

Woman's Realm/Social and Personal/Fashions/Literature

Living & Leisure THE WOMAN'S REALM

Who has not found the heaven below
Will fall of it above.
God's residence is next to mine,
His furniture is love.
—Emily Dickinson

Sewing Velvet

Stitching up a velvet party dress challenges a seamstress' skill but a few tricks from sewing center experts simplify the task. Cut velvet, advise the experts so that nap runs in the same direction. Use a fine needle in your sewing machine and lengthen the stitch. Don't make deep hems or double velvet since this will cause fabric to stick. Use taffeta or organdy for lining.

About Perfume

To make perfume last longer stop perfuming your skin with it. Every time skin gets washed, you lose your perfume. But if you will scent cotton pellets and tuck them inside your clothes, the same dabs of perfume can be continued in service as long as there is a fragrant whiff.

AGE TELLS TALES IN FLABBY ARMS

Arms can be as age-revealing as hands. As we grow older, upper arms have a tendency to become soft and flabby. This hammock of flesh that appears from elbow to shoulder is usually a sign that muscles have weakened from insufficient use. A sudden loss of weight may also cause flesh to sag in this area. To combat flabbiness, here are two exercises aimed at firming them up.

Modern Etiquette

Q. Is a host or hostess ever justified in abruptly changing the subject of conversation among guests?
A. Yes, when an argument seems imminent, or it is evident that the subject is extremely distasteful to any of the guests.
Q. How long after the death of a friend should one send a card of condolence to the family?
A. Wait at least a week before sending the card or letter of sympathy.
Q. When a guest is staying overnight, whose place is it to suggest retiring, the guest or the hostess?
A. The hostess has this privilege.

Morning Smile

VERY THOUGHTFUL
An Aberdonian on a visit to a friend in London overstayed his welcome. It was getting toward Christmas and his host thought a kindly hint would have the desired result.
"Don't you think," he said, "that your wife and family will want you to be with them at Christmas?"
"Mon," replied the Aberdonian, "I believe you're right. It's rare to hear of you. I'll send for them."
The absent-minded vicar strolled towards the village station, where the local train had steamed up, ready to depart. A shout came from the platform:
"Run, sir, run!"
The vicar broke into a trot and arrived perspiring, to be hustled into the coach. The whistle blew, and as the train gathered speed out of the station, the vicar settled himself comfortably in his seat.
"I was lucky to catch it," he said with relief to a fellow-passenger. When a startled look came on his face, "Good gracious," he exclaimed, "I don't want to go anywhere. I came down to invite the station-master to tea!"

Sir Alexander Objects



Screen Actress Loretta Young, left, is engaged in an international disagreement with British tourist board executive Sir Alexander Maxwell. The Hollywood star, recently returned from England, refuses to retract her statement that Britain is near starvation. Sir Alexander replied Miss Young is talking through her bonnet and demanded a retraction as her words hurt his tourist trade.

ly as you can.
For the second exercise, stand with arms down at sides. Now go into a brisk routine of swinging arms over head and clapping hands together. Then let arms drop. Use deadweights to shoulder level bend elbow and touch shoulder with your fingertips. Relax by dropping arms down to sides. Do this 10 times at first and daily increase the count.

New Mining Town

Beauty will have priority in the new town that is being planned in Britain, especially for miners and their families. Britain's Minister of Town and Country Planning, Lewis Silkin, has earmarked a 2,350 acre site at Easington, in the north-east of England for a town which will have a population of around 30,000 drawn mainly from families living in congested settlements near the pit heads. In this first clean, well-laid out and fully equipped mining town, there will be work for the miners' wives and daughters. The town will be the recreational and shopping centre for the whole district.

IT'S NOT CO-INCIDENCE ABOUT WEDDED HAPPINESS

A man and wife who recently celebrated their 75th wedding anniversary were asked, in customary fashion, to give rules for a happy and successful marriage. The husband said, "I always told her the truth about everything. Each of us knew we could always count on the other to carry his part of the load."
The wife said, among other things, "I always got up in the morning and cooked my husband a good breakfast."
The surprising thing about these "recipes for a happy marriage," that old folks give when interviewed on a wedding anniversary, is how much alike they are.

Almost always they list a few simple-sounding rules. In fact, they sound too simple to be impressive. There's nothing new about them, nothing glamorous, nothing startling.
But they should be impressive for one reason — they were tried and proven. They worked.
And a young couple, just starting a marriage, could do far worse than to follow some of the simple sounding rules.

There were two in the list mentioned that would do a great deal to make any marriage successful. Tell each other the truth, and each carry his part of the load.
That may not be a glamorous recipe for a happy marriage. But it's a wholesome one.

Cook's Corner

DEEP-DISH APPLE PIE
6 cups pared, sliced apples
1 to 1 1/2 cups sugar
1 teaspoon cinnamon or
1/4 teaspoon nutmeg
1/4 teaspoon salt
2 tablespoons butter
1/2 recipe standard pastry
Arrange layers of apples covered with sugar, cinnamon or nutmeg, and salt in shallow baking dish or deep pie pan, and dot with butter. Roll pastry lightly to 1/4 inch thickness and about 1 inch larger than the dish. Fold and cut several slits with scissors. Place pastry over dish, unfold, and trim edge. Turn under, pressing down on moistened edge of dish. Bake in moderately hot oven (425 degrees F) 35 to 45 minutes. Yield: 6 liberal servings.

DOUBLE THE WEAR

LONDON — (CP) — The uniforms of London Transport's 46,000 drivers, conductors and conductresses must last a year instead of the usual six months. Shortages of cloth is causing delays in delivery.

COMFORTABLE SLIPPERS

Q. How can I treat a vase that has an uneven bottom and scratches the furniture?
A. Cut a piece of felt from an old hat or house slipper and paste it on the bottom of the vase. A thick piece of blotting paper will serve the purpose if no felt is available.
Q. How can I make an ash stain?
A. Mix 1 quart of boiled lard, 1 quart of turpentine, 1 pint of whitening, and 1 level tablespoonful of raw sienna.
Q. How can I keep the crust of rolls and bread smooth and tender when baking?
A. Place a saucupan of boiling water in the oven when baking. The steam will keep the crust smooth and tender.

HOT COCOA FOR 100

Three cups cocoa (1/2 lb), 3 cups sugar, 1/4 teaspoon salt, 6 quarts boiling water, 10 quarts scalded milk, 100 marshmallows (2 lbs). Method: Mix cocoa, sugar and salt; add to boiling water and boil 5 minutes. Roll marshmallows in cocoa mixture and heat with wire whisk until frothy. Put a marshmallow in each cup.

That Body Of Yours

By James W. Barton, M. D.

CANCER PREVENTION AND DETECTION CLINIC

An X-ray examination of the chest of employees of industrial organizations and an invitation to the citizens of large communities to obtain an X-ray chest examination free at general hospitals and tuberculosis institutions, have proved of great value in getting active cases of tuberculosis under supervision and away from families and fellow workers.

We are familiar also with arthritis clinics where the latest methods of treating this old disease are in daily use.
Heart clinics have been established in practically every hospital, and heart patients now are able to live many years by following instructions obtained at these clinics.

Today cancer is claiming so many men and women in the prime of life that some health departments are conducting a mass survey of all men and women of the community who are of the cancer age. This means that every healthy man and woman, not just those suspected of having cancer, would be given a thorough examination in an effort to locate the earliest possible signs or symptoms of cancer. When it is definitely known that 1 woman in 20 beyond 40 years of age and that 1 of 12 men past 50 years will die of cancer of the stomach, it certainly would be worth-while for all men and women to be examined for cancer of the stomach and other organs of the body.

In the "Journal of the American Medical Association," Dr. Leonard B. Goldman, Long Island, N. Y., describes the Cancer Prevention and Detection Clinic of Queens General Hospital. He points out that the public, due to the effective educational campaign of the American Cancer Society, has been taught to seek medical advice at an early date and now is prepared for a preventive type of cancer control. The average family physician is not equipped to locate early cancer in apparently healthy men and women, and he already is busy looking after the sick. The clinic, however, is equipped to make the routine tests by examination under a microscope of a small piece of tissue taken from any growth, gives laboratory tests, has social service, and can follow up patients in the home.

CANCER: ITS SYMPTOMS AND TREATMENT

We never should forget that cancer is curable if discovered early. Send today for Dr. Barton's informative booklet entitled "Cancer: Its Symptoms and Treatment." To obtain it just enclose 10 cents and a routine test by examination under a microscope of a small piece of tissue taken from any growth, gives laboratory tests, has social service, and can follow up patients in the home.

STAY-AT-HOME DOES FAMILY INJUSTICE

Furthermore, the woman who stays put in her own house and has no social contacts does her husband and children a great injustice because she does not make for them a place in the sun they have a right to expect her to make. A popular wife is one of the best business assets a man can have. And a mother who has kept her friends and her place in society can open the right doors for her children when they are grown.
The woman who counts it unto herself for righteousness because she has narrowed her interests down to the four walls of her home, and who boasts that she never goes anywhere and has given up all of her old friends, makes a fatal mistake. The wise wife is the one who lives as full and broad a life as she can.

DEAR MISS DIX: How much should a married girl tell her mother about her husband?

ELIZABETH H.
ANSWER: I think a wife is guilty of a great disloyalty to her husband when she tells her mother of her husband's little faults and weaknesses, or any of his personal peculiarities that she discovers in the intimacy of married life. These should be sacred to her, and if she really loves her husband she will view these with a tender forgiveness just because they are his.
A wife should give her husband a square deal and treat him as she would like to be treated. She knows very well it would make her furious if her husband discussed her with his mother. Nor should a wife (Continued on Page 3)

How Can I!!!

By Anne Ashley

Better English

D. C. Williams

ANSWERS

1. Say, "I think he will not come." 2. Pronounce kod-1-ill, as in rod, both 's' as in it, accent first syllable. 3. Accoutred. 4. To regard with respect, or with admiration and deference. "I venerate the man whose heart is warm."—Cowper. 5. Ratify.

Biscuits that "Click" with the whole family

Magic's Orange-Raisin Biscuits
3 cups sifted flour
4 teaspoons Magic Baking Powder
1/2 cup sugar
2 eggs, sugar
4 eggs, shortening
1/4 cup raisins
1/4 cup orange rind
1 egg
1/4 cup milk

Sift dry ingredients together. Cut in shortening until well mixed. Add raisins and orange rind. Beat egg slightly in measuring cup and add milk to make 1/4 cup. Add to first mixture. Roll out about 1/4-inch thick; cut with floured biscuit cutter; place on greased pan. Bake in hot oven (475° F.) about 12 minutes. Makes 16.



Off-duty Fireman Fred Guest was on his way home when he saw blazes. He roused Peter and Patsy Dennis, 11 and nine, who ran barefoot in the snow to neighbor's home.

Dorothy Dix Says—

Overly Devoted Wife, Mother

Woman Makes Mistake in Giving Up Life Outside Home Environment

DEAR MISS DIX: I have a sister who is married to a fine man. She has a beautiful home and two lovely children. She devotes her entire time to her family. Goes nowhere. Has no friends. And she claims that the ideal mother should have no interests outside of her home. That her husband and children should fill her life completely. Don't you think she is wrong about this?
SISTER.



ANSWER: Yes. I think your sister will find out to her sorrow when her children grow up and leave her. She will be a lucky woman if she ever saw the scholars gather along the wintry roads to their classrooms. As I had seen those that attend ours, went ways one day not long ago as I awaited a car at the corner. Warm and gay in winter wrappings, school bags swinging from a shoulder, small and older made their ways to the school down the river road. Externally kind and good are those which attend, or it might be that we are inclined to be partial when remembering them. Where in bygone years many wended eager or lagging steps thither, now the number is down to that of a sizable family. Definitely more is learned in a school room than just "book-learning." Here it is to an extent little realized, habits in deportment and manners are established and ideals are formed to enable or hasten one through a life-time of years. And as I saw the scholars from the community gather to classes, my recollections went back to view the first school in my memory and bridged the years between.

For what bright careers it may be the teachers' privilege to set the mould. And with what eminent folk-to-be pupils unwittingly neighbor. Though at the time one might never dream it. Even if he be a young man, may not set or look a distance into the future. But looking back one can easily see how this or that one out of the old class—or school—was so successful in his or her chosen profession. I was reading of such a one today, in a letter which reached me from a distance — one from whom we often begged harvest apples: "Saps o' Wine and Astrachans—and studied and yarned and laughed with light o' heart 'in days when the earth was young." And Jock came in to my office-of-sorts.

"Reading?" he asked. I nodded. Then stopped my reading to tell him—this time of an eminent clergyman. He listened with respect though his mind might have been wandering. "I suppose he's an old fellow now?" he said. "Oh no!" I replied. "At least not much older than I—or your father." And Jock smiled indulgently. "Well," he remarked slowly, "I suppose like Pat would say: 'That's 'creepin' along' now." "Yes," I admitted, though still recalling only young faces out of the old days, "that would be 'creepin' along' now." In one's mind classmates have a nice way of never growing old.

And the pudding was quite tasteful when it came delicately brown to the table, but whether the making of such is a save or a waste is still a moot question to me.
Until tomorrow - Diary - Good-night.

FOUNDED IN 1878

The Royal Opera House in Stockholm was founded in 1878 by King Gustaf III, but was replaced by the present one in 1880.

BABY'S COLDS

Without money back without a cough
LUB ON VICKS

Ellen's Diary

By an Island Farmer's Wife

"Isn't it strange, Ellen," James has remarked more than once to me, "that even a word will bring back to one's mind!" And immediately he will go on to prove the assertion. It was not a spoken word, however, but the clock striking an hour that brought certain recollections back to me this morning. I was mixing a desert at the time, for dinner it was to be, and wondering a little as I crumbled the crusts of bread and bits of stale cake if by combining these with milk and eggs, with sugar and raisins and spices (James likes a dusting of nutmeg on top) I were actually effecting a saving in making use of the discards or would it have been as well to throw them to Pard or the fowls and save "the new wine" I was about to put in with the old.

Though Pard is quite energetic, the food would certainly have given him added strength to answer James' call at cattle-watering time. And I suppose, though only an educated guess, that those lines could figure out the exact time of it, there would likely be an increase in egg production if bestowed on the fowls. When I chanced to mention this to James he laughed and said: "I reckon a few crusts more wouldn't encourage our hens to over-do in regard to production!"—And as I added the raisins at last to the mixture, being careful to save a few for any small visitors and sending only the rest to the fowls, I was nearer the answer to my question after several decades of house-keeping than at the beginning of it, the clock rang an hour and something else came to mind.

School-time had come! I thought then of the schools set at Island cross-roads or snug in a village or perhaps as a well remembered one, a-top a hill this representative of the heights of knowledge one would climb and the toilsome mount thereof. And in fancy I saw the scholars gather along the wintry roads to their classrooms. As I had seen those that attend ours, went ways one day not long ago as I awaited a car at the corner. Warm and gay in winter wrappings, school bags swinging from a shoulder, small and older made their ways to the school down the river road. Externally kind and good are those which attend, or it might be that we are inclined to be partial when remembering them. Where in bygone years many wended eager or lagging steps thither, now the number is down to that of a sizable family. Definitely more is learned in a school room than just "book-learning." Here it is to an extent little realized, habits in deportment and manners are established and ideals are formed to enable or hasten one through a life-time of years. And as I saw the scholars from the community gather to classes, my recollections went back to view the first school in my memory and bridged the years between.

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BABY'S COLDS

Without money back without a cough
LUB ON VICKS

GOOD BREAD
That low cost, nourishing food helps balance the Family Budget.
"Always Good"
Eastern Bakeries
BUTTERNUT BREAD

The Stars Say--
By Genevieve Kemble
For Thursday, February 5

AN exceptionally important and possibly thrilling day is likely, in which dubious, complicated and dramatic events or ventures gain by patient, persistent, shrewd and far-seeing vision, in which well-organized plans and procedures may negative certain difficult and critical situations. While ambitions are high and the impetus to go far is quickened, yet unforeseen contingencies or disintegration must be reckoned with and met astutely. These may involve personal relations, in which all manner of domestic, sentimental or even romantic interests have reaction on practical plans and business affairs complicating and confounding. A strict and practical course may win out.

If It Is Your Birthday
Those whose birthday it is, may pull difficult situations from dubious, thwarting and upsetting complications by a strict attention to the more matter-of-fact and enduring objectives, drawn from rigid and demanding constructive programs by the lure of exceptional factors or events, in which personal, sentimental or domestic afflictions may have power to undermine or disrupt long-term values. A sudden event, a dramatic gesture, or strange intervention might lure from "straight and narrow" considerations for a sudden and unpredictable journey into fresh fields or by paths of high adventure or romance, with dire reaction on funds and more urgent objectives. The choice may be difficult and disconcerting.
A child born on this day may possess a rich endowment of skills, qualities and inclinations, or working dramatically "at sixes and sevens."

Needlecrafts FOR THE HOME

BALLERINA STYLE
Have the new look... in this billowing ballerina skirt... soft mannered shirtwaist blouse that wears ripples of frothy ruffling on the collar and little sleeve cuffs. (Two separate patterns.)
No. 2390, the blouse, is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, and 44. Size 36 requires 2 1/2 yards 39-inch.
No. 2391, the skirt, is cut in waist sizes 24, 26, 28, 30, 32 and 34. Size 28 requires 2 1/2 yards 39 inch in the ballerina length; 2 1/4 yards 38-inch in a shorter length.
Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.
Address Pattern Department The Charlottetown Guardian Pattern Nos. 2390 and 2391
Name _____
Address _____
City _____ Province _____

Wife of Canada's Air Ace Seeks Divorce

Diana Eve Whittall Beurling, wife of George "Buss" Beurling, Canada's top-scoring fighter ace of World War II, has petitioned parliament for a divorce. Mrs. Beurling is a stenographer, now living in Westmount, Que., formerly a resident of Vancouver. With a score of 31 German and Italian aircraft destroyed, Beurling was the deadliest of Canadian fighter pilots and a master of deflection shooting. Mrs. Beurling's divorce petition, which must be approved by parliament because she is a resident of Quebec, was entered last June. Evidence will be heard by a Senate committee and the petition must then be passed by both Houses.