

# Woman's Realm / Social and Personal / Fashions / Literature

## Wednesday Morning SPECIALS

(NO. 1)

Ladies' House Dresses, fast colors, all sizes. Reg. value \$1.79. Sale price \$1.50.

(NO. 2)

Ladies' Print Aprons, fast colors, a good assortment of patterns. Reg. value 89c. Sale price 69c.

(NO. 3)

Linen Crash Towelling (striped). Reg. value \$1.00. Sale price 59c a yard. Crash Towelling (striped). Reg. value 59c. Sale price 29c a yard.

(NO. 4)

White Flannelette Blankets, size 72 x 99. Special each \$1.75.

Boys' Sport Jacket—2-tone zipper. Reg. \$6.50 for \$3.50.

### PROWSE BROS. Ltd.

## Living & Leisure

### —THE WOMAN'S REALM—

The tasks, the joys of earth, the same in heaven will be; Only the little brook has widened to a sea. —R. C. Trench.

Among the few contributions of

### Modern Etiquette

By Roberta Lee

Q. Should a person write a letter when in an ugly mood, or feeling depressed?  
A. Absolutely not; and an excellent rule to follow, if one does write a letter under these circumstances, is to hold the letter until the following morning, then read it again. In nine cases out of ten, the letter will not be mailed.

Q. Is it obligatory that relatives and friends send gifts to a newly-engaged girl?  
A. No, but one who is financially able and generous often does.

Q. When visiting in a home, should one address the servants as Mr. Brown and Miss Jones?  
A. No; address them as Charles and Mary.

the American Indian to our civilization was the art of making maple sugar, says a Royal Ontario Museum bulletin. The process was comparatively crude. After slashing the tree slantwise with a tomahawk, a wooden chipen or spout was inserted to guide the fluid into birch bark pails resting on the ground. A number of such receptacles are on display in the Royal Ontario Museum, varying in size and design.

One of the methods of boiling down the sap was to use earthenware pots. The other was to drop red-hot stones into a sap trough such as those commonly used by the Mohawks—hollowed-out bass-wood logs. In the latter process, the stones were removed when cold and more hot ones dropped in so that the boiling down was accomplished only after a great deal of labor. Although poor in quality and meagre in quantity, the product thus obtained was a highly valued one, being the only sugar available.

IRISH LINEN NAPERY IN USE FOR 21 YEARS  
In the Fred Harvey dining room at the Union Station in Chicago, all the tables are covered with gleaming white damask imported from Ireland. The management explains that it has no special pull with importers whereby they can

King and Yonge Sts., Toronto in 1897 —that's when Grape-Nuts was born!



## 50 years of 'Golden-Good' Eating

YES SIR! For fifty years people have been getting fine nourishment and wonderful enjoyment from Grape-Nuts!

Crunchy, malty-rich—there has never been another breakfast cereal just like Grape-Nuts. The secrets? Two grains instead of one—golden Canadian wheat and fine malted barley. Double-baking for flavour and digestibility. Heaps of nourishment in a small quantity—two tablespoons makes an average serving.

Have you had Grape-Nuts lately? Get a package from your grocer. You'll love them! 14 to 16 servings in every package.



### Post's Grape-Nuts

for "Golden-Good" eating

### DOROTHY DIX SAYS—

#### Marriage Is Confining

#### Girl Bemoaning Marital Duties Advised To Make Best of It

DEAR MISS DIX: I am a girl of 21. Have been married 17 months and have a baby. Ever since I have been married I have hated staying at home with my husband and doing the housework and cooking. I have single girl friends who work and have their evenings off and can go about to places of amusement, and I envy them very much.

My husband tries hard to make me happy, but we don't like the same things and we go out very seldom. How long does it take a girl to settle down and enjoy being married and just a housewife and mother? So far it has done nothing but bore me.



AN UNHAPPY WIFE.

ANSWER: You should have thought of that before you wedded. You were perfectly aware that only the girls who marry rich men live lives of ease and luxury and spend their time in going to places of amusement and adorning themselves in fine clothes. You knew that the poor man's wife has to do her own cooking and sewing and baby-tending and do her own little stepping out. It is dikes and dikes for her, not right clubs and champagne.

So don't you think that you are giving your husband a pretty raw deal when you complain of the lot that you chose yourself, and that you are showing yourself to be a rotten sport when, instead of going about your work cheerfully, you grouch over having to do it? My earnest advice to you is to quit whining over your lot and to gather up all the courage and philosophy you can summon and make the best of it.

#### MAKE THE BEST OF IT

You have a fine husband, a baby and a home. Try to find your pleasure in them, instead of lamenting that you can't step out to right clubs. Quit going out with girls who keep you upset because they are having gay times that you are missing. Learn to be a good cook and you will find it an interesting occupation, instead of a bore. Our lives are what we make them. Make yours worthwhile.

DEAR DOROTHY DIX: I am a boy of 17 and my girl friend is 16 and we plan to marry in three years. What I want to know is this: Will we still love each other in three years? I have never gone with any other girl in my life and I don't stand her looking at other boys. I go to school, but I am going to quit and get a job so I can take care of her when we get married.

Your advice will be appreciated.

MARY'S

ANSWER: Well, Mary, I would have to be a soothsayer and the daughter of a prophet to be able to tell what a 17-year-old boy and a 16-year-old girl will be in three years hence. You may be delightedly in love then as you are now, or you may be in love with somebody else or not in love at all.

You see, you are both at the changing time of life, when you are growing up, when you are maturing, when you are changing your points of view and your desires and tastes as you become adults. Don't worry over this, because whichever way it ends it will be the best for you and for her, for you will have just followed the pattern of life that Nature designed for you. No marriages are so unhappy as those of boys and girls who marry and then one or the other outgrows the other, so that they have nothing in common.

Let me urge you not to quit school and get a job, for not even to be a high school graduate will handicap you as long as you live. The first question every employer asks is: How much education have you had? And if you have only been able to go through a few grades, you will always have to take an ill-paid position.

DEAR DOROTHY DIX: We are two teen-agers and we would like you to solve our problem. We have terrible mothers that we cannot get along with. They are very strict and keep us tied down. They don't approve of us having dates with boys we have known all of our lives. If we don't get home early, there is a row.

We are thinking about running away from home. What would you advise us to do?

R. AND M.

ANSWER: If you run away from home, your freedom will be of brief duration. For before you get out of town the police will nab you and take you back to home and Mother and then there will be a pretty howdy-do.

Perhaps if you showed more discretion and were not so keen for pleasure, your mothers wouldn't be quite so strict with you. Believe me, children, Mother knows best about this. Be patient and don't do anything foolish, like running away from home, for if you do you will spend the balance of your life regretting it.

get supplies of Irish linens ahead of other establishments. The linens used at Harvey's are part of the original appointments purchased when the restaurant opened twenty-one years ago. No wonder Irish linen is famous for standing up under hard wear.

Young chickens that weigh up to 2-1/2 pounds are tender enough to broil. Up to 3-1/2 pounds they are ideal also for frying or preparing in other favorite ways. Be alert of their tenderness they need only short cooking.

### Better English

D. C. Williams

1. What is wrong with this sentence? "Their advertisement was a fake."
2. What is the correct pronunciation of "mesmerism"?
3. Which one of these words is misspelled? Mediterranean, Antarctic, Caribbean.
4. What does the word "complement" mean?
5. What is a word beginning with fe that means "capable of being done; practicable"?

#### ANSWERS

1. Say, "Their advertisement was a misrepresentation (or a fraud)." 2. Pronounce both s's as z, mes-mer-iz'm, accent first syllable.
3. Caribbean. 4. That which fills up or completes. "The complement of our autumn stock has arrived." 5. Feasible.

### Household Scrapbook

By Roberta Lee

#### Ink Stains

To remove ink stains from mahogany, put 4 or 5 drops of nitre in a teaspoonful of water. Dip a feather in this solution and touch it to the stain. As soon as ink disappears rub immediately with a cold wet cloth to avoid leaving a white spot.

#### Soap Bubbles

Tough soap bubbles can be blown by using the following liquid: 2 parts of dry castile soap, 30 parts of glycerine, 40 parts of water.

#### Nickel

To brighten the nickel trimmings of the gas range wash with warm water in which two tablespoons of kerosene have been stirred.

### Ellen's Diary

By an Island Farmer's Wife

Our men went a distance to attend a sale this afternoon, joining others of the neighbors, and Rob, to go there by truck with Mr. G. and his nephew, from the house on the hill. There was no apparent effort to their preparations and they were able to leave with untroubled spirits after an early dinner, every chore laid, and obviously at peace with the world. Brick steps carried them down the short-cut and along the dam, and there was no lessening of those which led them up the hill toward the truck. It is a long time since I have been left so long alone by day, and although I should not like the time to be much extended, I thoroughly enjoyed my afternoon. Work that had been suspended or postponed because of yesterday's absence was taken up with renewed energy. I swept and dusted and polished; I fetched the wash from the line and ironed it immediately; I scrubbed the kitchen floor and all the time, I found myself singing a bit of a tune, to be in accord with the sunshine and brightness of the day. Paid prowled about the yard taking stock of every moving creature, then coming at times to lie in a sunlit corner of a verandah. Traffic had thinned on this road of ours for given a sale, within a reasonable distance, an air of desertion

(Continued on Page 3)

### Morning Smile

BAGPIPE MUSIC

A concert was being held in a village schoolroom, and it was Sandy's turn to give his bagpipe solo. When he had finished and the applause had died down, a voice from the back shouted, "Give us 'Annie Laurie,' Sandy!" "What?" asked Sandy, surprised and flattered, "again?"

Minister: "I made seven hearts happy today!"

Parishioner: "How was that?"

Minister: "Married three couples."

Parishioner: "That only makes six hearts!"

Minister: "Well, you don't think I did it for nothing!"

### How Can I!!

By Anne Ashley

Q. How can I relieve a sore throat?  
A. One suggested remedy is to take a tablespoonful of linseed and boil it for an hour in a pint of water. Strain and add to it the juice of one lemon and a tablespoonful of sugar. Take a tablespoonful occasionally.

Q. How can I remove an odor from the hands?  
A. Put a little dry mustard in cold water and rub it on the hands; then rinse in cold water.

Q. How can I prevent green peppers from turning brown?  
A. If green peppers are oiled first before baking, they will not turn brown in the oven.

### NO BUTTER NEEDED INSIDE OR OUTSIDE



### MAGIC CHEESE BISCUITS

1 1/2 cups flour 1 tbapp. shorten-  
1/2 cup milk 1/2 tbapp. salt  
1/4 tbapp. salt 6 tbapp. grated  
cheese 1 egg  
2 tbapp. Magic Baking Powder  
(When half-baked, place square of cheese on top of biscuits for extra flavor)

Sift dry ingredients together; cut in shortening. Mix in cheese lightly; add milk slowly. Roll out on floured board to 1/2-inch thick; cut with small biscuit cutter. Bake in hot oven (475° F.) 12 to 15 minutes. Makes 12.



MAGIC INSURES BAKING SUCCESS

MADE IN CANADA



### NOW! SEE THE CHANGE IN YOUR TEETH... WITH PEPSODENT TOOTH POWDER'S MIRACLE OF DENTAL WHITENESS

How amazingly white your teeth are after a dentist cleans them! That's real Dental Whiteness; and he relies on powder. For unless dull, darkening film is removed, it turns into harmful, ugly tartar. Pepsodent Tooth Powder is especially made to safely remove that trouble-causing film. Get Pepsodent for teeth of Dental Whiteness!

FOR A CLEANER, FRESHER MOUTH—FOR WHITER, BRIGHTER TEETH USE PEPSODENT TWICE A DAY

The difference is *ORANGE*

—AND PEPSODENT IS THE ONLY TOOTH POWDER THAT CONTAINS IRIUM

### THE STARS SAY—

By GENEVIEVE KEMBLE

For Thursday, March 20

EVENTS of a breath-taking and exciting nature are likely to produce a long-range if not radical effect on the life and its future happiness and place in the scheme of things, social, domestic, romantic as well as business and financial affairs. However, there is sign of a false front, or extravagance, excess or other unprofitable and unpleasant experience where funds are concerned. Shun spurious values, show, and recklessness in the many-sided contacts and obligations. Realism as well as romance should find balance in promoting all plans.

#### Birthdays Forecast

Those whose birthday it is may anticipate a year of the surprising, thrilling, dramatic and far-reaching in all preparations for a prosperous, happy and productive life. While there is definite promise for the fulfillment of cherished hopes and wishes as they affect the present as well as future purpose and plans yet a tendency to splurge, put up a false front, or a show of extravagance, unjustified expenditure, or other rash or wasteful use of assets and resources, financial as well as social, would react unhappily and with regret. Some idea of thrift, economy and security might insure a prosperous and pleasant future.

A child born on this day should have excellent promise of a progressive, pleasant and adventurous career, if it be directed in proper

#### DAINTY HOSTESS APRON



DESIGN NO. 1126

A lacy, crocheted tea apron created in a pineapple design is simple to make and effective to wear. Pattern No. 1126 contains complete instructions.

To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian.

Design No. 1126

Name

Address

City

Province

### Cook's Corner

TRY THIS ONE

6 cups dry bread in small pieces

2 cups corn bread or corn pone in coarse crumbs

2 1/2 cup each finely minced onion and inner celery stalks

1/2 teaspoon thyme or marjoram

1/2 teaspoon sage

1/2 cup melted butter, margarine or turkey fat

2 eggs beaten

3/4 to 1 1/4 cups turkey stock; salt

Crumble bread into small pieces not larger than an unshelled hazel nut; then dry, without browning, in slow oven, 300 degrees F. You can use part whole wheat bread. Mix bread pieces with coarse corn bread crumbs; add onion, celery and herbs. Add small amount of stock

to moisten; add butter, margarine or turkey fat, mixing. Add eggs; salt to taste. Now add more stock, using just enough to give a stuffing which holds together, but is not wet or pasty. To test: take a handful of the mixture, press it gently to form a ball; then let it fall onto a plate. If it holds together in a ball, yet breaks apart as it falls, the amount of moisture is right. Stuffing expands, but changes very little during cooking. To remember — it should now look exactly as it will when served. Makes enough to stuff a 12 lb. turkey.

For a fancier stuffing, add one finely chopped raw apple, a teaspoon minced parsley and a handful of broken nuts.

PROMPTLY, ALMOST CERTAIN RELIEF PIMPLES-BLACKHEADS

Scientifically indicated Cuticura—renowned the world over—promptly helps clear up pimples, eczema, rash, blemishes, blackheads. Buy at drug stores today. Made in Canada.

CUTICURA SOAP AND OINTMENT

### GIRLS! WOMEN! TRY THIS IF YOU'RE NERVOUS, CRANKY, TIRED-OUT

On 'CERTAIN DAYS' of The Month!

Do these functional monthly disturbances make you feel nervous, fidgety, cranky, so tired and "dragged out"—at such times? Then do try Lydia E. Pinkham's

Vegetable Compound to relieve such symptoms. This fine medicine is very effective for this purpose!

For over 70 years thousands of girls and women have reported benefit. Just see if you, too, don't report excellent results! Worth trying.

Lydia E. Pinkham's VEGETABLE COMPOUND

### Needlecrafts

—FOR THE HOME—

#### THE VERSATILE BOLERO

No wonder everybody loves the bolero... it's kind to the figure and you whisk it on or off as you will. This dress is beautifully styled, it's perfect to wear with or without the bolero; and the complete outfit comes in one pattern.

No. 2172 is cut in sizes 12, 14, 16, 18, 20, 36, 38, 40, 42, 44, 46 and 48. Size 18 requires 4 1/2 yards 39-inch material.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian.

Pattern No. 2172

Name

Address

City

Province

A method of drying and preserving potatoes was developed by the Andean Indians before 1500.

Design No. 1126

Name

Address

City

Province

1/26

1/26

1/26

1/26

1/26

1/26

1/26

1/26

1/26