

Woman's Realm Social and Personal Fashions Literature

DAUGHTER OF EXILE

By ALEXANDER CAMPBELL

"It is called the House of the Birds," said Martha. The bombshell had exploded a fraction of a second too late. The girl's previous words had prepared the man for it. Instead of being startled into speech, as Shane was half hoping and half dreading he might be, he merely nodded his head slowly up and down like a thoughtful sparrow.

"Heinrich will be waiting for us," she explained to Mitchell. "We must really go now. Thank you very very much. I have enjoyed my lunch." The general grinned at her. "And haven't we all? Shane here has been gazing out of the window at the castle as though he'd like to go across and see it, and I've been talking my head off, which is why Irishmen were born. Ah, well, then!"

THE COOK'S CORNER

FUDDING SAUCES. Hard Sauce: One-half cup butter, 1-1/2 cups brown sugar, well packed, 1 tablespoon heavy cream, 1-2 teaspoon each of vanilla and almond extract. Cream butter until light, add sugar gradually, and blend in the cream. Add flavoring, beat all until fluffy, then chill.

Orange Sauce for Fuddings: One-half cup butter, 1 cup brown sugar, 2 eggs, 2 tablespoons sweet cider (or vinegar), 2 tablespoons orange juice, 1 teaspoon lemon juice. Melt butter in upper part of double boiler, and add half the sugar with the egg yolks. Beat for 4 minutes with beater. Add liquids slowly, and cook mixture over hot, not boiling, water until thickened.

CAKE MADE WITH OREO. Beat 2 eggs, add 1 cup granulated sugar and beat again. Then add 1 cup cream and finally 2 cups flour sifted with 1-2 teaspoons baking powder and 1-2 teaspoon salt. Flavor as desired, vary the recipe in the usual ways.

der, grimmer, more purposeful. He stood thus a full minute. Then he let go his lip and snapped his fingers. He left the hotel and strode quickly through the sleepy town. It was hotter than ever, and the shopkeepers had prudently drawn their window blinds against the glare. The main street slowly grinded in the sun. His wrath contained no animate object more interesting than a black dog curled up on a doorstep and a cat which sat on a window ledge, and looked contemptuously down upon it. There was no sound except the thin screaming of a gull.

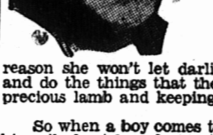
Mitchell marched up a steep hill and swung into the post office. At the counter provided for the purpose he pulled out a telegraph form and looked up a pencil. He handed the filled in form across the counter, and the assistant's pencil flew over it. It was in code but Mitchell knew that that would cause no comment. Fish salmon and others were in the habit of sending out their telegrams in code to their respective firms during the fishing season.

He paid the sum demanded and stalked down back to the hotel, his hands deep in the pockets of his green plus fours and his head bent upon his chest in deep thought. The telegram he had just sent off had nothing to do with the buying or selling of fish. Decided it read: "Tenant of House of Birds Professor Ernst Felmann, Ochoo. Also check Laurence Shane, and at Slade about six years ago. Tall, fair, blue eyes, Nordic type. Can you trace any dealings between Herman Wolff and the man named Halford?"

Dorothy Dix's Letter Box

Too Much Mother is a Liability Rather Than An Asset for Growing Girls—This is One of the Reasons for Increasing Membership in the Old Maid Class

Dear Miss Dix—I have a girl friend whose life is in a fair way to be ruined by her mother. She is an only child, bright, attractive, popular and would have much attention except that her mother is ever present, so it has got to the point where even she is dreading to date her, knowing that Mother will go with her if she steps out, or will sit close to her and monopolize the conversation when they call on her. If this girl is invited anywhere, Mother goes, whether she is asked or not, so often the girl is left out because nobody wants her as an extra guest, or because she doesn't fit into a party. The mother is an efficient woman and no one can understand why she doesn't realize that her attitude will soon make an old maid of her daughter. What is there to do about it? MARTHA



Answer: Not much, I am afraid, because the possessive mother has such a good alibi for monopolizing her daughter. She says that the reason she won't let her date is because she is protecting her precious lamb and keeping her unspotted from the world.

So when a boy comes to see Mamie she makes it a threesome and tells him all about her rheumatism and about Mamie's cutting her first tooth, and she doesn't know what the world is coming to these young people nowadays, and the wild way they go on. And at 9 o'clock she says they keep early hours and shoes him out the front door, and when the youth says "good night" it isn't maybe, it is for all time.

And if a chap stops by in his flyover to take Mamie riding Mother clambers in and shows her class as a back-seat driver. If Mamie goes to a dance, Mama has to go along to chaperon. The result is that Mamie never has a date. Boys pass her up as she had the plague. Hostesses dread to invite her because they know they will have to use strong-armed methods to make any boy dance with her. And even the girls drop her because they don't know what to do with the old woman of the sea who is always on Mamie's back. The world is full of our disgraced old maids who were meant by Nature to be happy and contented wives and mothers, but who were kept from marrying by mothers who were too strict with them when they were girls.

It wasn't that the girls and boys wanted to do anything wrong. They just wanted to be foolish and young without any critical eye upon them. Too much mother is about the greatest misfortune that a girl can have, so far as her popularity is concerned, and it is strange that any woman who remembers her own youth hasn't enough sense to appreciate this and give her daughters a break.

Dear Miss Dix—I have been going with a girl for nine years. The only reason she gives for our not getting married is that she does not want to leave home. What is your opinion on this matter? M. L. W.

Answer: You are wasting your time on her. Evidently she does not love you, or else she would be crazy to marry you and set up a home of her own. You are staying in her parents' home and you are getting the things that girls of their own taste and run the way they want them run. So it is most unusual for one to want to stay put with Papa and Mama.

The old adage that "a good daughter makes a good wife" should be taken with reservations. No girl makes a more undesirable wife than a bad second to her parents that her husband always runs into slavery to her people when she marries him.

Many a man has his ambitions crushed and the door of opportunity slammed in his face by his wife who refuses to go with him where fortune calls because she can't bear to leave Mama and the girls. Many a man is never able to save any money because his wife spends everything he earns on her family. Mother is always having to have an operation or has to have pretty clothes. My advice to you is to let the girl who can't bear to leave Father's home stay in it. Find some girl who will pre-fer you to her parents.

Dear Dorothy Dix—I am a boy of 17 and have one more year to complete my high school education. I have worked my way through three years of high school and it hasn't cost my parents a cent and I think I can do it for another year but my father wants me to give up my education and go to work for \$12 a week. I don't like to refuse my father, but I want my high school diploma. What shall I do? I am much troubled.

Answer: By all means go on and finish at high school. When you go out to look for a job, the very first question you will be asked is whether you are graduated from high school, and that diploma will do a lot toward getting you a job. Your father is mistaken in thinking that it doesn't matter. It is vital and necessary for you to do this.

Dear Miss Dix—What should a girl marry for—love, money, security or to keep from being an old maid? Answer: It is silly to marry to keep from being an old maid, but a happy marriage should have the other three ingredients. DOROTHY DIX.

FAGGED OUT? Always Tired—



WHEN EXHAUSTED IN MIND AND BODY, Turn to DR. HAMILTON'S PILLS

You seldom see a woman who is pale and utterly worn out, who doesn't suffer from headache and constipation.

Most women can have sparkling eyes and ruddy cheeks if they will but use Dr. Hamilton's Pills. Tonight take two Dr. Hamilton's Pills and note how much fresher you feel tomorrow morning. Your face will be clearer, your appetite better, your spirits brighter.

You'll quickly regain those happy girlish looks you once were proud to think about. No other medicine can do so much for you as Dr. Hamilton's Pills of Mandrake and Butternut.

DR. HAMILTON'S PILLS Tone the System

Modern Etiquette (By ROBERTA LEE)

Q. Is "Yours very truly" a good phrase to use as the conclusion to a formal social note? A. No; "Sincerely yours," or "Very sincerely yours."

Q. When meeting a young man who is soon to be married, and one has recently met his fiancée, should one refer to her? A. Certainly. It is an excellent opportunity to say what a charming girl you think she is.

Q. Would it be all right for a guest to ask for a cup of tea, when coffee is served and she does not care for coffee? A. Not unless the hostess asks if she would prefer tea. Otherwise she should drink the coffee, or part of it, and express no preference.

PARKDALE WOMEN'S INSTITUTE

On Tuesday evening March 21st, the men entertained the ladies of the Parkdale Women's Institute at a social held in St. Avaris School. The evening was fine and the hall was filled to capacity. The following programme was capably carried out:

Remarks by the chairman, Mr. J. A. Moore. Instrumental music, Parkdale Orchestra. Reading, Mrs. Olive MacMillan. Vocal solo, Harold MacInnis. Harmonica duet, Malcolm MacEachern and Freddie Bertan. Original poem, by the author, Gordon Muttlow, entitled, "Women's Institute."

Instrumental music, Orchestra. Vocal solo, Guitar accept, Raymond Sellick. Reading, Henry Calbeck. Vocal solo, Miss Sally Wood. Step dance, Malcolm MacEachern. Vocal solo, Raymond Sellick. Tap dance, Katherine MacEachern.

Instrumental music, Orchestra. Following the programme a silver collection was taken which was passed over to the ladies of the Institute. Lunch was served by the gentlemen in a very pleasing manner. After which all joined in a half hour sing song. Mrs. Ivan Mitchell accompanied.

A hearty vote of thanks was extended to the chairman and to the gentlemen of the district, which was fittingly acknowledged by Mr. J. A. Moore. God Save the King, brought a very pleasant evening to a close.

Household Scrapbook (By ROBERTA LEE)

White Spots on Furniture Any one of the following treatments will remove white spots from furniture: Rubbing of pumice moistened with linned oil; sweep oil and camphor; powdered pumice and linned oil. Apply with a soft cloth, rub dry, and polish with the grain of the wood.

When Boiling Eggs A teaspoon of salt added to the water when boiling eggs will prevent any of the contents from leaking out, if the shells should crack.

The Skin An old remedy that was used by the Romans for beautifying the skin was to crumble bread, dissolve in milk and use as a cream.

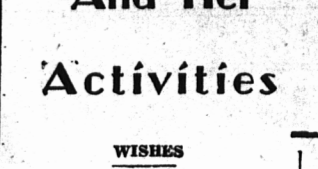
THE FAMOUS RUBBING LINIMENT

Rub on—pain gone. Get the new large economy size—Also available in smaller, regular size.

MINARD'S LINIMENT

Rub on—pain gone. Get the new large economy size—Also available in smaller, regular size.

The Housewife And Her Activities



WISHES I will not wish thee riches, or the glow, Of greatness, but that wheresoe'er thou go, Some weary heart may gladden as thy smile;

Some weary life know sunshine for awhile, And so thy years shall leave a track of light, Like angel's footsteps passing through the night.

—Anonymous. MERIT Distinguished merit will ever rise to oppression and will draw laurels from reproach. The vapors which gather round the rising sun, and follow him in his course, seldom fall at the close of day to form a magnificent theatre for his reception, and to invest with variegated tints and with a softened effluence the luminar which they cannot hide.—Robert Hall.

UNDER POWER Liquid foundations for powder are gaining ground. Not the old liquid powder sort, but a softening and emollient lotion which holds the powder without clogging the skin. They are made in natural skin tones, to create a soft even film of color over the whole face.

FROG CRIES LIKE BABY Visitors at the London Zoo are greatly attracted by a frog recently imported from Brazil. When stroked by his keeper, he looks like a baby and tears run down his face. When he inflates himself he looks like a rubber toy. His most attractive feature is that he breathes with his eyes. When he burps himself he leaves only his hooded eyes above ground, and the hood sensitively picks up sounds so that he knows when anything comes his way.

WORTH We must strive to make ourselves really worthy of some employment. We need pay no attention to anything else; the rest is the business of others.—Bruyere.

CAN ANIMALS TALK? Don't you sometimes wish that animals could talk to you? You have often spoken to a dog, using the same words as you would use to speaking to a human friend. The dog will cock up his ears, nod his head on one side, wag his tail, and look so intelligent. But can he understand what you are saying?

He cannot understand the exact words you are using, but he generally knows, by the way you shout out, "Take your dirty paws off my lap!" he knows he's doing something wrong. A No; "Where's your lead? We are going for a run in the park!" he knows that it's something cheerful by the way you say it.

SLEEP dogs are very clever at understanding their master's commands. Parrots can imitate our speech, but they have not the slightest idea what they are talking about.

All animals can express their feelings, and in this way "talk" to us. A cat, for instance, makes a noise when she wants your attention. She will flatter us by rubbing her head on our legs, when she is angry, she waves her tail. Perhaps she will spit at us, or, on the other hand, purr.

KNITTING WITH SILK When knitting with silk, thread a large bead on the silk before starting. Let it slip down the silk as it is knitted. This will stop unravelling and prevent knots from forming.

CHIP POTATOES Try cooking your chip potatoes like this. After cutting the potatoes, dry the chips thoroughly. Sprinkle a little ordinary baking powder into the fat then your chips will be beautifully crisp. When the fat has its blue vapor rising from it, lower the chips into it. When they are brown, they'll be ready for draining and serving.

COOKING SAUSAGE A useful hint, when cooking sausages, is to prick them with a greasy fork, as then they will not break or come out of their skins wrong, look much more appetizing when served.

STEWED PRUNES A little vinegar added to stewed prunes is very good. Although it may seem strange, it means you need to use less sugar.

PIMPLES

And other skin blemishes result from impurities in the blood. To restore beauty to the skin, regularity of the liver, kidneys and bowels must be ensured by using the time-tested, dependable medicine, DR. CHASE'S Kidney-Liver Pills

FASHION GUIDES FOR THE HOME DRESSMAKER!

A simple, easy-to-sew, dress with bolero jacket that's just as much at home in town as it is in the country. Its simple youthful lines give the figure a slim effect, and made it universally appealing. Three tricky "out-outs" accent the high buttoned neckline. Or you may also have it without the "cut-outs" if you like. Note the two sporty hip pockets! Popular striped cotton in navy and white with plain strawberry-red contrasting jacket, is captivating for spectator sports wear. Perhaps you'll like the deep open squared neckline. Omit the pockets and you'll find it smart enough to "bridge in." It will give perfect satisfaction. This mode will wash easily and will always be crisp and fresh for any occasion. Its small cost will permit you to have both versions. Style No. 2062 is designed for sizes 11, 13, 15, 17 and 19 years. Size 15 requires 3 yards of 36-inch material with 1-2 yards of binding for dress; and 1 1/2 yards of 36-inch material for jacket.

Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian giving:—Style No. 2062 Size.....

Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_



Maid and Cottage Pillow Cases by Mayfair



MAYFAIR NO. 206 A demure little lady and a quaint, old-world cottage trim these modern pillow cases. Trailing garlands of delicate colors complete the designs. The edges are scalloped. Easy to work and very decorative.

The pattern includes: Transfer for a pair of each of the design shown, with stitch chart and color suggestions. For complete pattern and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

Use this coupon Print your name and address plainly. To The Charlottetown Guardian Needlework Dept. DESIGN NO. 456 Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

Home Service

Keep Your Dog Healthy by Easy Sensible Care

Fortify Him Against Distemper Such a loyal, responsive pal how you'd hate to see him suffer with a bed case of distemper that might have been avoided by proper care.

Remember that correct feeding is important in building up resistance to infection. Meat is your pet's natural food and he should start eating it when he is three weeks old. Milk is always wholesome. But feed few vegetables and starchy foods like rice and bread if you want him to avoid digestive and skin troubles.

To nourishing food, add regular exercise and warm, clean sleeping quarters. Then if your dog picks up distemper—a catarrhal fever which affects the mucous membrane of his entire system—prompt action on your part should ward off the worst stages of the disease. How splendid if you recognize and treat very first symptoms!

You'll find full description of symptoms and treatment of common dog ailments in our 32-page booklet, Feeding, training, grooming.

Send 20c in coin for your copy of How To Choose And Care For Your Dog to The Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name \_\_\_\_\_ Street Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

How Can I? (By ANNE ASHLEY)

Q. How can I clean a white window shade? A. Spread a clean sheet on the floor; unroll the shade onto this sheet. Then scrub it with magnesia water, using a soft cloth. After the shade has been scrubbed, treat, turn it over and scrub the other side. Allow the shade to remain on the sheet until thoroughly dry.

Q. How can I avoid buying shoes that are too tight? A. It is better to buy shoes in the afternoon, as by that time the feet will have spread from being on them, and the shoes will always be comfortable.

Q. How can I preserve the flavor of roast meat when I wish to serve it cold? A. Wrap the meat in a damp cheesecloth while it is still hot.

WESTMORELAND W. I. The Westmoreland Women's Institute met at the home of Mrs. Canfield for their April meeting. Meeting opened by repeating Institute Ode followed by Creed. There were ten members and two visitors present and one new member enrolled. Committees then gave their reports. Sick Committee reported having taken fruit to the sick and a bill of ninety cents for fruit was presented and paid. A bill of eighty cents for chalk was also paid. It was moved and seconded there be a globe bought for the school. Committees were then appointed for the coming month. Sick Committee re-appointed, Mrs. School, Mrs. Roy Crossman, Mrs. Gussie Cameron, Lunch, Grace Moore, Mrs. Fred Fall, Anna Macdonald, Program, Mrs. Verner Moore, Mrs. Harold Oakes, Mrs. Robert Mayhew, Mrs. Fred Fall. Next meeting to be held at the home of Grace Moore, roll call to be answered by a gardening hint and exchange of seeds. The remainder of the evening was passed in games, contests and readings.

BEMMA BRAND BARBADOS MOLASSES

Next time you serve pancakes or French toast try genuine Barbados Extra Fancy Molasses. You'll appreciate the rich full flavor, and no wonder. Just the pure juice of Barbados sugar cane, full flavored and unadulterated.

Remember Ask for genuine Bemma Brand Barbados Extra Fancy Molasses.

SOLD IN BULK AT OUR GROCIERS

