

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure - The Woman's Realm

RECIPE FOR HAPPINESS

Take a day of work and fill it full with all the little things which try your mind and hand. And then a blessed lull. A peaceful fire-side for your evening meal.

BOUDOIR TIPS FOR BEAUTY-WISE FEMINITY

Iridescent nail polishes give the fingertips a smart, new makeup which is easy to outshine regular nail enamels for all-purpose wear.

MENTHOLATUM Gives COMFORT Daily. Head Cold Relief Tomorrow. Night that cold tonight with Mentholatum. See how quickly this gives you relief.

WOMEN'S KNITTED GLOVES AND MEN'S KNITTED WRISTLETS. Design No. 832. Knitted gloves for women and wristlets for men offer quick and easy fitting.

dead hairs will come out, to be sure, but don't worry about them.

A late hair told is the father of many lies. Bunkiness, with its weight, is the enemy of the new jewelry collection.

SWIFT SWALLOWS

When you watch the swallow in the sky, would you imagine that it could fly as fast as a aeroplane? Some birds are certainly determined to test its speed recently, and arrived at an amazing result.

TAKE NO CHANCES WITH BABY'S COLD

DON'T LET your baby's little cold develop into something serious. At Mrs. G. G. G. of Scarborough tell you what to do. "My baby of 20 months caught a nasty cold, so I tried Baby's Own Tablets and threw this cold quicker than ever before."

A Morning Smile

The doctor of a country village had two children who were acknowledged as being the prettiest little girls in the district. While the two children were out walking one day, they happened to pass two small boys.

HAVE YOU A BAD COLD?



Is Your Chest Sore? Does Breathing Hurt?

What you need is a vigorous rub of the neck and chest with NERVILINE—a powerful liniment that quickly sinks into the tissues and which is able to attack the congestion at its very source.

RUB ON NERVILINE

THE COOK'S CORNER

ENGLISH CHRISTMAS CAKE. One lb. butter, 1 lb. brown sugar, 2 lb. currants, 2 lb. seedless raisins, 1 lb. dates, 8 eggs, 1-4 lb. almonds.

WHITE FRUIT CAKE. 1 lb. granulated sugar, 1-2 lb. butter, 1 cup fruit juice, 1-2 lb. almonds, 2 teaspoons baking powder.

CHERRY CHRISTMAS CAKE. 1-2 cups sugar, 6 eggs, 3-4 lb. glacé cherries, 1-2 lb. mixed peel, 1-2 lb. sliced citrus.

Method: Cream the butter and add the sugar gradually. Sift the baking powder and flour into the flour and add to the butter mixture alternately with the fruit juice.

Wash the raisins in boiling water and dry them thoroughly. Chop the fruit and nuts and sift over them the remainder of the flour. Mix them well together and then add them to the cake batter. Beat the egg whites until they are stiff, but not dry, and fold them in last.

Turn into one or more cake pans, lined with waxed paper and bake in a slow, moderate oven from 3 to 3 1/2 hours.

Method: Cream the butter and sugar very light. Add the eggs one at a time and beat hard after each addition. Beat until the mixture is light and fluffy.

Squeeze the juice from the orange, use rather a small one, and grate the rind. Add the fruit alternately with the orange juice and grated rind. Mix well. Turn into a tube pan which has been lined with heavy waxed paper and bake in a slow, 325 deg. P. oven for about 2 1/2 hours.

Let cool, but do not remove the paper from the cake. When cold, store in a tightly covered tin box or stone jar. This cake will keep indefinitely, but will stay fresh and nice for about a month.

Method: Melt the butter in a pan and add the minced onion. Cook until the onion is tender. Add the flour and stir to smooth paste. Now add the vegetable water and the milk slowly and cook stirring constantly until the mixture is thickened. Add the seasonings, along with the cooked potatoes, carrots, peas. Drain the onion (if canned), bone it and remove any skin, then add this to the creamed mixture also. Pour into a large greased baking dish cover with unbaked bran-butter-milk biscuits and bake in a hot oven (425 deg. P.) for about 20 minutes, or until the biscuits are done.

Dorothy Dix Says - MANY SINS COMMITTED UNDER THE NAME OF LOVE

Wives Often Become the Most Grinding Tyrants on Earth and Treat Their Husbands Like Slaves

Oh, love, what crimes are committed in thy name! Especially by women. No peculiarity of the feminine sex is so inexplicable as that the more a woman loves the more justified she feels in treating the object of her affection as she would not treat her deadliest enemy.

Take nagging, for instance, which is the fault that men resent above all others in their wives. There isn't a woman so dull as not to know that as being put through a questionnaire about everything he does and says when he is absent from her, and being asked to sign his name every minute of his time, unless it is being adjured to watch out for automobiles when he crosses the street, is sure to put on his rubbers if it rains, and generally treated as if he was a moronic child.

Yet wives inflict this persecution on their husbands because they love them, because they have no interest outside of them, and everything that they do and think is of momentous importance to them.

The Curse of Jealousy. Then there is jealousy. Surely it was a woman who originated the idea that jealousy was a proof of love. At any rate, millions of us feel that they have a perfect right to torture their husbands by getting green-eyed over every woman they speak to from their grandmother's to their secretaries.

It is love that makes women the most grinding tyrants on earth. When you see a man who is neglected out of his life and who cares not call his soul his own, you can bet your bottom dollar that he has a "devoted" wife.

I know one of these unfortunate slaves of affection who has never been able to do anything but look at his wife's stomach and feel justified in it because that is what she was married to.

His wife buys his clothes. Makes his wash the thing is good for his stomach instead of what he likes. She doesn't let him even go for a day's fishing with a friend, she tags him on every trip he takes.

Your Individual HOROSCOPE - By Frances Drake

For Wednesday, November 27th. MARCH 21 to APRIL 20 (Aries) - A.M.: Be especially cautious in money transactions, giving estimates and in important decisions.

APRIL 21 to MAY 20 (Taurus) - T.M.: This is in your favorable column, especially if you maintain the even mental balance with which you are endowed. Be careful, prudent in matters pertaining to finances.

MAY 21 to JUNE 21 (Gemini) - If you don't go too far out on that dangerous limb, you should be able to make progress along different new lines of endeavor. Show finesse and delicate handling your affairs. Abruptness may hurt your chances.

JUNE 22 to JULY 23 (Cancer) - Proceed on whole, especially for matters pertaining to domestic interests, education, manufacturing and handling products for personal and home use. Children's affairs should be given attention.

JULY 24 to AUGUST 22 (Leo) - You born after August 7: Particularly avoid impulsive action and speech. Reason calmly and impartially in all weighty propositions. All Leotes: Be sensible in expenditures.

AUGUST 23 to SEPTEMBER 23 (Virgo) - A perfect planetary setting for your analytical and artistic talents and ability. Reporters and other newspaper folk, the theatre, literary matters, designers dress-makers, models and milliners are among the favored for profits and advancement.

SEPTEMBER 24 to OCTOBER 23 (Libra) - An in-between day for you folks with precautions needed against carelessness in business and money matters. Constructive work and progressive measures favored.

OCTOBER 24 to NOVEMBER 22 (Scorpio) - Exercise restraint and self-control in writing, especially up to 31st day, which time there is likely to be less tendency to get into difficulty and more opportunity for gain.

NOVEMBER 23 to JANUARY 21 (Sagittarius) - Care is advised for driving vehicles and making and handling machinery and tools. Recklessness never pays whereas sensible caution and calm judgment can turn mediocrity into success.

NOVEMBER 22 to DECEMBER 22 (Capricorn) - Your own cleverness and application to essentials will net you gains. Lay your plans carefully and know what you are going. Mental pursuits and brain work especially favored after 1 P.M.

DECEMBER 23 to JANUARY 21 (Aquarius) - Expansion and promotion possible, but you've got to prove your worth. These are days of opportunity and today challenges yourself to ever changing progress.

REGAL LIMERICK

CONTEST RULES. This contest is open to anyone residing in the provinces of New Brunswick, Nova Scotia and Prince Edward Island, except employees of the St. Lawrence Flour Mills Co., Ltd. their agents and families.

1. Complete the last line of the Regal Limerick using any word you think are correct words. The last word in your line must rhyme with the last word in the first and second lines.

2. Complete the last line of the Regal Limerick using any word you think are correct words. The last word in your line must rhyme with the last word in the first and second lines.

3. In each contest a prize of \$3.00 will be awarded to every contestant sending in the correct last line. If less than 25 correct lines are received, the next contest will be held on December 2, 1940. All entries must be postmarked on or before the date of that date.

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5. You do not have to buy anything to enter this contest, but not more than one entry will be accepted from any contestant in each contest.

6. This contest closes December 2, 1940. All entries must be postmarked on or before the date of that date. Mail your entries to Regal Limerick, P. O. Box 459, Halifax, N. S.

7. Winners will be announced in this paper along with the next contest, two weeks from now.

Winners in Regal Limerick No. 1. Correct Line: "It's the best flour to use when you bake"

Miss Margie Adams, Springfield, N. S. Bedford Zane Aylward, Five Islands, N. S. Mrs. G. M. Aard, Charlottetown, P. E. I.

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REGAL LIMERICK No. 2

Mrs. Newlywed blesses the day When she overheard somebody say: "Always keep this in mind Regal Flour is the kind"

That Name Address

REGAL Flour It's Wonderful for Bread

Miruma put the question in Turkish of evident circumlocution. For answer Nahir's pale hand crumpled and rested over her near eye.

"Ask her how long she has been ill." "She says she is seeking for very, very long times. She has never been better, but not well; in the morning she can eat some little, but later nothing at all."

Jobb had noted that Nahir was breathing very rapidly, or rather panting than breathing, for her respiration was exaggerated and shallow. He placed his hands at her sides, squeezed the chest walls. Nahir gave a little cry of pain.

And now with secret certainty he descended below her left breast a slight auscultation of the ribs, not in the one family in perspective. Of his first gasp of question at its discovery was quenched in a re-echo of its vital import.

"You have indeed the evil, Jobb Effendim?" "If you will ask her my questions, and tell me her answers, please—Nahir effendim please. Ask her where her pain is greatest."

You Grope in the Dark When You Don't Budget. Plan for the Things You Want. "Where does the money go?" moans Sally She and Fred are always in the dark about money matters. And in the red, too!

"It's a budget we need," says Sally, and starts by listing all their expenses for a month. They begin to see daylight ahead!

They find they've been spending 30 per cent. of their income for rent. "Let's move to that little house and cut the rent to 20 per cent.," says Fred.

That saving alone will enable them to buy the new refrigerator Sally's been wanting.

"Why's the grocery bill so high?" asks Fred. "Plain extravagance!" says Sally. "Hereafter we'll have stew sometimes instead of steak. Evaporated milk's as good as fresh for cooking, and I'll save about half on the cost."

What she saves goes toward her new dress, and there's enough left over for movies, too.

Budget to have the things you want! Our 32-page booklet gives you an easy-to-follow budget plan helps you to check money leaks, buy efficiently, save for the new car or furniture. Has ruled pages for a year's entries.

Send 20c in coins for your copy of How To Budget and Buy For Better Living in The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

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