

**PERFECT PEACH JAM**  
Can be made

Easily, quickly and economically by following the Certo recipe given below. Try it and you will agree it is the most delicious jam you ever tasted. Only one minute's boiling is required—thus saving the color, flavor and aroma of ripe fruit and making one-half more than the old, uncertain method.

CERTO never fails because it is the actual "jelly" property of fruit concentrated. Certo is not a gelatine and contains no preservative. With Certo you can make jam or jelly with any fruit or fruit juice any time.



**CERTO**  
(Sure-Jell)

**Peach Jam**  
Peel, remove pits and crush well about 3 lbs. peaches. Measure 4 level cups (2 lbs.) crushed fruit into large kettle. Add 7/8 level cups (3 1/2 lbs.) sugar and mix well. Use hottest fire and stir constantly before and while boiling. Boil hard for 1 minute. Remove from fire and stir in 1 bottle (scant cup) Certo. Skin and pour quickly.

CERTO is sold by all grocers with Recipe Book wrapped around every bottle. Try it with Peach Jam and other fruits.

Douglas Packing Co., Ltd.  
Cobourg, Ontario

**"THE LOVE PENDULUM"**  
BY MARION RUBINCAM  
BREAKDOWN  
Chapter 63

But there are some things one cannot grow used to, and I think loneliness is the first of these. At least it was so in my case, for I had not the ability to get along by myself. I did depend too much upon Winthrop.

That was the first discovery about myself. During the first weeks of my separation from Win I found out many things like that. And I tried to overcome the faults in my myself that I knew would cause me unhappiness. But it was hard to do.

And I would not have succeeded even as well as I did, if it had not been for Colin and his constant help.

"I simply don't know what to do with myself sometimes," I told him once. "I have dropped out of that old set of people as much as possible, and I'm not sorry. But it leaves so many hours—with nothing to do but sit here and think."

"And what is the result of all these hours of thinking?" Colin asked, a little smile on his face.

"No result," I answered. "I feel so hopelessly alone. I don't belong anywhere anymore."

"That's nonsense," Colin interrupted un sympathetically.

"It's not nonsense. It's true. Before I belonged to a crowd of girls at school, then to my aunt's set. I didn't like them, but they were the only people I knew. Then I went to Wellsville, and I adored the people there. When I came back to the city, I went again into the old crowd, and while I did not like them particularly, and did not like all the silly things we did, at least I had Win along and it was fun to watch him enjoy it all so."

I stopped, then added after a moment.

"That is, until Gwen came."

"But you were always complaining that these people bored you."

"They did," I answered. "It seemed wicked to me to see so much money wasted, when it might have been put to good use; to see so much time wasted, when they might have done something worth while with it."

"Now you have all the time you want, what worth while thing are you doing with it?" Colin asked.

I stopped a long time. I could not answer. What had I done? Only sit still and worry!

Colin, standing against the window frame, looked at me with a little smile, half humorous, half pitying.

"I think you need a lecture, and not condolences, Connie," he said finally. "I know how much you did care for Winthrop, and still do. But you found it impossible to live with him, and of your own free will you left and took this place by yourself."

"You found the people you and he went with, impossible and tiresome, and of your own free will you left them and came here, outside the limits, allowed by that smart circle of people. You refused your aunt's invitation to live with her, because that meant going back into the crowd who, according to you, only waste time and money."

I nodded.

"Now you are free to do as you choose. You can accomplish as

**SAVED FROM AN OPERATION**  
Restored to Health By Taking "Fruit-a-lives"  
Made of Fruit Juices and Tonics

The most convincing proof of the true worth of "Fruit-a-lives" as a medicine for women is found in the letters written by them to "Fruit-a-lives". For instance:

"I suffered with all the symptoms of female trouble, pains low down in the back and sides, constipation and constant headache. A doctor advised an operation. I started taking "Fruit-a-lives" and this fruit medicine completely relieved me of all my misery."

Mrs. M. J. GORSE,  
Vancouver, B.C.

50c. a box, 6 for \$2.50, trial size 25c.  
At dealers or from Fruit-a-lives Limited, Ottawa, Ont.

**THE JOKE OF DEATH**

LONDON, Aug. 28.—A twenty-year-old miner died with a joke on his lips, under mysterious circumstances, at the Gedling Colliery, near Nottingham, recently.

Harry Slim, the dead boy, was laughing with some of his companions and left them after a few minutes with the evident intention of going a little further along the working. He was laughing as he went, and one of the others jokingly called to him to come back. There was no reply, and after a little while two of the men went along the working and found Slim in a kneeling position at his work, but dead.

There was no sign of what caused his death. The happening made such profound impression on the men that they refused to work any more that day.

**If you are a constipation victim you need Bran that is ALL BRAN**

Kellogg's Bran, cooked and krumbled, is so delicious and inviting that thousands of families use it constantly to make enticing bakery batches, such as bran muffins, pancakes, raisin bread, etc.; they eat it as a cereal, and many sprinkle it on their favorite cereal, its nut-like flavor having a fine appeal.

Many more thousands of people eat Kellogg's Bran every day of their lives because it has permanently relieved them of constipation and the dangers of dreaded diseases that constipation leads to. If you are suffering with constipation you need ALL BRAN—Kellogg's Bran—with its permanent corrective qualities. Foods that are part bran can never give the desired relief because they do not contain sufficient of the elements that Kellogg's Bran naturally contains.

JENKINS & SON, Charlottetown  
Dealers for Kellogg's Toasted Corn Flakes and Bran

**Binder Twine**  
"Silver Leaf" Brand  
Guaranteed 550 feet to the pound.

Made by the BRANTFORD CORDAGE CO., LTD., the largest BINDER TWINE FACTORY in the BRITISH EMPIRE.

We are agents for P. E. Island for this celebrated Binder Twine.

We guarantee every ball to give perfect satisfaction. We have now in warehouse, two CARLOADS 72,000 POUNDS Old style ball, 5 lbs. to the ball. New style ball 8 1/2 lbs. to the ball, both same price per pound. Sold in any quantity WHOLESALE and RETAIL. Factory prices.

**Carter & Co., LIMITED**

**THE AGRICULTURAL AND TECHNICAL SCHOOL FOURTH SESSION OPENS NOVEMBER 6th**

Courses in Agriculture, Motor Mechanics, Cheese and Butter Making. Night classes for City Students. Day Classes in Household Science for City and Country. Calendars and other information on application.

Send application forms to the Principal—The Technical School.  
2516-8-27Mwfr3i.

**MARRIAGES OF PLANTS**

(By Dominion News Service.)

LONDON, August 28.—Among the most interesting plants now blooming at Kew Gardens is the yucca, or Adam's needle.

What may be termed the "marriage rites" of the yucca from an outstanding wonder of plant life. Many are the devices which plants have developed to secure the co-operation of insects in the propagation of their kind. The yucca is, I believe, however, the only known plant which is dependent upon a single species of insect—a little white moth—for the purpose. In this case there is not the customary trap by which an insect, attracted by nectar, unavoidably becomes dusted with pollen destined to fertilize the female organ of another plant. There is a deliberate action on the part of the moth, so wonderful that, had it not been confirmed by the patient observation of scientists, a description of it might be regarded as a fairy story.

The duty devolves upon the female moth, in order to ensure a proper food supply for her future larvae, acts as a sort of foster-mother to the yucca, the male moth being only concerned in perpetuating his own race.

Climbing up one of the plant's stamens (male organs) she scrapes from the anther at the tip of a supply of pollen, and rolling it into a pellet, carries it off to another flower.

Her first business is to lay an egg within the pistil (female organ) after which she runs up to the tip and thrusts into its funnel like interior some of the pollen, ramming it down with her head to make sure that fertilization will ensue.

Every time she lays an egg she performs this ceremony. It is so cleverly effected that man himself cannot equal it, artificial attempts to cross-fertilize yucca rarely, if ever, proving successful.



**BRITAIN NEEDS WRANGLER ISLAND.**

Wihjalmar Steffansson, who is urging Britain to assert its right to Wrangel Island, because it will become an important base for wireless and airplanes when mail carrying across the Arctic has become a commonplace. Soviet Russia is reported to have given orders to prevent any British ship reaching the Islands.

many worth while things as you want. You can do any sort of work you choose. And you haven't, so far, done a thing but sit here and feel sorry for yourself."

"Colin!" I cried suddenly. "You're cruel! You're not a bit sympathetic and you always have been that."

Colin lit another cigarette, still leaning against the window frame and looking at me with that wise, humorous little smile.

"I'm not cruel," he said. "And I am sympathetic. But I don't think you should have sympathy just now. I think you need a common sense lecture. I'm criticizing you now in the very way you have criticized these other people ever since I've known you."

"But I was never taught to do anything useful," I protested, desperately defending myself. "That's the whole trouble. I was only taught to lead this dreadfully empty life. Now I've decided I don't like it and have gotten out of it—I'm lost—I don't know how to start a new life."

"Poor little fish out of water," Colin said, his kindly eyes still on me. "I know how you feel. But I think it's time for you to stop feeling sorry for yourself and get to work. You have never been taught to do anything—all right, teach yourself. How about your music? You play extraordinary well for an amateur—do something with that talent. You have a genius for domestic things, taking care of houses and children—do something with that. Teach other women to run a home as well as you do."

When Colin left I was more despairing than ever. I knew what he said was true—but I did not want truth then. I wanted sympathy. I ate a lonely dinner and spent the evening sitting with a book on my lap, of which I did not read one word. When I went to bed it was with a raging headache, and a sick feeling all through me.

Next day I felt physically and nervously worse. I wondered what the trouble was. For days I found myself ready to cry at the least thing. I wanted to hear from Win. I knew I would not. I wanted to see people and shrank from being with them. I was in a desperately neurotic state.

**VALUABLE ESTATE TO BE SOLD BY AUCTION**

We are authorized by the executors of the Estate of the late Capt Alexander McLeod to sell on the premises at St. Avards, on Thursday, Sept. 6, 1923, commencing at 1 o'clock p. m. sharp that valuable and nicely situated property comprising two story dwelling house. Land and out buildings.

Also on the same day commencing at the same hour we will sell all the beautiful furniture comprising Parlor, Sitting Room, Bed rooms, Hall and Kitchen and all household fixings and everything of the best. Property will be sold at 2 o'clock.

Terms at sale.

**BENJ. CARTER & SON,**  
Auctioneers

**FOX RANCH for Sale**

I offer my Fox Ranch for sale, situated on Mt. Edward Road, 2 1/2 miles from Charlottetown, overlooking a beautiful valley, making it the most attractive and ideal up to date ranch on the island. 15 acres of land, about 6 acres of woods, 30 breeding pens enclosed by guard fence large enough to hold thirty more pens. Bungalow built in centre of woods, equipped with hot and cold water in kitchen and bathroom. Telephone, electric light from City, Barn, Garage, Cook house, Meat house, Hen house, Ice house. Apply to owner

J. B. ROMBOUGH,  
R. R. 7  
2524-8-27-Mwfr6i

**For Sale Or Exchange For Foxes**

1 Light Six Studebaker. 1922 Model, good as new.  
"490" Chevrolet 1920. New set tires, Battery and Hood. Will consider horse on exchange.  
1 Ford Touring, good running order.  
1 Ford Roadster with truck body attachment. Apply

**NORTH TRYON GARAGE,**  
North Tryon  
2522-8-27-31

**Every 10c Packet of WILSON'S FLY PADS**  
WILL KILL MORE FLIES THAN \$8 WORTH OF ANY STICKY FLY CATCHER

Clean to handle. Sold by all Druggists, Grocers and General Stores

**NOTICE**

"The Annual General Meeting of the Charlottetown Can. Co., Ltd. will be held at the company's offices on Wednesday, Aug. 29th, 1923, at 12 o'clock noon, with a view to adjournment until Wednesday, October 3rd, 1923, at the same place and hour."

By Order,  
**C. FAIRALL FISHER,**  
3272-8-15wsm Sec'y Treas.

**Valuable Property For Sale By Auction**

We are authorized by Mr. Aubrey Brown to sell his beautiful new 8 roomed cottage, situated No. 208 Dorchester Street. All modern improvements Frost proof cellar. Large garage. All newly painted and in perfect order and will be sold on Wednesday, August 29th, commencing at 12 o'clock noon. Terms at sale.

Inspection invited.

**BENJ. CARTER & SON,**  
Auctioneers  
2427-8-22-tst3i.

**PRIVATE SALE**

I offer for sale my farm of 100 acres choice dairy land, 85 acres clear, balance in wood, watered throughout, better known as the Walter Bell Property. Also Mill Property adjoining sold with or without farm and also crop. Will sell cheap to right purchaser. Apply

**WILLIAM WADDELL,**  
Cape Traverse  
2428-8-22-wfm6i

**Business Stand For Sale**

As I intend leaving the Province I offer for sale a good business stand. A large country store and ware house with three acres of land house and barn, also stock consisting of general merchandise and store equipments. For further particulars apply

**IRA MCKAY**  
New London  
2470-8-23-6i.

**PRIVATE SALE**

I offer for sale at Mt. Herbert 40 or 50 acres of choice land, good farm buildings with brook at foot of farm. Situated near Station and cheese factory. Will sell with or without crop to suit purchaser. Will sell quick to right party. Apply

**ARTHUR C. WOOD,**  
Mt. Herbert  
2541-8-28-6i.

**Reduced Fares For Toronto Exhibition**

For the Canadian National Exhibition, Toronto, August 25th to Sept. 8th, reduced fares will prevail on the Canadian National Railways, particulars of which will be furnished by all Ticket Agents. The going dates will be from August 24th to September 7th and the return limit is Sept. 12th.

This is a splendid opportunity for those desiring a trip to Montreal and Toronto at a very pleasant time of year. The Toronto Exhibition is the largest annual fair in America, and this year there are many attractive features. Via the Ocean Limited and Maritime Express there is the finest rail service from all Maritime Province points, and the most convenient connections with the fast through trains of the Canadian National Railways between Montreal and Toronto. 2519-8-27-5i.

**Farmers Attention**

The Island Agency for MAGNET and MELOTTE SEPARATORS, also R. A. LISTER Co. complete line of ENGINES, LIGHTING PLANTS, etc. All sold with a lifetime guarantee. Full line of spare parts always on hand.

**A. WILLIAMSON**  
Cor. Great George and Kent Streets, Charlottetown  
2502-8-25-6i.

**Corns**

Just Say **Blue-jay**

The simplest way to end a corn is Blue-jay. Stops the pain instantly. Then the corn loosens and comes out made in clear liquid and in thin masters. The action is the same.

At your druggist

**NOTICE**

**CH'TOWN-PICTOU SERVICE**

S. S. Magdalene is now making daily return trips between this port and Pictou, leaving Bruce Stewart & Co.'s wharf at 7 a. m., leaving Pictou on return on the arrival of Sydney train, due there at 4 p. m. A limited number of fautos can be handled each trip.

**BRUCE STEWART & CO., LTD.**  
Agents  
Phone 828 or 773

**MONTAGUE HORSE RACES**  
Wednesday, August 29th

The following are the classes, and the horses entered in each.

220 TROT—PURSE \$300.00

KELTIE—John A. Murray, Clyde River.  
MARY PICKFORD—James Arbing, Charlottetown.  
CORYSET—P. S. Brown, Charlottetown.  
HARRY T.—John Rooney, Orwell Cove.  
GLENMORRA—D. A. McKinnon, Charlottetown.  
BRENTON H.—H. C. Hooper, Charlottetown.  
MAC TODD—Milton Brehaut, Charlottetown.  
KALOLA TODD—J. D. McKenzie, Montague.

240 TROT—PURSE \$300.00

DAPPER DAN—Leonard Wood, Southport.  
THE SCOUT—Alfred Webster, Marie  
STELLA TODD—H. A. Campbell, Charlottetown.  
NETTIE J.—Peter Jackman, Village Green.  
THE PUP—H. Kelly, Southport.  
BABY TODD—John McDonald, Southport.  
OUR PROPHET—W. T. Semple, Kensington.

225 PACE—PURSE \$300.00

HARRY GREEN—John McCabe, Iona.  
TODD E.—Garfield Gay, Orwell.

WAYOR S.—J. A. McKenzie, Casperaux.  
MAYOR M.—Leo Praught, Cherry Valley.  
NORTHERN LADY—J. H. McGregor, Montague.  
BABY AUBREY—Dr. J. D. McIntyre, Montague.  
BYRON BOY—J. K. Stanley, Charlottetown.  
PRINCE MAC—A. H. Burke, Southport.  
MISS LOUANDA—W. T. Semple, Kensington.  
HECTOR—Dr. J. D. McIntyre, Montague.  
NELLIE D.—C. E. White, Montague.

Some twenty six horses, can you pick a winner?

Special Train will leave Charlottetown about nine o'clock. Carrying horses as well as passengers. Return fare from Charlottetown two dollars other points at proportionate rates. Special will return after the Races. Cars will meet the Special and convey passengers to Race Track where you will get one of the best dinners in the Town. Meal Tables under the auspices of the Women's Institute and Community Welfare League, this means a great big square meal at a nominal price. Try it! You'll be satisfied.

Our Track was never in better condition, and with this large field of evenly matched horses, you are assured of a days real good old fashioned Horse Racing. Every one after the money. That's what makes the fun. Come and see.

ADMISSION—ADULTS 50c. CHILDREN 25c.  
T. G. IVES, Secretary

**Auction Sale**

OF HOUSEHOLD FURNITURE AND FURNISHINGS AT 106 UPPER PRINCE STREET, ON THURSDAY, 30th, AUGUST, 1923 COMMENCING AT 11 A. M. SHARP

Comprising 7 piece Haircloth covered Parlour Suite, Lounge, Rockers, Queen Anne Table, Dining Suite including Sideboard, Extension Table, China Closet, Chairs all in Oak, 3 Bedroom Sets, complete with Bureaus, Beds, Hercules Springs and sanitary Mattresses. Also Hallrack, Morris Chairs, Rugs, Rishes, Oilcloth, Singer Sewing Machine, Prince Highland Range and other useful Household effects. Everything in first class condition.

2517-8-27-4i. A. WILLIAMSON, Auctioneer

**EASTERN STEAMSHIP LINES, INC. INTERNATIONAL LINE**

Resumption of Freight and Passenger Service Between ST. JOHN AND BOSTON

S. S. GOVERNOR DINGLEY will leave St. John every Wednesday at 8 a. m. and every Saturday at 4 p. m. (Atlantic Time) for Boston. Wednesday trips are via Eastport and Lubec, due Boston about 11 a. m. Thursday.

Saturday trips are to Boston direct, due Sundays about 2 p. m. Saving Time for Eastport, Lubec and St. John.

RETURN—Leave Boston Mondays and Fridays at 10 a. m. (Daylight Saving Time) for Eastport, Lubec and St. John.

FARE \$10.00

At Boston connection is made via the Metropolitan Line express West.

For staterooms, rates and additional information apply to A. C. CURRIE, Agent St. John N. B.

**CANADIAN NATIONAL RAILWAYS**

**TORONTO EXHIBITION**  
August 25th to September 8th  
REDUCED FARES

Good going Aug. 24th to Sept. 7th  
Good returning up to Sept. 12th, 1923

For particulars of reduced fares and train services, apply to

W. K. ROGERS, or W. M. FLYNN,  
City Ticket Agent or Station Ticket Agent  
P. W. CLARKIN, District Passenger Agent

2518-8-27-5i.

**S. S. "MANOA"**

Passenger and Freight Steamer 8500 Tons Displacement

Leave Montreal for Ar. Charlottetown. Ar. Charlottetown  
Charlottetown & leave for St. John's & leave for Montreal

August 4	August 7	August 13
August 18	August 21	August 27
September 1	September 4	September 10
September 15	September 18	September 24

**CARVELL BROS.**  
Agents

**Many People Wonder**

why it is that glasses are worn more commonly in the present generation than in the past. Some say that the race is deteriorating, some that is for style, but the real reason is that our modern civilization requires the eye to do more work than was even the case before.

Consequently, the eyes, if in the least defective, may give you a lot of trouble, though in reality they are no worse than those of your grandfather who did not wear glasses till he was an old man.

If you feel the least symptom of eyestrain, remember that it is nature warning you and consult us at once.

**G. F. Hutcheson**  
Optometrist

**BAYER Photographer**

163 Great George Street

**Professional Cards**

**MacDonald & McPhee**  
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L. A. McDonald H. F. McPhee  
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Barristers, Attorney, Etc.  
Money to Loan  
Riley Building Charlottetown

**J. D. STEWART, K. C.**

Barrister and Solicitor, 84 Great George Street  
Solicitors for the Union Bank of Canada

**Dr. C. C. Archibald**

Graduate of N. Y. Post Graduate Medical School and Hospital Practice limited to Eye, Ear, Nose and Throat

Office Bayer Building, Great George Street, Opposite Guardian Office  
Telephone 850-J.  
Office Hours—9 to 12 a. m. 1 to 5

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Charlottetown, P. E. I.

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BARRISTER, SOLICITOR, ETC.  
Money to Loan  
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Pulmonary Tuberculosis Specialist  
120 Brighton Road, Charlottetown  
Gas Treatment in Selected Cases

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