

# Woman's Realm :- Social and Personal :- Fashions :- Literature

## What the Fashionable Are Wearing

### Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



3360

The chic femininity and girlish prettiness of this yellow and green printed rayon crepe, will instantly appeal to sophisticated miss of 8, 10, 12 and 14 years.

The flaring skirt shows soft gathering at front, and slight dipping at either side. A crushed girde marks the normal waistline and ties in youthful bow at side.

The simple bodice is sleeveless. The caplet collar of plain yellow crepe is most unusual, opened at front displaying round neckline. An applied band of the printed crepe provides smart trim.

Style No. 3360 is very effective for parties made of pale blue georgette crepe with collar finished with picot edge.

Navy blue wool crepe with vivid red trim on collar is practical for now and early Spring.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Fashion

Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

No. 3360. Size .....  
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### Etiquette

By Roberta Lee

Q. Should a girl wear mourning for her fiance?

A. She may if she particularly wants to, but it is not a general custom.

Q. How can the habit of making people wait be prevented in adults?

A. The best way is to teach the children to come promptly to meals, be on time in school every day, and to obey orders promptly.

Q. Should toothpicks be used at the table?

A. One should never use a toothpick in the presence of others.

### Character Close-Ups

**LIPS OF THIS TYPE ARE FOUND ON MEN WHO MAKE GOOD LOVERS OF THE CAME MAN TYPE**



## Morning Noon and Night Refreshing KING COLE TEA



### Household Hints

By Roberta Lee

#### Fine Lace

Clean fine lace by spreading it out on clean white paper and covering with calcined magnesia. Place another paper over it and place between the leaves of a book. Leave for about three days, then shake out the powder.

#### Trees

Plant young cedar and pine trees in the springtime, though the older stock can be successfully transplanted during the summer and early fall.

#### Milk

Add a pinch of baking soda when boiling milk to keep it from curdling.

Noiseless typewriters have appeared in British Malaya.

New South Wales, Australia, is having many industrial amalgamations.

Two of every three automobiles in Ceylon are from America.

## Dorothy Dix

### "I Think That Easy Divorce in the End Would Stop Divorce, for the Only Way in Which We Can Keep Men and Women From Getting Divorces," Says Dorothy Dix

A correspondent asks: "In your opinion would it increase divorce or lessen it if divorce was made easier?" Both. I think that if it was as easy to break out of marriage as it is to get into it that, at first, there would be a regular stampede to the divorce bargain counter. But I also believe that in the end easy divorce would stabilize marriage and do more than any one thing toward stopping the breaking up of homes. This sounds contradictory, but so is human nature, and somehow marriage seems to bring out the human nature in people as a hot poultice brings out the measles. Husbands and wives don't think and reason about each other. They just feel. They don't use their intelligence in dealing with each other. They use their emotions and whether a couple get along together or not doesn't depend on what they do or leave undone. It is altogether a matter of whether they just lose their taste for each other or not.

So in dealing with the divorce problem we are dealing with human nature in the raw, and one of its primitive instincts is to be always dissatisfied with what it has and crave the thing that is just beyond its reach. It is always the next held that is greener. The street beyond that is more glittering. The other fellow's job that is easier. The other woman's diamond that is bigger and brighter.

Undoubtedly the reason that so many husbands and wives are always in their secret hearts, pricing tickets to Reno is because they know that they will never get there. It is their Carcassonne. It is the unattainable and, therefore, the thing of their desires, but if they knew that they could pack their bags and go there on a cheap excursion any day, its glamour would be gone. If divorce was a thing they could either take or leave, they would mostly leave it.

Another basic human impulse is the resentment we all feel at being bound, no matter if we have snapped our fingers on our own wrists. Just the knowledge that we are not free throws us into a blind panic. If you made a jail as luxurious as the Ritz, freezing and starving men would still risk their lives to keep out of it.

The thing that kills live's young dream and casts a gloom over matrimony for so many people is its permanency. It is the unkill-death-do-not-part feeling that becomes unendurable. It is the knowledge that they are tied to each other as long as they live that makes husbands and wives fight like Kilkenny cats. It is the knowledge that they have to look at each other every day and listen to each other for years and years and years that makes them get on each other's nerves.

It is because divorce seems to them like an emancipation proclamation, setting a slave free, because it is a breaking down of their prison walls that it looks so good to them, but it would lose most of its attraction if they knew there wasn't any prohibitive price tag on freedom. Lock and bar the home door and men and women will fight to get out of it. Leave it on the latch and they are content to sit by their own fireside.

As I said, if you made decrees absolute as cheap and as easy to get as marriage licenses, it is probable that at first the divorce court doors would be stormed by all the couples who have made a mess of their marriages and who have been thinking that they would pass into a state of perfect bliss if they were only rid of each other. But they would find that if their marriages have been disappointments, their divorces are blights and their last estate is worse than the first.

For they would find out that loneliness is as hard to bear as grouchiness or nagging; that those who have been accustomed to a home are forlorn and lost without it; that vamps and sheiks are just as hard to get along with as wives and husbands; that empty arms yearn for little children and that no sophistries stifle the voice of conscience that upbraids one for half orphaning a child.

And, strangely enough, I think that easy divorce would make better husbands and wives. I think that the fact that men and women know that their partners are bound by a contract that they cannot break without scandal and heavy expense makes them take liberties with matrimony.

A woman knows, for instance, that she cannot lose out as a wife unless she commits some outbreking sin and so she lies down on her job, so to speak. She may be too lazy to make her husband a comfortable home. She may refuse to bear children. She may ruin him with her extravagance or make his life a hell on earth with her temper. But if she knew that she held her job on sufferance and that her husband could divorce her if she didn't give satisfaction, she would be breaking her neck all of the time to please him.

And the same way with men. No man says the things to his cracker-jack secretary that he says to his wife. It is because his wife has to stick it that he vents on her all of the ill nature that he dares not show the balance of the world, but far different would it be if wife could give notice and quit if she was not treated with courtesy and consideration.

So that is why I think that easy divorce in the end would stop divorce. For the only way in which we can keep men and women from getting divorces is to keep them from wanting divorces.

### Milady Beautiful

By Lela Loda



#### UPPER ARMS AND SHOULDERS

The upper arm underneath from the armpit to the elbow is a spot where undesired fat and flabby muscles so often spoil an otherwise shapely white arm. Arms that are too plump can soon be molded and re-

duced to graceful contours by regular daily exercise and massage. The flabby underarm muscle often accompanies flabby shoulder and chest muscles, so that more than merely arm exercises are necessary to remedy this beauty problem. Correct posture must also be practiced regularly when sitting, standing or walking.

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ments, shaking, and tensing of the muscles.  
Exercise (1). Stand erect, allowing the arms to hang loosely at the sides, and shake them vigorously from the shoulders to the fingertips, relaxing every muscle. After a thorough shaking, clench the fists and, flexing the muscles of the arms, bring the hands with the fists still clenched, close to the shoulders. Count ten. Stretch the arms straight out at the sides, on a level with the shoulders, and bring the fists back to the shoulders by bending the elbows. Repeat from fifteen to twenty times morning and evening.

Exercise (2). Stand erect with both arms stretched over your head, palms facing. Bring the forearms down briskly, elbows bent upward close to the face. Now touch the shoulder blades with your fingertips, until you feel the flabby muscles underneath the upper arms pull taut. Repeat fifteen to twenty times morning and evening.

Exercise (3). Women with flabby arms often find that an ugly little lump of fat forms on the back, just between the shoulder blades. To remove it stretch the arms out straight on either side, on a level with the shoulders, and then swing them round and round with a rotary movement, just as if turning a skipping rope, and keeping the shoulders well back all the time. Repeat twenty to thirty times as though you were skipping forward and the same number of times reversing the arm position as though you were skipping backward. Then swing the arms windmill fashion, taking the right arm forward and the left arm backward, and vice versa. Repeat twenty times, reversing the arm position by taking the right arm backward and the left arm forward.

Exercise (4). Grasp the ends of a medium-sized Turkish towel with the hands, arms down in front. Now swing the towel over the head, bring the arms down over the shoulders at the back, finishing with the hands and folded towel behind the lower

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Ziegfeld Chorus (right) All New York musical shows use Lux to double the life of stockings, whether they cost \$25 or \$1.50 a pair.

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### For The Cook

#### APPLE CHICKEN SALAD

Scoop the centres from large apples. Fill with cold, cooked chicken minced fine, and seasoned with fresh minced sweet green peppers and salt; moisten with cream. Place apples in a stoneware and cook until almost tender. Chill, serve on lettuce with hot dressed dressing. Cold, fried apples also good for this salad.



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