

Woman's Realm Social and Personal Fashions Literature

SEISMOTITE OR SCRATCHY GRIT?

This test tells the difference between a little cleaner or a little cleaner of a back of a plate, rub with a coin and listen. If it's Old Dutch, you'll hear no scratching or grinding. For Old Dutch is made with Seismotite. But if it's a cleaner made with scratchy grit, you can hear the sharp particles grate and grind.



HERE'S THE TEST
that taught thousands
the difference between
OLD DUTCH
and scratchy cleansers

Practice safety first. Use Old Dutch for housecleaning as well as for every day cleaning. Ideal for cleaning pots and pans, bathroom and kitchen porcelain, painted walls and woodwork, windows and floors. Old Dutch doesn't scratch because IT'S MADE WITH SEISMOTITE.

\$150 Value for ONLY 60¢
and three Old Dutch labels

DON'T MISS THIS OFFER!

A Marvellous BARGAIN!
3 Wm. A. ROGERS TABLESPONS

The "Croydon" pattern is very smart. Wm. A. Rogers A-1 Quality Silverware with an overlay of pure silver at point of view. Made by Croydon, Ltd. Save your Old Dutch labels. Offer good only in Canada, expires December 31, 1940.

OLD DUTCH CLEANER, Dept. 3160
64 Mainway Ave., Toronto, Ont.

I am enclosing 3 different pictures from Old Dutch labels (or complete labels) and 3 for which please send me 3 Wm. A. Rogers Tablespoons. I am enclosing 3 different pictures from Old Dutch labels. Offer good only in Canada, expires December 31, 1940.

Name _____
Address _____
City _____ Province _____

THE COOK'S CORNER

COFFEE ECLAIRS

Pastry:
2 cups water
1 tablespoon sugar
1-2 teaspoon salt
1 cup unsalted butter
2 cups flour
6 eggs

Put water, sugar, salt and butter to boil. Add the flour and stir until stiff and smooth. Remove from the fire and add the eggs one at a time, beating thoroughly. Squeeze from a pastry bag to make 5-inch fingers on a baking sheet. Bake 15 minutes in a modern oven. Cool and fill with the following:

Filling:
1 cup milk
1-2 cup sugar
2 eggs
1-4 cup strong coffee

To make coffee for flavoring purposes use 3 heaping tablespoons ground coffee to 1 cup of water. To make the coffee filling, scald the milk and coffee together, mix the sugar and flour and add to the scalding mixture, stirring constantly until thick and smooth. Beat the eggs slightly, add a little of the hot mixture, blend and add to the remaining mixture. Cook for 2 minutes longer, stirring constantly. Cool slightly before using. Cover the tops of the eclairs with coffee frosting.

Temper Worst Fault in People
Dorothy Dix
Control Your Vile Actions

The Most Unpopular People in the World Are Those Who Are High-Tempered, For They Bring Only Grief to Those With Whom They Come in Contact

The queer thing about high-tempered people is that they think their victims should meekly submit to being abused and vilified. They feel themselves ill-used and persecuted when any one resents their insults. When they say unprovoked things to a friend, or stab those who love them to the heart by their cruel speeches, they consider that they wipe out all memory of their unkindness by saying that they didn't mean the things they said.

But that alibi is never really accepted by any one, for we all know that in anger, as in wine, the truth will out. The mean things that high-tempered people say to us when they have loosened every bond on their self-control are the expressions of their secret hatred and envy and vindictiveness that policy prevents them from uttering at other times.

Just why the high-tempered consider that they have some special privileges that entitles them to trample roughshod over the sensibilities of others and still be loved and cherished by those whom they revile in their tantrums, no one knows, but they do.

One husband who flies into rages with their wives and call them names they wouldn't dare to call any able-bodied man consider themselves grievously ill-used because their wives do not make household pets of them. Virago wives weep tears of self-pity because their husbands wander away from the homes they make a hair-trigger, and who men and women whose tempers are hung on a hair-trigger, and who can never get along with anybody, can't understand why they can never hold a job or succeed in any of their undertakings.

Apparently those who exercise no emotional control over themselves do not realize that nothing so quickly and surely kills love as a high temper, and nothing is such an insuperable bar to success. For we all instinctively avoid those who we know are going to hurt us or humiliate us and whom we have to handle with gloves for fear of rousing the demon in them.

No matter what other good qualities they may have, they do not atone for temper. If you doubt this statement, just consider how many wives and husbands you know who are neither beautiful nor brilliant nor go-getters nor good housekeepers, but who are adored by their mates just because they are gentle and pleasant to live with. And how many shiftless ne'er-do-wells we all help along just because they are so good-natured. There is nothing else on earth that pays such big dividends as amiability.

Concerning a high-tempered husband, a correspondent writes: "What is a wife to do with a husband whose temper is wrecking her life? I am married to a man whose favorite indoor sport is bawling out his mother and me. The better we try to treat him, the worse he gets. Nothing we do suits him, and he vents his displeasure upon us by giving us a verbal beating that leaves us as sore and bruised as if he had lashed us with a whip."

It has got so that we dread to hear him open the door at night, for it is the end of all peace in the house. Something is sure to rile him and then we are in for a scene that tears me to pieces. I am tired of being a whipping girl. I am sick with contempt for myself for being afraid of him; of always having to be hiding things from him and walking on eggs in his presence; palavering him to try to keep him from going into one of his rages. I have long ceased to care for him, so what shall I do?

"Of course, he has never supported me. I have always had to work, and most of the time to support him, because that sort of a man never keeps a job. Is there any chance of his reforming, or will he get worse as he gets older?"

I don't think there is one chance in a million of high-tempered people ever reforming, because they get a kick out of simply throwing off all restraint and going berserk, and because they expect us to take their insults, and like 'em.

Dear Miss Dix: I am engaged to a young man who, in my opinion, thinks too much about clothes. He himself is always dressed up to the minute and as neat as a pin. His suit is always pressed, his shoes shined, his tie just so and fresh-looking. Now this boy has only a moderate salary and I know that he doesn't intend many pleasures in order to be always well dressed. What do you think of a boy being so clothes-conscious as all that?

Answer:
Well, if I were a girl engaged to that kind of a boy, I would be getting ready to climb with him, for believe me, he is somewhere in the neighborhood. The dowdy and the slovenly sneer at clothes and say that you shouldn't judge a man by his coat, but I don't know anything that is surer than any one's character than the way they dress. Anyway, the outside of a stranger is all that we see and all we have to rate him by.

No doubt there is many a great brain under a hat that looks like something the cat brought in, and many a heart of gold beats under a greasy coat that has apparently been used as a soup strainer, but they don't get a chance to show what is in them if they make you feel like handling them with tongs instead of clasping them to your bosom.

Certainly a man's clothes are a pretty good index of what he is. If he isn't clean if his clothes are a pretty good index of what he is. If his clothes are ill-chosen and sweat at each other, he lacks judgment and taste. If he has on new clothes that are out of fashion, he doesn't keep up with the times. If his tie isn't well tied, he is no good at detail. And so on and so on. You can write your own ticket after one good look at a man and it won't be far wrong.

And it is the same way with women. A woman may get her religion from her church, her politics from her husband or father, her conversation from the Current Events club, but her clothes are her own. And any young man can make a pretty accurate guess as to what sort of a wife a girl will make by seeing how she dresses.

Dear Miss Dix: I have a question. My husband is a sloppy housekeeper. He dresses beyond her means, she will keep her husband in debt. If he shoes are run over at the heels, she is lazy and thriftless. If she dresses inappropriately and goes marketing in a chiffon, she lacks judgment and will never make a good manager.

But, on the contrary, if she is always spick-and-span and has on the right clothes for the right moment, and if she can look like a million dollars in a basement bargain, she will make the kind of wife whose price is above rubies.

DOROTHY DIX.

Going STRONG thanks to Shredded Wheat

CHILDREN enjoy crisp, golden-brown Shredded Wheat because it's 100% whole wheat. It's satisfying nourishment, delicious, convenient and economical too! Four favored food value features that please the family and help the homemaker. Serve Shredded Wheat out of the familiar package, every day, with milk or cream.

The Canadian Shredded Wheat Company, Ltd. Canada
Niagara Falls

12 big biscuits in every box

She Eats SHREDDED WHEAT
MADE IN CANADA - OF CANADIAN WHEAT




Simple Dishes Such As These To Be Served On Royal Train

Menus will be Definitely Canadian in Character—Some Typical Recipes by James P. Morgan, who will be Chef to Their Majesties.

Meals of simple character but as definitely Canadian as the season and circumstances will permit will be served to Their Majesties, King George VI and Queen Elizabeth, and the members of their entourage during their long train journey on this continent commencing on May 16. Catering arrangements throughout the Canadian tour and during the visit to the United States have been entrusted to the dining car department of the Canadian National Railway and Chef Instructor James P. Morgan of the National System has been selected as chef for Their Majesties. All of the meals served will be Canadian produce and Canadian dairy products will be used throughout. Canadian butter and cheese being well known to British consumers for their choice quality, though French and Swiss cheese will also be served. Maple sugar and maple syrup will at times be included in the menus.

One essentially Canadian feature will be Buffalo meat. The joints, after passing Government inspection will be carefully selected and properly hung so that they will be tender and juicy and of full flavor. The season of the year precludes game so that some items thoroughly in Canadian character will be missing. However, there will be ample supplies of choice domestic poultry, including the Brome Lesse ducks and ducklings. There will be a variety of fish from Canadian waters, both salt and fresh, including the delectable Winnipeg goldeye.

Menus will be planned every day and submitted for inspection. As approved or changed they will be prepared in the train kitchens under the supervision of Chef Morgan.

If you want the windows especially shiny, rub with tissue paper after cleaning.

How Can I ? ?
(By ANNE ASHLEY)

Q. How can I avoid having streaks when washing painted woodwork?
A. Wash just a small space of the painted woodwork at a time. Rub and wipe dry with a clean cloth. This will avoid streaks on the wood after the cleaning is finished.

Q. Should butter be kept covered when in the refrigerator?
A. Yes, if your butter dish does not have a cover, keep the butter in the carton in which it was purchased. The glass cardboard will prevent the odor and flavor of other foods from penetrating the butter.

Q. How can I remove chocolate or cocoa stains from a garment?
A. Use kerosene and cold water. Soak the garment in this solution for about a day.

TAKE THE "LEAD" FEELING OUT OF YOUR LEGS

Get More Oxygen in Your Blood and Get the Fat that Builds Up Your Body and the Fat that Builds Up Your Body and the Fat that Builds Up Your Body

People who smother to death because oxygen has been completely cut off from them, just as surely you are slowly smothering if your blood lacks red corpuscles. Red corpuscles are your oxygen carriers. They carry the oxygen you breathe in to every part of your system. Without enough oxygen-carrying power, your kidneys, liver, stomach and bowels slow down. Your skin gets pale, flabby, often itchy. You may become jittery—you feel quickly-fatigued.

What you need is Dr. Williams' Pink Pills. These world-famous pills help make more and better red corpuscles and thus increase the oxygen-carrying power of your blood. Get Dr. Williams' Pink Pills today at your druggist. See for yourself how quickly they may become jittery—you feel quickly-fatigued.

Dep. 1288, G. T. Putnam Co., Ltd.

YOUR INDIVIDUAL HOROSCOPE
By FRANCES DRAKE

Look in the section your birthday comes in, and find what your outlook is, according to the stars. (Copyright, 1939, King Features Syndicate Inc.)

For Friday, May 12

MARCH 21 to APRIL 20 (Aries) — Artistic matters, dealing in wearing apparel, accessories, perfumes, cosmetics, fancy food stuffs and advertising favored above building, manufacturing heavy machinery and starting new ventures; say today's aspects.

APRIL 21 to MAY 20 (Taurus) — Good, most favored list in A.M.; manufacturing, domestic work and other laborious tasks. Artistic things not so encouraged as they are in afternoon and evening. Gains

A Morning Smile

A widower going through his departed wife's possessions, decided to keep in her memory a hat she admired, and so placed it on a shelf. When a second wife departed this life, a second hat was placed alongside the first one. Time softened the losses, and in due time a third wife was installed in the home.

The husband was called upon to make an explanation. "That's all right," she replied "but the next hat that goes on that shelf will be a bowler."

through earnest efforts and attention to business.

MAY 21 to JUNE 21 (Gemini) — Minor matters, essential duties and familiar work more favored than undertaking new studies, especially if the latter carry added liabilities or expenses. Stay close to honesty and sincerity in all you do.

JUNE 22 to JULY 23 (Cancer) — If you keep looking up and beyond petty occurrences, the day's activities should move smoothly and in the right direction. Your attitude important. You hear before you speak, smile on you in love and bring friendship, social gains.

JULY 24 to AUGUST 23 (Leo) — Indifferent for expansive or speedy general way and especially if you persist in whatever you've undertaken. Don't make promises or sign agreements lightly. Go carefully, too, in spending and attaching responsibilities.

AUGUST 24 to SEPTEMBER 23 (Virgo) — Indicates benefits and gains in down-to-earth work and business projects, particularly if you keep pace with the needs of the day. Spend where it is necessary for improvements, advancement.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Don't invite disappointment by waiting for it. Plan your day carefully; push forward at every opportunity. Only minor hindrances show their heads and you can beat them by your splendid faith and capability.

OCTOBER 24 to NOVEMBER 23 (Scorpio) — Excellent rays. You should be able to sleep ahead in planning, getting new accounts and improving the quality of your work. A real work day; put your mind and heart back of your efforts.

NOVEMBER 24 to DECEMBER 23 (Sagittarius) — Good fortune possible, especially if you go carefully and intelligently about activities. Caution advised handling money, making investments. Be truthful, sincere.

DECEMBER 24 to JANUARY 21 (Capricorn) — Dealings with brokers, bankers, merchants, manufacturers, newspapers (especially in advertising), magazines, under beneficent vibrations. You working at trades should find the day responsive and fruitful, if you are conscientious.

JANUARY 22 to FEBRUARY 20 (Aquarius) — The Sun, Venus and Mercury in good aspects today favor all worthy activities, keen mental projects and your alert adherence to your particular duties. Be up and doing!

FEBRUARY 21 to MARCH 20 (Pisces) — Gains likely in affairs connected with the home, family or other personal issues. Important you keep an eye on advantageous openings for advancement. Keep pushing ahead determinedly.

A CHILD BORN TODAY will have remarkable quickness of perception, be idealistic and inclined to arrogance. Congenial surroundings will be a big factor in this tot's mental projects and your alert adherence to your particular duties. Be up and doing!

Modern Etiquette (By ROBERTA LEE)

Q. Should a girl secretary rise when her employer's wife enters his private office?
A. Yes, and leave the office if she thinks the wife wishes to talk privately, unless she is requested to remain.

Q. When eating a biscuit and jelly at the table, should the jelly be spread on the biscuit with the fork?
A. No; use the knife.

Q. What kind of gifts should be given to a couple on their 12th wedding anniversary?
A. This is the gold anniversary.

The Housewife And Her Activities

TIME

I would that time might pause a space
Since laughter's in the air,
Nor hurry on to ruddy trace
Deep lines in brows so fair.

But not a breath's space does it stay,
Just whispers, "Youth beware!
Soon that bright hair will change to grey,
Those fair cheeks line with care;

"So dance with joy through golden hours,
Too soon their beauty dies,
When you will tread the frosty bowers
Of age, that hold but sighs."

Time will not pause in making years
To merge with those now gone,
All soon are sleeping with life's
And time still hurries on.

Yet still I crave one golden hour
Might linger in my heart,
As does the fragrance of a flower,
When from it we depart.

Oh, Time! how youth deplores such haste,
Such haste of hours so glad;
Scarce of their sweetness do we taste,
Ere hearts grow old and sad.

—Anne Blundell Sims

Pithy Thoughts

Paint the shelves of the medicine cabinet with white paint then they are easily wiped out if any medicine is spilled.

If the knot is placed on the right side of the material under the button, the thread is less likely to become loose and the buttons to come off.

Pipe cleaners are convenient when cleaning out the tricky places in the sewing machine or typewriter. They are far-reaching and clean as they go.

Little woven circular mats are attractive to have around underneath the flower vases, and so practical, as the underneath surface is then protected from water.

SORE, STIFF MUSCLES
NEURALGIA, LUMBAGO, NEURITIS QUICKLY RELIEVED WITH

BUCKLEY'S STAINLESS WHITE RUB

TIMELY TIPS - FOR THE HOME SEWER

Slacks and shorts costumes with tailored shirt blouse, are summer favorites with big and little sister. The shorts and shirt costume have become almost a uniform with small girls. They just fairly live in them. Big sister finds the slacks and shirt costume such a comfortable smart outfit for the country, beach and suburban wear. They are made of all sorts of cottons as percale, broadcloth, denim, gingham, hopsacking, pique, men's shirting, shaatung, etc. They take so little time and effort to sew them... the price is so easy on your pocket-book. You'll want to sew several sets of each.

Style No. 2732 is designed for sizes 6, 8, 10, 12 and 14 years. Size 8 requires 1 1/8 yards of 39-inch material for blouse; 2 1/8 yards of 36-inch material for slacks; and 1 1/4 yards of 39-inch material for shorts.

Send fifteen cents in stamps (15¢ or coin preferred) wrap coin carefully, address to Charlottetown, P.E.I., Canada.

Style No. 2732-Size

Name _____

Street Address _____

City _____ Province _____

Household Scrapbook
(By ROBERTA LEE)

Rattling Windows
Golf (yes used as wedges will stop rattling windows. Split cloths also make effective wedges for this purpose.

DESIGN NO. 5007

Patriotism to the fore! Let your home reflect the topic of the year—the Royal Visit. What more appropriate for a cushion for that Chesterfield than the Lion and the Unicorn—Dieu et Mon Droit. Flags, Thistles, Fleur-de-Lys, Tudor Roses, in gay succession on guest towels, table runners, handkerchiefs, bridge cloths, etc. Pattern contains numerous other designs not shown above.

Pattern consists of transfers for stamping the design, and suggestion chart of colors, stitches, etc.

Send 20 cents, coin preferred to Charlottetown Guardian Pattern Department.

To Charlottetown Guardian
Design No. 5007
Name _____
Address _____

Sore Feet?
Why suffer with sore, tired, aching feet and swollen ankles, when a nightly massage with soothing, healing Zam-Buk will give you perfect foot comfort.

ZAM BUK

Be careful when you shop for baby's food

Your baby's welfare and happiness depend on the food you feed him. Don't gamble with his diet! Play safe by giving him foods of the same high quality you enjoy—Heinz Strained Foods. Soup, cereal, vegetables and fruits are all tops in quality; thoroughly cooked, perfectly strained, always uniform in both taste and texture, with high retention of vitamins. Babies love Heinz Strained Foods. Order from your dealer.

A helpful booklet "What Shall I Feed My Baby?" free. H. J. Heinz Co., Toronto.

HEINZ STRAINED FOODS
12 KINDS

HEINZ
STRAINED APPLES & APPLE SAUCE
7 VARIETIES

FIND OUT FOR YOURSELF WHY SO MANY WISE FOLKS HAVE CHANGED TO FEEN-A-MINT

The delicious Chewing Gum LAXATIVE