

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Anabelle Worthington



A jaunty red and white linen print that you'll find so useful for all-day occasions for mid-summer, can be copied for a very small amount. The becoming scarf collar of white linen accented with plain red gives it a sportive-air. Style No. 2961 affects Princess shaping through the moulded bodice and cleverly low placed fullness of the circular skirt. It can be had in sizes 16, 18 years, 20, 22, 24 and 26 inches bust. The medium size takes but 3/4 yards of 39-inch material with 1/2 yard of 35-inch contrasting for collar with 1/4 yard of 35-inch bias binding for skirt hem, cuffs and collar trim. Peach shantung with collar of self-fabric is chic. Shell pink flat washable crepe, yellow and white dotted pique, orchid and white printed batiste and Nile green silk shirting in candy stripe are attractive suggestions. Pattern price 15 cents in stamps or coin (coin preferred.) Be sure to fill in size of pattern. Address Pattern Department.

Form with fields for Name, Street Address, City, State, and Size.

Miss Bennett to Accompany Her Brother to Conference

Charming Sister of Prime Minister Describes Campaign as "Best Two Months of My Life", But Refuses to Take Any Credit for Victory of July 28.

OTTAWA, Aug. 7.—One of the easiest ways to rule a political speaker is to make fun of his speeches, but Ottawa now boasts a campaigner who does that very thing herself. This political anomaly is Miss Mildred Bennett. Conservatives can boast as they will that good policies carried their leader to the premier's chair of Canada, and who will deny it? But it was pure good luck that Hon. R. B. Bennett has such a charming young sister.

family. R. B. is the oldest. They were both born in the same house on the banks of the Miramichi River in New Brunswick. She was educated at Mount Allison University in Sackville, N. B. Mount Allison is one of the oldest educational institutions in Canada. Her mother and father were educated there. So were all the children except "Dick."

Appreciated Reception

"It was the best two months of my life," she told The Toronto Mail and Empire today. "I never enjoyed anything so much. Maybe it was the excitement of the election, but more especially, I think, it was the kind way that Dick and I were received all over the country."

She is much interested in European affairs, and, with her brother to guide her in what to read, she keeps well posted. She dreads talk of war. She remarked, with a shudder, about something she had read of European countries making preparations which could be interpreted as nothing else but preparations for an ultimate war.

How Do You Treat Your Husband? Dorothy Dix Urges Wives to Use Courtship Tactics

Do You Ever Stop to Ask Yourself, Madam Wife, Whether the Treatment You Accord Your Husband, Now That You Are Married, Agrees With What You Led Him to Expect Before Marriage?

Suppose, Madam Wife, you had treated your husband before marriage as you treat him now, do you think he would have ever popped the question to you? When you were trying to catch him you made yourself look as attractive as possible. You spent hours primping before he called and you wouldn't have dreamed of letting him see you without your complexion on and your hair done just so, and you were always as dainty and fresh and crisp looking as a French doll.



That was the kind of ravishing vision that he expected to gaze upon across the breakfast table. Do you think that he would ever have taken on your support if he had known that the woman he really would confront every morning would be a sloppy lady in a soiled house dress and down-at-heel slippers, who thought it too much trouble to fix herself up for a mere husband?

Before you were married you were so mild and amiable that butter wouldn't have melted in your mouth. You deferred sweetly to all of John's wishes and fell in with his plans, and he thought he was getting a regular yes-yesser for a wife.

Do you think he would have married you if you had had tantrums every time you were crossed and if you had even let him suspect that you had a temper concealed about your person that was liable to explode at any moment?

When you were fishing for your husband you baited your hook with flattery and you made him feel that whatever an unappreciative world might think about him, you considered him just about all right.

Do you think he would have married you if he had known that as soon as you got him home you would try to take him to pieces and make him all over again and that you would criticize everything about him, from the cut of his hair to the kind of shoes that he wore and censor his manners and his morals and his grammar and his pronunciation?

Before you were married you listened to his conversation with bated breath and laughed at his jokes and encored his good stories and begged him to tell over again those fascinating reminiscences about when he was a small, boy with green warts on his hands.

Do you think he would have married you if he had known that every time he started on a favorite anecdote you would say: "For heaven's sake, are you going to tell that old chestnut over again? I have heard it a million times, and when we go to the Jones' to dinner tonight, for pity's sake don't try to be funny."

Before you were married you were interested in your husband's hopes and ambitions and you would lend a willing ear while he discoursed about all the great things he was going to do, and you made him believe that you had faith in him and would be an inspiration to him.

Do you think he would have married you if he had known that you would yawn in his face every time he tried to talk to you about his business or career and that you would wet-blanket every plan by prophesying failure?

Before you were married you made your husband believe that he was your ideal and the one man you would have chosen if you had had the pick of the universe.

Do you think he would have married you if he had known that after marriage you would regard him as something that the cat brought in and that you would be continually contrasting him invidiously with other husbands and wondering why he couldn't make as much money as some other man did?

Before you were married you were a bright and cheerful companion with a peppy line of conversation.

Do you think your husband would have married you if he had known that you would degenerate into a whiner and complainer, who was always bemoaning her fate because she had to do housework and take care of babies and couldn't have as fine clothes and as grand a house and as beautiful jewels as rich women have?

Before you were married you used to read and keep up with things and you were interesting and companionable.

Do you think your husband would have married you if he had known that after marriage your conversational repertoire would range only from the kitchen to the nursery and back again and over the back fence?

Before you were married you were a good chum and added to the pleasure of every occasion by your presence. You apparently enjoyed the show the young man took you to and the restaurant you went to afterward for a bite. You praised his new car and the way he drove it and made him think how nice it would be always to have you along with him.

Do you think he would have married you if he had known that after marriage you would be a spoil-sport.

That every time he took you to the theatre you would want to know why he picked out that particular play and why he couldn't have got better seats and that in the midst of the most heart-rending passage you would demand to know if he had put out the cat.

That you would ruin every dinner by looking at the prices on the menu, and that you would drive him almost to committing murder every time you went riding by your back-seat chauffeur?

Before you were married you showed your husband appreciation. You made much of his gifts and attentions and let him see that you considered him the most generous and thoughtful man in the world and that you were lucky to have got him.

Do you think that he would have married you if he had known that after marriage you would take all of his labor and self-sacrifice as no more than your due and without so much as even a "thank you"?

Before marriage you were never weary of telling your husband how much you loved him.

Do you think that he would have married you if he had known that after the first baby came his nose would be put permanently out of joint and that he would exist thereafter not as a man, nor a lover, nor a husband, but merely as the children's father?

Some Basic Recipes for Salad Dressing

The purpose of salad dressing is to season and flavor the salad ingredients. To be at their best, salads must have suitable dressings, and there is such a variety that this does not present any difficulty even to the amateur cook. A few basic recipes may be used, and by the addition of various seasonings and condiments, many tasty and unusual dressings can be produced.

For those who do not like an oil dressing, a boiled dressing will be found suitable. This may be varied in the same way as an oil dressing. A jar of boiled salad dressing is one of the most useful articles to keep on hand, especially during the summer months. It is almost indispensable in making sandwiches, and with pickles, hicking and outings of all kinds, there are many calls for lunch and sandwiches to be made at a moment's notice. Cold baked beans, mashed, cold fish, mashed, chopped celery, minced cold meat, grated cheese; equal parts of grated cheese and finely-cut nuts or chopped olives; peanuts chopped and salted—these are a few of the things which may be used with salad dressing to make delicious sandwich fillings.

When eggs are scarce, boiled dressing may be thickened with mustard powder. This gives it a rich yellow tint. As the powder is sweetened, no sugar need be added. The vinegars may be varied. Cider, malt, white wine, and spiced vinegar from pickles may all be used, each giving a different flavor. The rich red vinegar from beet pickles will give it a rosy hue which is unusual. Lemon juice may be used in place of vinegar, if desired.

BOILED DRESSING: 4 tablespoonfuls of butter, 1 cupful milk, 1 teaspoonful mustard, 1-2 cupful vinegar, 3 eggs, 1 tablespoonful flour, 1 tablespoonful salt, 1 tablespoonful sugar. Melt butter in saucepan. Add flour and stir until smooth, but do not brown. Add milk; stir until it comes to a boil and place saucepan in a dish of hot water. Mix remaining dry ingredients and add to vinegar and eggs beaten well. Pour into saucepan and stir until like thick cream.

Thin with cream (sweet or sour), salad oil or whipped cream. Use on vegetable, meat and fish salads. CHANTILLY DRESSING: To 3-4 cup mayonnaise add 1-4 cupful whipped cream, 2 tablespoonful red jelly may be added, well blended. Used on fruit salads. CALIFORNIA DRESSING: To 1 cup mayonnaise add 1-4 cupful each of minced ripe and green olives.

ATWATER KENT USES RADIO FOR IMPORTANT BUSINESS ANNOUNCEMENT: A unique development in the use of radio as an aid to industry was given practical demonstration Tuesday evening, August 5, in a special Atwater Kent broadcast, over a network of fifty stations.

The occasion was the announcement of the company's new, "golden voiced" radio but the novel feature was that practically all of the thousands of Atwater Kent dealers heard the broadcast simultaneously over the new set, in eighty-seven different distributors' conventions throughout the United States Canada. Outstanding features of the new Atwater Kent radio—introduced as the radio with the "golden voice"—include the following, according to a announcement by Mr. Kent—Richer and clearer tone. A new and exclusive "quick-vision" dial. A new and improved electro-dynamic speaker. Tone control. Greater selectivity and distance. A complete new line of exclusive Atwater Kent cabinets, including one combination radio and phonograph.

In the announcement of the new radio, stress is laid on the quality and character of the tone of the instrument while the new dial is presented as an important and revolutionary improvement. The features are described as follows: "The improvements and refinements in the new Atwater Kent set make the name 'golden voice', a reality. Every sound that is broadcast comes in with infinite clarity, due to the extraordinary frequency range of the new circuit. The set gives an absolutely natural reproduction of every musical instrument and every human voice.

"The new quick-vision dial is a distinct innovation in appearance and mechanism. It is a wide, stationary, illuminated arc, above which moves a pointer when the station selector knob is operated. The dial is graduated in kilocycle channels so that each division represents a station. Large figures from 60 to 150 indicate a kilo-cycle range from 550 to 1,500 and every part of the tuning scale is plainly visible at all times. Behind the panel a compensation mechanism operates the pointer and automatically counteracts the tendency of the kilocycle scale to 'bunch' closely at one end. This makes the scale uniform and permits the operator to pick out any station as easily as he would tell time by looking at the clock.

"The new tone control provides four distinct shadings permitting emphasis of bass or treble at will. This presents obvious advantages. One is the fact that it permits the listener to strike his own balance between highs and lows and to adjust the tone to his individual taste. Static and other electrical disturbances may also be reduced through this device.

"The new cabinets are characterized by a general uniformity. They have been designed and built to Atwater Kent specifications under the company's supervision. The design, finish and dimensions are such that any of them blend harmoniously with any kind of furniture or decorative background."

"People used to say, 'Why, what a cross baby!' because I cried so often. That made me cry more, specially since I wasn't cross—only uncomfy! My skin chafed and it hurt me a lot—till Mother got a new powder for after my bath. I always liked to bathe, but I like it more now, for the new powder's lovely and soft, and Mother says my skin's just like a flower!"

Babies soon find out the difference between powders. An inferior powder means inferior talc, composed of sharp, irritating particles which distress the most well-behaved infant. Johnson's Baby Powder by contrast, brings instant relief—because it is made of the finest Italian talc, a light, flaky substance.

Johnson's Baby Powder CREAM and SOAP

Health Services of Canadian Medical Association

SLEEP AND REST: Good habits of sleep and rest play a large part in securing the healthy development of children. Very many children do not get sufficient rest and, as a result, they do not grow or gain in weight. In addition their appetites are poor, or they are irritable and cranky. Perhaps the most frequent cause of malnutrition in children is lack of sufficient rest.

The pre-school child suffers most in this way. He has reached an interesting age, and often he is allowed to remain up for the evening meal so that his father may play with him. Father most likely thinks that he is amusing the child, but it is really the child who is amusing Father. The child enjoys this play, but it makes him excited, and so he does not settle down to sleep readily when put to bed, with the result that his rest is disturbed.

The child of two and three years of age should be put to bed long before the family's evening meal. The child of four and five should go to bed right after the evening meal, and should not be stimulated by being played with just before his bed time.

We need never worry about a child's having too much sleep. Up to six years of age, the child should sleep for not less than twelve hours at night, and one or two hours in the afternoon. The night sleep should continue until the child wakes naturally. The child under six needs more rest than the school child, because he is more active and he is passing through a period when he is developing rapidly, both physically and mentally.

The afternoon rest should be continued. It is better that the child should sleep because sleep is the best form of rest. If he does not sleep, he should be told to lie quietly and rest, and he should not be fussed over for not going to sleep.

Mention should be made that the over-tired child is the one who, very often does not feel a bit sleepy. Parents may think, if the child says he is not sleepy and seems wide awake, that rest or sleep is not necessary. We would like to stress the fact that the underweight and so-called nervous children very often refuse to admit that they are tired.

Children are more active on some days than on others, and, therefore, they are not so tired on one day as on another. It is best, however, to have a regular bedtime for the child, because this makes it much easier for him to go to sleep. He should then be allowed to sleep until he wakes. In this way, he will get all the sleep he requires, which is, without question, what is most essential for his health and strength, but which, nevertheless, entails no expense.

Questions concerning Health addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

Little John was interested in the rafters on the sleeping porch. "What are those round things daddy?" he asked. "They are knot holes, son."

"Well if they're not holes what are they daddy?"—P. S., Sask. Teacher: "What do we see above us when we go out on a clear day?" Tommy: "We see the blue sky."

Teacher: "Correct. And what do we see above us on a rainy day?" Tommy: "An umbrella—H.M., Alta."

BLESSINGS OF INVENTIONS: George: "Mrs Jones, May I use your telephone?" Mrs. Jones: "Certainly, George. Is yours out of order?" George: "Well, not exactly, but Sis is using it to hold up the window man's cutting biscuits with the mouth piece, and the baby's cutting teeth or the cord."

Ladies and babies take my advice!



Johnson's Baby Powder CREAM and SOAP