

Woman's Realm :- Social and Personal :- Fashions :- Literature

The HOUSEWIFE and HER ACTIVITIES

A string is in a knot... Patience will untie it... It's found in any shop... I should like to buy it... But you and I must find our own... No one can supply it.

DO KEEP CHILDREN COVERED To keep children covered at night, try this way: Take everything off the bed, including the mattress.

Let the centre of a flannelette sheet lie on the springs with the ends hanging down by the sides of the crib. Now put back the mattress and make up the bed as you always do. At night put the child to bed, cover up. Now take the end of the flannelette sheet furthest away from you, bring it toward you and tuck it well under the mattress and pin it in place. Now take the end at your feet, tuck that well under the mattress on the opposite side and pin in place; tuck the sheet well under the mattress at the bottom.

IF YOU'RE PETITE

Clever designers have created special clothes for the small woman. She will dress like a toy soldier this season. There is a smart little black town suit which shows Coesack influence in its square shouldered, belted coat and wide swinging skirts. The military note is further carried out by a small upstanding Persian lamb collar and graduated buttons which run from the shoulder to the well-defined waist.

For cocktails there is a black velvet tailored suit with frogging across the front and a wide velvet belt. The fitted skirt has two pleated panels and a sable scarf ties like a stock under the chin. Grecian styles add not only dignity but actual inches to the height of a small woman. She can choose a gown, preferably of a dark color, with a high, round neck which has been shirred to ensure a perfect fitting, and with a slightly draped bodice and a slim, straight skirt. The high neck, the soft drapery and the long, slim skirt all give an added height.

The numerous two-color effects should be avoided by the small woman. Many afternoon dresses have sleeves and yokes of contrasting colors and materials, while sports dresses for country wear combine three and four colors in a single ensemble. The small woman must forego these and choose an afternoon gown of a single color, while her sports outfit should contain no more than two shades.

THOUGHT OF GROWING OLD MADE WOMAN MELANCHOLY

There is a family among my patients, writes an English doctor, from whom has been removed the dread that one of their number would end her days among the insane. In January last Mrs. D., who followed to belong to the younger generation, became melancholic following a time during which she had had disturbing dreams and had suffered from loss of memory. The onset of the mental disturbance was all the more strange since her daughters were growing up around her and were able to relieve her of many of her household tasks. The outlook was unfavorable until one day she put me on the track of the cause of the trouble. She was fighting against the passage into middle age, and was jealous of her daughters who were supplanting her on social occasions. A few months in a nursing home, where the beauties of middle age were constantly suggested to her, had cured her.

METAL FINISHES

Metal used in accessories for living room and library appears this year in a variety of surfaces—polished, satin finished and in several new lustrous colors. Wood, colored lacquer and crystal are seen too.

WATERPROOFED COATS

If your shower-proof cloth coat soaks up rain after dry-cleaning, the cleaning process has removed the chemical waterproofing on the surface, and you should have it reprocessed.

SINGING IN BATH GOOD FOR CHILD

Let your children warble in the bathroom, two Chicago professors advise. They are likely to get headaches, "nerves," indigestion and general irritability if prohibited, and they might quit taking baths. Crown-ups can usually "take"

their yodeling or "leave it alone," but it's better to let 'em warble.

MILITARY MOTIF

The military trend in fashions becomes more important every minute. A good many little hats look like Russian, German, English and French officers' headgear. The Coesack influence is strong in suits. Cavalry type coats as well as hats. Cavalry type gloves, wide leather belts decorated in martial motif, military capes and jacket with braided details and frog fastenings are shown in practically every collection.

TAFFETA RAINCOATS

Silk taffeta raincoats in vivid plaids are new and smart this fall. One especially nice model, with brown background, is pleated in gray, blue, yellow, green and rust. Another lovely model, with navy background, has small checks in wine, gray, lighter blue and white.

SWEET POTATOES

Sweet potatoes, plentiful right now are good stuffed in casserole with grapefruit or creamed precisely as you would cream Irish potatoes.

IN MEMORY OF ELIA

Plans for Monument Sir James Barrie has written an inscription for the memorial to Charles Lamb which the Elan Society has promoted to commemorate last year's centenary, and which is shortly to be erected at the porch of Christ Church, Newgate, for over four centuries the school chapel of Christ's Hospital. Sir William Reynolds-Stephens has designed the bust, and he is now designing the monument which is to complete the work.

By the generosity of a founder-member the Elan Society has secured an option upon the Lamb-Dublin letters—14 in all—containing the one in which Lamb first avowed his identity with "Elia."

WONDER CLOCK FOR TRAVELLERS

Is there any limit to the things man can do in these days. He has now devised a travelling clock which puts itself right as it goes about the world, says a writer in Onward. When a liner is making a voyage from England to America the clock is put back about an hour a day, according to the speed of the ship. But now comes news of a new kind of synchronous clock which has been fitted throughout in two new Union Castle liners. The clock is run by electricity and can be so regulated by the frequency of the current that it loses the correct amount of time as it goes along, so that as the ship goes from east to west it automatically puts itself right at each instant.

The clock always shows the right solar time instead of having to be reset every night. One master clock, of course, operates all the others in the ship, so that throughout the vessel the clocks always tell the correct time for the part of the world they are in at the moment.

Electric clocks have, as a matter of fact, been in use since 1895, and were invented as far back as 1840, but the modern type of clock which is now becoming so common is of recent origin, and depends on the fact that alternating current has a "frequency" like a wireless signal. With the introduction of the electric grid the whole country will turn over to alternating current, and electric clocks are likely to become almost universal.

Alternating current is generated by a dynamo, the poles of which change many times a second, becoming alternately positive and negative as the coils of wire on the armature cut the lines of force of the field in different directions.

The ordinary house supply is fifty or sixty cycles, or complete changes from positive through negative to positive, each second; and, provided the frequency is kept absolutely constant at the supply stations, the electric clock will keep perfect time for the hands are really driven by a tiny "synchronous" motor, which can work only if it keeps exact step with the alternations of the supply current.

A Word to Parents About the boys and girls

The adolescent age is a most critical time in the life of the growing child. Boys are developing into men; girls into women. Whether the future life is to be healthy and happy or distressed by nervous disorders of body and mind Depends largely on the health at this time. Physiological changes are taking place Which demand an abundance of rich, red blood. If the body is anaemic and vitality weak, If the nervous system is exhausted by school work, Restorative treatment is a necessity. Girls especially need help at this time. Such help as is found in Dr. Chase's Nerve Food. This treatment is gentle and yet powerful In restoring vigor to the blood and nerves. Young bodies respond quickly to this restorative. Color returns to the faded cheeks. Appearance of health and life is soon evident.

To Help You AVOID MANY COLDS

At the first nasal irritation or snuffle, apply Vicks Vatro-nol—just a few drops up each nostril. Used in time, it helps prevent many colds entirely.

VICKS VATRO-NOL

Too Many Beaus

By ALMA SIOUX SCARBERRY He saw, too, that everyone in the drug store was watching her. It was no secret to him that his wife had made up her mind Jim Carter was going to marry Nancy Sue Jennings. She was one of the wealthiest tobacco heiresses in the state of Virginia, and a reigning beauty.

Dick had to admit they made a stunning couple. The tall, willowy cheek-haired Southern belle had sleek like a wild rose, and great soft brown eyes that sparkled invitingly under long, sweeping lashes. Her face was etched like a cameo.

Jim Carter looked like a viking hero beside her. The handsome cadet football captain had yellow hair that no military hair cut could quite rule, and honest gay blue eyes that danced in his strong bronzed face. He was one of the best catches anywhere, his brother boasted.

Cart wondered, a little restlessly, who the big sandy-haired well-dressed man with the brown suit and moss green tie could be. He made up his mind to find out. In spite of the fact that the conversation had turned into pleasant channels, a part of his mind tried to catch the drift of the talk at Sugar's table.

She looked like a little girl at her first party with her yellow-brown eyes sparkling with interest, and her full, red mouth opened in amazement at the tales Scoop told her. The more he recounted of Jane Lee's callousness to the girl the more determined he was to show his friendship. He enjoyed defying his sister-in-law sometimes. She seemed so cold.

"I beg your pardon," he apologized absent-mindedly, then pretended to see Sugar for the first time. "Why, good evening, Miss Friddle." He gave her a friendly smile. "I hardly recognized you."

"Sugar wet her lips nervously. "How do you do, Mr. LeMasters." You could have heard a pin drop in the LeMasters party. Just what did a nursemaid do in a case like that? Sugar wondered. But she decided quickly.

"Mr. LeMasters, this is Mr. O'Reilly from New York," she said breathlessly, wondering what she would do if they found out Scoop was a stranger she had picked up.

"Howdy," Cart held out his hand. They shook hands and Scoop decided a little bit might not be out of order. He smiled easily. "Miss Friddle is quite the grown-up since I saw her last. I met her five years ago when I came here to do a story about the orphanage for the Sunday section of the New York Democrat. I came through today, and to my behold, a beautiful young lady!"

Cart felt relieved. "It's the climate," he grinned down at her. "That's the way we grow 'em down here." "Won't you sit down?" Scoop invited cordially.

"No, thank you," Cart held out his hand again. "I'll get back to my party. Glad to have seen you." Jane Lee was white-faced and rigid in her chair when Cart rejoined them.

"Well, I must say," she hissed under her breath, "you must be out of your mind." Nancy Sue decided her trump card was to laugh it off. "Oh, never mind, darling," she smiled sweetly at Mrs. LeMasters. "He did it only for a joke."

"Is that so?" Jim Carter opened a package of cigarettes. Dick decided the air was a little too full of electricity for comfort. Nobody was sorry to leave. Cart bowed and smiled again as he passed the table where Scoop and Sugar sat. Sugar sighed with relief when the door closed behind them.

"I'll bet I'll catch it in the morning," she shook her head, dubiously. "If Mrs. LeMasters recognized Zanie Lou's dress and hat, I'll have to get hold of Zanie in the morning and tell her not to give me away about meeting you this afternoon."

"Maybe I shouldn't have told a white one," Scoop shrugged. "But I didn't want you to have to answer any embarrassing questions. Say that young gentleman seems to be a little smitten with your charms. How about it?" "Silly!" Sugar laughed it off. "He just feels sorry for me." She told him the story of Jim Carter's rescuing her from the ratty cellar and Scoop listened with amusement. It reads like a story book—your life, Lollypop. Maybe you write it.

Dorothy Dix's Letter Box

Here is an "Alphabet" That Makes for Everlasting Happiness for Married Couples

Dear Miss Dix—You get so many letters from disgruntled husbands and wives that I offer this as a minor report on how to be happy though married. My husband and I have worked out this alphabet of conjugal bliss which we offer to all brides and bridegrooms. If they will follow it, they cannot fail of success in marriage. It works. We have tried it.

(A)—Adaptability—Cultivate a taste for each other's tastes. (B)—Belief—Trust one another. (C)—Children—Take them or leave them, but be of the same mind on the subject. (D)—Devotion—Not only feel love but show it. (E)—Entertainment—Keep each other amused and interested. (F)—Finesse—Handle each other with tact. (G)—Generosity—Don't be stingy with love or money or praise.

(H)—Health—Keep as well as you can and don't talk about your symptoms. (I)—Interests—Enter into everything the other does. Play the same games, read the same books, like the same people, ride the same hobby horses. (J)—Jokes—Learn to make 'em and take 'em. (K)—Kindness—Never fail to show each other tenderness and sympathy. (L)—Love—Never let your supply of that run low. (M)—Money—Agree before marriage about the division of the family income and stick to your arrangement. (N)—Need of each other—Make yourself necessary to your husband's or wife's happiness.

(O)—Observation—See what each needs and supply it. Notice when the wife has on a new gown, or the husband looks particularly spick-and-span and handsome. (P)—Politeness—Show as much courtesy to each other as you would to strangers. (Q)—Quiet—Don't argue. Keep a peaceful home. (R)—Respect—Show deference for each other's opinions and intelligence. (S)—Sportsmanship—Take marriage on the chin. Don't whine or complain over hardships you may have to endure. (T)—Tenderness—Whatever you are to other people, be all heart to your husband or wife. (U)—Understanding—Enter into the thoughts and feelings of your mate so you will know why a woman cries when she is happy, and why a man has to slip the bridle now and then in even the most successful marriage.

(V)—Virtue—No philandering allowed on either side. (W)—Willingness—Both husband and wife must be willing to help each other pull their weight in the boat. (X)—X-tra attentions—Especially when down-hearted or sick. (Y)—Yes them—Flattery is the oil that lubricates the domestic machinery and makes it click. (Z)—Zero—Your marriage will never be zero if you follow these rules.

ALPHA BET.

Imagine how exquisitely lovely it is in tea-rose satin crepe. Self bias binds of the crepe finishes the upper edge. There is a shadow hem at the front. You can run it up on the sewing machine in less time than it would take to shop for a real-honest-to-goodness fitting slip. Think of this smooth foundation slip for just the cost of the crepe satin. And perhaps you can find just the length you need on the remnant counter for a minimum sum. Crepe silk is excellent medium too. Besides pastel shades, this season, navy and black are also much favored. Style No. 1623 is designed for sizes 16, 18 years, 36, 38, 40, 42, 44 and 46-inches bust. Size 36 requires 2 1/2 yards of 39-inch material. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

When I think of spending the rest of my life with her I feel that I will go crazy. I have talked it over with her and tried to make her see my point of view, but she won't. She says she married me and intends to stick, and if I can't be happy with her it is my tough luck for marrying her while in love with some one else.

"Don't you think that a woman would have more pride than to stay with a man knowing that he loathes her? What do you think I should do?" BOB.

You certainly are having to pay for marrying for revenge, but it seems to me the punishment more than fits the crime. The silliest and the craziest thing that anybody ever does is to rush into marriage with some one they don't care for because some one they love has married somebody else, but because you have committed this folly should not condemn you to a lifetime of misery with a woman you have come to hate, and who must be as unhappy as you are in a marriage that is a mess from start to finish.

I cannot understand why she wants to hold you against your will. Was she so insanely in love with you that she was willing to take a gambling chance on winning your heart on the rebound that made her willing to marry you at all? If that was the case, she should be good enough sport to realize that she has lost out, and set you free.

Or did she marry you for a meal ticket? Was she one of the girls who would rather work a man than type a typewriter and who married to get a support? If that is the case, you can buy her off.

In any case, she is just as much to blame for your spite marriage as you are and is as responsible for its consequences. She cannot be considered an ignorant victim because she knew that you were in love with another woman and did not care for her, and that you were marrying her out of pique. Hence she would not hold you to your bargain if she had much pride or self-respect, so under the circumstances I think you would be perfectly justified in leaving her even if she will not give you a divorce. One false step taken in anger should not ruin a whole life.

Dear Miss Dix—I am a girl of 18, very much in love with a boy of 19. He insists that if I really love him I must prove it by living with him without being married. Does this show that he loves me and that he will love me better if I do it, or will he think less of me? I don't believe any one would condemn me for doing so if I did it for love. Still, I have a little doubt as to whether he really loves me or not. Do you really believe he does? WONDERING.

No, he doesn't love you. Get that into your silly little head. A boy who loves a girl wants to protect her, to shield her, to save her even from herself. He doesn't want to drag her down or degrade her. The argument this boy is using to persuade you to do something that you know to be wrong is the one that every seducer has used since time began.

And when the poor foolish girl has let the man overpersuade her the end has been the same—when the man got tired of her he walked away and left her as carelessly as he would any other toy with which he had played and broken.

If you don't believe that people will condemn you because you sin for love, take a look around you at the women of the street from whom other women draw their skirts. Every one of them sinned for love. DOROTHY DIX.

LIMITED TIME ONLY

83¢ JAR NOXZEMA ONLY—59¢ at All Drug and Department Stores.



PIMPLES? LARGE PORES? BLACKHEADS? RED CHAPPED SKIN? Don't let these ugly skin faults spoil your beauty! Take advantage of this special offer today.

12,000,000 Jars of Famous Medicated Cream Sold Yearly to relieve and correct skin faults!

JUST THINK! Millions of men, women and children are now using this dainty, soothing, snow-white medicated cream in the blue jar! That's because Noxzema does bring quick relief to irritated skin—Sunburn, Chafing, Itching or Chapped Skin. It's because Noxzema does help to quickly clear away disfiguring skin blemishes like Pimples, Blackheads, Large Pores, Oiliness and Roughness. If your skin is rough, coarse-textured, blemished, make this convincing test. Get one of these large 8 1/2 jar for only 59¢. Apply Noxzema on your face at night; wash it off in the morning, applying cold water or ice. Then rub a little Noxzema on again as a protective foundation for your powder. In this way Noxzema works all day and all night. Continue using Noxzema until skin troubles have been corrected.

SAVE 24¢ SPECIAL—Clip this coupon as a reminder to get the large 8 1/2 jar of Noxzema for only 59¢ at your nearest drug or department store. ALL DRUG AND DEPARTMENT STORES

SMART CLOTHES FOR THE HOME DRESSMAKER

Imagine how exquisitely lovely it is in tea-rose satin crepe. Self bias binds of the crepe finishes the upper edge. There is a shadow hem at the front. You can run it up on the sewing machine in less time than it would take to shop for a real-honest-to-goodness fitting slip. Think of this smooth foundation slip for just the cost of the crepe satin. And perhaps you can find just the length you need on the remnant counter for a minimum sum. Crepe silk is excellent medium too. Besides pastel shades, this season, navy and black are also much favored. Style No. 1623 is designed for sizes 16, 18 years, 36, 38, 40, 42, 44 and 46-inches bust. Size 36 requires 2 1/2 yards of 39-inch material. Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 1623. Size Name Street Address City State

Head COLDS Put Mentholatum in the nostrils to relieve irritation and promote clear breathing. MENTHOLATUM Gives COMFORT Daily

1 cup white sauce 4 tablespoons chili sauce 4 hard-cooked eggs 12 strips bacon, fried crisp

Stuffed olives Method: Place 2 slices of toast on each plate. Cover with the white sauce to which has been added the chili sauce, well drained. Cut the eggs in thin slices and arrange on the toast. Strip each sandwich with 3 pieces of crisp bacon, garnish with stuffed olives and serve. Serves 4.

CLEAR AS A BUBBLE! MIR-O-KLEER* HOSIERY..85¢ MADE IN CANADA ONLY KAYSER MAKES IT

KAYSER STOCKINGS... GLOVES LINGERIE SOLD IN CHARLOTTETOWN -BY- Moore & McLeod Ltd.

THE COOK'S CORNER

CUCUMBER SANDWICH Spread a slice of buttered bread thinly with mayonnaise. Add thin slices of cucumber and sprinkle with a very little scraped onion and salt. Add a second slice of buttered bread.

EGG RELISH FILLING (For 18 Sandwiches) 3 hard cooked eggs, diced 1/4 cup chopped ripe olives 1/4 cup chopped green olives 1/4 cup chopped pimentos 2 tablespoons finely chopped onions 1/4 cup finely chopped celery 2 slices buttered toast

DEVILED SANDWICHES TOASTED 12 slices bread Butter 1 cup deviled ham 1 cup grated cheese Dill pickles Method: Toast the bread on one side and spread on the other with butter and then with deviled ham. Sprinkle thickly with grated cheese and place under the broiler until the cheese melts. Serve 2 of these open faced sandwiches to each person, garnished with dill pickle slices. LUNCHEON SANDWICH 1/4 teaspoon salt 4 tablespoons mayonnaise Mix ingredients with fork. Spread on buttered slices of white bread.