Woman's Realm / Social and Personal / Fashions / Literature

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THE COOK'S CORNER

ICED TEA.

Three teaspoons tea, 3 cups boiling water, 2 cups grape juice, 4 tablespoons sugar, juice of 2 lemone.

Pour the boiling water over the tea, cover closely and allow to stand 15 minutes. Then strain, add sugar, lemon juice and the pure grape juice. Chill thoroughly. Some hostesses prefer to omit the lemon juice, just adding the pure grape juice to the iced tea.

BANANA AND PINEAPPLE JAM.

Four level cups crushed pineapple and crushed banana, 7 1-2 level cups (3 1-4 pounds) sugar, 1 bottle commercial pectin.

Use a small (No. 2) can of crushed pineapple. Measure fruit into a large kettle. First measure out the whole tin of pineapple, which gives 2 level cups and a little over. Complete this third cup with finely crushed, mellow ripe bananas; then fill the fourth cup with crushed banana only. Add sugar, mix well and bring to a full rolling boil, stirring constantly, and boil hard for one minute. Remove from fire and stir in pectin. Skim and stir occasionally for just five minutes after taking from fire to cool slightly, which prevents fruit floating. Then pour quickly and cover hot jam at once with hot paraffin wax. If sliced or ring pineapple is used, chop very fine.

CALF'S LIVER WITH CHEESE.

Slice 1 pound of calf's liver, remove the skin and season with salt and pepper. Mix 1 tablespoon of minced parsley with 2 tablespoons of minced onion and sprinkle over the slices. Melt a sufficient amount of butter in a frying pan and quickly brown the liver on one side. Turn and brown the other. Mix 3 tablespoons of Parmesan cheese (grated) with 3 tablespoons of fine bread crumbs. Place the liver on an oven-proof platter; sprinkle with the cheese mixture and dot with butter. Place under the broiler until brown.

A revolving piano stool is the nicest possible thing to use when sewing on the machine. You can adjust it to just the right height, and it is so handy to be able to swing round to reach something off the table.

A molding dinner gown of midnight blue worsted serge has richly embroidered pockets, accompanied by a matching hiplength swagger coat, and a tiny forward-perched pillbox with huge upstanding feather at front.

WATCH YOUR STEP

Every woman knows that one of the first requirements of a really smart appearance are well-shod feet. Instinctively she notices other women's shoes and stockings and registers approval of sheer silk ankles and immaculate suede shoes.

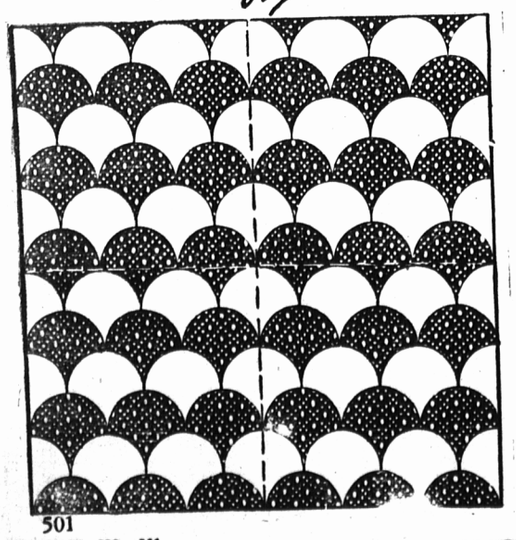
But still she's often conscious that in spite of all her care, her own feet aren't up to standard. Given half a chance, she's thankful to tuck them somewhat selfsciously out of sight.

The reason is, of course, that the initial choice of shoes wasn't a good one. All the brushing, polishing and treeing in the world won't make shoes that weren't a perfect fit in the first place take on a smart appearance later on.

This year the spotlight of fashion is turned on accessories. Your bag, gloves, shoes, buttonhole are going to count even more than the suit and frock they're to accompany.

So when you order the new shoes that you are to be an important part of your outfit, treat the job with the respect it deserves.

COBBLE STONE *Patchwork Quilt by Mayfair*



501

MAYFAIR NO. 501

Like quaint narrow streets in old-world villages, this COBBLE STONE quilt design has dignity and quiet charm. Blocks made of pale yellow plain pieces patched with pale yellow prints alternated with blocks made from plain mauve and printed mauve pieces, is an artistic color combination. For a less formal, hit-and-miss design, select as many colors and patterns as possible.

The pattern includes cutting patterns for the patches, piecing directions which show you the easiest method of assembling, diagrams for placing the patches and directions for making and finishing the quilt.

For complete pattern and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

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Sympathy Can Be Curse On People | **Dorothy Dix** | It Sends Many to Their Graves

Sympathy Kills More Often Than it Cures—Parents Need to Offer Encouragement Rather Than Condolence to Their Children

A famous doctor declared not long ago that sympathy killed as many sick people as disease did, and that many men and women who might have got well were swept into their graves by the tears of pity of their loving relatives.

Then, being hot with his subject, he went on to relate an incident that had just occurred in his practice. "For months," he said, "I have been trying to build up and calm down a delicate, neurotic patient of mine so that she will be able to stand an operation that is absolutely necesary.

"At last I had got her fit and I told her that the next day I would operate, but when I went in to see her she was surrounded by her weeping friends and family who were patting her hands, kissing her brow, 'poor-thinging' her and making her feel that they were taking a last farewell. Under their sympathetic ministrations she had gone all to pieces. Her temperature had shot up and she was so hysterical that an operation was out of the question. All my work was undone and has to be done over again.

"Believe me, if we doctors told the truth, we would write 'Killed by Sympathy' on many a death certificate. There is no such depressive drug know to materia medica as pity and no tonic equal to a good boost.

The experience of all of us laymen confirms the physician's diagnosis of the deadly effect of sympathy on the human system. All of us know dozens of people who have been made chronic invalids by being pitied. Boys and girls who were weaklings and never-do-wells because their mothers were so sorry for them when they had the measles that they sold them the idea that they didnt have the health and strength to do anything.

Women who lay on a couch half their lives because their husbands cossetted and petted them because of their poor nerves or their weak hearts. Men who gave up their jobs at middle age, sat down on the do-nothing stool and let their children support them because their family's solicitude and inquiries about how they felt today, and what did the doctor say about their symptoms, made them exaggerate a slight indisposition into a fatal malady.

And we have all seen these same victims of sympathy cured as if by magic when their dope was withdrawn. When nobody cared whether they were well or sick they got well. When nobody listened to the tale of their aches and pains they forgot them, too. Many a frail and delicate woman who has been coddled all of her life by a pitying mother and husband has not only got up from her bed and walked, but taken in washing to support herself and her children when the necesity arose.

Sympathy not only makes invalids, it also makes failures. It breeds weakness instead of strength. It turns us into cowards and quiters instead of making us fighters.

Many a boy's and girl's whole life is ruined by a mother who sheds tears of pity over them until she melts down their backbones and leaves them poor spineless creatures incapable of achieving anything. Mother is so sorry for Mary because she has to pound a typewriter or stand behind a counter instead of spending her time amusing herself that she makes Mary feel that she is a martyr; that it isn't worth while to try to do good work or get ahead in a world that is oppressing a poor working girl. Mother pities poor John because he can't go to college and have sport cars as rich men's sons do until she kills every bit of ambition in him and makes him think that it isn't worth while working, anyway.

It is the mothers who jock their children up with hope that put in them the spirit that makes for success. They don't sympathize with their children for having to work. They tell them how lucky they are to have a job and the strength and health and intelligence to hold it down. It is not pity we need when we have a difficult thing to do. It is a brace.

And nobody can doubt that a mother's sympathy is first aid to divorce in innumerable instances. A young couple gets married and finds that marriage is not the bed of roses that they expected it to be.

Especially is the wife disillusioned when she discovers that she has married a mere man instead of a golding and that he expects her to act like a human being and pull her weight in the boat. So she runs to Mother with her troubles and complains against the husband and instead of telling her that she is acting like a spoiled child and a little fool and to go back home and be a sport and make the best of her bargain, Mother pities her and says: "Come back to me, my poor persecuted darling," and there is another home wrecked and another woman on her way to Reno. And sympathy has done its deadly work again.

DOROTHY DIX.

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How Can I ??

(By ANNE ASHLEY)

Q. How can I wash chamois gloves?

A. Make a soap lather. Add several drops of ammonia. Put the gloves on the hands and rub in the lather in the same manner as when washing the hands. Wipe the gloves dry with a linen cloth.

Q. How can I relieve the pain of scalds and burns?

A. One suggestion is to apply a poultice of oatmeal and cold water. The cooling qualities of the oatmeal tend to draw the fire from the burn.

Q. How can I remove fish odor from knives and forks?

A. By rubbing a cut lemon over them.

Modern Etiquette

(By ROBERTA LEE)

Q. Does a bachelor make any special preparations for receiving women guests?

A. Yes, the same as a hostess makes. A room should be prepared for their wraps, and a few simple toilet articles should be set out for their use.

Q. Who should accompany the funeral party to the cemetery?

A. Only those friends and relatives who are invited to do so.

Q. Should cantaloupe be eaten with the fork or spoon?

A. With the fork.

Q. Is it good form to use a handkerchief while eating at the table?

A. Never, if it can be avoided.

A Morning Smile

LEAVE BY INSTALMENT

"What on earth are you doing?" she shouted to her rather deaf husband downstairs.

"I've just let the cat out", he replied.

"Well," she replied, "for goodness sake let its tail out too."

THE ANSWER

A grocer's lad was ascending a staircase with his arms full of packages. "Boy," said the mistress of the house somewhat sharply, "are your feet clean?"

"Yes'm," he answered, still climbing up the stairs, "it's only me boots that's dirty."

Household Scrapbook

(By ROBERTA LEE)

Windows

A high polish will be given to windows, also to mirrors and picture glass, by using a teaspoon of kerosene in a basin of hot water. A clean cloth dipped into the water and wrung almost dry should be used. Wait until the surface is almost dry before polishing with a dry cloth.

Blotters

Many people have large supplies of blotters left with them by various advertising concerns. A new use for these is to drain things on, instead of brown paper—sardines, croquettes, codfish balls, or anything fried in deep fat.

Ink-Stained Fingers

Ink stains on the fingers can be removed by dampening the head of an ordinary match and rubbing briskly on the stains.

The Housewife And Her Activities

"A commonplace life," we say, and we sigh;
But why should we sigh as we say?
The commonplace sun in the commonplace sky
Makes us the commonplace day;
And God, who studies each separate soul,
Out of commonplace lives makes
His beautiful whole.
—Susan Coolidge.

Pleated skirts are almost a uniform where smartly dressed women gather in the daytime.

Yokes will be important in Autumn coats and suits. Sometimes they will be deep and contrasting, sometimes merely used in the backs of coats or jackets that have inverted box pleats at the back.

Buttons are back, but often they are merely used for ornamental purposes, slide fastenings doing the real work of fastening the garment.

A new beach bag is being shown which provides ample room for cap, towel, slippers, bathing suit, and a separate compartment for cosmetics.

That the bloused silhouette will carry over into the Fall is definitely admitted. The bloused-back version in the winter coat has a slenderizing effect in that it narrows the hips.

ENGLISH ACTRESS LIKES TO DECORATE HER EARS

Gertrude Lawrence, a style barometer of coming fashion over a period of years, has taken to wearing earrings throughout the three acts of her current play, "Susan and God."

She wears them with different coiffures, not only with upswept arrangement. One pair is a revival of an oldtime novelty, one black pearl button and one white pearl button. Another pair of the decorated hoop type which fits very closely around the base of the lobe. The fact that Miss Lawrence, throughout this comedy, makes a point of constantly calling attention to her hair—brushing it, rearranging it differently for different occasions—gives additional impetus to the fashion for decorated ears.

For restaurant wear slim fitting black dresses worn with black cartwheel hats, long black gloves, and ribbon dog collars caught with a scarlet camellia at the side.

LET LADY OSTRICH HIDE HER HEAD

With reviving interest in ostrich as a trimming, the younger set will have a lot to learn about what's what in ostrich — what makes one ostrich plume better and higher price than another, what counts for background and heredity in the ostrich family.

Seems that the male ostrich, as with most birds, produces the best plumes, the most fluffy and glamorous ones, and also the sturdiest. Male ostrich plumes can "take it" when it comes to wear; they respond to curling, to dampness, to all the grueling processes which an ostrich plume has to go through from leaving Africa to arriving on a hat or wrap. So if an ostrich garment seems extra cheap to you watch out—the feathers might be from a lady ostrich!

RED LACE

Burgundy red shadow lace is the medium Ardanse uses for a formal frocks with long molded bodice and full drifting skirt. There is a gold, silver and red belt and, at the top of the bodice, a draped band of pale blue lace caught into a halter of thin, pink string. A tiny shoulder bolero, also of burgundy red lace, may be removed.

Soft surale silk in dark tone prints with small geometrical designs makes practical blouses.

There are quantities of youthful suits this season with fitted wrist-length or shorter jackets, mostly collarless and featuring pockets. One has eight pockets down the right side only.

Many new color combinations are noted, as a gray skirt and rust jacket lined in yellow, or a checked blouse with plain brown apron skirt worn with an oatmeal tweed jacket.

Smart featured shades for summer include "quartz" pink, deep almond green, both used for antelope leather, besides fabrics, also fairly deep slightly purply blues, and golden yellow.

Whether she likes lace-trimmed rather elaborate slips, gowns and negligees or very simple, neatly tailored ones, this year' June bride will find trousseau lingerie lovelier than ever.

Agnes gives height to a ribbon canotier by tying a big bow front, one end of which is left up in the air. Stripes are alternately of black satin and white faille ribbon.

In general, coats this year follow the lead of dresses, employing the same kind of shirring and draping nipped-in waists, slightly wider shoulders, fullness in backs, and even elbow-length sleeves.

NEW CLOTHES ARE HIGHLY ADAPTABLE

The field of fashion designing has come a long way since the days when one had to have tea clothes for tea, office togs for the office, special dresses for a week-end in the mountains and so on. There are— and it's easy to find them—beautifully but not too severely tailored background dresses of the shirtwaist type that, with varying accessories, can go anywhere and everywhere.

Coats, too, serve a number of purposes. Trim little swaggers in three-quarters and seven-eights lengths, are seen on the street, the decks of cruise ships, at summer resorts and so on. A pert swagger topcoat of wool fabric in three-quarter length looks well in solid color. One in crushed strawberry would be handsome over navy town sheers, prints with navy backgrounds and a number of pastels.

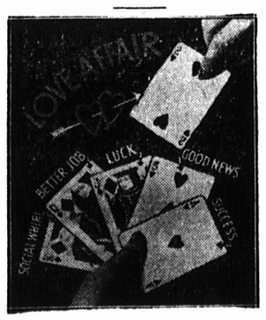
WAISTBANDS EVOLVING ALONG NEW LINES

Wide inset bands around the middle of dresses is not a strictly new fashion, there are more of them in contrast color. Schiaparelli is the important exponent of this fashion, both in setting wide bands in contrast, over which goes a real belt, and swathing her skirt tops with wide ribbon belts in some vivid tone contrasting both with bodice and skirt. Typical of what one sees for a model or two in many other collections is a neat afternoon dress of black crepe at one house, with wide fabric girdle of Nattier blue silk knotted at one side, with two large scarlet poppies caught in the knot.

If not very wide, waists are apt to be very narrow, and many houses, including Molyneux use belts not over a half inch in width.

Home Service

Boost Your Popularity by Telling Fortunes



Hearts and Diamonds Are Lucky

Be a five-star attraction on summer jaunts and outings. Learn fortune-telling!

Gipsies favor this way of telling fortunes with cards—and your crowd will like it, too.

Take these six fate-revealing cards from the pack—King, Queen, Jack of Diamonds; Ace, Three, Two of Hearts. Shuffle them with 14 other cards selected at random.

Your friends draw. The lucky one who nabs the King of Diamonds is in for a social whirl; Queen stands for a better job; Jack, for luck. Ace of Hearts foretells success; Three, good news; Two, love affair.

Will your wish come true? Shuffle the pack and cut once. If you turn up the Nine of Hearts, you'll certainly get your heart's desire.

Learn what the tea leaves have to say. Read horoscopes. Our 32-page booklet explains 73 tea-leaf symbols, simple horoscopes, all kinds of card fortunes. Crystal-gazing. Intriguing fortune-telling games.

Send 20c in coins for your copy of Fun With Fortune Telling to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

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FASHION GUIDES FOR THE HOME DRESSMAKER

Look your slimmest in this cool, easy to don, cotton frock for home tasks, porch and gardening. You'll also find it useful to slip on as a coverall apron over your dress to prepare afternoon or evening refreshments. This wraparound frock, has your favorite surplice bodice and a particularly snug waistline. Ric rac braid makes an easy besides smart finish for the neck, sleeves and patch pockets. Contrasting bias binds are equally effective trim. The sleeves cut in one with the bodice of this one-piece dress, make it very simple to sew. You'll want to run up several frocks, some with the shawl collar. The pattern includes same.

Style No. 2104 is designed for sizes 1,6 18, 20 years, 34, 36, 38, 40, 42, 44, 46, 48 and 50-inches bust. Size 36 requires 3 3-4 yards of 39-inch material with 3 1-4 yards of braid.

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HOW TO LAUNDER YOUR CANDLEWICK SPREAD

Wash candlewick spread on a sunny, windy day. Wash in sudsy water, rinse well and hang full length out of doors to dry. When the spread is almost dry, shake it vigorously while on the line to fluff up the wicks. No ironing is necessary. Spread over the bed when dry and brush lightly with a clean whisp broom to smooth out the surface without disturbing the tufts.