Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

The Woman's Realm

I wonder if ever a song was sung
but the singer's heart sang
sweeter!
I wonder if ever a rhyme was rung
but the thought surpassed
the meter!
I wonder if ever a sculptor wrought
till the cold stone echoed his
ardent thought!
Or, if ever a painter with light
and shade the dream of his
inmost heart portrayed!
—James C. Harvey.

FOUR SHADES

The hardships of the second front have already opened on British women's hose. Due to coming action there will be no new, exotic stocking colours for spring. An official of the British Colour Council has stated: "Due to pending big military operations the authorities cannot grant stocking manufacturers extra fuel which would be needed for the blending of new dyes. The four shades, with the service colours, now manufactured will have to remain."

SUITS OF COTTON

Summer suits and two-piece dresses are of sturdy material, ticking, heavy ginghams, percale, chambray, butcher linen, butcher cottons, heavy seer-sucker and other materials that give good wear. In neat patterns, stripes, checks and tiny plaids, they fill their role of serviceable adjunct to the wardrobe. They are wearable anywhere from the office to church on Sunday.

CHART - MINDED HOUSEWIVES

Meat chart - minded housewives are careful when choosing cuts of beef, lamb and veal not to pay more than the legal ceiling set forth on the charts. When charts are not in full view, the shopper can always ask to have them put where she can see them.

DATE WITH SKIRT

They're telling the story of the American pilot who was forced to parachute to safety on an isolated farm in occupied France He pleaded with the elderly woman at the farm house to hide him until he could escape the avenging Nazis. "All right," she consented, "dress up in these girl's clothes and work out in the fields." For weeks, in his feminine disguise, he worked along with the other women until one day, noticing one far more attractive than the rest he whispered: "Listen, honey, how about a date after work?" Whereupon the soft answer came back in hoarse British accents: "I'd love to girlie—I've been here since Dunkirk!"

HIGH STYLES IN WORK SHIRTS

The new wartime fashions show that top hats have been replaced by tin helmets and the dress shirt has bowed out for the work shirt. With so many more people, men and women alike, buying work shirts, it's important to watch for the following details when shopping:

Fullness of cut should be assured before a work shirt is bought. Some work shirts are skimped in the neck, chest and sleeves.

Work shirt weaves should be close and even. This can be ascertained if the shirt is held up to the light.

EXPERIMENTING

Research is being carried on in London into the properties of a new drug, pethidine, as a reliever of pain in childbirth. Two London hospitals have been experimenting with the drug, which was first used in battle casualties. Writing in the British Medical Journal, Dr. Bedilia Gallen states that of 100 patients on whom the drug was used many actually slept during the period before the child was born. Of the babies, 91 were normal and active at birth, the rest responded to stimulations within 20 to 30 minutes.

A Morning Smile

A young lady, with a touch of hay fever, took with her to a dinner party two handkerchiefs, one of which she stuck in her bosom. At dinner she began rummaging to right and left in her bosom for the fresh handkerchief. Engrossed in her search, she suddenly realized that conversation had ceased and people were watching her, fascinated.

In confusion, she murmured "I know I had two when I came."

A famous and beautiful actress at a dinner party was placed beside a visiting African potentate. She exerted herself to the utmost to entertain her dusky partner. At the close of the dinner he sighed and said, "Madam, if only you were black and fat you would be irresistible!"

Best Is Cheapest

KING COLE TEA

Never Before Has Fine Quality Meant So Much

FOR THE EASTER PARADE

Once a year a popular song of some seasons ago always puts in an appearance. And that's a musical comedy favorite referring to the "Easter Parade". This spring, spotlighting Easter parades all over the country will be smart re-makes like this tailored tweed suit. One would hardly believe that it started out as a man's worn-out, moth-eaten top coat! Invisible darning and expert cutting were necessary to produce this charming spring ensemble, which shows what can be done with discarded materials.

Dorothy Dix Says—

Smiling War Wives Heroic

DEAR MISS DIX—Will you please tell your readers that just because many of us war wives don't go around with long, sour faces, or tears in our voices every time we speak of our husbands, it does not mean that we have stopped caring for them.

We love our husbands and miss them just as much as the women who are posing as martyrs, but we force gaiety into our voices and actions, even when we feel like crying our hearts out because we are lonely. Yet, because of this, we are hurt by people who say to us: "Some of you married girls don't seem to mind your husbands being away. You are always laughing and joking. Don't you ever take the war seriously?" That is a stab in the back that gets us. All I can say to them is that it would be a sorry looking world if all the mothers and wives and sweethearts went about looking for sympathy and crying on each other's shoulders. WAR WIVES.

ANSWER—The babbling of fools is an affliction that none of us can escape, and the pity of it is that it so often is full of venom that burns usup. But we shouldn't let it do it. We should pass over the criticisms and slurs on those who lack the eyes to see, the brains to understand, and the hearts to sympathize with what others are enduring, with the contempt that they deserve.

No one whose opinion is worth considering under-rates the courage and fortitude that is making you war wives carry on as bravely on the home front as your husbands are doing on the fighting line. Those wise in human nature know that you laugh that you may not cry, and that if you get your desserts you would have medals pinned above the hearts that are breaking with loneliness and anxiety for the husbands who make all of life to you, and that not the least of the contributions you are making to your country is setting an example in heroism.

I wonder what these croakers, who berate you for nailing on your faces the smile that won't come off and for doing your weeping into your pillows at night instead of in public, think what would be gained if you went about beating upon your breast and bewailing your sad fate? Would it buck up the public morale for the world to be filled with women who are figures of gloom and who left a trail of depression wherever they went?

Millions of mothers and wives have sons and husbands in the army. Would it cheer them up to be with other women who had no other topic of conversation than the horrors of concentration camps and the dangers of war? I will say no, a thousand times no. The only thing that keeps us sane in a time of stress like this, when every heart knows its own bitterness, is the fortitude to bear what we must bear in silence and not add our sorrows to anyone else's. And that, you army and navy wives, who are keping up a pretense of a gaiety you do not feel, are doing. May God bless you for it and confound your critics.

HOW TO MAKE YOUR WAIST LOOK SLIM

You can make your waist look slimmer by any one of a dozen tricks; also there are new dresses with tucking and seaming to give a slim effect to the waist. Here are some of the things to avoid, for any one of them will make your waist look larger:

Don't wear wide belts, or any belts in contrasting color. If you wear a belt, chose one in the fabric or color of the dress.

Midriff accents, usually a contrasting fabric set into the dress, will make you look larger at the waist.

Yokes of contrasting fabric but not contrasting color set into the skirt are flattering, if smooth fitting.

Most becoming of all are the beltless princess dresses, for they in no way accent the waistline.

Lady bugs are used in citrus groves of California to destroy mealybugs, one of the fruit crop's deadly enemies.

If You Suffer Distress From Monthly FEMALE WEAKNESS

Which Makes You Cranky, Nervous

If you suffer from cramps, backache, headache, "irregularities", periods of the blues — due to functional monthly disturbances—

Start at once — take Lydia E. Pinkham's Vegetable Compound. It not only helps relieve monthly pain but also tired, weak, nervous feelings. This is due to its soothing effect on ONE OF WOMAN'S MOST IMPORTANT ORGANS.

Pinkham's Compound is one of the most effective medicines you can buy made especially for women. Taken regularly — Pinkham's Compound helps build up resistance against such symptoms. Also a fine stomach tonic! Made in Canada.

THE COOK'S CORNER

SPICY OAT-RAISIN PUDDING

Introduce new recipes in the New Year. Here is one for a hot dessert that is different and good and thoroughly in tune with the times. It comes from Laura C. Pepper, Chief of the Agriculture Department Consumer Section and is called Spicy Oat-Raisin Pudding:

Mix and sift one cup sifted all-purpose flour, ½ cup sugar; ¾ teaspon salt, 1½ teaspoon baking soda and 1 teaspoon cinnamon. Add one cup quick-cooking rolled oats and ¾ cup raisins. Melt three tablespoons of mild-flavored fat and add to ⅓ cup sour milk or buttermilk. Add 1½ teaspoons vanilla and mix into the dry ingredients. Pour into a well-greased pudding mould, cover closely and steam for one hour and 15 minutes. Serve with any preferred sauce. Serves six to eight.

TONGUE CASSEROLE

7 cups finely shredded cabbage
1½ teaspoons salt
3 tablespoons mild-flavoured fat
3 tablespoons chopped onion
¾ cup top milk
2 teaspoons horseradish
⅛ teaspoon pepper
Sliced, cooked tongue — enough for 6 servings
½ cup fine dry bread crumbs.

Cook cabbage in ½ inch boiling salted water in a covered saucepan for 7 minutes; drain. Melt 1 tablespoon fat in saucepan, add onion (or a little garlic) and saute until golden brown. Add cabbage, milk, horseradish and pepper; toss until well mixed. Line a baking dish with slices of tongue; pile cabbage in centre. Melt remaining 2 tablespoons fat in frying pan, add crumbs and brown, stirring constantly. Sprinkle crumbs on top of cabbage. Bake in a moderate oven, 350 degrees F, for 20 minutes. Six servings.

ATTRACTIVE STAR QUILT IS EASY PATCHWORK

DESIGN NO. 1190

The star motif makes a lovely design for a quilt to use in any room. The block is 10½ by 11 inches when pieced. Pattern No. 1190 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Design No 1190

NAME - - - - - - - - - - -

STREET ADDRESS - - - - -

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Needlecraft

For The Home

YOUNGSTER'S FROCK

An adorable little dress for the pigtail crowd with a cute round collar and buttons all the way down the front.

No. 3674 in size 4 requires 2¼ yards 36-inch fabric, ¼ yard contrasting, 2⅝ yards ric rac.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly Be sure to state size you wish.

Address, Pattern Department the Charlottetown Guardian.

Name

Street Address

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IF HEAD COLDS HANG ON..

DO THIS! To relieve discomforts, one of the best things you can do is put a good spoonful of home-tested Vicks VapoRub in a bowl of boiling water.

Then feel welcome relief come as you breathe in the steaming medicated vapors that penetrate to the cold-congested upper breathing passages! See how this soothes irritation, quiets coughing, and helps clear the head—bringing grand comfort.

FOR ADDED RELIEF... rub throat, chest and back with VapoRub at bedtime. Vicks VapoRub works for hours—2 ways at once—to bring relief from distress. Remember, it's Vicks VapoRub you want. VICKS VAPORUB

GET OUT OF THE BARRIER—

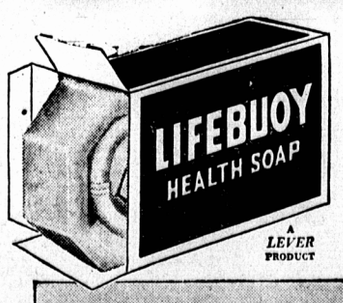
AND GET MORE OUT OF LIFE!

SO OFTEN the invisible barrier of "B.O." comes between its victims and their hopes of happiness. It goes where they go . . . dooms love, friendship, popularity!

Yet the answer is simple. Bathe daily with Lifebuoy and break out of the barrier! Lifebuoy, you know, is the only soap especially made to stop "B.O."

You'll enjoy its rich, velvety lather. And notice how Lifebuoy's invigorating scent vanishes before you're even dressed!

Remember, too, Lifebuoy is extra mild, extra gentle. Tests prove Lifebuoy actually milder than many so-called beauty soaps.



NEW ADDED INGREDIENT
NEW VANISHING SCENT
SAME PROTECTIVE LATHER

FROM HEAD TO TOE—IT Stops "B.O."

ONLY 27¢ FULL POUND 16¢ HALF POUND

WHAT GIVES COCOA ITS CHOCOLATE FLAVOUR?

All good Cocoa like all good Chocolate is made from Cocoa Beans. The strength of flavour is decided by the amount of essential oils and rich, nourishing Cocoa Butter contained in the Cocoa Powder you use.

PERFECTION COCOA *is guaranteed to contain 22% Cocoa Butter,* supplying you with the maximum of Chocolate Flavour.

Whether for a nourishing food drink or for baking, be sure to ask your grocer for PERFECTION COCOA. Regardless of price, there is none better. Yet PERFECTION COCOA *costs less!*

Why Pay More?

TIGHT BINDING