings of Fate! Gipsy lovers discovered this game—and your friends will adore it. You're always a success entertaining with fortune-telling or fortune stunts!  
For Rings of Fate cut three large circles out of cardboard. Decorate each with a mystic symbol—money bags for Wealth, heart for Love, a horseshoe for Luck.  
Tell the girls in the party to can cast a charm over the circles by joining hands and dancing around them to the tune of a love song.  
Then blindfold each girl in turn, ask her to leap toward her fate. What hilarious cheers as flirtatious Kit lands on the money bags—surely that means a rich husband for Kit!  
There are a thousand and one fascinating fortune-telling ways. Make a hit by knowing several.  
Tea leaves. Your wish comes true if you find three leaves in an absolutely straight line.  
Stars. In your birthday between January 21 and February 20? Chances are you've musical or dramatic talent. Eight's your lucky number.  
Our 32-page booklet tells what stars, tea leaves, playing cards, dominoes say. Gives meaning of each card, gipsy ways to deal. Horseshoes for each month; fortune-games.  
Send 20c in coin for your copy. Put "Fun With Fortune-Telling" to the Charlottetown Guardian Home Service Address. Be sure to write your name and address and the name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## Living & Leisure The Woman's Realm

### LITTLE LIGHTS

(By Violet Allen Storey)  
God bless each little light that burns  
In an unexpected place—  
On an altar in a darkened church  
Or in a sad, sad face

### COPPER RANKS WITH STEEL AT TOP OF SALVAGE HEAP

"Copper now ranks with steel on top of the list of salvages," metals needed for the program," the Controller of Metals announced recently. Among articles which should be turned in for their copper content are tea kettles, water faucets, wash boilers and washing machines. Enough copper is found in an ordinary copper kettle to prolong another necessary for five rounds of ammunition for an automatic rifle.

### ANCIENT METAL CLOCK TURNS UP AS SALVAGE

An ancient metal clock, running apparently as it has been for decades, was found in a pile of 700 tons of salvage collected recently during a single week in Toronto. An old coffee grinder, a bowling trophy, a brand new car bumper, typewriters, lawn mowers, electric irons and washing machines, tubes and tires were other odd items. The clock was a 30-lb. cast iron letter press, according to a report made to National Salvage Headquarters.

### HOW TO KILL THE INSTITUTE

Don't come to the meetings.

If you do come, come late.  
If the weather doesn't suit you, don't think of attending.  
If you attend a meeting, find fault with the work of the officers and other members.  
Never accept an office, as it is easier to criticize than to do things.  
Nevertheless, get annoyed if you are not appointed on a committee; if you are do not attend the committee meetings.  
If asked by the Chairman to give your opinion regarding some important matter, tell her you have nothing to say. After because telling everyone how things ought to be done.  
Do nothing more than is absolutely necessary, but when the members roll up their sleeves and willingly, unselfishly use their ability to help matters along, tell everybody that the Institute is run by a clique.  
Hold back your subscription as long as possible, or don't pay at all. Don't bother about getting new members. Let Mrs. So-and-So do it.  
—Scottish Home and Country.

### ORIGIN OF STAMP

When a person stamps his foot angrily on the floor his action is more or less a first cousin of the purpose of mailing it. The word "stamp" was derived from an Old English word "stampen," meaning a pouncing something. The regular pestle is used with a downward blow, the word "stamp" was first employed as a verb, to indicate the act of striking with the bottom of the foot or by thrusting the foot forward.

From this it was a natural step to supply the verb to the process of crushing with a heavy blow in the way that metal ores are stamped or crushed in a "stamping mill." The machine used for this purpose is called a stamp.  
Then came the use of the word "stamp" as meaning to "stamp a metallic plate with letters," and this was followed by its employment to indicate the act of stamping metal into coins as is done in the mint. From this it came naturally to apply the word to the payment of money due the government and to designate as stamps the bits of paper by which the payments were made.

### FUR VESTS

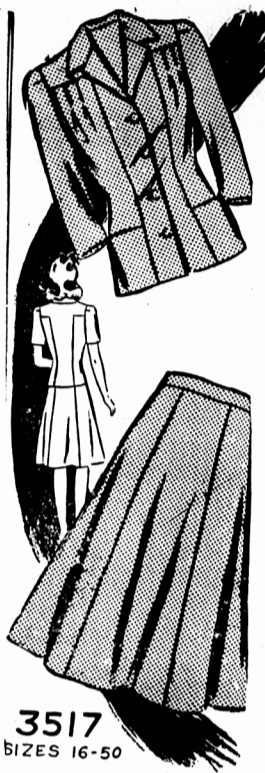
Separate vests of fur or felt or flannel, plain or embroidered, can be worn with sweaters or sports dresses. These in more conservative styles will go with town suits and in bright plaids or stripes look well with slacks.

### BANNED

High-heeled women's shoes have gone in Great Britain for the rest of the war, and Louis heels—that is, heels which curve into the instep—are to be banned from November 1. Heels are to be of wood, and with top piece, must not exceed two and a quarter inches in height.  
The changes include:  
Banned—"Peep-toe" and open-heeled shoes; meta studs, buckles, booties and spats footwear.

### FAMED HOSTESS

According to her own wish the Hon. Mrs. Ryland Greville, great hostess of pre-war days who died recently, was buried in the grounds of her country home, Poledon Lacey, near Dorset. On the lawn of her lovely house there are some things like a dozen trees that were



## Dorothy Dix Says—

### WOMEN FIND IT PAYS TO APPEASE THEIR HUSBANDS

#### Wife Who Is Good Diplomat Can Gain Many Privileges

A young wife said to me the other day: "Why should wives always be the appeasers in marriage? When we have an argument, why should I give in to John instead of his giving in to me? I'm right just as often as he is. Why should I keep myself dolled up and work myself to death trying to keep him in love with me, while he takes it for granted that I house bright and cheerful, while he thinks home is a place in which he is privileged to work off all his grouches against the world?"

"It isn't fair. It isn't just. There is no reason why most of the chores in marriage should be dumped on the wife. Aren't men just as much married as women?"

"No, indeed," I replied. "The most married man is only about forty per cent husband, while practically every married woman is a hundred per cent wife. The marriage knot is a double hitch for women, but a slip knot for men. A man feels that during his courtship he did all the flatterings and jollifying and pussyfooting that any reasonable human being can do. A woman, on the other hand, can expect of him, and that after the wedding he is entitled to say what he likes to his wife and treat her as he pleases. But a woman knows that catching a husband in a slip, but holding him is another, and that to give satisfaction as a wife has to be not only a good cook and penny-pincher, but a Class-A diplomat.

**LINE OF LEAST RESISTANCE**  
Of course, it isn't a fair division of labor. However in marriage there isn't much justice, but there is a lot of expediency if you know how to collect them. Hence the reason why wives have to be the appeasers in marriage is because it makes things so much easier for them. For Rings of Fate cut three large circles out of cardboard. Decorate each with a mystic symbol—money bags for Wealth, heart for Love, a horseshoe for Luck.

A wife can fight all over the place with her husband about whether to have the living room done over in blue or brown and he will stick to brown, while she is determined on blue; but if she approaches the subject by saying: "Darling, you have such WONDERFUL taste, I wish you would select the new decorations for the living room," he will nuff out his chest and say that it is too busy to be bothered with such small things and for her to get whatever she likes.

(Continued on page 3, Col 1)

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## HOUSOLDIERS—Attention!

### Here's the Answer to Your Question

If you cannot get Crown Brand Syrup from your favourite grocer now and then, here is the reason. Because "Crown Brand" in addition to its other uses is being very generally used to help supplement the supply of sugar in Canadian Homes, the demand has increased tremendously.

Though there has been a much greater amount of Crown Brand syrup produced this year, even this increased supply cannot cope with the shortage of millions of pounds of sugar.

Don't hoard... buy normally... we are making every effort to supply the increased demand, and your grocer will do his best to fill your needs.



## CROWN BRAND SYRUP

## HEALTH

### NON-ESSENTIALS IN THE DIET

Children and grown-ups alike look forward to dinner as the important meal of the day. That meal can be made up of non-essential foods which crowd out the necessary nutrients conducive to good health, or it can be just as easily, be constituted with an abundance of vitamins and minerals. An example of each type of dinner as follows:

### DINNER

- High Vitamin and Mineral Content
- Vegetable Soup
- Pot. Roast, carrots, onions
- Baked Potatoes
- Cabbage Salad
- Brown Bread and Butter. (whole wheat).
- Apple Betsy Milk.

- Low Vitamin and Mineral Content
- Clear Broth or Consomme
- Pot. Roast (no vegetables)
- Baked Potatoes
- White Bread and Butter
- Jam Pie (or Tart).
- Tea

Mothers, unfortunately, often cater to the likes and dislikes of their children and omit the most nutritious foods.  
planted by royalty. Edward VII, George V, Queen Mary, King Alfonso and our present Sovereign are among them. Although Mrs. Greville had a wonderful cook she herself preferred the plainest of food. It was not uncommon in pre-war days to find her having a simple meat dish from the sideboard while her guests were served most elaborately.

### VARIETY OF EMBROIDERY MOTIFS



Attractive motifs for towels, aprons, children's clothes or in the nursery. Simple stitches are used. A grand opportunity to use odd lengths of floss in the scrap bag. Hot iron transfer pattern No. 544 contains 20 motifs measuring from 2 to 3 1/2 inches each with complete instructions.

To order pattern: Write, or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.  
To Charlottetown Guardian, Needlework Department.  
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