

Woman's Realm / Social and Personal / Fashions / Literature



THE HOUSEWIFE - AND - HER ACTIVITIES

NATURE As - fond mother, when the day is over. Leads by her hand her little child to bed. Hall willing, half reluctant to be led.

INSPECT CAREFULLY Always examine cereals and flour when they come from the grocer to be certain they contain no weevils. If weevils are present, the package can be returned immediately and without argument.

NICE FLAVOR FOR ALL If the family breakfast at different times, it is hard to have the coffee at its best for each person.

DROPPING DUMPLINGS If you have difficulty having the dumplings stick to your spoon when you are trying to drop them as quickly as possible into the boiling broth, have a bowl of ice water alongside of the stove and dip your spoon quickly into it before putting it into the dumpling mixture.

ZIPPERS After removing galoshes with zipper fastenings, pull the zipper to the top of the foot. This will prevent their breaking at the in-step and getting out of shape.

AND HOW THEY GROW! The growing daughter's dresses may be lengthened by putting a band of contrasting material above the hem and one in the sleeve directly above the cuff.

EASILY KEPT CLEAN The newest aluminum saucepans have absolutely smooth bottoms, omitting the old-time circular ridge that made cleaning a bit difficult.



Corrects ATHLETES FOOT

Olympene relieves the pain and agonizing irritation almost instantly. If used regularly it will kill the fungi—prevent spread of the disease and eliminate the danger of more serious trouble.

Canada's noted athletes and trainers use and endorse Olympene 4 oz. 50c 10 oz. \$1.00 - The Antiseptic Liniment.



OLYMPENE THE ANTISEPTIC LINIMENT

ATTRACTIVE EGGS

If you have an invalid in the home to whom you frequently serve poached eggs, by all means purchase one of the small aluminum egg poachers that comes either one or two eggs at a time. They come out absolutely perfect and uniform and are so much more tempting to the appetite.

STUFFED TOMATOES FOR LUNCHEON DISH

Tomatoes provide a fine vitamin basis for a luncheon dish. Choose large firm tomatoes, remove the skin by plunging into hot water for a few seconds, cut a slice off the stalk end and scoop out the pulp from inside.

MARSHMALLOW DESSERT

Melt 1-2 pound marshmallows cut or the middle size marshmallows in top of double boiler with 1 cup orange juice. Chill thoroughly. Serve with puff of whipped cream sprinkled with cinnamon.

BLACKHEADS

Blackheads simply dissolve and disappear in this simple, safe and sure method. Get two ounces of peroxide powder from any drug store. Sprinkle it on a hot, wet cloth. Rub the face gently—every blackhead will be gone. Have a Hollywood complexion.

TOGS FOR TINY TOTS TRIMLY TAILORED

The smartest new clothes for tiny babies and little tots are trimly tailored, essentially simple. Aside from the christening robe and two or three "best" dresses that he wears on those occasions when friends and relatives come from far and near to see him for the first time, every item in baby's wardrobe is plain as can be.

MOTHERS!

In treating your family's colds, don't experiment. Use VICKS VapoRub. Now WHITE-STAINLESS.

Household Scrapbook

How to Reinforce Buttons When sewing on buttons, on which there will be quite a bit of strain, it is wise to put a small piece of an old kid glove or chambray skin under the material to which the button is sewed. This will prevent the cloth from tearing away.

ROUT SOIL WITH DRY SUDS.

Washing by the dry suds method is a reversal of the usual laundering procedure. Instead of dipping soiled articles into sudsy water, moisture is practically eliminated and the suds applied directly to the fabric that needs to be cleaned.

How Women Escape PERIODIC PAINS

"Ah—that!" She put it aside with a contemptuous sound and gesture. "I don't believe that! If it is all that I'm meant to have, I can't believe that; there must be something more—something bigger—something more for me."

"Of course—I suppose this is a bit of impudence, but I'm going to say it—Hall paused, stared at the succupan of cocoa which he was stirring over the stove, and went on more slowly: "Now that things have altered, and the British are the allies of the French, you must feel differently, you can't surely... have them in the same way?"

"You deserve more. Would it make you in any way happy if I promised to marry you after the war?"

"I can't help France without helping England. Can you? That strikes me as sophistry, Leonie—although perhaps it's a step in the right direction. In the meantime, here's your cocoa."

"You're a good friend, Wilson." "Friend? Oh! yes, someone you like very much. Sometimes I'd almost rather that you hated me, Leonie. There's something revolting in a feeling which is neither hot nor cold."

"You don't really mean that, do you, Wilson?" Her tone was almost wistful. "Because after all, I believe I give you the best of which I'm capable—poor as it seems to you."

THE COOK'S CORNER

FRIED SAUSAGE WITH APPLE RINGS

1 lb. pork sausage 4 tart apples 1/2 cup brown sugar Cinnamon Method: If you are using the link sausage, prick each one with a fork, then place in a cold skillet and add about 1-3 cup boiling water. Cook gently until the water is absorbed, then fry until the sausages are well done and evenly browned. This way there is little danger of the sausages being underdone, and sausages that are not well cooked are not a safe food.

Lift out the sausages and keep warm. Pour off the excess fat. Core but do not peel the apples and slice them in 1-2 inch rings crosswise. Lay them flat in the skillet and sprinkle generously with the brown sugar and cinnamon. Add 1-4 cup hot water, cover and cook gently until the apples are tender, turning once during the cooking.

Let the water cook almost away and the rings caramelize in the thick syrup. Lift to a hot platter, arrange the sausages around the edge of the plate and serve with hot, buttered toast.

BANANA TURNOVERS

Peel bananas, cut in halves crosswise. Roll in sugar and cinnamon. Wrap in oblongs of pastry. Bake in hot oven 15 minutes. Serve with lemon sauce.

PROBABLY NOT

The inhabitants of a small country town convened a meeting for the purpose of receiving suggestions for brightening up the lot of the local community. At last one, bolder than the rest, said he was in favor of a Bright Sunday.

Immediately an old resident, a portly dame, rose from her seat and retorted hotly: "There'll be no Bright Sundays where I am!"

SO REASSURING!

"The new member claims to be related to you, and he says he can prove it." "The man's a fool."

Modern Etiquette

Q. Is it better for a hostess to make the tea at the table, with tea leaves or essence and hot water, or bring it in from the kitchen already prepared at medium strength?

A. If there are not too many guests, it is preferable to make the tea at the table, asking each guest's preference as to the strength desired.

Q. When attending a dinner dance, should a man ask his hostess or his dinner partner for the first dance?

A. He should ask his partner for the first dance, but not fail to ask his hostess for a dance later in the evening.

Q. Should one use punctuation marks when writing formal invitations and replies?

A. No.

Dorothy Dix's Letter Box

One of Divorce's Greatest Tragedies is That it Has No Power to Turn a Woman Into a Girl Again, so Don't Rush Into Marriage While You Are Still Young

Dear Miss Dix—I am 20 years old, have two children, and after four years of married life I find myself longing for parties, dances and the attentions of young fellows, as any girl of my age does. My husband loves me dearly and is good to me, though we have never been able to afford nice things or to go to places of amusement. I busy myself with my housework, but my mind is always on the pleasures I have had in my girlhood. I envy my girl friends and wish I were one of them. What shall I do? Make the best of my bargain and try ever so hard to REALLY love my husband? Or get a divorce and be a girl again? LONESOME.

Answer: What we've done, we've done, and we can't undo it. You have a husband and children and you cannot do away with them and be a girl again. You cannot blot them out of your memory, or tear them out of your heart, or rid your mind of them, or what you did, you would be thinking of them. Your babies' cries would come to you over the loudest music. Your thought of your husband's loneliness without you would kill the gaiety of the wildest party.

One of the greatest tragedies of divorce is that it has no power to turn a married woman into a girl again, so many women seem to think that if they are unhappy or tired or bored with her husband, or weary of the drudgery of taking care of a family, thinks that if she could only get a divorce she would be sweet and 20 again, a spoiled daughter in her father's house, with everybody giving her the best of everything and trying to see that she has a good time. She thinks that she would be light-hearted, with no worries or responsibilities and lots of beaux and dates and pretty clothes and everything that makes girlhood an enchanting time of life.

She forgets that she is perhaps middle-aged, that she has lost her beauty, that she has children, that she has been mistress of her own house for ten or fifteen years. All she thinks of is getting rid of her husband and returning to her status quo before she married.

So she gets her divorce and takes her children and goes back to Father and Mother, where she finds she is a more or less unwelcome guest. The old people do not want to be bothered with her children. They do not want to divide their small income with her. And she finds that her old set is broken up and changed; that no one feels called upon to give parties and try to amuse her; that she has lost her attraction for men; that she is a hundred times worse off than she was even with an unsatisfactory husband.

So she's not going back and attempting to be a girl again. It can't be done. All that you can do is to go on as bravely as you can and make yourself happy in the life you chose for yourself. Tell your husband of your craving for amusement. Tell him how your feet ache to dance and how you long for a glimpse of the bright lights now and then and see if you cannot arrange to step out a little.

It is too late for you to change your life, but I hope other girls of 16 who are thinking of rushing into marriage will be warned by your experience. For it is the law of nature that we must all have some playtime and this longing for it comes to every boy and girl who marry too young. Most of the philandering husbands are men who married when they were not old enough to support the families they had assumed before they were ready for them; that they had no time in their youth to amuse themselves or to play about with girls. Most of the flirtatious wives who get into messy affairs with gigolos and men they pick up in motion-picture houses or tea dances are girls who married in their teens and were tied down with babies and housework when they should have been flirting around and having dates with boys.

It is because these men and women missed the pleasures of youth that, when they got middle-aged and had leisure and money, they tried to do the things they had pined to do all their lives and got themselves into trouble. For many pleasures that are innocent enough at 20 are all wrong at 40.

Dear Dorothy Dix—I am 35, the son of a family that dates its ancestry to Plymouth, 1639. We are an egotistical lot, overeducated, cold-blooded and wealthy. I want to marry a professional dancer whose parents were Polish immigrants. My family is rocked by the idea and I shall probably be disowned. However, I am not concerned about that and I want to take this opportunity, because I imagine I shall never get married if I don't take this opportunity. Nevertheless, I shall likely follow your advice. C. V. S.

Answer: You likely won't follow my advice. I never knew anybody who took any one else's advice about getting married and probably it is just as well, because marriage is principally a matter of taste and the important person to be pleased is the one who is selecting a life partner.

My opinion is, however, that there will be small chance for happiness in a marriage between a man of your heredity and background and a girl with her own factor in any marriage is congeniality, and there could be little of that between two people whose traditions and rearing have been so different.

You would find that your every point of view and taste and habit clashed. You would be ashamed of her and nothing is more deadly in marriage than that. Love can stand almost anything except having our friends lift their eyebrows at our choice of a mate. Marry in your own class is good, sound advice.

Dear Dorothy Dix—The man I love and I have been reared since childhood together. His father was my father's half-brother. Our mothers were no relation. Dick and I would like to get married, but Mother thinks we are too closely related. Just what relation are we, and is this relationship too close to insure us normal, happy children if we do marry? ANN AND DICK.

Answer: You are not even quite first cousins, as your fathers were half-brothers. The most scientific opinion about marrying is that it only doubles the strain for good or ill and has no more very healthy people married, their children would probably be very strong and healthy. But if two risky people married, their children would probably be very delicate and frail. DOROTHY DIX.

MISS NAPOLEON

By VIOLET METHLEY

(Continued) "You deserve more. Would it make you in any way happy if I promised to marry you after the war?"

"I can't help France without helping England. Can you? That strikes me as sophistry, Leonie—although perhaps it's a step in the right direction. In the meantime, here's your cocoa."

"You're a good friend, Wilson." "Friend? Oh! yes, someone you like very much. Sometimes I'd almost rather that you hated me, Leonie. There's something revolting in a feeling which is neither hot nor cold."

"You don't really mean that, do you, Wilson?" Her tone was almost wistful. "Because after all, I believe I give you the best of which I'm capable—poor as it seems to you."

"Of course—I suppose this is a bit of impudence, but I'm going to say it—Hall paused, stared at the succupan of cocoa which he was stirring over the stove, and went on more slowly: "Now that things have altered, and the British are the allies of the French, you must feel differently, you can't surely... have them in the same way?"

"You deserve more. Would it make you in any way happy if I promised to marry you after the war?"

"I can't help France without helping England. Can you? That strikes me as sophistry, Leonie—although perhaps it's a step in the right direction. In the meantime, here's your cocoa."

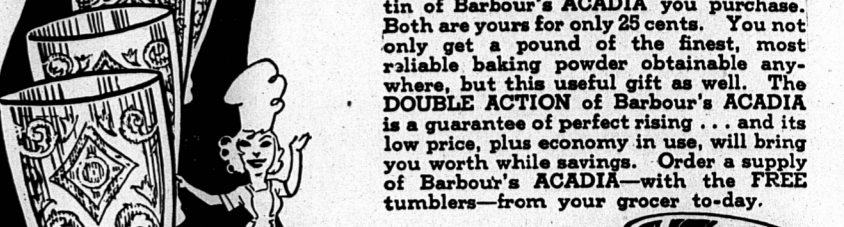
"You're a good friend, Wilson." "Friend? Oh! yes, someone you like very much. Sometimes I'd almost rather that you hated me, Leonie. There's something revolting in a feeling which is neither hot nor cold."

"You don't really mean that, do you, Wilson?" Her tone was almost wistful. "Because after all, I believe I give you the best of which I'm capable—poor as it seems to you."

"Of course—I suppose this is a bit of impudence, but I'm going to say it—Hall paused, stared at the succupan of cocoa which he was stirring over the stove, and went on more slowly: "Now that things have altered, and the British are the allies of the French, you must feel differently, you can't surely... have them in the same way?"

Beautiful Drinking Glasses Marching Into Your Kitchen.

To introduce Barbour's ACADIA Baking Powder to still more Maritime housewives, we're offering each one of you, absolutely free, a beautiful Golden Glow tinted drinking glass with every pound tin of Barbour's ACADIA you purchase. Both are yours for only 25 cents. You not only get a pound of the finest, most reliable baking powder obtainable anywhere, but this useful gift as well. The DOUBLE ACTION of Barbour's ACADIA is a guarantee of perfect rising... and its low price, plus economy in use, will bring you worth while savings. Order a supply of Barbour's ACADIA—with the FREE tumblers—from your grocer to-day.



Barbour's ACADIA BAKING POWDER BOTH for 25

How Can I? (By ANNE ASHLEY) Q. How can I make a substitute glue? A. A very satisfactory glue can be made in an emergency by soaking taptapa in warm water. This is particularly good for the children when they wish to paste pictures.

Q. How can I keep bread puddings from becoming heavy? A. Add baking powder to a recipe for bread or rice pudding, and it will eliminate all danger of having a heavy, soggy pudding.

Q. How can I wash a cianomis? A. Use soapy ammonia water; squeeze out, stretch while it is drying, and rub well to keep the leather pliable.

change," she said. "Why, that wasn't enough in itself," she said, "Besides, you brought me here, gave me this view and the peace of it, to remember all ways."

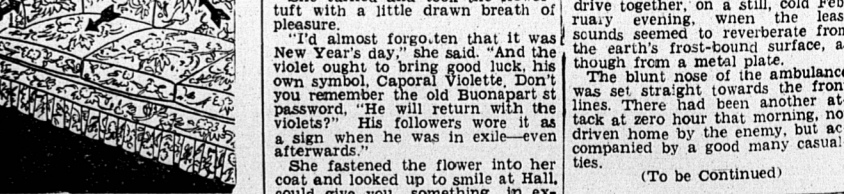
"And I must take you away, too; it won't do to waste any more time. Only I hate to leave it."

Leonie swung round on her heel, leaving down into the road. As they drove away she did not turn her head again to look right or left.

More than six weeks had passed between that morning and another drive together, on a still, cold February evening, when the least sounds seemed to reverberate from the earth's frost-bouncing surface, as though from a metal plate.

The blunt nose of the ambulance was set straight towards the front lines. There had been another attack at zero hour that morning, not driven home by the enemy, but accompanied by a good many casualties. (To be Continued)

To-Day's Popular Design By Carol Aimes



Now that you've moved indoors from porch and garden, does your house seem dreary? Make lovely new slip covers to give it a pleasant, cozy air.

This gay sofa cover—in warm mulberry tones with touches of blue—was as easy to run up as a house dress.

Your own covers can be smart looking, too, if you heed these simple warnings: Centre your design right in the middle of each back section and each cushion, as two of the arrows show. And make snug little darts where the arm curves and the back rounds, as the arrows point out.

Our 32-page booklet gives diagrams and details for accurate cutting, fitting, stitching and finishing covers for all types of sofas and chairs. Tips on fabrics, trimmings, Directions for sofa cushions, auto seat covers.

Send 20c in coins for your copy of How to Make Slip Covers to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____ Street Address _____ Town _____ Province _____

Good Advice About Constipation!

A doctor would tell you that the best thing to do with any ailment is to get at its cause. If you're constipated, don't fiddle with makeshift remedies. Find out what's giving you the trouble!

Chances are you won't have to look very far, if you eat just the things most people do. Most likely, you don't get enough "bulk" mass in the intestines and helps a bowel movement.

If it is what you lack, your ticket is crisp crunchy Kellogg's All-Bran for breakfast. It contains the "bulk" you need plus the intestinal tonic, vitamin B.

Eat it every day, drink plenty of water, and join the "regulars"! All-Bran is made by Kellogg in London, Ontario.

All reproduction rights to this Design reserved.